

ENGLISH

Chapter 14 Session B





Skills expansion(Part II)



Reading

Skill: **Skimming**



Skimming means quickly looking through a text to get a general idea of the content. Don't read every word!

THE UNITED TASTES OF AMERICA!

Hear the phrase "American food" and you probably think of hamburgers, hotdogs and French fries. However, fast food isn't the only thing Americans eat!

Take a look at the wide variety of great regional food you can find across this huge country ...

* East Coast

Great for fish and seafood. Did you know Boston is famous for lobster?

* Northwest

The northwest is famous for seafood, fish (especially salmon), strawberries and cheese. Pumpkin soup is one well-known dish.

* Midwest

In the Midwest you can find corn, beef and dairy products. People say the best steak comes from Omaha!

* South

In the southeast there is a strong African influence, with yams, spices and peanuts. Typical dishes include fried green tomatoes and fried chicken. In the southwest you can eat Tex-Mex - a mix of Texan and Mexican cooking. Enchiladas, fajitas, burritos and tacos are all very popular.

What's more, eat out in the U.S. and you have an international choice. There are great Italian restaurants everywhere! Italians first settled in the U.S. in the 1880s, and they brought with them their delicious food. Chinese food is also very popular. Did you know chop suey was created in San Francisco? There are also a lot of Japanese, Vietnamese and Thai restaurants in the U.S. So remember, there's more to eat in the U.S. than just a burger and fries!

- Quickly skim the text, then immediately circle your answers. Do not look back at the text.
 - 1 This article is from a magazine / an internet blog.
 - 2 The main topic is *food / regions* in the U.S.
 - 3 Different regions in the U.S. have very *varied / similar* dishes.
 - 4 Food from other countries is / is not popular.





2 6 Sead the article again. Where in the U.S. can you ...

- eat great fried chicken?
- 2 find the best steak?
- eat out at a good Italian restaurant?
- enjoy tasty Mexican-style food?
- 5 find great seafood?



Writing

1

Write about some famous dishes in your country. Look at the Study guide to help you.

Bibimbap is a popular dish in Jeonju, Korea. It's rice with ...



Writing about food in your country

- 1 Think of a well-known dish in your country. Bibimbap
- 2 Say what region it comes from.
 Jeonju
- 3 Describe the dish. Do you like it? Rice with vegetables and chili pepper paste. I love it!
- 4 Repeat steps 1–3 for some different dishes.

WORKBOOK AUDIO TRACK 13



WORKBOOK AUDIO TRACK 14

