



# ENGLISH

## Chapter 20 Session A

**3rd**  
SECONDARY

**ADVICE / SUGGESTIONS**  
**Health**

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 **SACO OLIVEROS**

10


Skills expansion

# Listening

Skill: **Listening for specific information**

Skill tip

When you listen for details, you should focus only on the information you need to identify, and ignore everything else.

**1**  **76** Listen to two people talk to their doctor. Complete the doctor's notes.

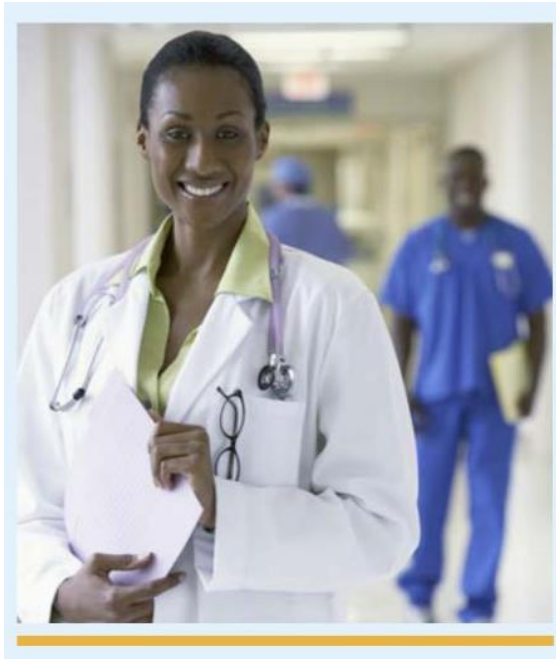


## Clifton Wellness Center

Patient: **Jin-A Kim**

Problem: has a <sup>1</sup> \_\_\_\_\_, can't <sup>2</sup> \_\_\_\_\_

Advice: take PainBlocker three times a day for <sup>3</sup> \_\_\_\_\_  
days, get plenty of <sup>4</sup> \_\_\_\_\_, should stay  
<sup>5</sup> \_\_\_\_\_

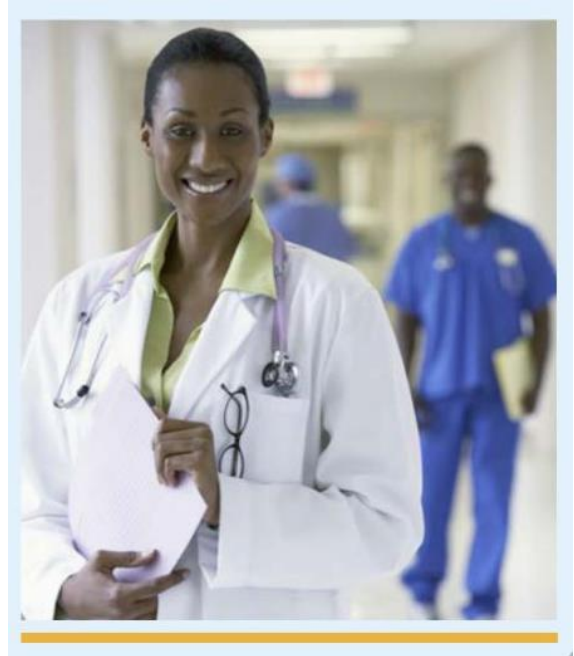


## Clifton Wellness Center

Patient: **Amir Mansour**

Problem: has the <sup>6</sup> \_\_\_\_\_ (sore throat, <sup>7</sup> \_\_\_\_\_, fever)

Advice: stay in bed for <sup>8</sup> \_\_\_\_\_ days, rest, take Vaxflu  
<sup>9</sup> \_\_\_\_\_ times a day for five days, take vitamins  
and drink a lot of <sup>10</sup> \_\_\_\_\_



Viewing



**1**

**Before you watch, discuss with a partner what advice to give someone who has the flu.**

**2**

**Watch the video. Listen to Margaret talk about what she did when she had the flu. Check (✓) the advice she would give.**

- 1 You should avoid exercise to save your energy. ☐
- 2 You shouldn't take any vitamins. ☐
- 3 You should only eat green vegetables. ☐
- 4 You should only drink water. ☐
- 5 You shouldn't sleep more than normal. ☐
- 6 You should take a short nap during the day. ☐



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### 3

### **Watch again. Answer the questions.**

- 1 What did Margaret do every other day while she was ill?
- 2 What kind of soup did she have?
- 3 How long was she sick?
- 4 How many hours does she usually sleep?
- 5 Why did she take a nap during the day?

4

Do you always do what you should when you are sick? Tell a partner.

### Video **vocabulary**

awful (*adj.*) terrible

keep something up (*phr.v.*) continue to do something

mineral (*n.*) substance found in food (e.g., calcium)

nap (*n.*) a short sleep