

OVERSEAL RUNNING CLUB

Jog Leaders Meeting 12th December 2018

Overseal Pavilion 19:00

- 1. Attendees
- 2. Apologies
- 3. C25k Dates and preparation
 - a. Numbers of Jog Leaders per session, availability and Rota prep
 - **b.** Agreed route
 - c. Group size and contingency for large numbers
 - d. Dates
 - i. Meet and greet (village hall) = 6th Jan
 - ii. Start date c25k = Sun 13th January 2019
 - iii. Finish date (last run) = Sun 17th March 2019
 - iv. Celebratory Parkrun = Sat 23rd March 2019
 - v. Optional Parkrun = Sun 24th March 2019
 - vi. Awards night (including giving of c25k medals) Sat 30th March 2019
- 4. Jog Leader Code of Conduct Review
 - a. Review of current practice
 - b. Invitation to submit ideas to strengthen code of conduct.