

ENGLISH

Chapter 22 Session B



SOME & ANY
COUNTABLE & UNCOUNTABLE NOUNS

Food





Reading

Skill: **Speed reading**

Skills focus

Reading a text quickly from the beginning to the end will improve your reading speed.

FOOD and us Please tell us about food in your countries. What do people usually eat? What kind of things do you like to eat?



ARJUN



Hi. I'm from India. A lot of people in India don't eat any beef. We eat lots of vegetables and we usually have some rice and some bread with every meal. After we eat, we like to have some fruit, too. Bananas are my favorite. Western food is popular here, of course, and young people especially like to eat burgers, and that kind of thing. They aren't hamburgers because they don't have any meat inside. They have vegetables inside, so they're vegetable burgers!

LENA



In Austria, our food is very international. Chinese, Turkish, Indian and Italian restaurants are all popular. The big meal of the day is lunch, but for something quick, try an Austrian sandwich – it's cheap, too. We eat lots of meat, rice and vegetables. For dinner, I usually have something easy – meat, bread and cheese. Of course, we have some great desserts, too. Do you know that Austrians like cake? In Vienna, we are famous for our chocolate cake!





1	87 Quickly read the web posts. Then check (🗸) the statements that are true.				
	In India, people			In Austria, people	
1	don't eat meat		6	eat food from many countries.	
2	eat a lot of vegetables.		7	usually have a big lunch	
3	like to eat rice.		8	don't eat a lot of rice.	
4	often have fruit after meals.		9	like to eat desserts	
5	don't usually eat Western food.		10	don't eat a lot cake.	

2

Read the web posts again. Are you happy with your answers?

Writing

1 Write about your eating habits.
Look at the Study guide to help you.

For breakfast, I usually have some bread and milk. ...



Writing a paragraph about your eating habits

1 Note the things you usually eat.

Breakfast: bread / milk

Lunch: sandwich

Dinner: meat and vegetables

2 Note the things you never eat.

I never eat onions.

3 Add details (for example, your favorite food).

I like strawberries.

WORKBOOK:

- Listening: track 21



- Pronunciation: track 22

