



ENGLISH

Chapter 20 Session B

3rd
SECONDARY

ADVICE & SUGGESTIONS
Health



 **SACO OLIVEROS**

Reading

Skill: **Previewing**

Skill tip

You can get a good idea of the content of a text by quickly looking at any titles, headings, pictures, etc. before you read.

1 Before you read, look at the text and answer these questions.

- 1 Where is the text from?
- 2 What is the title of the text?
- 3 Who is the woman in the picture?
- 4 How many people have written to her?
- 5 Why have they written?



Do you have a problem?

Our expert, Dr. Suzie Moorehouse, is here to help.
[Click here](#) to contact Suzie about your problem.



DEAR SUZIE,

I'm a first-year student at college. I don't have much money, so I started a part-time job a few months ago. It's a good job, but I have to work from 6 p.m. to midnight every day. I feel very tired during class and I failed some important exams this month. I want to study, but I need money, so I have to work. What should I do?

Beth (19)

DEAR SUZIE,

My best friend hasn't been to class recently. I've called her many times but she doesn't want to talk. She says she's sick with a bad cold, but I saw her downtown yesterday with some strange people and she looked OK. I'm really worried about her.

Annie (18)

DEAR SUZIE,

I started college two months ago and I hate it. Everyone seems to have a lot of friends, but I don't know anyone. The classes are really difficult, so I have to study hard all the time. Recently I've had some bad headaches. My eyes are sore and I can't sleep at night. I'm worried it's making me sick.

Jim (19)

2



77 Read the messages and write T (true), F (false) or N (not in text) for each statement.

- 1 Beth, Annie and Jim are all students.
- 2 They all have part-time jobs.
- 3 Annie hasn't seen her best friend recently.
- 4 Jim has problems sleeping.
- 5 Beth works in a convenience store.
- 6 Annie has a bad cold.
- 7 Jim hasn't made any new friends at college.
- 8 Most of Beth's classes are in the evening.





Challenge!

Make a group and read your advice to your classmates.
Do they agree with the advice you give?

Writing

1 Choose one of the messages above and write a paragraph giving some advice.

Look at the Study guide to help you.

I think Beth should change jobs. If I were her, I'd ...



Writing a paragraph giving advice

- 1 Think of some advice.

work less / try to sleep more

- 2 Decide what language to use.

She should/shouldn't ... / If I were him, I'd ...

- 3 Write a sentence linking your ideas.

I think Beth should work less and ...

WORKBOOK

- **Listening**



- **Pronunciation**

