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## OWINO SAMWEL

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### PERSONAL STATEMENT

A Public Health professional with hands on practical, extensive skills and experience in early career health research, project execution, data collection and analysis. Proven expertise in health education and information dissemination, Health promotion and disease prevention with a strong commitment to advancing positive health outcomes.

### EDUCATION

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- 2020 -2024: **B.Sc. Public Health with Information Technology Maseno University** (*Second Class Upper division*)
- 2016 -2019: **Kenya Certificate of Secondary Education-** Vihiga Friends High School (Mean grade- *B plain*)
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### QUALIFICATIONS

1. First Aid
  2. TB 101: Empowering Champions.
  3. HIV ART initiation, adherence and retention
  4. Contraceptives Counseling for Choice
  5. KOBO Collection Toolbox- Data Analysis
  6. Data Entry and Analysis.
  7. Spatial Analysis
  8. Menstrual, Sexual and Reproductive Health
  9. Green leaders and Climate Change
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### CAREER DEVELOPMENT

1. Oral presenter at the 8<sup>th</sup> Global Health Symposium on Health Systems Research from 18-22<sup>nd</sup> November 2024 in Nagasaki-Japan on *Assessing the Mechanisms of achieving sustainably Strong environmental-friendly health systems for Planetary Health*
2. Virtual presenter at the 3<sup>rd</sup> International conference on Epidemiology and Public Health on 4<sup>TH</sup> Nov 2024: *Peer Educators' Role in Promoting and Providing Support in HIV Testing among University Students in Kenya: A Case of Maseno University*
3. Oral presenter at the 3rd Health and Climate Change Science Conference from 29<sup>th</sup> - 31<sup>st</sup> October 2024: *One Health perspectives' impacts of Climate Change on Food production and Human Health.*
4. Oral presenter at the 1st annual best practice learning and sharing forum from 19<sup>th</sup> - 22<sup>nd</sup> August 2024 in Kisumu, Kenya: *Strengthening the Linkage of HIV Testing Services and Enrolment for Continuity of Care/Treatment in Kenya.*
5. Health Systems Global Symposium, Africa Region Preconference on 11<sup>th</sup> March 2024

## **WORK EXPERIENCE**

### **1. Volunteer- Red Cross Society of Kenya-Nairobi Branch: July, 2024 to Date.**

#### **Duties and responsibilities;**

- Humanity disaster response and management, impartial welfare and psychosocial support.
- Participated in capacity building on floods preparedness and mitigation measures.
- Community health advocacy and awareness
- Offered first aid to casualties as First responders.
- Integrated medical outreaches on SGBV interventions.
- Offered health education on WASH for the urban poor in the Kibra informal settlements.
- Participated in team meetings and debriefing sessions
- Documented field activities report and data submission.

### **2 Project Assistant- Odero CBO, Kisumu. January- May 2024. (Volunteer)**

#### **Duties and responsibilities;**

- Domestic resource mobilization and project resource management
- Fast tracked budget report, record keeping and expenditure reviews
- Assisted with data collection-related activities for monitoring.
- Youth Empowerment; Facilitated training sessions and meetings with stake holders
- Conducted changes in managing projects scope, schedule and resources effectively.
- Documentation, minuting, compliance and reporting
- Assisted with continuous monitoring of projects progress, merits and the demerits.
- Maintained project schedules and work plans

### **3. Sexual Reproductive Health Young Peer Educator- Maseno AIDS Control Unit 2020- April, 2024.**

#### **Duties and responsibilities;**

- Health education on HIV, Mental Health and Sexual Reproductive Health
- Community sensitization on the dangers of substance use disorders and spread of HIV/STIs.
- HIV Health promotion and mobilization “condoms distribution” for lifestyle risk factor management
- Linkage of HIV-positive clients to treatment at the ACU and Maseno Health care center
- Data collection and validation for the study on sexual and gender-based violence.
- Recruited study participants who meet the eligibility criteria to participate in the study
- Continuous Quality Improvement CQI for HIV stigma free environment
- Health education on Navigating Unplanned and early Teenage pregnancies amongst youths and teenagers as sexual and gender-based violence .
- Menstrual Hygiene knowledge dissemination on personal hygiene

### **4. Urban Health Field Attachment (Homabay County) May-August 2023**

#### **Duties & responsibilities;**

- Data analysis, report writing and presentation of various implemented programs.
- Technical and mentorship support on data management processes, data analysis skills and interpretation of malaria indicators to meet Angamiza Malaria program objectives.
- School health education on HIV/ Aids prevention, Sexual reproductive health and mental health.
- Malaria capacity strengthening through Social and behavioral change communication.
- Vector and pest control through intentional fumigation.
- Integrated disease surveillance.
- Assisted with audio recording in Angamiza malaria data collect data

- School health inspection program and reporting on Health and sanitary conditions.

#### **5. Rural Health Field Attachment (Kisumu County) July-September 2022.**

##### **Duties & assignments undertaken:**

- Participated in Project management: CLTS both at initiation (Community entry) and implementation stage.
- Counselling for mental wellness to the clients in the Youth Friendly department by HEEADSS Assessment tool
- Malaria control and prevention Education on the dangers of self-medication and poor health seeking behavior within the community.
- Report Writing and presentation
- Monthly field report collection from the CHVs and compilation.
- Premise and food inspection exercises.
- Drafting and enrolling differentiated service delivery for Communicable diseases control

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#### **SKILLS AND COMPETENCY**

- Health research, data collection and analysis.
- Project risk management.
- Excellent Communicator
- Organizer and facilitator.
- Teamwork and team building.
- Microsoft Office Suit
- Audio Transcriptions
- Solution oriented

#### **REFEREES**

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Mr. Luttah O. Patrick  
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Maseno University.  
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