



ENGLISH

Chapter 1 Session A

3rd
SECONDARY

Simple Present
Adverbs of Frequency



 **SACO OLIVEROS**

1

Lifestyles

Get talking!

1 Talk about the pictures with a partner.

Where are these people? How do they feel?

2 How would you describe your daily life?

- ☐ *It's great! I have an easy life.*
- ☐ *My life isn't easy, but it's OK.*
- ☐ *I have a hard life!*





01 Listen and read.

Raymond: Hi Diana. It's Raymond. How's life in Iowa?

Diana: Terrible! It's freezing here.

Raymond: That's too bad. The weather's great in London. I'm in Hyde Park right now!

Diana: Lucky you! Anyway, why aren't you in class? It's the afternoon there, isn't it?

Raymond: Yes, but I only have class in the mornings. I'm free after lunch, so I usually go to the park, play sports, see my friends ...

Diana: Hey, that's not fair! I always have class in the afternoons.

Raymond: Poor you. What do you do in the evening? Aren't you free then?

Diana: No, I have a part time job. I work almost every evening.

Raymond: Sounds terrible. So, how often do you go out?

Diana: Hardly ever! I never see my friends. And I ...

Raymond: Oh, sorry Diana. Can I call you back? I want to finish this ice-cream before I play soccer!

Conversation





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0:00

/

1:00





2

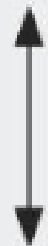
Practice the conversation with a partner.

Language box



02

100%



0%

always

usually

often

sometimes

hardly ever

never

She always **has** class in the afternoons.

He often **eats** ice-cream.

They hardly ever **see** their friends.

What **do** you **do** in the evenings?

I **don't have** any free time.

[Grammar reference » p.102](#)



1

Grammar reference

Simple present

We use the **simple present** to talk about

- 1 things that are generally true: I speak Spanish.
- 2 habits and routines: I get up at 6 a.m. every day.

Affirmative

They **work** on weekends.
She **works** hard.

Negative

I **don't live** in France.
He **doesn't live** here.



Yes/No questions	Wh- questions
Do you study in the evenings? Yes, I do . No, I don't . Does he work ? Yes, he does . No, he doesn't .	What do you usually have for lunch? Where do you go to school? When does she leave work? Why does he always get up at 6 a.m.?



Adverbs of frequency

We use **frequency adverbs** and the **simple present** to say how often we do something:

How often do you clean up your room?

I clean up my room **every day/once a week/
twice a month.**

What do you do on weekends?

I **always** have breakfast at 10 a.m.

I **usually** watch TV in the morning.

I **often** talk with my friends on the phone.

I **sometimes** eat a big lunch on Sundays.

I **hardly ever** do my homework.

I **never** get up early.



Adverbs of frequency come before the main verb:

He **always** takes a shower in the morning.

However, **sometimes** can begin a sentence:

Sometimes I cook lunch on Sundays.

When the main verb is **be**, adverbs of frequency come after:

I am **always** in bed before midnight.

**1**

Put the adverb in the correct place in each question. Then write your answer.

Do you go to bed late on weekdays? (**ever**)

Q: *Do you ever go to bed late on weekdays?*

A: *Yes, I do. I usually go to bed late on Wednesdays
because I work in a convenience store until midnight.*

- 1 Do you have coffee for breakfast? (**ever**)
- 2 Do you work in the evenings? (**sometimes**)
- 3 What do you do on Sunday mornings? (**usually**)
- 4 Do you work in the mornings? (**often**)
- 5 Do you wake up at the same time every morning?
(**always**)
- 6 What time do you go to bed? (**usually**)

**2**

Put these words in the correct order to make questions.

afternoons / you / ever / do / sleep / the / go / in / to

Do you ever go to sleep in the afternoons?

- 1 on / get / you / ever / up / do / late / weekends
- 2 do / on / do / Saturday / what / you / evenings
- 3 often / you / out / with / do / go / friends
- 4 do / time / you / eat / what / dinner / usually
- 5 check / morning / your / in / you / sometimes / do
/ the / e-mail
- 6 room / clean / you / up / when / your / usually / do

**3**

Complete the questions using the words in parentheses. Then match each question with an answer.

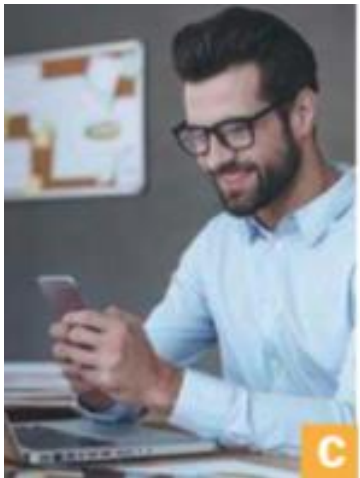
- 1 What _____ (you / do) on Friday evenings?
 - 2 How often _____ (Jim / cook) dinner?
 - 3 _____ (they / wake up) early on weekends?
 - 4 When _____ (Sue / start) work?
 - 5 Why _____ (you / get up) early every day?
-
- a ____ Around seven, I think. She works hard.
 - b ____ I usually go out with friends.
 - c ____ About three times a week.
 - d ____ Because I always have a lot of work to do.
 - e ____ Sometimes, yes.



Vocabulary

1 Match each phrase with the correct picture.

- | | |
|--------------------------------|--------------------------|
| 1 <u>H</u> skip breakfast | 5 ___ do your homework |
| 2 ___ make a cup of coffee | 6 ___ clean up your flat |
| 3 ___ go out with your friends | 7 ___ call a friend |
| 4 ___ check your e-mail | 8 ___ take a shower |



**2****Number the activities in the order that you do them (1–8).**

___ get dressed

___ eat dinner

___ get home

___ wake up

___ go to college / work

___ go to bed

___ get up

___ have lunch

3**When do you do these things? Ask and answer questions with a partner.***I wake up at 8:00 a.m. How about you?*