Andrew Alizaga, Design and prototyping

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"A website that looks into the importance of boundaries, discipline, human perception and
overall mindsets in development and overall the ability to make extraordinary things with
one's life"
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The idea of this project it's mental state, and the goal is helping people to be better versions by their own will, mark the importance of certain patterns, wake the consciousness of their current self and overall help them to sharpen the most important tool they have to get out of a critical situation in their life or manage to do the things that fulfill them, their minds.

Wrap up of the features mention on the previous document

1- Render in most devices
2- Forums to express ideas and comments
3- Interactive tests
3- Sections with articles and documentations
4- Blog section
5- User/Profile registration and login
6- Reference section
7- Main landing page with User friendly interface

WORK FLOW

The main site should always be the lading page, which should give the option to access the reference section, articles section, and blog section, register section and login section, the rest of the features should be available only if the user is logged in

LANDING PAGE

BLOG, REFERENCE, ARTICLES&DOCUMENTATION

LOGIN/REGISTRATION
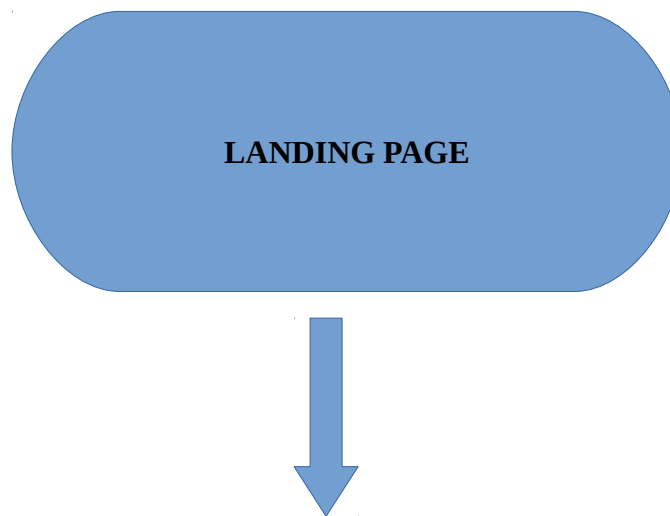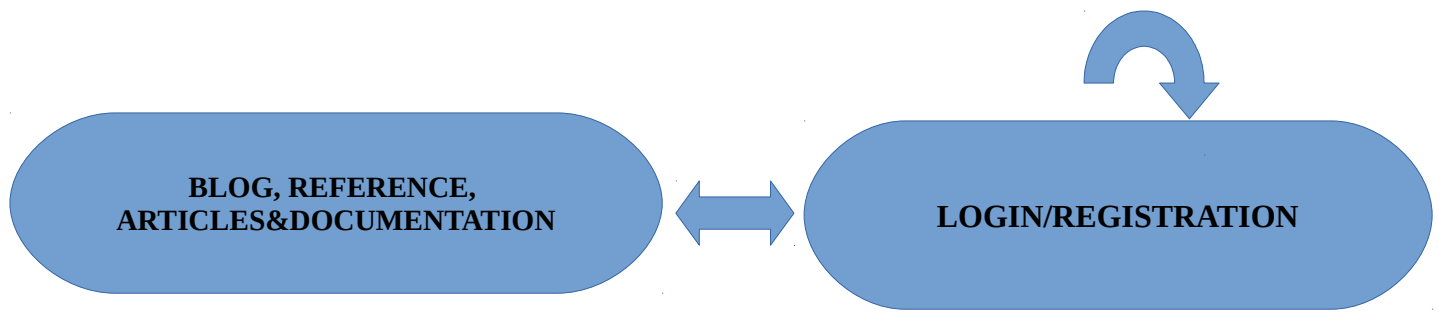
As long as the user is sign in, he/she will have the ability of signing out, sending back to the landing page, and loosing permission to private areas, uptill she/he logs in again

Once the user has log in, he can access to the restricted areas, in case of trying to access to a restrcited area without login, the website must, redirect to the login/ registration page

LOG OUT

Interactive tests, Forums & commenting & creating posts
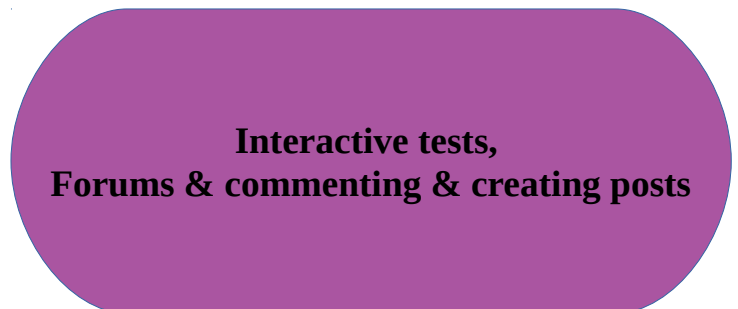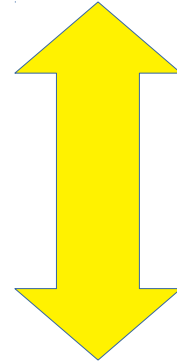
Similar projects and ideas

Webmd

This is a site that focuses in mental health more that mindset, or discipline for that matter but has a similar structure in terms of profiles, articles, and recommendations, but it has a different focus and it does not allow users to express, or see progress with other users

MentalHealth.gov

This website does not have profile feautres and is still in the scope of the previous one, but it does give means and reference to professional help and documentation

Reference:

https://www.webmd.com/mental-health/default.htm
https://www.mentalhealth.gov/

books with information about the importance of a sane life, an mind and overall principles and rules for personal grow.

12 Rules For Life, by Jordan Peterson
link to his book on amazon: https://www.amazon.es/12-Rules-Life-Antidote-Chaos/dp/0345816021

A Guide to the Good Life: The Ancient Art of Stoic Joy, by William B Irvin
link to his book on amazon:
https://www.amazon.es/Guide-Good-Life-Ancient-Stoic/dp/0195374614/ref=sr_1_2?__mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&keywords=stoic&qid=1570497748&sr=8-2

The obstacle on the way: The Ancient Art of Turning Adversity to Advantage, by Ryan Holiday
link to his book on amazon: https://www.amazon.es/Obstacle-Way-Ancient-Adversity-Advantage/dp/1781251495/ref=pd_sim_14_3/257-5544270-8352918?_encoding=UTF8&pd_rd_i=1781251495&pd_rd_r=83a3ba51-be41-446b-a043-14fd2277d18f&pd_rd_w=8rviw&pd_rd_wg=DDx0Z&pf_rd_p=e971ce04-d90c-4214-927d-505c2dcf7344&pf_rd_r=RM54RFDGGTGC0VZ6W9JW&psc=1&refRID=RM54RFDGGTGC0VZ6W9JW

Ego Is The Enemy, by Ryan Holiday
link to his book on amazon:
https://www.amazon.es/Ego-Enemy-Ryan-Holiday/dp/1781257027/ref=pd_sim_14_4/257-5544270-8352918?_encoding=UTF8&pd_rd_i=1781257027&pd_rd_r=83a3ba51-be41-446b-a043-14fd2277d18f&pd_rd_w=8rviw&pd_rd_wg=DDx0Z&pf_rd_p=e971ce04-d90c-4214-

[927d-505c2dcf7344&pf_rd_r=RM54RFDGGTGC0VZ6W9JW&psc=1&refRID=RM54RFDGGTGC0VZ6W9JW](#)