SUBSTANCE AND NON SUBSTANCE MINITESS
ADDICTION
(Substanu = dwg)
Dug:- Any substance /chemical that produces changes in our bodies, mind.
Addiction: Condition in which a person is unable to stop using a substance
1) Substance/Dung use disorders
Nonadaptive behavior & reaction brough about by
repeated use of substances.
2) 11. (1-1-1-1.) (11/2)
2) Non Chemical Addiction:
Gambling, usky sex, food, intenet, shopping.
These are behavoural addictions.
When a person engages in these behaviours in
excess & can't stop. it becomes addiction.
- Substance Drug Addition -
· Repeated Expasure leading to addiction:
- Substance addiction is a neuropsychiatric disorder.
- characterized by a recurring desire to continue taking
the dwg despite hambil consequences.
- Addiction is caused by repeated dwg exposure.
- This process is strongly influenced both by genetic
makeup of person and by psychological and social
makeup of person and by psychological and social context in which dwg use occurs.
다 하는 것이 되었다. 그런 것으로 하는 것으로 가장하는 것으로 되었다. 그런 그는 것으로 가장하는 것으로 가장하는 것으로 하는 것이다. 생물님은 그런 것이 그러워 말을 만들는 것이라고 있다. 그렇게 되었다. 그런 것으로 가장하는 것으로 하는 것이다.
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havioual abnormalities.
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English Company Confidence

\* Newobiological changes.

The use of dwgs damage the part of brain which helps in preverting a person to addiction thence he becomes addicted to psychological of playsicatical changes.

\* Why dwgs lead to abnormal behaviou.

Via neuroimaging, experts have observed that long-term dwg exposure causes stable changes in the brain which may perhaps underlie behavioral abnormalities.

## \*SYMPTOMS>

- 1) Increased tolerance for substance absuse.
- 2) Failure to fulfill significant life observations.
- 3) Difficulties with relationships & increased conflict.
- Inability to reduce or control dug use.
- 5) Sacrificing activity to use instead.
- 6) Poor performance in academics and work.
- 7) Experiencing withdrawal symptoms, such as anxiety, depression etc

DRUG ARUSE PROCESS

TRADIG the Dwg -> Regular Use -> Dependence -> Substance Abuse
Disorder

- · Substance intoxication: Substances may cause temporary changes in behavior, emotion, thought.
- In many cases people become physically dependent on it, developing tolerance for it (need larger doses of it to effect)

  Page #

Withdrawal Reactions: Unpleasest & sometimes dangerous symptoms.
(comps, anxiety attack, sweating, nausea) These occur when a person suddenly stops taking
These occur when a person suddenly stops taking
or wts back on substance.
X
*REASONS FOR DOING DRUGSI-
1) Peer Pressure 2) To feel (001 3) Media 4) Trauma
1) Peer Pressure 2) To feel (001 3) Media 4) Hawma 5) Bourdon 6) feel relaxed 7) Friends 8) Escape
5) Boudon 6) feel relaxed 7) Friends 8) Escape
* STEMULANTS:
group of substances that increase the activity of the
centual neurous system, resulting in increased blood
pressure and heart rate and sped-up behaviour and thinking.
EG!- Caffeine, Nicotine, Amphetomines, Bath Salts, Cocaine.
- Side Effects: Meth Mouth (rapid decay of persons teeth)
- Weight loss
- Organ failure
- Death Due to stucke.
* DEPRESSENT: - (ALCOHOL, SEDATINE HYPNOTEC DRUGS, OPIDIOS)
Slow the activity of the newous system.
Roduce tertion and inhibitions.
May interfere with person's judgement, concentration.
Es:- Tranquilizers, Sleeping pills, Marijuana.
SIDE EFFECTS: LOMA, Respiratory issues, Lung concer, Death
<b>S</b> TICK* Page #
MICHAEL PRIVATE LIMITED CONTROL OF THE STATE

* HALLUOWOGEN:
- can after perception, thought and feeling
- Can be taken in a variety of warre monded and
- can alter perception, thoughts and feelings - can be taken in a variety of ways: ingested, smoked, inhaled
- These produce powerful changes in case
from strengthening a serie to salson perception,
indusing illusions ballusialis )
- These produce powerful changes in sensory perception, from strengthening a person's normal perceptions to inducing illusions, hallucinations."
- produce sensations so out of the ordinary that they are sometimes called 'trips!
Sometimes called (1)
Sometimes called 'trips!.
- Trion and the contract of th
- Trips may be exciting or frightening depending on how a person's mind interacts with drugs also called psychedelic drugs:
person's mind interacts with dugs also called
psychedelic dwgs.
Eg:- LSD, Ecstasy, Magic Mushwooms, Cannabis.
· Bad Acid Tup: - · IRRATIONAL BEHAVIOUR · Aggression & violence. · Mental Hall
Aggression & violence
· Mestal Health problems.
Hallvanations.
· LSD High: + Psychological Effects:-
Hallucinations, Eupheura, Paranioa, Serson distortion-
+ Physical Effects1-
Sweating, incleased heart rate & body temp., Dehydration
) mariser read have 4 point 1071p. Deligorous
+ Extreme Use:-
Plasychosis, Flashbacks, depressions
Page # P
TO MICHIES PRIVATE LIMITED TO THE RESERVE OF THE RE

	THEORY
*	REWARD SISTEM!-
	Brain-imaging studies suggest that dugs eventually activate a reward center (Pleasure Pathway) in the brain.
	activate a journed center / Pleasure Pathway) in the brain.
	acministration of the second s
	A key reviotionsmitter in this pleasure pathway appears
	to be dopanine.
	DRUG ABUSE IS PREVENTABLE & ADDICTION IS TREATABLE
1	DRUG HBUSE 13 TREVENTABLE (1997)
*	Consequences of Drug User In society 1-
•	OF PROG OSLI SIN S
•	CROMES SUCH ASI- RESULTS IV:-
-	DRUG POSESSION JAIL TIME
	All Cores
	DRUG USE MASSIVE LEGAL FIXES  DRUG TRAFFICKING BELOMING UNEMPLOYED
	DRUG MANUFAGURDNG HOMELESS NESS
	THEFT DEATH
	BREAR AND EVTER FAILED RELATIONSHIPS WITH FAMILY PRIEM
	DREAK AND DUTCH
. (	BRADUS of addicts are different from not addicts.
T.	it is difficult to column the brain to normal. Treatment is not simple.
	1 is agricult to be well to produce the state of the
• F	effective treatment incorporates many components, each directed to a
	artialar aspect of illness and its congreguence.
f	camalar copear of liness and in confrequence
• 1	ddistribility is a chanic disease apple simply count stong using duce
0	ddiction is a chronic disease; people simply cannot stop using dugs
_1	or a few days and be used. Most patients require long term or expected episodes of care to achieve the ultimate goal of recovery
	prested episodes of one 10 octuent the viring goal of recovery
<b>X</b> -	of their lives.  Page # [
	마마니트(INC) 그는 그 도도 아들은 마음을 하면 하는 것은 가장이 없는 것이 가장이 되는 그 모든 것은 그를 하는 것이 되었는데 그를 하는 것이 되었습니다. 그는 그를 하는 것이 되었습니다. 그리고 그를 하는 것이 되었습니다.

a allahan allahan a
· Dung Abuse & Addiction affect every segment of society.  · Not one person is immune from disease of addiction.
· Not one person is immune from disease of addiction.
* Prevent drug abuse by!-
- Being informed of Lisk associated by substance abuse.
- Involvement in attempting activities.
- Build self confidence.
- Make the tutue plans.
- Be brave enough to say "NO"!
- Surround yourself with good friends.
- and solve underlying issues that might lead to better
dug abuse with a professional such as a school consultar.
2007 to a samon consider.
NON SUBSTANCE ADDICTION
and the state of t
1) Tochedes things like gambling wish as Polish Is
1) Includes things like gambling, cisky sex, food, internet, shopping. These are sometimes called behavorial addictions.
as salelines comos penonovial apprictions.
2) (1)/2
2) When a person engages in these behaviors and can't stop, become
an addiction.
3) Con result in physical, emotional, financial ham.
<u>요 스크로 With 마음을 위하는 살림과 요. 2018년 1일 2018년 1일 1일 2018년 1일 1일 1일 2018년 1</u> 년 1일 1일 2018년 1일 2018년 1일 2018년 1월 2018년
EG- Plastic Surgey, food, gaming, sex, social media, gambling, internet

Date:		20	)
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* SYMPTOMS OF A NON SUBSTANCE ADDICATION
1) The occom is unable to stop doing the troubleome activity.
1) The person is unable to stop doing the troubleme activity.  Egra person addited to gombling may spend at of his savings.
2) Compulsive, excessive, repetitive engagement in risky behavior.
3) Being unable to stop the activity.
4) Impaired Judgement
5) Unable to control the behavior.
3 strained work & personal relationship.
7) Inappropriate emotional response.
The state of the same to be a same to be a subject to the subject of the same
* What causes a non substance addiction?
The last of the property of the property of the second of
- Studies show gambling activates similar parts of brain as
other dwgs, like alwhol.
- These parts of brain are responsible for our "reward system"
- This is what gives our bodies doponine after me do some
healthy behavior like exercise or eating a meal.
* HOW ARE NON SUBSTANCE ADDICATIONS DIAGNOSED?
- Some people with the addiction recognize publish & seek help.
Control of the state of the sta
- Some people are told by family and friends.
- A mental health professional can diagnose the addiction.
<u> Στις κ'</u>