



# TRIGONOMETRY

## Chapter 6

Identidades trigonométricas del  
ángulo doble, mitad y triple



**TOMO 2**

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# HELICO-MOTIVACIÓN

Los **polinomios de Chebyshev** son una familia de polinomios, definidas por la relación de recurrencia :

$$\begin{cases} T_0(x) = 1 \\ T_1(x) = x \\ T_n(x) = 2x \cdot T_{n-1}(x) - T_{n-2}(x) ; n > 2 \end{cases}$$

Sea :  $T_n(\cos \alpha) = \cos(n\alpha)$

Para :  $n = 0 \Rightarrow T_0(\cos \alpha) = \cos(0\alpha) = 1$

$n = 1 \Rightarrow T_1(\cos \alpha) = \cos(1\alpha) = \cos \alpha$

En general :

$$\cos(n\alpha) = 2\cos \alpha \cdot \cos(n-1)\alpha - \cos(n-2)\alpha$$

Para :  $n = 2$

$$\cos(2\alpha) = 2\cos \alpha \cdot \cos(2-1)\alpha - \cos(2-2)\alpha$$

$$\cos(2\alpha) = 2\cos \alpha \cdot \cos \alpha - \cos 0\alpha$$

$$\therefore \cos(2\alpha) = 2\cos^2 \alpha - 1$$

Para :  $n = 3$

$$\cos(3\alpha) = 2\cos \alpha \cdot \cos(3-1)\alpha - \cos(3-2)\alpha$$

$$\cos(3\alpha) = 2\cos \alpha \cdot \cos 2\alpha - \cos 1\alpha$$

$$\cos(3\alpha) = 2\cos \alpha (2\cos^2 \alpha - 1) - \cos \alpha$$

$$\therefore \cos(3\alpha) = 4\cos^3 \alpha - 3\cos \alpha$$

¿Podrías hallar formulas para  $\cos(4\alpha)$ ,  $\cos(5\alpha)$ ,  $\cos(6\alpha)$ , etc?



# HELICOTEORÍA

## IDENTIDADES TRIGONOMÉTRICAS DE $\times$ MÚLTIPLES

### IDENTIDADES DEL ÁNGULO DOBLE

#### IDENTIDADES FUNDAMENTALES

$$\text{sen } 2x = 2\text{sen } x \cdot \cos x$$

$$\cos 2x = \cos^2 x - \text{sen}^2 x$$

$$\cos 2x = 1 - 2\text{sen}^2 x$$

$$\cos 2x = 2\cos^2 x - 1$$

$$\tan 2x = \frac{2\tan x}{1 - \tan^2 x} \quad \dots (**)$$

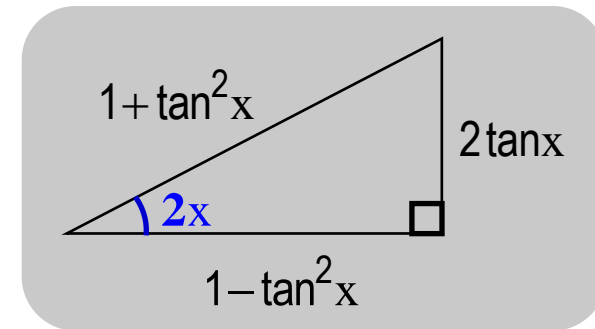
#### Identidades de degradación :

$$2\text{sen}^2 x = 1 - \cos 2x$$

$$2\cos^2 x = 1 + \cos 2x$$

#### Triángulo Rectángulo del Ángulo Doble

A partir de (\*\*), tenemos :



Del gráfico, podemos obtener cualquier Razón Trigonométrica del ángulo  $2x$  en función de la  $\tan x$ .

#### Ejemplos :

$$\text{sen } 2x = \frac{2\tan x}{1 + \tan^2 x}$$

$$\cos 2x = \frac{1 - \tan^2 x}{1 + \tan^2 x}$$

## IDENTIDADES AUXILIARES

1.  $(\operatorname{sen} x + \cos x)^2 = 1 + \operatorname{sen} 2x$

2.  $(\operatorname{sen} x - \cos x)^2 = 1 - \operatorname{sen} 2x$

3.  $\cot x + \tan x = 2 \csc 2x$

4.  $\cot x - \tan x = 2 \cot 2x$

### Demostración 3.

Sea :  $E = \cot x + \tan x$

$$\Rightarrow E = \frac{\cos x}{\operatorname{sen} x} + \frac{\operatorname{sen} x}{\cos x} = \frac{\overbrace{\cos^2 x + \operatorname{sen}^2 x}}{\cos x \operatorname{sen} x}$$

$$\Rightarrow E = \frac{\overset{2.1}{2} \operatorname{sen} x \cos x}{\operatorname{sen} 2x} = \frac{2}{\operatorname{sen} 2x} = 2 \csc 2x$$

$$\therefore \cot x + \tan x = 2 \csc 2x$$

5.  $\sec 2x - 1 = \tan 2x \cdot \tan x$

6.  $\sec 2x + 1 = \tan 2x \cdot \cot x$

### Demostración 5.

Sea :  $E = \sec 2x - 1$

Usando el  **Dobles** para la  $\sec 2x$  :

$$\Rightarrow E = \frac{1 + \tan^2 x}{1 - \tan^2 x} - 1 = \frac{2 \tan^2 x}{1 - \tan^2 x}$$

$$\Rightarrow E = \frac{2 \tan x}{1 - \tan^2 x} \cdot \tan x = \tan 2x \cdot \tan x$$

$$\therefore \sec 2x - 1 = \tan 2x \cdot \tan x$$

7.  $\operatorname{sen}^4 x + \cos^4 x = \frac{3}{4} + \frac{1}{4} \cos 4x$

8.  $\operatorname{sen}^6 x + \cos^6 x = \frac{5}{8} + \frac{3}{8} \cos 4x$

## IDENTIDADES DEL ÁNGULO MITAD

### IDENTIDADES FUNDAMENTALES

$$\operatorname{sen}\left(\frac{x}{2}\right) = \pm \sqrt{\frac{1 - \cos x}{2}}$$

$$\cos\left(\frac{x}{2}\right) = \pm \sqrt{\frac{1 + \cos x}{2}}$$

$$\tan\left(\frac{x}{2}\right) = \pm \sqrt{\frac{1 - \cos x}{1 + \cos x}}$$

#### NOTA :

El signo  $\pm$  ( positivo o negativo ) depende del cuadrante al que pertenece el ángulo  $\frac{x}{2}$  y su Razón Trigonométrica.

**Ejemplo :** Si  $\cos \alpha = \frac{4}{5}$  ;  $270^\circ < \alpha < 360^\circ$

Calcular :  $\tan\left(\frac{\alpha}{2}\right)$

#### Resolución :

Del **DATO** :  $135^\circ < \frac{\alpha}{2} < 180^\circ$

$$\begin{aligned} \tan\left(\frac{x}{2}\right) &= \overset{\text{IIC}}{-} \sqrt{\frac{1 - \cos x}{1 + \cos x}} = - \sqrt{\frac{1 - \frac{4}{5}}{1 + \frac{4}{5}}} = - \sqrt{\frac{\frac{1}{5}}{\frac{9}{5}}} \\ \therefore \tan\left(\frac{x}{2}\right) &= -\frac{1}{3} \end{aligned}$$

### IDENTIDADES AUXILIARES

$$\tan\left(\frac{x}{2}\right) = \csc x - \cot x \quad \cot\left(\frac{x}{2}\right) = \csc x + \cot x$$

También se les llama **Fórmulas Racionalizadas**.

# IDENTIDADES DEL ÁNGULO TRÍPLE

## IDENTIDADES FUNDAMENTALES

$$\sin 3x = 3\sin x - 4\sin^3 x \quad \dots \text{ ( I )}$$

$$\cos 3x = 4\cos^3 x - 3\cos x \quad \dots \text{ ( II )}$$

$$\tan 3x = \frac{3\tan x - \tan^3 x}{1 - 3\tan^2 x}$$

### Ejemplos :

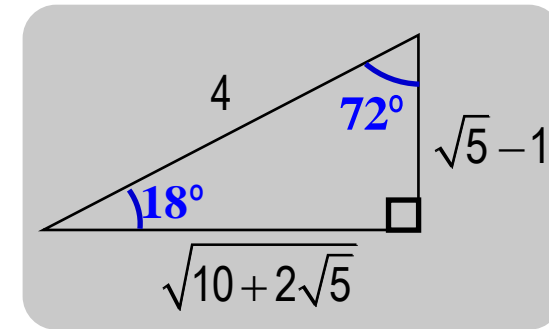
- $3\sin 10^\circ - 4\sin^3 10^\circ = \sin 30^\circ = 1/2$
- $4\cos^3 15^\circ - 3\cos 15^\circ = \cos 45^\circ = \sqrt{2}/2$

### Identidades de degradación :

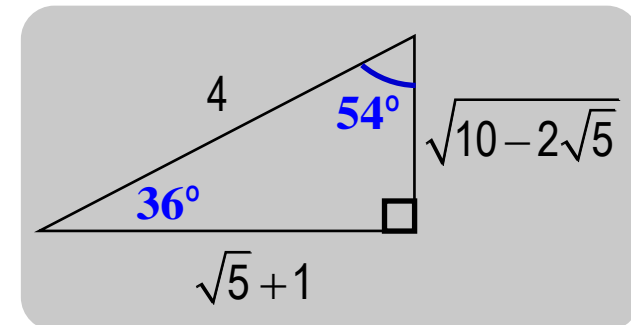
De ( I ) :  $4\sin^3 x = 3\sin x - \sin 3x$

De ( II ) :  $4\cos^3 x = 3\cos x + \cos 3x$

$$\Rightarrow \sin 18^\circ = \frac{\sqrt{5} - 1}{4}$$



$$\Rightarrow \cos 36^\circ = \frac{\sqrt{5} + 1}{4}$$



## IDENTIDADES AUXILIARES

1.  $\sin 3x = \sin x (2\cos 2x + 1)$

2.  $\cos 3x = \cos x (2\cos 2x - 1)$

3.  $\frac{\tan 3x}{\tan x} = \frac{2\cos 2x + 1}{2\cos 2x - 1}$

### Demostración 1.

Sea :  $\sin 3x = 3\sin x - 4\sin^3 x$

$$\Rightarrow \sin 3x = \sin x (3 - 4\sin^2 x)$$

$$\Rightarrow \sin 3x = \sin x (3 - 2(\color{red}{2\sin^2 x}))$$

$$\Rightarrow \sin 3x = \sin x (3 - 2(\color{red}{1 - \cos 2x}))$$

$$\therefore \sin 3x = \sin x (2\cos 2x + 1)$$

4.  $\sin 3x = 4\sin x \sin(60^\circ - x) \sin(60^\circ + x)$

5.  $\cos 3x = 4\cos x \cos(60^\circ - x) \cos(60^\circ + x)$

6.  $\tan 3x = \tan x \tan(60^\circ - x) \tan(60^\circ + x)$

### Ejemplo :

Calcule :  $E = \cos 10^\circ \cdot \cos 50^\circ \cdot \cos 70^\circ$

### Resolución :

$\times 4$  :  $4E = 4\cos 10^\circ \cdot \cos 50^\circ \cdot \cos 70^\circ$

$$\Rightarrow 4E = 4 \underbrace{\cos 10^\circ \cos(60^\circ - 10^\circ) \cos(60^\circ + 10^\circ)}_{\cos(3 \times 10^\circ)}$$

$$\Rightarrow 4E = \cos 30^\circ$$

$$\Rightarrow 4E = \frac{\sqrt{3}}{2} \quad \therefore E = \frac{\sqrt{3}}{8}$$



1.

Siendo  $\theta$  un ángulo agudo, tal que:  $\cot\theta = 4$ , calcule  $\text{sen}2\theta$ .

A)  $\frac{4}{15}$

B)  $\frac{4}{17}$

C)  $\frac{8}{15}$

~~D)  $\frac{8}{17}$~~

E)  $\frac{15}{17}$

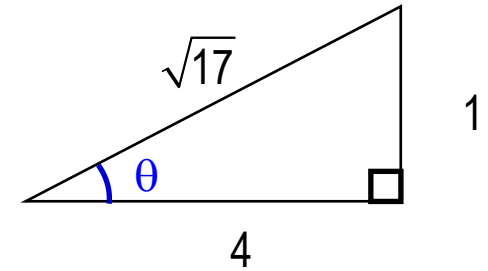


**Recordar**

$$\text{sen}2x = 2\text{sen}x.\cos x$$

**Resolución:**

**siendo:**  $\cot\theta = \frac{4}{1} \Rightarrow$



**Nos piden :**  $\text{sen}2\theta$

$\Rightarrow \text{sen}2\theta = 2\text{sen}\theta.\cos\theta$

$$\text{sen}2\theta = 2\left(\frac{1}{\sqrt{17}}\right) \cdot \left(\frac{4}{\sqrt{17}}\right) = \frac{8}{17}$$

$\therefore E = \frac{8}{17}$





2.

Reduzca  $D = \text{sen}2x \cdot \text{sec}x - \tan x \cdot \cos x$ .

~~A)  $\text{sen}x$~~

B)  $2\text{sen}x$

C)  $\cos x$

D)  $2\cos x$

E) 0



**Recordar:**

$$\text{sen}2x = 2\text{sen}x \cdot \cos x$$

$$\cos x \cdot \sec x = 1$$

$$\tan x = \frac{\text{sen}x}{\cos x}$$

**Resolución:**

**Tenemos :**

$$D = \text{sen}2x \cdot \sec x - \tan x \cdot \cos x$$

$$D = 2\text{sen}x \cdot \underbrace{\cos x \cdot \sec x}_1 - \frac{\text{sen}x}{\cancel{\cos x}} \cdot \cancel{\cos x}$$

$$\Rightarrow D = 2\text{sen}x - \text{sen}x$$

$$\therefore D = \text{sen}x$$

## HELICO-PRACTICE 3



3.

Si  $\text{sen} x + \cos x = \sqrt{\frac{1}{5}}$ ; calcule  $\text{sen} 2x$ .

A) 0,6

B) 0,8

~~C) -0,8~~

D) -0,6

E) -0,4



## Recordar

$$\text{sen}^2 x + \cos^2 x = 1$$

$$\text{sen} 2x = 2 \text{sen} x \cdot \cos x$$

## Resolución:

**dato :**  $\text{sen} x + \cos x = \sqrt{\frac{1}{5}}$

Elevando al cuadrado:

$$(\text{sen} x + \cos x)^2 = \left(\sqrt{\frac{1}{5}}\right)^2$$

$$\underbrace{\text{sen}^2 x + \cos^2 x}_1 + \underbrace{2 \text{sen} x \cdot \cos x}_{\text{sen} 2x} = \frac{1}{5}$$

$$\rightarrow \text{sen} 2x = \frac{1}{5} - 1 = -\frac{4}{5}$$

$$\therefore \text{sen} 2x = -0.8$$



4.

Reduzca  $Q = \sqrt{\frac{1 - \cos 4x}{1 + \cos 2x}}$   $\left(0 < x < \frac{\pi}{4}\right)$ .

A)  $\text{sen } x$ ~~B)  $2\text{sen } x$~~ C)  $3\text{sen } x$ D)  $4\text{sen } x$ E)  $\text{sen}^2 x$ 

**Recordar la identidad**

$$2\text{sen}^2 x = 1 - \cos 2x$$

$$2\cos^2 x = 1 + \cos 2x$$

$$\text{sen } 2x = 2\text{sen } x \cdot \cos x$$

**Resolución:**

**dato :**  $Q = \sqrt{\frac{1 - \cos 4x}{1 + \cos 2x}}$

Aplicando las identidades de degradación:

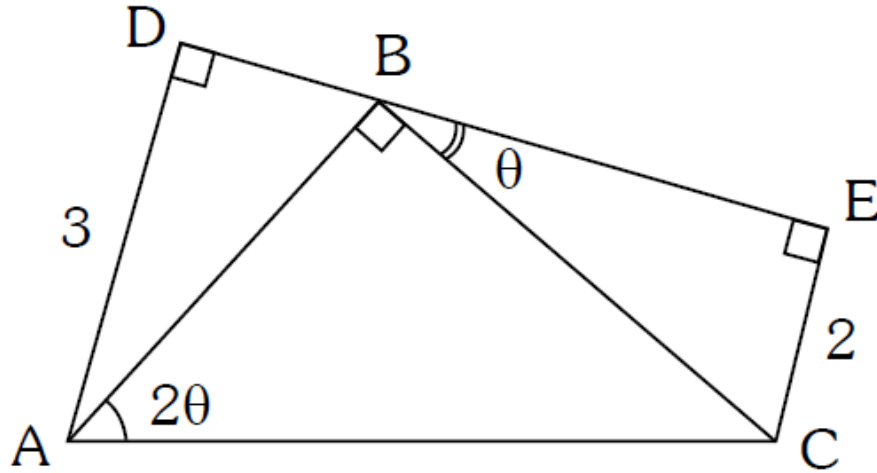
$$Q = \sqrt{\frac{\cancel{2}\text{sen}^2 2x}{\cancel{2}\cos^2 x}} = \frac{\sqrt{\text{sen}^2 2x}}{\sqrt{\cos^2 x}} = \frac{|\text{sen } 2x|}{|\cos x|}$$

$$Q = \frac{\text{sen } 2x}{\cos x} = \frac{2\text{sen } x \cdot \cancel{\cos x}}{\cancel{\cos x}}$$

$\therefore Q = 2\text{sen } x$

## HELICO-PRACTICE 5

5.

Del gráfico, calcule  $\tan \theta$ .

~~A)  $\frac{1}{2}$~~

B) 2

C)  $\frac{2}{3}$

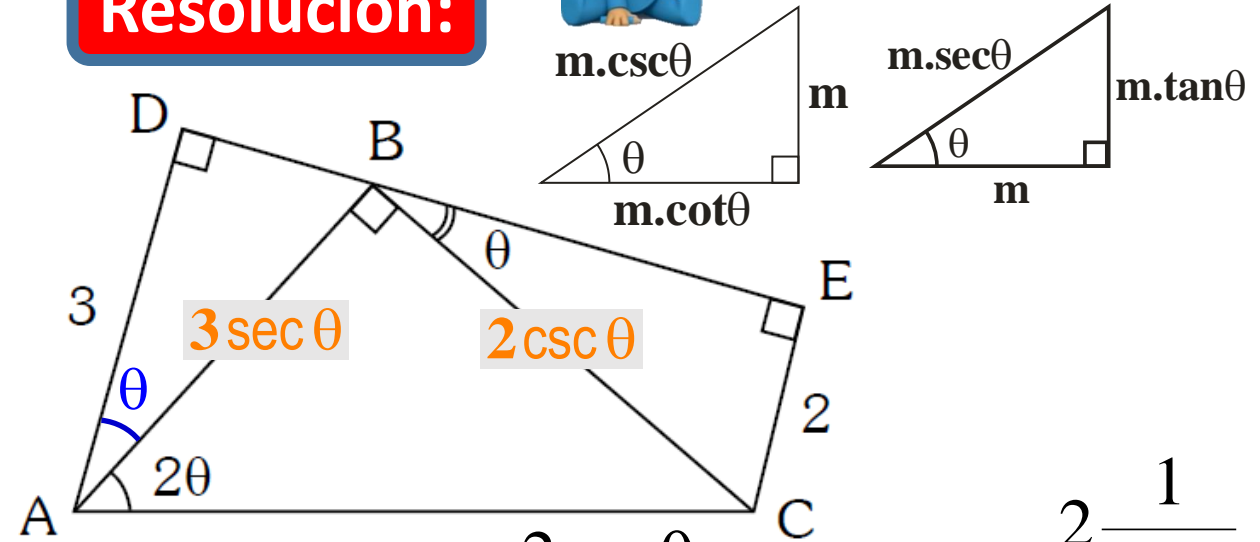
D)  $\frac{\sqrt{3}}{4}$

E)  $\frac{\sqrt{2}}{4}$

Resolución:



Recordar



$$\text{Del gráfico: } \tan 2\theta = \frac{2 \csc \theta}{3 \sec \theta} \Rightarrow \tan 2\theta = \frac{2 \frac{1}{\sin \theta}}{3 \frac{1}{\cos \theta}}$$

$$\tan 2\theta = \frac{2}{3} \cot \theta \Rightarrow \frac{2 \tan \theta}{1 - \tan^2 \theta} = \frac{2 \cot \theta}{3}$$

$$\text{operando: } \therefore \tan \theta = \frac{1}{2}$$

## HELICO-PRACTICE 6



6.

Si  $\tan x + \tan^2 x + \tan^3 x = 1$ , calcule

$$C = \cos 2x + \cos^2 2x + \cos^3 2x$$

~~A) 1~~  
D) -1

B) 2  
E) -2

C) 0

## Resolución:

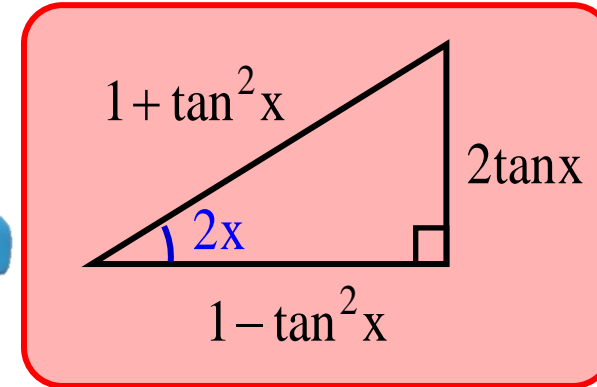
Dándole forma al dato:

$$\tan x + \tan^3 x = 1 - \tan^2 x$$

$$\tan x(1 + \tan^2 x) = 1 - \tan^2 x$$

$$\Rightarrow \tan x = \frac{1 - \tan^2 x}{1 + \tan^2 x}$$

## Recordar



$$\Rightarrow \tan x = \cos 2x \dots (*)$$

**piden :**  $C = \cos 2x + \cos^2 2x + \cos^3 2x$

En (\*):  $C = \tan x + \tan^2 x + \tan^3 x$

$$\therefore C = 1$$



7.

Calcule el valor de

$$K = \cos \frac{\pi}{7} \cdot \cos \frac{2\pi}{7} \cdot \cos \frac{4\pi}{7}$$

A)  $\frac{1}{2}$

B)  $\frac{1}{4}$

C)  $\frac{1}{8}$

~~D)  $-\frac{1}{8}$~~

E)  $\frac{1}{7}$

**Resolución:**

**piden :**  $P = \cos \frac{\pi}{7} \cdot \cos \frac{2\pi}{7} \cdot \cos \frac{4\pi}{7}$

$$2\text{sen} \frac{\pi}{7} \cdot P = 2\text{sen} \frac{\pi}{7} \cdot \cos \frac{\pi}{7} \cdot \cos \frac{2\pi}{7} \cdot \cos \frac{4\pi}{7}$$

$$2\text{sen} \frac{\pi}{7} \cdot P = 2\text{sen} \frac{\pi}{7} \cdot \underbrace{\cos \frac{\pi}{7} \cdot \cos \frac{2\pi}{7} \cdot \cos \frac{4\pi}{7}}_{\text{sen} \frac{2\pi}{7}}$$

$$2 \cdot 2\text{sen} \frac{\pi}{7} \cdot P = 2 \cdot \underbrace{\text{sen} \frac{2\pi}{7} \cdot \cos \frac{2\pi}{7} \cdot \cos \frac{4\pi}{7}}_{\text{sen} \frac{4\pi}{7}}$$

$$2 \cdot 2 \cdot 2\text{sen} \frac{\pi}{7} \cdot P = 2 \cdot \underbrace{\text{sen} \frac{4\pi}{7} \cdot \cos \frac{4\pi}{7}}_{\text{sen} \frac{8\pi}{7}}$$

$$\text{sen} \frac{8\pi}{7} = \text{sen} \left( \pi + \frac{\pi}{7} \right) = -\text{sen} \frac{\pi}{7}$$

$$8\cancel{\text{sen} \frac{\pi}{7}} \cdot P = -\cancel{\text{sen} \frac{\pi}{7}} \Rightarrow \therefore P = -\frac{1}{8}$$

## HELICO-PRACTICE 8

8.

Si  $\tan \theta = \frac{\sqrt{5}}{2}$  ( $180^\circ < \theta < 270^\circ$ ), calcule

$$\cos \frac{\theta}{2}.$$

A)  $-\sqrt{\frac{1}{3}}$

B)  $-\sqrt{\frac{1}{4}}$

C)  $-\sqrt{\frac{1}{5}}$

~~D)  $-\sqrt{\frac{1}{6}}$~~

E)  $\sqrt{\frac{1}{5}}$

$$90^\circ < \frac{\theta}{2} < 135^\circ \rightarrow \theta \in \text{IIC}$$

**Resolución:****Recuerda:**

$$\cos \left( \frac{\theta}{2} \right) = \pm \sqrt{\frac{1 + \cos \theta}{2}}$$

**Dato :**

$$\tan \theta = \frac{\sqrt{5}}{2} = \frac{y}{x}$$

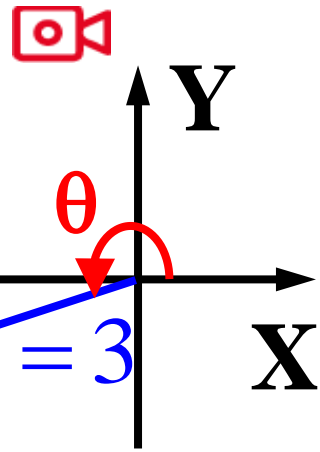
$$P(\underbrace{-2}_x; \underbrace{-\sqrt{5}}_y)$$

$$\cos \theta = \frac{x}{r} = \frac{-2}{3}$$

**Piden :**

$$\cos \left( \frac{\theta}{2} \right) = \overset{\text{IIC}}{-} \sqrt{\frac{1 + \cos \theta}{2}} = -\sqrt{\frac{1 + \frac{-2}{3}}{2}}$$

$$\therefore \cos \frac{\theta}{2} = -\sqrt{\frac{1}{6}}$$





9.

Si  $\text{sen}\theta = \frac{1}{3}$ , calcule  $\tan\left(45^\circ - \frac{\theta}{2}\right)$ .

A)  $\pm \frac{1}{\sqrt{3}}$

~~B)  $\pm \frac{1}{\sqrt{2}}$~~

C)  $\pm \frac{1}{2}$

D)  $\pm \frac{1}{\sqrt{5}}$

E)  $\pm \frac{1}{\sqrt{6}}$

**Resolución:****Recuerda:**

$$\tan\left(\frac{x}{2}\right) = \pm \sqrt{\frac{1 - \cos x}{1 + \cos x}}$$

**Dato :**  $\text{sen}\theta = \frac{1}{3} \rightarrow \cos(90^\circ - \theta) = \frac{1}{3}$

**Piden :**  $\tan\left(45^\circ - \frac{\theta}{2}\right)$

$$\tan\left(\frac{90 - \theta}{2}\right) = \pm \sqrt{\frac{1 - \cos(90^\circ - \theta)}{1 + \cos(90^\circ - \theta)}} = \pm \sqrt{\frac{1 - \frac{1}{3}}{1 + \frac{1}{3}}}$$

$$\therefore \tan\left(45^\circ - \frac{\theta}{2}\right) = \pm \frac{1}{\sqrt{2}}$$



## HELICO-PRACTICE 10



**10.** Si  $\text{sen}\theta = \frac{a-b}{a+b}$ , halle  $\tan\left(45^\circ + \frac{\theta}{2}\right)$ .

- A)  $\pm\sqrt{ab}$     ~~B)  $\pm\sqrt{\frac{a}{b}}$~~     C)  $\pm\sqrt{\frac{b}{a}}$
- D)  $\pm\sqrt{\frac{a}{2b}}$     E)  $\pm\sqrt{\frac{b}{2a}}$

**Resolución:**

**Recuerda:**



$$\cot\left(\frac{x}{2}\right) = \pm \sqrt{\frac{1+\cos x}{1-\cos x}}$$

**Dato :**  $\text{sen}\theta = \frac{a-b}{a+b} \rightarrow \cos(90^\circ - \theta) = \frac{a-b}{a+b}$

**Piden :**  $\tan\left(45^\circ + \frac{\theta}{2}\right) = \cot\left(45^\circ - \frac{\theta}{2}\right)$

$$\cot\left(\frac{90-\theta}{2}\right) = \pm \sqrt{\frac{1+\cos(90^\circ-\theta)}{1-\cos(90^\circ-\theta)}} = \pm \sqrt{\frac{1+\frac{a-b}{a+b}}{1-\frac{a-b}{a+b}}}$$

$$\therefore \tan\left(45^\circ + \frac{\theta}{2}\right) = \pm \sqrt{\frac{a}{b}}$$



**11.** Si  $\csc 2\alpha + \csc 2\beta + \csc 2\theta = \cot 2\alpha + \cot 2\beta + \cot 2\theta$

Halle  $H = \frac{\tan^3 \alpha + \tan^3 \beta + \tan^3 \theta}{\tan \alpha \cdot \tan \beta \cdot \tan \theta}$ .

A) 1

B) 2

~~C) 3~~

D) -3

E) 9

### Resolución:



**Recordar la identidad**

$$\tan\left(\frac{x}{2}\right) = \csc x - \cot x \quad \cot\left(\frac{x}{2}\right) = \csc x + \cot x$$

si:  $a + b + c = 0$

$$\Rightarrow a^3 + b^3 + c^3 = 3abc$$

**Dato :**

$$\csc 2\alpha + \csc 2\beta + \csc 2\theta = \cot 2\alpha + \cot 2\beta + \cot 2\theta$$

$$\underbrace{\csc 2\alpha - \cot 2\alpha}_{\tan \alpha} + \underbrace{\csc 2\beta - \cot 2\beta}_{\tan \beta} + \underbrace{\csc 2\theta - \cot 2\theta}_{\tan \theta} = 0$$

**Entonces :**

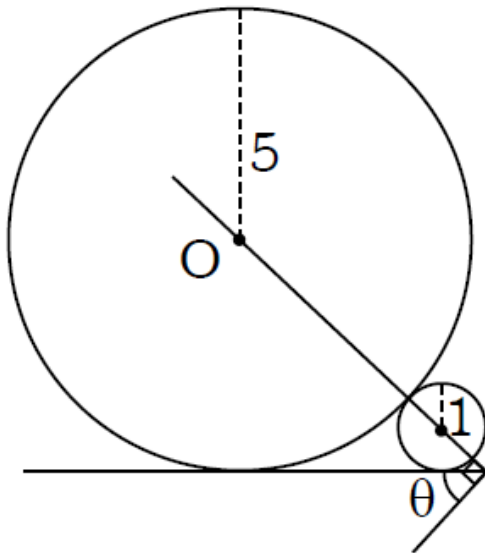
$$\tan^3 \alpha + \tan^3 \beta + \tan^3 \theta = 3 \tan \alpha \tan \beta \tan \theta$$

$$\frac{\tan^3 \alpha + \tan^3 \beta + \tan^3 \theta}{\underbrace{\tan \alpha \tan \beta \tan \theta}_H} = 3$$

$\therefore H = 3$

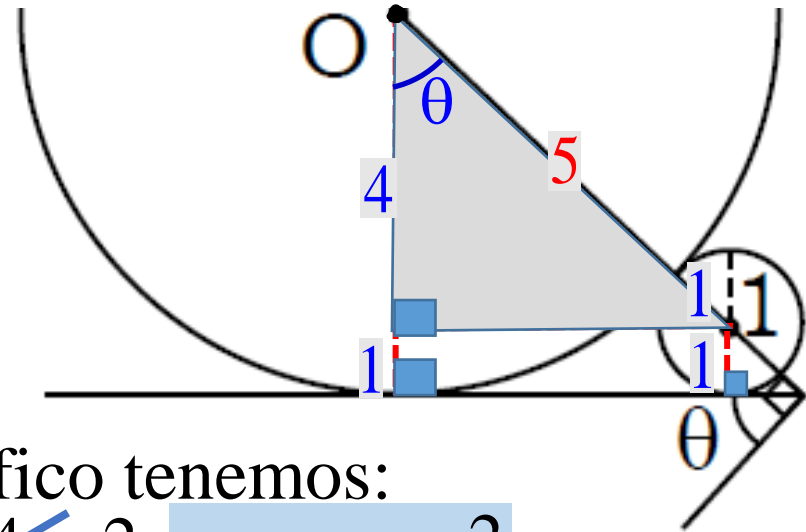


12. Del gráfico, calcule  $\tan \frac{\theta}{2}$ .



- A)  $\sqrt{5}$       B)  $\sqrt{6}$       ~~C)  $\frac{\sqrt{5}}{5}$~~
- D)  $\frac{\sqrt{6}}{6}$       E)  $\frac{\sqrt{6}}{5}$

**Resolución:**



Del gráfico tenemos:

$$\cos \theta = \frac{4}{6} = \frac{2}{3} \Rightarrow \cos \theta = \frac{2}{3}$$

$$\tan \frac{\theta}{2} = \sqrt{\frac{1 - \cos \theta}{1 + \cos \theta}} = \sqrt{\frac{1 - \frac{2}{3}}{1 + \frac{2}{3}}}$$

$$\therefore \tan \frac{\theta}{2} = \frac{\sqrt{5}}{5}$$

## HELICO-PRACTICE 13



13. Reduzca

$$P = \csc 10^\circ + \csc 20^\circ + \csc 40^\circ + \csc 80^\circ + \csc 160^\circ + \cot 160^\circ$$

Recordar la identidad

$$\cot\left(\frac{x}{2}\right) = \csc x + \cot x$$



- ~~A)  $\cot 5^\circ$~~       B)  $\tan 5^\circ$       C)  $\sec 10^\circ$   
 D)  $\cot 10^\circ$       E) 1

**Resolución:**

**Dato :**  $P = \csc 10^\circ + \csc 20^\circ + \csc 40^\circ + \csc 80^\circ + \underbrace{\csc 160^\circ + \cot 160^\circ}_{\cot 80^\circ}$

$$\begin{aligned}
 &\underbrace{\csc 80^\circ + \cot 80^\circ}_{\cot 40^\circ} \\
 &\underbrace{\csc 40^\circ + \cot 40^\circ}_{\cot 20^\circ} \\
 &\underbrace{\csc 20^\circ + \cot 20^\circ}_{\cot 10^\circ} \\
 &\underbrace{\csc 10^\circ + \cot 10^\circ}_{\cot 5^\circ}
 \end{aligned}
 \quad \therefore \quad P = \cot 5^\circ$$

## HELICO-PRACTICE 14



**14.** Si  $\text{sen} 3x = n \cdot \text{sen} x$ , halle  $S = \frac{\cos 3x}{\cos x}$ .

A)  $n - 1$

B)  $n + 1$

~~C)  $n - 2$~~

D)  $n + 2$

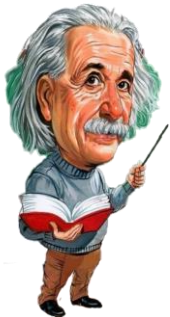
E)  $2n - 1$

**Resolución:**

**IDENTIDADES AUXILIARES**

$$\text{sen} 3x = \text{sen} x (2\cos 2x + 1)$$

$$\cos 3x = \cos x (2\cos 2x - 1)$$



**Dato :**  $\text{sen} 3x = n \text{sen} x$

$$\frac{\text{sen} 3x}{\text{sen} x} = n \Rightarrow \underbrace{2\cos 2x + 1}_{2\cos 2x + 1} = n$$

**Piden :**  $S = \frac{\cos 3x}{\cos x} = \underbrace{2\cos 2x - 1}_{n - 1}$

$$\therefore S = n - 2$$

## HELICO-PRACTICE 15



**15.** Reduzca  $C = \frac{\sin^3 20^\circ + \cos^3 10^\circ}{\sin 20^\circ + \cos 10^\circ}$ .

A)  $\frac{2}{3}$

B)  $\frac{1}{4}$

C)  $\frac{3}{2}$

~~D)  $\frac{3}{4}$~~

E)  $\frac{4}{3}$

**Resolución:**



**Recordar**

$$4\sin^3 x = 3\sin x - \sin 3x$$

$$4\cos^3 x = 3\cos x + \cos 3x$$

**Piden reducir :**

$$4.C = \frac{4.\sin^3 20^\circ + 4.\cos^3 10^\circ}{\sin 20^\circ + \cos 10^\circ}$$

$$4C = \frac{3\sin 20^\circ - \cancel{\sin 60^\circ} + 3\cos 10^\circ + \cancel{\cos 30^\circ}}{\sin 20^\circ + \cos 10^\circ}$$

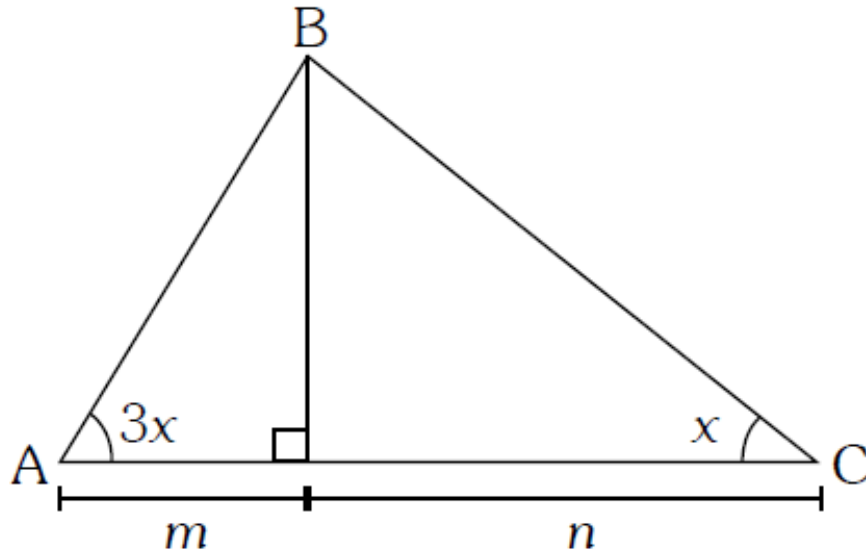
$$4C = \frac{3(\cancel{\sin 20^\circ + \cos 10^\circ})}{\cancel{\sin 20^\circ + \cos 10^\circ}}$$

$$\therefore C = \frac{3}{4}$$

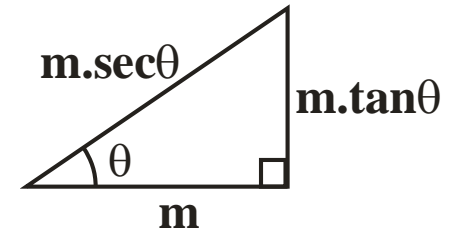
## HELICO-PRACTICE 16



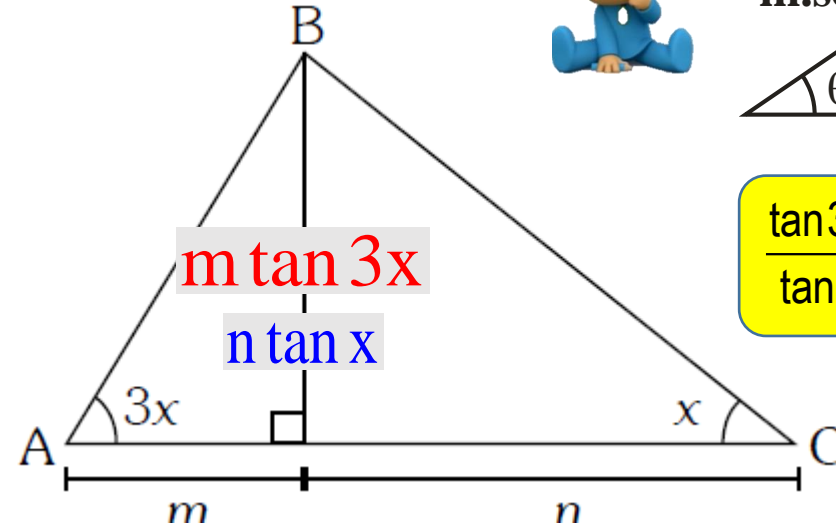
16.

Del gráfico, calcule  $2\cos 2x$ .

- A)  $\frac{n-m}{n+m}$     ~~B)  $\frac{n+m}{n-m}$~~     C)  $\frac{n-m}{m}$   
 D)  $\frac{n-m}{n}$     E)  $\frac{n-m}{2m}$

**Resolución:****Recordar**

$$\frac{\tan 3x}{\tan x} = \frac{2\cos 2x + 1}{2\cos 2x - 1}$$

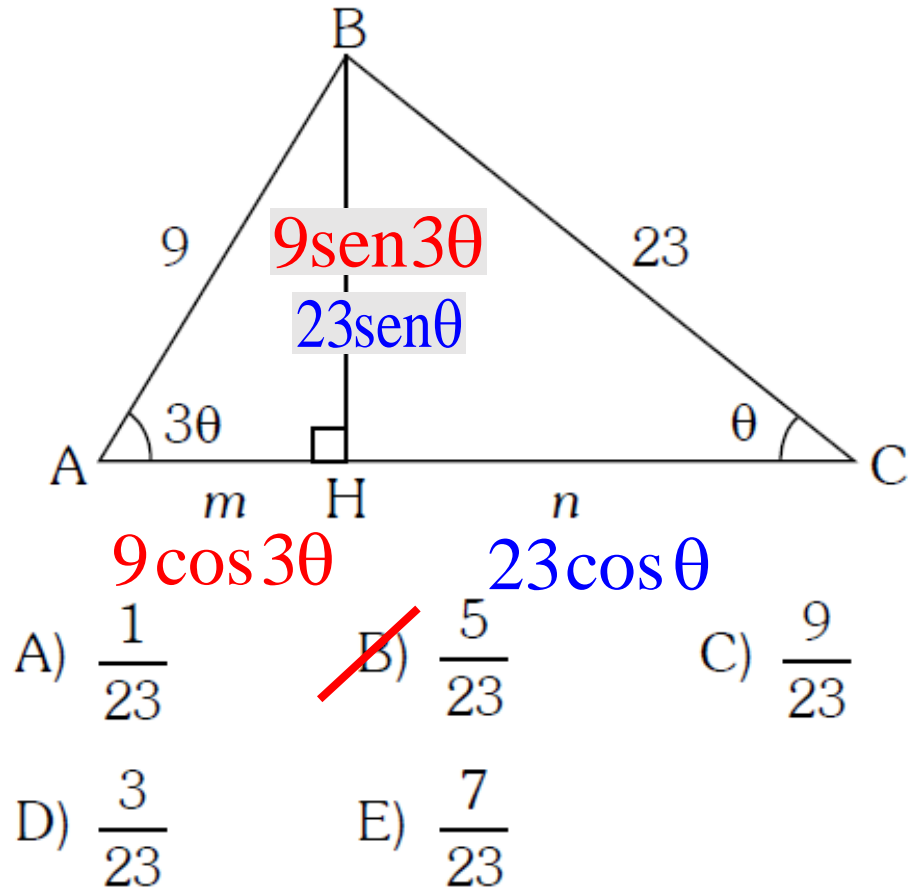
Igualando:  $m \tan 3x = n \tan x$ 

$$\frac{\tan 3x}{\tan x} = \frac{n}{m} \quad \rightarrow \quad \frac{2\cos 2x + 1}{2\cos 2x - 1} = \frac{n}{m}$$

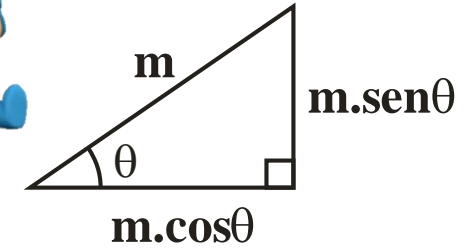
$$\therefore 2\cos 2x = \frac{n+m}{n-m}$$



17. En el gráfico, determine  $\frac{m}{n}$ .



**Resolución:**



$$\frac{\text{sen } 3x}{\text{sen } x} = 2\cos 2x + 1$$

$$\frac{\cos 3x}{\cos x} = 2\cos 2x - 1$$

Igualando:  $9\text{sen } 3\theta = 23\text{sen } \theta$

$$\frac{\text{sen } 3\theta}{\text{sen } \theta} = \frac{23}{9} \rightarrow 2\cos 2\theta + 1 = \frac{23}{9} \rightarrow \cos 2\theta = \frac{7}{9}$$

**Piden :**  $\frac{m}{n} = \frac{9\cos 3\theta}{23\cos \theta} = \frac{9}{23}(2\cos 2\theta - 1)$

Reemplazando:  $\therefore \frac{m}{n} = \frac{5}{23}$





**18.** Calcule el valor numérico de

$$F = \frac{1}{6\sin 18^\circ \cdot \cos 36^\circ}$$

A)  $\frac{1}{6}$

B)  $\frac{1}{4}$

C)  $\frac{1}{3}$

~~D)  $\frac{2}{3}$~~

E)  $\frac{4}{3}$

**Resolución:**

**Recuerda:**



$$\sin 18^\circ = \frac{\sqrt{5}-1}{4}$$

$$\cos 36^\circ = \frac{\sqrt{5}+1}{4}$$

**Piden :**

$$F = \frac{1}{6\sin 18^\circ \cdot \cos 36^\circ}$$

Reemplazando:

$$F = \frac{1}{6\left(\frac{\sqrt{5}-1}{4}\right)\left(\frac{\sqrt{5}+1}{4}\right)} = \frac{1}{6\left(\frac{4}{16}\right)}$$

$$\therefore F = \frac{2}{3}$$



**19.** Reduzca

$$Q = \cos^3 x + \cos^3(60^\circ - x) + \cos^3(60^\circ + x) + \frac{1}{4} \cos 3x$$



**Recordar la identidad**

$$4\sin^3 x = 3\sin x - \sin 3x$$

$$4\cos^3 x = 3\cos x + \cos 3x$$

**Resolución:**

**Piden :**  $4.Q = 4.\cos^3 x + 4.\cos^3(60^\circ - x) + 4.\cos^3(60^\circ + x) + \cos 3x$

$$4Q = 3\cos x + \cancel{\cos 3x} + 3\cos(60^\circ - x) + \underbrace{\cos(180^\circ - 3x)}_{-\cancel{\cos 3x}} + 3\cos(60^\circ + x) + \underbrace{\cos(180^\circ + 3x)}_{-\cancel{\cos 3x}} + \cancel{\cos 3x}$$

$$4Q = 3\cos x + 3(\cos(60^\circ - x) + \cos(60^\circ + x))$$

$$\cos 60^\circ \cdot \cos x + \cancel{\sin 60^\circ \cdot \sin x} + \cos 60^\circ \cdot \cos x - \cancel{\sin 60^\circ \cdot \sin x}$$

$$4Q = 3\cos x + 3 \cdot 2\cos 60^\circ \cdot \cos x \quad \Rightarrow \quad 4Q = 6\cos x$$

$$\therefore Q = \frac{3}{2} \cos x$$



**20.** Si  $x = \sqrt{2 - \sqrt{2 + \sqrt{2 + x}}}$

Calcule el valor numérico de  $E = \frac{x^3 + 1}{x}$ .

A)  $\sqrt{2}$

B)  $\sqrt{3}$

C)  $3\sqrt{3}$

D) 3

E) 6

### Resolución:

Haciendo un cambio de variable:

$$x = 2\cos 8\theta$$

Reemplazando:

$$2\cos 8\theta = \sqrt{2 - \sqrt{2 + \sqrt{2 + 2\cos 8\theta}}}$$

$$2\cos 8\theta = \sqrt{2 - \sqrt{2 + \underbrace{\sqrt{2(1 + \cos 8\theta)}}_{2\cos^2 4\theta}}}$$

$$2\cos 8\theta = \sqrt{2 - \sqrt{2 + 2\cos 4\theta}}$$

$$2\cos 8\theta = \sqrt{2 - \sqrt{2(1 + \cos 4\theta)}} \quad \underbrace{\phantom{\sqrt{2(1 + \cos 4\theta)}}}_{2\cos^2 2\theta}$$

$$2\cos 8\theta = \sqrt{2 - 2\cos 2\theta}$$

$$2\cos 8\theta = \sqrt{2(1 - \cos 2\theta)} \quad \underbrace{\phantom{\sqrt{2(1 - \cos 2\theta)}}}_{2\sin^2 \theta} \quad \Rightarrow \cancel{2\cos 8\theta} = \cancel{2\sin \theta}$$

$$\cos 8\theta = \sin \theta \Rightarrow x = 2\cos 80^\circ$$

$$\downarrow$$

$$\theta = 10^\circ$$

$$x = 2\sin 10^\circ \dots (*)$$



**Piden :**  $E = \frac{x^3 + 1}{x}$

**En (\*) :**  $E = \frac{(2\text{sen}10^\circ)^3 + 1}{2\text{sen}10^\circ}$



**Recordar**

$$4\text{sen}^3 x = 3\text{sen} x - \text{sen} 3x$$

$$E = \frac{2(4\text{sen}^3 10^\circ) + 1}{2\text{sen} 10^\circ} \Rightarrow E = \frac{2(\underbrace{4\text{sen}^3 10^\circ}_{3\text{sen} 10^\circ - \text{sen} 30^\circ}) + 1}{2\text{sen} 10^\circ}$$

$$E = \frac{6\text{sen} 10^\circ - \underbrace{2\text{sen} 30^\circ}_1 + 1}{2\text{sen} 10^\circ}$$

$$E = \frac{\cancel{6\text{sen} 10^\circ}}{\cancel{2\text{sen} 10^\circ}}$$

$$\therefore E = 3$$



**COLEGIOS**

 **SACO OLIVEROS**  **APEIRON**  
**SISTEMA HELICOIDAL**

**MUCHAS GRACIAS POR  
TU ATENCIÓN**

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