

The Republic of Seychelles Ministry of Health and University of Oxford

2023-02-07

# Contents

W	Welcome 5				
1	1 Introduction				
2	Installing R and RStudio				
	2.1 Install R	9			
	2.2 Install RStudio	10			
	2.3 Install Rtools	10			
	2.4 Install Git for Windows	10			
3	Introduction to R and RStudio	11			
	3.1 What is R?	11			
	3.2 Why use R?	12			
	3.3 What is RStudio	13			
4	Basics of R				
	4.1 Summary	51			
5	Objects in R	<b>53</b>			
	5.1 Summary	73			
6	Extending R with packages	<b>7</b> 5			
	6.1 Summary	83			
7	Writing functions	85			
8	Introduction to git and GitHub	97			
	8.1 All about git	97			

4 CONTENTS

	8.2	All about GitHub	. 97
9	<b>Clo</b> : 9.1	ning a GitHub repository  Copy the repository URL of the repository you want to clone from GitHub	103
	9.2		
	9.2	Go to RStudio and create new project	
	9.3 9.4	Choose Version Control	
	9.4	Setup repository settings	
	9.0	bettip repository settings	. 100
10	Con	nmit and push to GitHub	111
	10.1	Click on Commit in the Git tab on RStudio	112
	10.2	Getting changes saved and push to GitHub	113
	10.3	Initiate a pull request	114
11	Par	ticipating in an R/RStudio project	119
		Clone the project to your local machine	119
		Create a new branch from the main branch	
		Code and make changes to your branch	
		Commit and push your changes and initiate a pull request	
		Merge pull request	
12	Init	iating an R/RStudio project	125
		Create a new project in RStudio	126
		Structure/organise your new project appropriately	
	12.3	Start coding	133
		Next steps	
13	Scie	entific workflows	135
		Step 1: Create a new RStudio project	
		Step 2: Create an R file called packages.R	
		Step 3: Create placeholder directories for different components	- 0
		of workflow	140
	13.4	Step 4: Create the target script file (_targets.R)	
		Step 5: Edit the targets.R script file	

# Welcome

This is the handbook for the **Seychelles-Oxford Partnership** project on statistical training to strengthen evidence-based research capacity in the Seychelles.

6 CONTENTS



## Chapter 1

## Introduction

Findings generated by international research can be widely applicable and relevant to informing and influencing national health policies and decisions (e.g. policies and guidelines relating to COVID-19). However, the most effective and meaningful policies are invariably borne from locally-driven research addressing contextualised health and health system problems.

The Seychelles is one of the few Sub-Saharan African countries with efficient, accurate and comprehensive data collection and disaggregation, across a variety of health metrics within the public health sector. However, critical skills and health research capacity to analyse this data and build a local evidence-base with which to inform policy and improve population health, are severely lacking. This shortcoming risks compromising efforts to meet national strategic health priorities and achieve SDG health targets.

To date, this skills gap has been bridged by outsourcing data analysis to international organisations and/or hiring foreign consultants. This has come at a significant risk of encouraging "parachute" research, whose objectives and findings have not necessarily been applicable to the local context nor aligned with national health agendas.

Recently, driven in part by the vital role data analysis has played and continues to play in the COVID-19 response locally, this critical shortage of data analysis skills has been recognised by the Seychelles Ministry of Health (MOH) as an acute problem, in need of urgent action.

We propose tackling this skills gap and building locally sustainable health research capacity by leveraging the vast research experience and skills of Oxford research partners to train and upskill data analysts from the Ministry of Health (MOH) Seychelles.

A 'tailor-made' curriculum will be developed and designed based on specific and current research-policy needs already identified by MOH partners. These key areas have been chosen based on impact, priority and what can be feasibly delivered in a 1-month period of intense training.

The topics covered by the training include:

- 1) Data analysis of health system performance indicators, particularly in health financing cost-benefit and cost-effectiveness analyses.
- 2) Training in advanced statistical methods to support ongoing priority research and policy projects, specifically:
  - (i) statistical methods for ongoing national vaccine effectiveness studies for COVID-19;
  - (ii) training in survival analyses for specific diseases (i.e. statistical methods for cancer survival analyses); and,
  - (iii) analyses in national mortality trends and surveillance.

The training will be delivered through both online coursework to be completed by all trainees over a 3-week period, followed by one week of intensive on-site training.

This handbook has been developed in support of the Seychelles-Oxford Partnership Statistics Training project which aims to strengthen local health research capacity in Seychelles through intensive training in health economic and statistical methods. This collaboration will build capacity for evidence-based health policy-making to better respond to local health challenges. In the long term, this initiative seeks to develop a culture of research in Small Island Developing States (SIDS), often under-represented in global heath research. It is therefore a step towards addressing this imbalance and promoting equitable participation and contribution of SIDS to global health research efforts.

# Chapter 2

# Installing R and RStudio

Steps in installing R and RStudio (and other required software) for Windows machines

Following is a simple guide to installing R and RStudio and other required software on Windows machines for the specific purpose of the Seychelles Ministry of Health training.

### 2.1 Install R

Important that R is installed first. R is the main software and is needed for RStudio to work properly. R should always be installed first.

Go to https://cran.r-project.org

Click on link that says Download R for Windows

Then click on the link that says install R for the first time

Then click on Download R-4.2.0 for Windows. This will start the download process.

Once downloaded, go to the exe file in your Downloads folder, double-click and follow all the install prompts, selecting recommended options all the time

### 2.2 Install RStudio

This step requires that step 1 has been done and was successful.

Go to https://www.rstudio.com/products/rstudio/download/

Select the download specific for your machine. If Windows - use this link to download - https://download1.rstudio.org/desktop/windows/RStudio-2022.02.2-485.exe

Once downloaded, double-click on exe file downloaded to your Downloads folder and then follow all install prompts, always selecting recommended options.

#### 2.3 Install Rtools

For the things that I will be teaching you, we will need to expand the installation of R by installing the Rtools software from R.

The download link is https://cran.r-project.org/bin/windows/Rtools/rtools42/rtools.html if you have installed R version 4.2.0

Once you have downloaded the exe file, double-click on the exe file and follow all install prompts. Choose all the recommended options.

### 2.4 Install Git for Windows

For the things that I will be teaching you, we will need to install Git for Windows.

If your machine is 64-bit machine (most likely the case if your computer is new and running Windows 10 or later) - use this download link - https://github.com/git-for-windows/git/releases/download/v2.36.0.windows.1/Git-2.36.0-64-bit.exe

If your machine is 32-bit machine - use this link - https://github.com/git-forwindows/git/releases/download/v2.36.0.windows.1/Git-2.36.0-32-bit.exe

Once you have downloaded the exe file, double-click it and then follow all install prompts. Choose all recommended options.

# Chapter 3

## Introduction to R and RStudio

### 3.1 What is R?

R is a system for data manipulation, calculation, and graphics. It provides:

- Facilities for data handling and storage
- A large collection of tools for data analysis
- Graphical facilities for data analysis and display
- A simple but powerful programming language

R is often described as an environment for working with data. This is in contrast to a *package* which is a collection of very specific tools. R is not strictly a statistics system but a system that provides many classical and modern statistical procedures as part of a broader data-analysis tool. This is an important difference between R and other statistical systems. In R a statistical analysis is usually performed as a series of steps with intermediate results being stored in objects. Systems such as SPSS and SAS provide copious output from (e.g.) a regression analysis whereas R will give minimal output and store the results of a fit for subsequent interrogation or use with other R functions. This means that R can be tailored to produce exactly the analysis and results that you want rather than produce an analysis designed to fit all situations.

R is a language based product. This means that you interact with R by typing

commands such as:

#### table(SEX, LIFE)

rather than by using menus, dialog boxes, selection lists, and buttons. This may seem to be a drawback but it means that the system is considerably more flexible than one that relies on menus, buttons, and boxes. It also means that every stage of your data management and analysis can be recorded and edited and re-run at a later date. It also provides an audit trail for quality control purposes.

R is available under UNIX (including Linux), the Macintosh operating system OS X, and Microsoft Windows. The method used for starting R will vary from system to system. On UNIX systems you may need to issue the R command in a terminal session or click on an icon or menu option if your system has a windowing system. On Macintosh systems R will be available as an application but can also be run in a terminal session. On Microsoft Windows systems there will usually be an icon on the Start menu or the desktop.

## 3.2 Why use R?

R is an open source system and is available under the *GNU general public license* (GPL) which means that it is available for free but that there are some restrictions on how you are allowed to distribute the system and how you may charge for bespoke data analysis solutions written using the R system. Details of the general public license are available from <a href="http://www.gnu.org/copyleft/gpl.html">http://www.gnu.org/copyleft/gpl.html</a>.

R is available for download from http://www.r-project.org/.

This is also the best place to get extension packages and documentation. You may also subscribe to the R mailing lists from this site. R is supported through mailing lists. The level of support is at least as good as for commercial packages. It is typical to have queries answered in a matter of a few hours.

Even though R is a free package it is more powerful than most commercial

13

packages. Many of the modern procedures found in commercial packages were first developed and tested using R or S-Plus (the commercial equivalent of R).

### 3.3 What is RStudio

RStudio is an **integrated development environment (IDE)** for R. It includes a console, syntax-highlighting editor that supports direct code execution, as well as tools for plotting, history, debugging and workspace management.

RStudio is available in open source and commercial editions and runs on the desktop (Windows, Mac, and Linux) or in a browser connected to RStudio Server or RStudio Workbench (Debian/Ubuntu, Red Hat/CentOS, and SUSE Linux).

# Chapter 4

## Basics of R

In this exercise we will use R to read a dataset and produce some descriptive statistics, produce some charts, and perform some simple statistical inference. The aim of the exercise is for you to become familiar with R and some basic R functions and objects.

The first thing we will do, after starting R, is issue a command to retrieve an example dataset:

```
fem <- read.table("data/fem.dat", header = TRUE)</pre>
```

This command illustrates some key things about the way R works.

We are instructing R to assign (using the <- operator) the output of the read.table() function to an object called fem.

The fem object will contain the data held in the file fem.dat as an R data.frame object:

```
class(fem)
```

## [1] "data.frame"

You can inspect the contents of the fem data.frame (or any other R object) just by typing its name:

```
just by typing its name:

fem
```

```
WT
##
      ID AGE IQ ANX DEP SLP SEX LIFE
          39 94
                                           2.23
## 1
       1
                    2
                        2
                             2
                                  1
## 2
       2
          41 89
                        2
                             2
                                           1.00
                    2
                                  1
                                        1
## 3
       3
          42 83
                        3
                             2
                                           1.82
                    3
                                  1
                                        1
                             2
## 4
       4
          30 99
                    2
                        2
                                  1
                                        1 -1.18
## 5
       5
          35 94
                    2
                        1
                             1
                                  1
                                        2 - 0.14
       6
                             2
                                  2
## 6
          44 90
                        1
                                        2 0.41
                  NA
```

Note that the fem object is built from other objects. These are the named vectors (columns) in the dataset:

```
names(fem)
```

```
## [1] "ID" "AGE" "IQ" "ANX" "DEP" "SLP" "SEX" "LIFE" "WT"
```

The [1] displayed before the column names refers to the numbered position of the first name in the output. These positions are known as indexes and can be used to refer to individual items. For example:

```
names(fem)[1]

## [1] "ID"

names(fem)[8]

## [1] "LIFE"

names(fem)[2:4]

## [1] "AGE" "IQ" "ANX"
```

The data consist of 118 records:

nrow(fem)

## [1] 118

each with nine variables:

ncol(fem)

## [1] 9

for female psychiatric patients.

The columns in the dataset are:

ID	Patient ID
AGE	Age in years
$\mathbf{IQ}$	IQ score
$\mathbf{ANX}$	Anxiety (1=none, 2=mild, 3=moderate, 4=severe)
$\mathbf{DEP}$	Depression (1=none, 2=mild, 3=moderate or severe)
$\operatorname{SLP}$	Sleeping normally (1=yes, 2=no)
$\mathbf{SEX}$	Lost interest in sex (1=yes, 2=no)
$\mathbf{LIFE}$	Considered suicide (1=yes, 2=no)
$\overline{\mathrm{WT}}$	Weight change (kg) in previous 6 months

The first ten records of the fem data.frame are:

```
##
       ID AGE
                 IQ ANX DEP SLP SEX LIFE
                                                  WT
            39
                 94
                       2
                            2
                                 2
                                                2.23
## 1
        1
                                      1
                                            1
## 2
                                 2
        2
            41
                 89
                       2
                            2
                                      1
                                            1
                                                1.00
## 3
        3
            42
                 83
                       3
                            3
                                 2
                                      1
                                            1
                                                1.82
                       2
                            2
                                 2
## 4
        4
            30
                 99
                                      1
                                            1 - 1.18
## 5
        5
            35
                 94
                       2
                                 1
                                            2 - 0.14
                            1
                                      1
## 6
        6
                                 2
                                      2
            44
                 90
                      NA
                            1
                                            2
                                                0.41
                            2
## 7
        7
            31
                 94
                       2
                                NA
                                      1
                                            1 - 0.68
## 8
        8
            39
                 87
                       3
                            2
                                 2
                                            2
                                                1.59
                                      1
                            2
                                 2
## 9
        9
            35 -99
                       3
                                      1
                                            1 - 0.55
                            2
                                 2
                       2
## 10 10
            33
                 92
                                      1
                                            1
                                                0.36
```

You may check this by asking R to display all columns of the first ten records in the fem data.frame:

#### fem[1:10,]

```
ID AGE
                 IQ ANX DEP SLP SEX LIFE
                                                  WT
##
## 1
                                 2
        1
            39
                 94
                       2
                            2
                                      1
                                            1
                                               2.23
## 2
        2
                 89
                       2
                            2
                                 2
                                               1.00
            41
                                      1
                                            1
                       3
                            3
                                 2
## 3
        3
            42
                 83
                                      1
                                            1
                                               1.82
                                 2
                                            1 -1.18
## 4
        4
            30
                 99
                       2
                            2
                                      1
## 5
        5
            35
                 94
                       2
                                 1
                                            2 - 0.14
                            1
                                      1
                                 2
## 6
        6
            44
                 90
                      NA
                            1
                                      2
                                            2
                                               0.41
## 7
        7
            31
                 94
                       2
                            2
                                            1 - 0.68
                               NA
                                      1
                 87
                            2
                                 2
## 8
        8
            39
                       3
                                      1
                                            2
                                               1.59
## 9
        9
            35 -99
                       3
                            2
                                 2
                                      1
                                            1 - 0.55
                       2
                            2
                                 2
## 10 10
            33
                 92
                                      1
                                               0.36
```

The space after the comma is optional. You can think of it as a *placeholder* for where you would specify the indexes for columns you wanted to display. For example:

```
fem[1:10,2:4]
```

displays the first ten rows and the second, third and fourth columns of the fem data.frame:

```
##
       AGE
             IQ ANX
## 1
        39
             94
                   2
##
   2
                   2
        41
             89
                   3
## 3
        42
             83
                   2
##
   4
        30
             99
## 5
        35
             94
                   2
##
        44
             90
                  NA
## 7
             94
                   2
        31
                   3
##
   8
        39
             87
## 9
        35 -99
                   3
                   2
## 10
        33
             92
```

NA is a special value meaning not available or missing.

You can access the contents of a single column by name:

```
fem$IQ
      [1]
                                94
                                         94
                                              87 -99
                                                        92
                                                                       91
                                                                                               82
##
            94
                 89
                      83
                           99
                                    90
                                                             92
                                                                  94
                                                                           86
                                                                                90 -99
                                                                                          91
     [19]
##
            86
                 88
                      97
                           96
                                95
                                    87
                                        103
                                             -99
                                                   91
                                                        87
                                                             91
                                                                  89
                                                                       92
                                                                           84
                                                                                94
                                                                                     92
                                                                                          96
                                                                                               96
     [37]
                 92 102
                                92
                                    90
                                         92
                                                   98
                                                             90
                                                                     -99
                                                                           92
                                                                                92
##
            86
                           82
                                              88
                                                        93
                                                                  91
                                                                                     91
                                                                                          91
                                                                                               86
     [55]
                                         89
                                                                       94
##
            95
                 91
                      96 100
                                99
                                    89
                                              98
                                                   98 103
                                                             91
                                                                  91
                                                                           91
                                                                                85
                                                                                     92
                                                                                          96
                                                                                               90
##
     [73]
            87
                 95
                      95
                          87
                                95
                                    88
                                         94
                                             -99 -99
                                                        87
                                                             92
                                                                  86
                                                                       93
                                                                           92 106
                                                                                     93
                                                                                          95
                                                                                               95
##
     [91]
            92
                 98
                      92
                           88
                                85
                                    92
                                         84
                                              92
                                                   91
                                                        86
                                                             92
                                                                  89 -99
                                                                           96
                                                                                97
                                                                                     92
                                                                                          92
                                                                                               98
## [109]
                                90
                                                   89 -99
            91
                 91
                      89
                           94
                                    96
                                         87
                                              86
fem$IQ[1:10]
##
     [1]
           94
                89
                    83
                         99
                              94
                                   90
                                        94
                                             87 -99
                                                       92
```

The \$ sign is used to separate the name of the data.frame and the name of the column of interest. Note that R is case-sensitive so that IQ and iq are not the same.

You can also access rows, columns, and individual cells by specifying row and column positions. For example, the IQ column is the third column in the fem data.frame:

```
fem[ ,3]
##
      [1]
            94
                 89
                      83
                          99
                               94
                                    90
                                         94
                                              87 -99
                                                        92
                                                            92
                                                                 94
                                                                      91
                                                                           86
                                                                                90
                                                                                   -99
                                                                                          91
                 88
                      97
                          96
                               95
                                        103
                                             -99
                                                       87
                                                            91
                                                                 89
                                                                      92
                                                                                     92
##
     [19]
            86
                                    87
                                                   91
                                                                           84
                                                                                94
                                                                                          96
     [37]
            86
                 92 102
                          82
                               92
                                    90
                                         92
                                              88
                                                   98
                                                       93
                                                            90
                                                                 91
                                                                     -99
                                                                           92
                                                                                92
                                                                                     91
                                                                                          91
##
     [55]
                      96 100
                                              98
##
            95
                 91
                               99
                                    89
                                         89
                                                   98 103
                                                            91
                                                                 91
                                                                      94
                                                                           91
                                                                                85
                                                                                     92
                                                                                          96
##
     [73]
            87
                 95
                      95
                          87
                               95
                                    88
                                         94 -99
                                                 -99
                                                       87
                                                            92
                                                                 86
                                                                      93
                                                                           92 106
                                                                                     93
                                                                                          95
                                                                 89 -99
##
     [91]
            92
                 98
                      92
                          88
                               85
                                    92
                                         84
                                              92
                                                   91
                                                        86
                                                            92
                                                                           96
                                                                                97
                                                                                     92
                                                                                          92
## [109]
            91
                 91
                      89
                          94
                               90
                                    96
                                         87
                                              86
                                                   89 -99
fem[9,]
##
      ID AGE
               IQ ANX DEP SLP SEX LIFE
                                                WT
## 9
       9
           35 -99
                      3
                           2
                               2
                                    1
                                          1 - 0.55
fem[9,3]
```

```
## [1] -99
```

There are missing values in the IQ column which are all coded as -99. Before proceeding we must set these to the special NA value:

```
fem$IQ[fem$IQ == -99] <- NA
```

The term inside the square brackets is also an index. This type of index is used to refer to subsets of data held in an object that meet a particular condition. In this case we are instructing R to set the contents of the IQ variable to NA if the contents of the IQ variable is -99.

Check that this has worked:

```
fem$IQ
                                                                                                   82
##
      [1]
            94
                 89
                      83
                            99
                                 94
                                      90
                                                87
                                                          92
                                                               92
                                                                    94
                                                                         91
                                           94
                                                     NA
                                                                              86
                                                                                    90
                                                                                         NA
                                                                                              91
##
     [19]
            86
                 88
                       97
                            96
                                 95
                                          103
                                                     91
                                                          87
                                                               91
                                                                    89
                                                                         92
                                                                              84
                                                                                    94
                                                                                         92
                                                                                              96
                                                                                                   96
                                      87
                                                NA
##
     [37]
            86
                 92 102
                            82
                                 92
                                      90
                                           92
                                                88
                                                     98
                                                          93
                                                               90
                                                                    91
                                                                         NA
                                                                              92
                                                                                   92
                                                                                         91
                                                                                              91
                                                                                                   86
##
     [55]
                 91
                      96 100
                                 99
                                      89
                                           89
                                                98
                                                     98
                                                         103
                                                               91
                                                                    91
                                                                         94
                                                                              91
                                                                                   85
                                                                                         92
                                                                                              96
                                                                                                   90
            95
##
     [73]
            87
                 95
                      95
                            87
                                 95
                                      88
                                           94
                                                     NA
                                                          87
                                                               92
                                                                    86
                                                                         93
                                                                              92 106
                                                                                         93
                                                                                              95
                                                                                                   95
                                                NA
##
     [91]
            92
                 98
                       92
                            88
                                 85
                                      92
                                           84
                                                92
                                                     91
                                                          86
                                                               92
                                                                    89
                                                                         NA
                                                                              96
                                                                                   97
                                                                                         92
                                                                                              92
                                                                                                   98
    Γ1097
                                 90
##
            91
                 91
                      89
                            94
                                      96
                                           87
                                                86
                                                     89
                                                          NA
```

We can now compare the groups who have and have not considered suicide. For example:

```
by(fem$IQ, fem$LIFE, summary)
```

Look at the help for the by() function:

```
help(by)
```

Note that you may use ?by as a shortcut for help(by).

The by() function applies another function (in this case the summary() function) to a column in a data.frame (in this case fem\$IQ) split by the value of another variable (in this case fem\$LIFE).

It can be tedious to always have to specify a data.frame each time we want to use a particular variable. We can fix this problem by 'attaching' the data.frame:

```
attach(fem)
```

We can now refer to the columns in the fem data.frame without having to specify the name of the data.frame. This time we will produce summary statistics for WT by LIFE:

```
by(WT, LIFE, summary)

## LIFE: 1

## Min. 1st Qu. Median Mean 3rd Qu. Max. NA's

## -2.2300 -0.2700 1.0000 0.7867 1.7300 3.7700 4
```

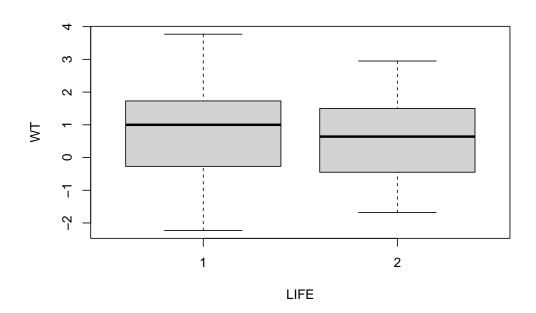
```
## LIFE: 2

## Min. 1st Qu. Median Mean 3rd Qu. Max. NA's

## -1.6800 -0.4500 0.6400 0.6404 1.5000 2.9500 7
```

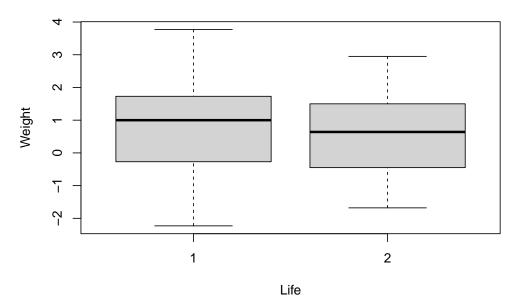
We can view the same data as a box and whisker plot:

boxplot(WT ~ LIFE)



We can add axis labels and a title to the graph:

### Weight BY Life

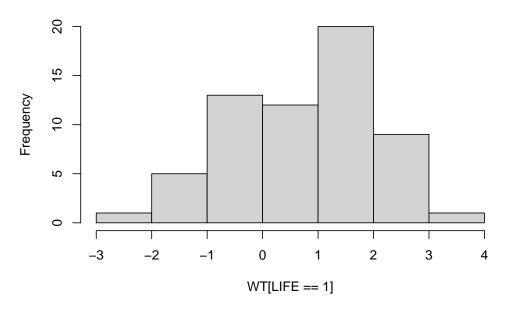


A more descriptive title might be "Weight Change BY Considered Suicide".

The groups do not seem to differ much in their medians and the distributions appear to be reasonably symmetrical about their medians with a similar spread of values.

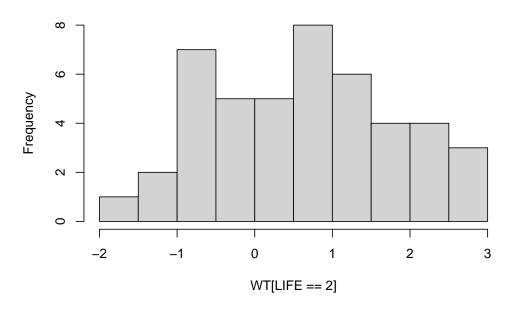
We can look at the distribution as histograms:

## **Histogram of WT[LIFE == 1]**



hist(WT[LIFE == 2])

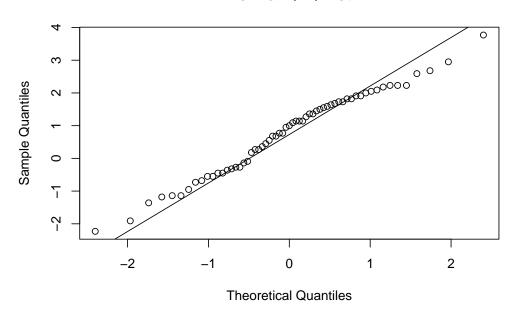
## Histogram of WT[LIFE == 2]



and check the assumption of normality using quantile-quantile plots:

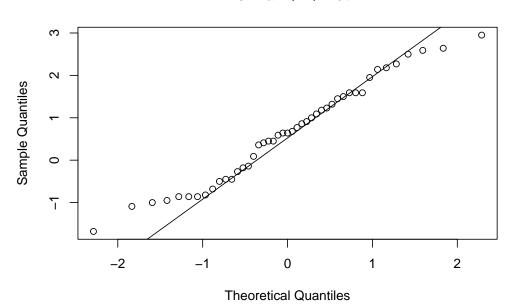
```
qqnorm(WT[LIFE == 1])
qqline(WT[LIFE == 1])
```

#### Normal Q-Q Plot



```
qqnorm(WT[LIFE == 2])
qqline(WT[LIFE == 2])
```

## Normal Q-Q Plot



or by using a formal test:

```
shapiro.test(WT[LIFE == 1])
##
##
    Shapiro-Wilk normality test
##
## data: WT[LIFE == 1]
## W = 0.98038, p-value = 0.4336
shapiro.test(WT[LIFE == 2])
##
##
    Shapiro-Wilk normality test
##
## data: WT[LIFE == 2]
## W = 0.97155, p-value = 0.3292
Remember that we can use the by() function to apply a function to a
data.frame, including statistical functions such as shapiro.test():
by(WT, LIFE, shapiro.test)
## LIFE: 1
##
    Shapiro-Wilk normality test
##
##
## data: dd[x,]
## W = 0.98038, p-value = 0.4336
##
## LIFE: 2
##
    Shapiro-Wilk normality test
##
##
## data:
          dd[x,]
## W = 0.97155, p-value = 0.3292
```

We can also test whether the variances differ significantly using *Bartlett's test* for the homogeneity of variances:

```
bartlett.test(WT, LIFE)
```

```
##
## Bartlett test of homogeneity of variances
##
## data: WT and LIFE
## Bartlett's K-squared = 0.32408, df = 1, p-value = 0.5692
```

There is no significant difference between the two variances.

Many functions in R have a *formula interface* that may be used to specify multiple variables and the relations between multiple variables. We could have used the formula interface with the bartlett.test() function:

```
bartlett.test(WT ~ LIFE)
```

0.7867213

##

```
##
## Bartlett test of homogeneity of variances
##
## data: WT by LIFE
## Bartlett's K-squared = 0.32408, df = 1, p-value = 0.5692
```

Having checked the normality and homogeneity of variance assumptions we can proceed to carry out a t-test:

```
t.test(WT ~ LIFE, var.equal = TRUE)
```

0.6404444

```
##
## Two Sample t-test
##
## data: WT by LIFE
## t = 0.59869, df = 104, p-value = 0.5507
## alternative hypothesis: true difference in means between group 1 and group 2 is no
## 95 percent confidence interval:
## -0.3382365   0.6307902
## sample estimates:
## mean in group 1 mean in group 2
```

There is no evidence that the two groups differ in weight change in the previous six months.

We could still have performed a t-test if the variances were not homogenous by setting the var.equal parameter of the t.test() function to FALSE:

t.test(WT ~ LIFE, var.equal = FALSE)

```
##
##
   Welch Two Sample t-test
##
## data: WT by LIFE
## t = 0.60608, df = 98.866, p-value = 0.5459
## alternative hypothesis: true difference in means between group 1 and group
## 95 percent confidence interval:
## -0.3326225 0.6251763
## sample estimates:
## mean in group 1 mean in group 2
         0.7867213
##
                         0.6404444
or performed a non-parametric test:
wilcox.test(WT ~ LIFE)
##
##
    Wilcoxon rank sum test with continuity correction
## data: WT by LIFE
## W = 1488, p-value = 0.4622
## alternative hypothesis: true location shift is not equal to 0
```

An alternative, and more general, non-parametric test is:

```
kruskal.test(WT ~ LIFE)
```

```
##
## Kruskal-Wallis rank sum test
##
## data: WT by LIFE
## Kruskal-Wallis chi-squared = 0.54521, df = 1, p-value = 0.4603
```

We can use the table() function to examine the differences in depression between the two groups:

#### table(DEP, LIFE)

```
## LIFE
## DEP 1 2
## 1 0 26
## 2 42 24
## 3 16 1
```

The two distributions look very different from each other. We can test this using a chi-square test on the table:

```
chisq.test(table(DEP, LIFE))
```

```
##
## Pearson's Chi-squared test
##
## data: table(DEP, LIFE)
## X-squared = 43.876, df = 2, p-value = 2.968e-10
```

Note that we passed the output of the table() function directly to the chisq.test() function. We could have saved the table as an object first and then passed the object to the chisq.test() function:

```
tab <- table(DEP, LIFE)
chisq.test(tab)
##
##
    Pearson's Chi-squared test
##
## data: tab
## X-squared = 43.876, df = 2, p-value = 2.968e-10
The tab object contains the output of the table() function:
class(tab)
## [1] "table"
tab
##
      LIFE
## DEP
        1 2
     1 0 26
     2 42 24
##
     3 16 1
We can pass this table object to another function. For example:
fisher.test(tab)
##
    Fisher's Exact Test for Count Data
##
##
## data:
         tab
## p-value = 1.316e-12
## alternative hypothesis: two.sided
```

When we are finished with the tab object we can delete it using the rm() function:

```
rm(tab)
```

You can see a list of available objects using the ls() function:

```
ls()
```

```
## [1] "fem"
```

This should just show the fem object.

We can examine the association between loss of interest in sex and considering suicide in the same way:

```
tab <- table(SEX, LIFE)</pre>
tab
##
      LIFE
## SEX 1 2
##
     1 58 38
     2 5 12
##
fisher.test(tab)
##
   Fisher's Exact Test for Count Data
##
##
## data: tab
## p-value = 0.03175
## alternative hypothesis: true odds ratio is not equal to 1
## 95 percent confidence interval:
     1.080298 14.214482
## sample estimates:
## odds ratio
##
     3.620646
```

Note that with a two-by-two table the fisher.test() function produces an estimate of, and confidence intervals for, the odds ratio. Again, we will delete the tab object:

```
rm(tab)
```

We could have performed the Fisher exact test without creating the tab object by passing the output of the table() function directly to the fisher.test() function:

```
fisher.test(table(SEX, LIFE))
```

```
##
## Fisher's Exact Test for Count Data
##
## data: table(SEX, LIFE)
## p-value = 0.03175
## alternative hypothesis: true odds ratio is not equal to 1
## 95 percent confidence interval:
## 1.080298 14.214482
## sample estimates:
## odds ratio
## 3.620646
```

Choose whichever method you find easiest but remember that it is easy to save the results of any function for later use.

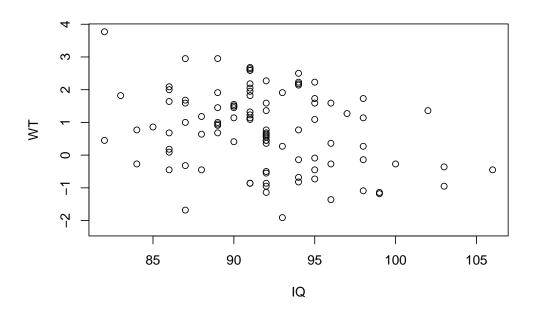
We can explore the correlation between two variables using the cor() function:

```
cor(IQ, WT, use = "pairwise.complete.obs")
```

```
## [1] -0.2917158
```

or by using a scatter plot:

### plot(IQ, WT)



and by a formal test:

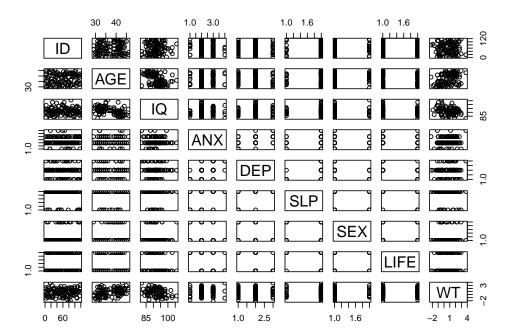
```
cor.test(IQ, WT)
```

```
##
## Pearson's product-moment correlation
##
## data: IQ and WT
## t = -3.0192, df = 98, p-value = 0.003231
## alternative hypothesis: true correlation is not equal to 0
## 95 percent confidence interval:
## -0.4616804 -0.1010899
## sample estimates:
## cor
## -0.2917158
```

With some functions you can pass an entire data.frame rather than a list of variables:

```
cor(fem, use = "pairwise.complete.obs")
pairs(fem)
```

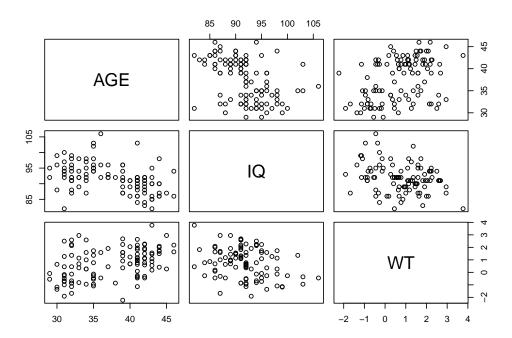
```
##
                 ID
                             AGE
                                            ΙQ
                                                        ANX
                                                                      DEP
                                  0.0370598672 -0.02941825 -0.0554147209
         1.0000000
                     0.03069077
## ID
## AGE
         0.03069077
                     1.0000000 -0.4345435680
                                                0.06734300 -0.0387049246
## IQ
         0.03705987 -0.43454357
                                  1.000000000 -0.02323787 -0.0001307404
## ANX
        -0.02941825
                     0.06734300 -0.0232378691
                                                1.00000000
                                                            0.5437946347
## DEP
        -0.05541472 -0.03870492 -0.0001307404
                                                0.54379463
                                                            1.0000000000
## SLP
        -0.07268743
                     0.02606547 0.0812993104
                                                0.22317875
                                                            0.5248724551
## SEX
         0.08999634
                     0.10609216 -0.0536558660 -0.21062493 -0.3058422258
## LIFE -0.05604349 -0.10300193 -0.0915396469 -0.34211268 -0.6139017253
## WT
         0.02640131
                     0.41574411 -0.2917157832
                                                0.11817532
                                                            0.0233742465
##
                 SLP
                              SEX
                                         LIFE
                                                        WT
## ID
        -0.072687434
                      0.08999634 -0.05604349
                                               0.026401310
## AGE
         0.026065468
                      0.10609216 -0.10300193
                                               0.415744109
## IQ
         0.081299310 -0.05365587 -0.09153965 -0.291715783
## ANX
         0.223178752 -0.21062493 -0.34211268
                                               0.118175321
## DEP
         0.524872455 -0.30584223 -0.61390173
                                               0.023374247
## SLP
         1.000000000 -0.29053971 -0.35186578 -0.009259774
  SEX
        -0.290539709
                      1.00000000
                                  0.22316967 -0.027826514
## LIFE -0.351865775
                      0.22316967
                                   1.00000000 -0.058605326
        -0.009259774 -0.02782651 -0.05860533
## WT
                                              1.000000000
```



The output can be a little confusing particularly if it includes categorical or record identifying variables. To avoid this we can create a new object that contains only the columns we are interested in using the column binding cbind() function:

```
newfem <- cbind(AGE, IQ, WT)
cor(newfem, use = "pairwise.complete.obs")
pairs(newfem)

## AGE IQ WT
## AGE 1.0000000 -0.4345436 0.4157441
## IQ -0.4345436 1.0000000 -0.2917158
## WT 0.4157441 -0.2917158 1.0000000</pre>
```



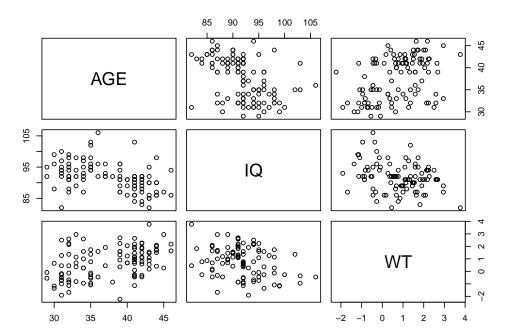
When we have finished with the newfem object we can delete it:

### rm(newfem)

There was no real need to create the newfem object as we could have fed the output of the cbind() function directly to the cor() or pairs() function:

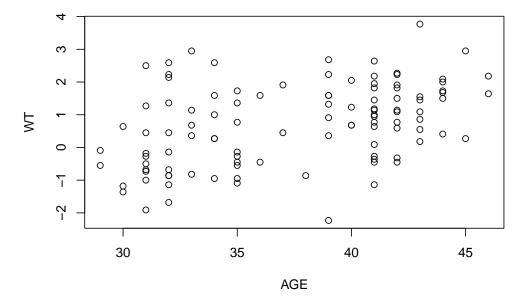
```
cor(cbind(AGE, IQ, WT), use = "pairwise.complete.obs")
pairs(cbind(AGE, IQ, WT))
```

```
## AGE IQ WT
## AGE 1.0000000 -0.4345436 0.4157441
## IQ -0.4345436 1.0000000 -0.2917158
## WT 0.4157441 -0.2917158 1.0000000
```



It is, however, easier to work with the newfem object rather than having to retype the cbind() function. This is particularly true if you wanted to continue with an analysis of just the three variables.

The relationship between AGE and WT can be plotted using the plot() function: plot(AGE, WT)



And tested using the cor() and cor.test() functions:

```
cor(AGE, WT, use = "pairwise.complete.obs")

## [1] 0.4157441

cor.test(AGE, WT)

##

## Pearson's product-moment correlation

##

## data: AGE and WT

## t = 4.6841, df = 105, p-value = 8.457e-06

## alternative hypothesis: true correlation is not equal to 0

## 95 percent confidence interval:

## 0.2452434 0.5612979

## sample estimates:

## cor

## 0.4157441
```

Or by using the linear modelling lm() function:

```
summary(lm(WT ~ AGE))
##
## Call:
## lm(formula = WT ~ AGE)
##
## Residuals:
##
        Min
                  1Q
                       Median
                                    3Q
                                            Max
  -3.10678 -0.85922 -0.05453 0.71434
                                        2.70874
##
## Coefficients:
##
               Estimate Std. Error t value Pr(>|t|)
## (Intercept) -3.25405
                           0.85547
                                   -3.804 0.00024 ***
## AGE
                0.10592
                           0.02261
                                     4.684 8.46e-06 ***
## ---
## Signif. codes:
                   0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.128 on 105 degrees of freedom
##
     (11 observations deleted due to missingness)
## Multiple R-squared: 0.1728, Adjusted R-squared: 0.165
## F-statistic: 21.94 on 1 and 105 DF, p-value: 8.457e-06
```

We use the summary() function here to extract summary information from the output of the lm() function.

It is often more useful to use lm() to create an object:

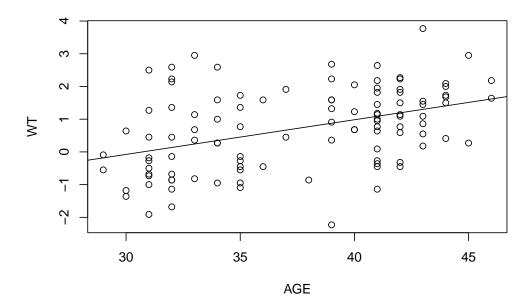
```
fem.lm <- lm(WT ~ AGE)
```

And use the output in other functions:

```
summary(fem.lm)
```

```
##
## Call:
## lm(formula = WT ~ AGE)
## Residuals:
##
        Min
                  1Q
                       Median
                                    ЗQ
                                            Max
## -3.10678 -0.85922 -0.05453 0.71434 2.70874
##
## Coefficients:
               Estimate Std. Error t value Pr(>|t|)
                           0.85547 -3.804 0.00024 ***
## (Intercept) -3.25405
## AGE
                0.10592
                           0.02261
                                     4.684 8.46e-06 ***
## ---
                   0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Signif. codes:
##
## Residual standard error: 1.128 on 105 degrees of freedom
     (11 observations deleted due to missingness)
## Multiple R-squared: 0.1728, Adjusted R-squared: 0.165
## F-statistic: 21.94 on 1 and 105 DF, p-value: 8.457e-06
```

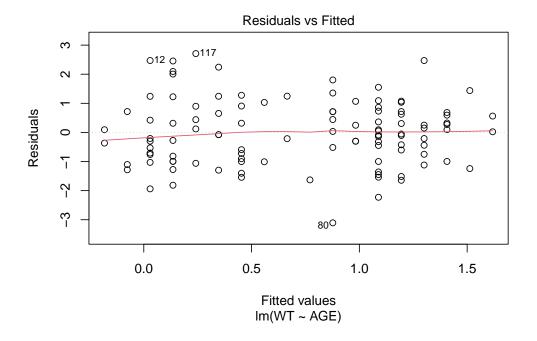
plot(AGE, WT)
abline(fem.lm)

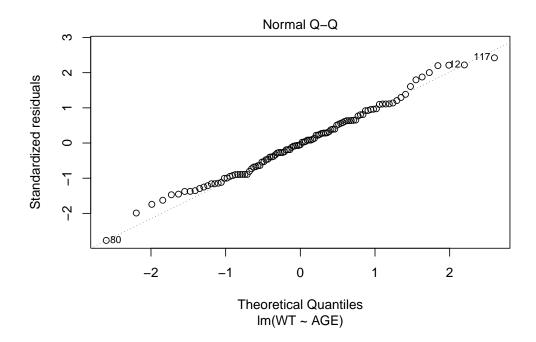


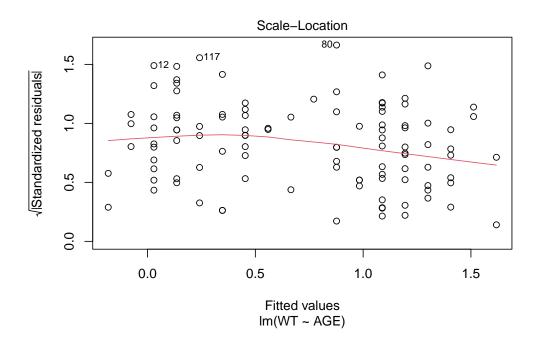
In this case we are passing the intercept and slope information held in the fem.lm object to the abline() function which draws a regression line. The abline() function adds to an existing plot. This means that you need to keep the scatter plot of AGE and WT open before issuing the abline() function call.

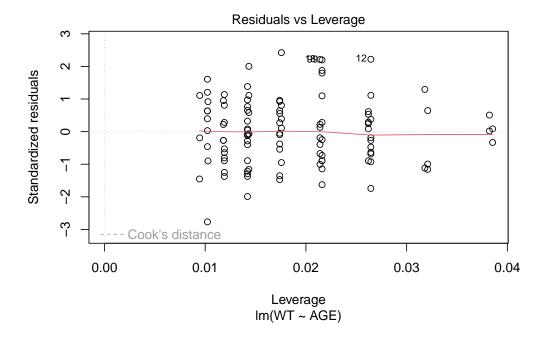
A useful function to apply to the fem.lm object is plot() which produces diagnostic plots of the linear model:

plot(fem.lm)









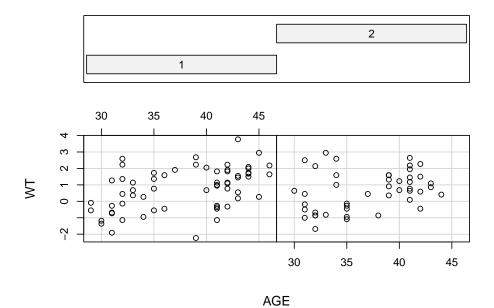
Objects created by the lm() function (or any of the modelling functions) can use up a lot of memory so we should remove them when we no longer need them:

```
rm(fem.lm)
```

It might be interesting to see whether a similar relationship exists between AGE and WT for those who have and have not considered suicide. This can be done using the coplot() function:

```
coplot(WT ~ AGE | as.factor(LIFE))
```

Given: as.factor(LIFE)



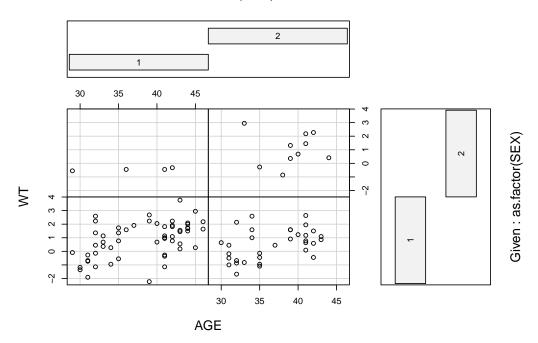
##

## Missing rows: 21, 22, 31, 43, 44, 45, 69, 81, 101, 104, 114, 115

The two plots looks similar. We could also use coplot() to investigate the relationship between AGE and WT for categories of both LIFE and SEX:

coplot(WT ~ AGE | as.factor(LIFE) \* as.factor(SEX))

Given: as.factor(LIFE)



##
## Missing rows: 12, 17, 21, 22, 31, 43, 44, 45, 66, 69, 81, 101, 104, 105, 114, 115
although the numbers are too small for this to be useful here.

We used the as.factor() function with the coplot() function to ensure that R was aware that the LIFE and SEX columns hold categorical data.

We can check the way variables are stored using the data.class() function:

data.class(fem\$SEX)

## [1] "numeric"

We can 'apply' this function to all columns in a data frame using the sapply() function:

```
sapply(fem, data.class)

## ID AGE IQ ANX DEP SLP SEX
## "numeric" "num
```

The sapply() function is part of a group of functions that apply a specified function to data objects:

Function(s)	Applies a function to		
apply()	rows and columns of matrices, arrays, and tables		
<pre>lapply()</pre>	components of lists and data.frames		
<pre>sapply()</pre>	components of lists and data.frames		
<pre>mapply()</pre>	components of lists and data.frames		
<pre>tapply()</pre>	subsets of data		

Related functions are aggregate() which compute summary statistics for subsets of data, by() which applies a function to a data frame split by factors, and sweep() which applies a function to an array.

The parameters of most R functions have default values. These are usually the most used and most useful parameter values for each function. The cor.test() function, for example, calculates *Pearson's product moment correlation coefficient* by default. This is an appropriate measure for data from a bivariate normal distribution. The DEP and ANX variables contain ordered data. An appropriate measure of correlation between DEP and ANX is *Kendall's tau*. This can be obtained using:

```
cor.test(DEP, ANX, method = "kendall")
```

```
##
## Kendall's rank correlation tau
##
## data: DEP and ANX
## z = 5.5606, p-value = 2.689e-08
```

4.1. SUMMARY 51

```
## alternative hypothesis: true tau is not equal to 0
## sample estimates:
## tau
## 0.4950723
```

Before we finish we should save the fem data.frame so that next time we want to use it we will not have to bother with recoding the missing values to the special NA value. This is done with the write.table() function:

```
write.table(fem, file = "newfem.dat", row.names = FALSE)
```

Everything in R is either a function or an object. Even the command to quit R is a function:

```
q()
```

When you call the q() function you will be asked if you want to save the workspace image. If you save the workspace image then all of the objects and functions currently available to you will be saved. These will then be automatically restored the next time you start R in the current working directory.

For this exercise there is no need to save the workspace image so click the **No** or **Don't Save** button (GUI) or enter n when prompted to save the workspace image (terminal).

## 4.1 Summary

- R is a functional system. Everything is done by calling functions.
- R provides a large set of functions for descriptive statistics, charting, and statistical inference.
- Functions can be chained together so that the output of one function is the input of another function.
- R is an object oriented system. We can use functions to create objects that can then be manipulated or passed to other functions for subsequent analysis.

## Chapter 5

# Objects in R

In this exercise we will explore how to manipulate R objects and how to write functions that can manipulate and extract data and information from R objects and produce useful analyses.

Before we go any further we should start R and retrieve a dataset:

```
salex <- read.table("data/salex.dat", header = TRUE, na.strings = "9")</pre>
```

Missing values are coded as 9 throughout this dataset so we can use the na.strings parameter of the read.table() function to replace all 9's with the special NA code when we retrieve the dataset. Check that this works by examining the salex data.frame:

```
salex
names(salex)
```

```
##
      ILL HAM BEEF EGGS MUSHROOM PEPPER PORKPIE PASTA RICE LETTUCE TOMATO COLESLAW
## 1
                                                                   2
                                                                             2
        1
             1
                   1
                         1
                                    1
                                            1
                                                      2
                                                             2
                                                                                     2
                                                                                                2
## 2
             1
                   1
                         1
                                    2
                                            2
                                                      1
                                                             2
                                                                   2
                                                                             2
                                                                                     1
                                                                                                2
        1
             1
                   1
                                    1
                                            1
                                                      1
                                                                   1
                                                                                     2
                                                                                                2
        1
                                                             1
                                                                             1
## 4
                                            2
             1
                   1
                         1
                                    2
                                                      2
                                                             2
                                                                   2
                                                                             1
                                                                                                2
        1
                                                                                     1
                         1
                                    1
                                            1
                                                      1
                                                             1
                                                                   1
                                                                             1
                                                                                                1
## 5
                                                                                     1
## 6
        1
             1
                   1
                         1
                                    2
                                            2
                                                      2
                                                             2
                                                                   2
                                                                             2
                                                                                     1
                                                                                                1
##
      CRISPS PEACHCAKE CHOCOLATE FRUIT TRIFLE ALMONDS
                                           2
## 1
            2
                        2
                                    2
                                                   2
                                                             2
```

##	2	2	2	2	2	2	2		
##	3	1	2	1	2	2	2		
##	4	2	2	1	2	2	2		
##	5	2	2	1	2	1	2		
##	6	1	2	1	2	2	2		
##	[1]	"ILL"	"HAM"		"BEEF"	"EGGS	,"	"MUSHROOM"	"PEPPER"
##	[7]	"PORKPIE"	"PASTA"		"RICE"	"LETT	'UCE''	"TOMATO"	"COLESLAW"
##	[13]	"CRISPS"	"PEACHCAKI	Ε"	"CHOCOLATE"	"FRUI	T"	"TRIFLE"	"ALMONDS"

This data comes from a food-borne outbreak. On Saturday 17th October 1992, eighty-two people attended a buffet meal at a sports club. Within fourteen to twenty-four hours, fifty-one of the participants developed diarrhoea, with nausea, vomiting, abdominal pain and fever.

The columns in the dataset are as follows:

ILL	Ill or not-ill
HAM	Baked ham
$\mathbf{BEEF}$	Roast beef
EGGS	Eggs
MUSHROOM	Mushroom flan
PEPPER	Pepper flan
PORKPIE	Pork pie
PASTA	Pasta salad
RICE	Rice salad
LETTUCE	Lettuce
TOMATO	Tomato salad
COLESLAW	Coleslaw
CRISPS	Crisps
PEACHCAKE	Peach cake
CHOCOLATE	Chocolate cake
FRUIT	Tropical fruit salad
TRIFLE	Trifle
ALMONDS	Almonds

Data is available for seventy-seven of the eighty-two people who attended the sports club buffet. All of the variables are coded 1=yes, 2=no.

We can use the attach() function to make it easier to access our data:

```
attach(salex)
```

The two-by-two table is a basic epidemiological tool. In analysing data from a food-borne outbreak collected as a retrospective cohort study, for example, we would tabulate each exposure (suspect foodstuffs) against the outcome (illness) and calculate risk ratios and confidence intervals. R has no explicit function to calculate risk ratios from two-by-two tables but we can easily write one ourselves.

The first step in writing such a function would be to create the two-by-two table. This can be done with the table() function. We will use a table of HAM by ILL as an illustration:

```
table(HAM, ILL)
```

This command produces the following output:

```
## ILL
## HAM 1 2
## 1 46 17
## 2 5 9
```

We can manipulate the output directly but it is easier if we instruct R to save the output of the table() function in an object:

```
tab <- table(HAM, ILL)
```

The tab object contains the output of the table() function:

#### tab

```
## ILL
## HAM 1 2
## 1 46 17
## 2 5 9
```

As it is stored in an object we can examine its contents on an item by item basis.

The tab object is an object of class table:

```
class(tab)
```

```
## [1] "table"
```

We can extract data from a table object by using indices or row and column co-ordinates:

```
tab[1,1]
tab[1,2]
tab[2,1]

## [1] 46

## [1] 17
```

The numbers in the square brackets refer to the **position** (as row and column co-ordinates) of the data item in the table **not** the **values** of the variables. We can extract data using the values of the row and column variables by enclosing the index values in double quotes ("). For example:

```
tab["1","1"]
```

```
## [1] 46
```

## [1] 5

The two methods of extracting data may be combined. For example:

```
tab[1,"1"]
```

## [1] 46

We can calculate a risk ratio using the extracted data:

```
(tab[1,1]/(tab[1,1]+tab[1,2]))/(tab[2,1]/(tab[2,1]+tab[2,2]))
```

Which returns a risk ratio of

```
## [1] 2.044444
```

This is a tedious calculation to have to type in every time you need to calculate a risk ratio from a two-by-two table. It would be better to have a function that calculates and displays the risk ratio automatically. Fortunately, R allows us to do just that.

The function() function allows us to create new functions in R:

```
tab2by2 <- function(exposure, outcome) {}</pre>
```

This creates an empty function called tab2by2 that expects two parameters called exposure and outcome. We could type the whole function in at the R command prompt but it is easier to use a text editor:

```
fix(tab2by2)
```

This will start an editor with the empty tab2by2() function already loaded. We can now edit this function to make it do something useful:

```
function(exposure, outcome)
    {
    tab <- table(exposure, outcome)
    a <- tab[1,1]
    b <- tab[1,2]
    c <- tab[2,1]
    d <- tab[2,2]
    rr <- (a / (a + b)) / (c / (c + d))
    print(tab)
    print(rr)
    }
}</pre>
```

Once you have made the changes shown above, check your work, save the file, and quit the editor. Before proceeding we should examine the tab2by2() function to make sure we understand what the function will do:

- The first line defines tab2by2 as a function that expects to be given two parameters which are called exposure and outcome.
- The body of the function (i.e. the work of the function) is enclosed within curly brackets ({}).
- The first line of the body of the function creates a table object (tab) using the variables specified when the tab2by2() function is called (these are the parameters exposure and outcome).
- The next line creates four new objects (called a, b, c, and d) which contain the values of the four cells in the two-by-two table.
- The following line calculates the risk ratio using the objects a, b, c, and d and stores the result of the calculation in an object called rr.
- The final two lines print the contents of the tab and rr objects.

Let's try the tab2by2() function with our test data:

```
tab2by2(HAM, ILL)
```

```
## outcome

## exposure 1 2

## 1 46 17

## 2 5 9

## [1] 2.044444
```

The tab2by2() function displays a table of HAM by ILL followed by the risk ratio calculated from the data in the table.

Try producing another table:

### tab2by2(PASTA, ILL)

```
## outcome
## exposure 1 2
## 1 25 3
## 2 26 23
## [1] 1.682692
```

Have a look at the R objects available to you:

### ls()

```
## [1] "fem" "salex" "tab" "tab2by2"
```

Note that there are no a, b, c, d, or rr objects.

Examine the tab object:

#### tab

```
## ILL
## HAM 1 2
## 1 46 17
## 2 5 9
```

This is the table of HAM by ILL that you created earlier **not** the table of PASTA by ILL that was created by the tab2by2() function.

The tab, a, b, c, d, and rr objects in the tab2by2() function are local to that function and do not change anything outside of that function. This means that the tab object inside the function is independent of any object of the same name outside of the function.

When a function completes its work, all of the objects that are local to that function are automatically removed. This is useful as it means that you can use object names inside functions that will not interfere with objects of the same name that are stored elsewhere. It also means that you do not clutter up the R workspace with temporary objects.

Just to prove that tab in the tab2by2() function exists only in the tab2by2() function we can delete the tab object from the R workspace:

```
rm(tab)
```

Now try another call to the tab2by2() function:

### tab2by2(FRUIT, ILL)

```
## outcome

## exposure 1 2

## 1 1 4

## 2 49 22

## [1] 0.2897959
```

Now list the R objects available to you:

```
ls()
```

```
## [1] "fem" "salex" "tab2by2"
```

Note that there are no tab, a, b, c, d, or rr objects.

The tab2by2() function is very limited. It only displays a table and calculates and displays a simple ratio. A more useful function would also calculate and display a confidence interval for the risk ratio. This is what we will do now. Use the fix() function to edit the tab2by2() function:

```
fix(tab2by2)
```

We can now edit this function to calculate and display a 95% confidence interval for the risk ratio.

```
function(exposure, outcome) {
   tab <- table(exposure, outcome)
   a <- tab[1,1]
   b <- tab[1,2]
   c <- tab[2,1]
   d <- tab[2,2]
   rr <- (a / (a + b)) / (c / (c + d))
   se.log.rr <- sqrt((b / a) / (a + b) + (d / c) / (c + d))
   lci.rr <- exp(log(rr) - 1.96 * se.log.rr)
   uci.rr <- exp(log(rr) + 1.96 * se.log.rr)
   print(tab)
   print(rr)
   print(lci.rr)
   print(uci.rr)
}</pre>
```

Once you have made the changes shown above, check your work, save the file, and quit the editor. We should test our revised function:

```
tab2by2(EGGS, ILL)
```

which produces the following output:

```
## outcome
## exposure 1 2
## 1 40 6
## 2 10 20
## [1] 2.608696
## [1] 1.553564
## [1] 4.38044
```

The function works but the output could be improved. Use the fix() function to edit the tab2by2() function:

Once you have made the changes shown above, save the file and quit the editor.

Now we can test our function again:

```
tab2by2(EGGS, ILL)
```

Which produces the following output:

```
## outcome

## exposure 1 2

## 1 40 6

## 2 10 20

##

## RR : 2.608696

## 95% CI : 1.553564 4.38044
```

The tab2by2() function displays output but does not behave like a standard R function in the sense that you cannot save the results of the tab2by2() function into an object:

```
test2by2 <- tab2by2(EGGS, ILL)</pre>
```

```
## outcome

## exposure 1 2

## 1 40 6

## 2 10 20

##

## RR : 2.608696

## 95% CI : 1.553564 4.38044
```

displays output but does not save anything in the test2by2 object:

### test2by2

## NULL

The returned value (NULL) means that test2by2 is an empty object. We will not worry about this at the moment as the tab2by2() function is goodenough for our current purposes. In Exercise 6 we will explore how to make our own functions behave like standard R functions.

We will now add the calculation of the odds ratio and its 95% confidence interval to the tab2by2() function using the fix() function.

There are two ways of doing this. We could either calculate the odds ratio from the table and use (e.g.) the method of Woolf to calculate the confidence interval:

or use the output of the fisher.test() function:

```
ft <- fisher.test(tab)
cat("\nOR :", ft$estimate,
    "\n95% CI :", ft$conf.int, "\n")</pre>
```

Note that we can refer to components of a function's output using the same syntax as when we refer to columns in a data.frame (e.g. ft\$estimate to examine the estimate of the odds ratio from the fisher.test() function stored in the object ft).

The names of elements in the output of a standard function such as fisher.test() can be found in the documentation or the help system. For example:

```
help(fisher.test)
```

Output elements are listed under the Value heading.

Revise the tab2by2() function to include the calculation of the odds ratio and the 95% confidence interval. The revised function will look something like this:

```
function(exposure, outcome) {
  tab <- table(exposure, outcome)</pre>
  a \leftarrow tab[1,1]
  b \leftarrow tab[1,2]
  c \leftarrow tab[2,1]
  d \leftarrow tab[2,2]
  rr <- (a / (a + b)) / (c / (c + d))
  se.log.rr <- sqrt((b / a) / (a + b) + (d / c) / (c + d))
  lci.rr \leftarrow exp(log(rr) - 1.96 * se.log.rr)
  uci.rr \leftarrow exp(log(rr) + 1.96 * se.log.rr)
  or <- (a / b) / (c / d)
  se.log.or \leftarrow sqrt(1 / a + 1 / b + 1 / c + 1 / d)
  lci.or \leftarrow exp(log(or) - 1.96 * se.log.or)
  uci.or \leftarrow exp(log(or) + 1.96 * se.log.or)
  ft <- fisher.test(tab)</pre>
  cat("\n")
  print(tab)
  cat("\nRelative Risk :", rr,
      "\n95% CI
                             :", lci.rr, uci.rr, "\n")
  cat("\nSample Odds Ratio :", or,
      "\n95% CI
                             :", lci.or, uci.or, "\n")
  cat("\nMLE Odds Ratio :", ft$estimate,
      "\n95% CI
                              :", ft$conf.int, "\n\n")
}
```

Once you have made the changes shown above, check your work, save the file, and quit the editor.

Test the tab2by2() function when you have added the calculation of the odds ratio and its 95% confidence interval.

Now that we have a function that will calculate risk ratios and odds ratios with confidence intervals from a two- by-two table we can use it to analyse the salex data:

```
tab2by2(HAM, ILL)
tab2by2(BEEF, ILL)
tab2by2(EGGS, ILL)
tab2by2(MUSHROOM, ILL)
tab2by2(PEPPER, ILL)
tab2by2(PORKPIE, ILL)
tab2by2(PASTA, ILL)
tab2by2(RICE, ILL)
tab2by2(LETTUCE, ILL)
tab2by2(TOMATO, ILL)
tab2by2(COLESLAW, ILL)
tab2by2(CRISPS, ILL)
tab2by2(PEACHCAKE, ILL)
tab2by2(CHOCOLATE, ILL)
tab2by2(FRUIT, ILL)
tab2by2(TRIFLE, ILL)
tab2by2(ALMONDS, ILL)
```

```
##
##
           outcome
## exposure
            1
                2
##
          1 46 17
##
          2 5 9
##
## Relative Risk
                     : 2.044444
## 95% CI
                     : 0.9964841 4.194501
##
## Sample Odds Ratio: 4.870588
## 95% CI
                     : 1.428423 16.60756
##
## MLE Odds Ratio : 4.75649
## 95% CI
                     : 1.22777 20.82921
```

```
##
##
    outcome
## exposure 1 2
## 1 45 22
        2 6 4
##
##
## Relative Risk : 1.119403
           : 0.6568821 1.907592
## 95% CI
##
## Sample Odds Ratio : 1.363636
         : 0.3485746 5.334594
## 95% CI
##
## MLE Odds Ratio : 1.357903
## 95% CI : 0.2547114 6.428414
##
## outcome
## exposure 1 2
##
##
      1 40 6
       2 10 20
##
## Relative Risk : 2.608696
## 95% CI
          : 1.553564 4.38044
## Sample Odds Ratio : 13.33333
## 95% CI
          : 4.240168 41.92706
##
## MLE Odds Ratio : 12.74512
## 95% CI : 3.762787 50.05419
##
## outcome
## exposure 1 2
## 1 24 6
##
       2 25 19
##
## Relative Risk : 1.408
## 95% CI : 1.0289
                : 1.028944 1.926697
##
```

```
## Sample Odds Ratio : 3.04
## 95% CI
         : 1.037274 8.909506
##
## MLE Odds Ratio : 2.995207
## 95% CI
                : 0.9421008 10.7953
##
    outcome
##
## exposure 1 2
      1 24 3
##
##
       2 23 22
##
## Relative Risk : 1.73913
## 95% CI
                : 1.26876 2.383882
##
## Sample Odds Ratio : 7.652174
        : 2.013718 29.07844
## 95% CI
##
## MLE Odds Ratio : 7.448216
## 95% CI : 1.861728 44.12015
##
  outcome
##
## exposure 1 2
##
      1 21 9
##
       2 29 17
##
## Relative Risk : 1.110345
## 95% CI
        : 0.8044752 1.532509
##
## Sample Odds Ratio : 1.367816
## 95% CI : 0.5113158 3.659032
##
## MLE Odds Ratio : 1.362228
## 95% CI
                : 0.4636016 4.190667
##
## outcome
## exposure 1 2
```

```
## 1 25 3
##
       2 26 23
##
## Relative Risk : 1.682692
           : 1.255392 2.255433
## 95% CI
##
## Sample Odds Ratio : 7.371795
## 95% CI
           : 1.964371 27.66451
##
## MLE Odds Ratio : 7.195422
## 95% CI : 1.829867 42.07488
##
## outcome
## exposure 1 2
## 1 28 4
## 2 23 22
## Relative Risk : 1.711957
## 95% CI
                 : 1.250197 2.344268
##
## Sample Odds Ratio : 6.695652
## 95% CI
          : 2.017327 22.22335
##
## MLE Odds Ratio : 6.532868
## 95% CI : 1.852297 29.84928
##
## outcome
## exposure 1 2
## 1 28 1
## 2 23 25
##
## Relative Risk : 2.014993
## 95% CI : 1.488481
                 : 1.488481 2.727744
## Sample Odds Ratio : 30.43478
          : 3.826938 242.041
## 95% CI
##
```

```
## MLE Odds Ratio : 29.32825
## 95% CI
                : 4.161299 1284.306
##
##
   outcome
## exposure 1 2
      1 29 9
##
       2 22 17
##
## Relative Risk : 1.352871
## 95% CI
                : 0.974698 1.877771
##
## Sample Odds Ratio : 2.489899
         : 0.9347213 6.632562
## 95% CI
##
## MLE Odds Ratio : 2.459981
## 95% CI
                : 0.8467562 7.558026
##
## outcome
## exposure 1 2
## 1 29 3
##
       2 21 23
## Relative Risk : 1.89881
## 95% CI
                : 1.366876 2.63775
##
## Sample Odds Ratio : 10.5873
## 95% CI : 2.806364 39.9417
##
## MLE Odds Ratio : 10.26269
## 95% CI : 2.600771 60.35431
##
    outcome
##
## exposure 1 2
##
      1 21 10
       2 30 16
##
##
```

```
## Relative Risk : 1.03871
                 : 0.7529065 1.433004
## 95% CI
##
## Sample Odds Ratio : 1.12
            : 0.4258139 2.945888
## 95% CI
##
## MLE Odds Ratio : 1.118358
## 95% CI
           : 0.3858206 3.340535
##
##
   outcome
## exposure 1 2
## 1 2 2
##
        2 49 24
##
## Relative Risk : 0.744898
          : 0.27594 2.010846
## 95% CI
##
## Sample Odds Ratio : 0.4897959
## 95% CI
         : 0.06497947 3.691936
## MLE Odds Ratio : 0.4947099
          : 0.03393887 7.209143
## 95% CI
##
##
   outcome
## exposure 1 2
##
       1 12 2
        2 38 24
##
## Relative Risk : 1.398496
## 95% CI
                 : 1.045064 1.871456
##
## Sample Odds Ratio : 3.789474
           : 0.7791326 18.43089
## 95% CI
##
## MLE Odds Ratio : 3.733535
## 95% CI
           : 0.7318646 37.28268
```

```
##
##
     outcome
## exposure 1 2
## 1 1 4
       2 49 22
##
##
## Relative Risk : 0.2897959
## 95% CI
          : 0.04985828 1.684408
##
## Sample Odds Ratio : 0.1122449
## 95% CI : 0.01185022 1.06318
##
## MLE Odds Ratio : 0.1157141
## 95% CI : 0.002240848 1.256134
##
## outcome
## exposure 1 2
## 1 19 5
## 2 32 21
##
## Relative Risk : 1.311198
## 95% CI
          : 0.9718621 1.769016
##
## Sample Odds Ratio : 2.49375
        : 0.8067804 7.708156
## 95% CI
##
## MLE Odds Ratio : 2.465794
## 95% CI : 0.7363311 9.778463
##
##
    outcome
## exposure 1 2
      1 3 3
##
##
       2 38 19
##
## Relative Risk : 0.75
## 95% CI : 0.33
                 : 0.3300089 1.7045
##
```

5.1. *SUMMARY* 73

```
## Sample Odds Ratio : 0.5
```

## 95% CI : 0.09203498 2.716358

##

## MLE Odds Ratio : 0.505905

## 95% CI : 0.06170211 4.141891

Make a note of any positive associations (i.e. with a risk ratio > 1 with a 95% confidence intervals that does not include one). We will use these for the next exercise when we will use logistic regression to analyse this data.

Save the tab2by2() function:

```
save(tab2by2, file = "tab2by2.r")
```

We can now quit R:

q()

For this exercise there is no need to save the workspace image so click the **No** or **Don't Save** button (GUI) or enter **n** when prompted to save the workspace image (terminal).

### 5.1 Summary

- R objects contain information that can be examined and manipulated.
- R can be extended by writing new functions.
- New functions can perform simple or complex data analysis.
- New functions can be composed of parts of existing function.
- New functions can be saved and used in subsequent R sessions.
- Objects defined within functions are local to that function and only
  exist while that function is being used. This means that you can re-use
  meaningful names within functions without them interfering with each
  other.

## Chapter 6

## Extending R with packages

R has no built-in functions for survival analysis but, because it is an extensible system, survival analysis is available as an add-in package. You can find a list of add-in packages at the R website.

#### http://www.r-project.org/

Add-in packages are installed from the Internet. There are a series of R functions that enable you to download and install add-in packages.

The survival package adds functions to R that enable it to analyse survival data. This package may be downloaded and installed using install.packages("survival") or from the Packages or Packages & Data menu if you are using a GUI version of R.

Packages are loaded into R as they are needed using the library() function. Start R and load the survival package:

#### library(survival)

Before we go any further we should retrieve a dataset:

```
ca <- read.table("data/ca.dat", header = TRUE)
attach(ca)</pre>
```

The columns in this dataset on the survival of cancer patients in two different treatment groups are as follows:

$\overline{ ext{time}}$	Survival or censoring time (months)
status	Censoring status (1=dead, 0=censored)
group	Treatment group $(1 / 2)$

We next need to create a survival object from the time and status variables using the Surv() function:

```
response <- Surv(time, status)
```

We can then specify the model for the survival analysis. In this case we state that survival (response) is dependent upon the treatment group:

```
ca.surv <- survfit(response ~ group)</pre>
```

The summary() function applied to a survfit object lists the survival probabilities at each time point with 95% confidence intervals:

```
summary(ca.surv)
```

```
## Call: survfit(formula = response ~ group)
##
##
                     group=1
##
    time n.risk n.event survival std.err lower 95% CI upper 95% CI
       8
##
              22
                        1
                             0.955
                                     0.0444
                                                   0.8714
                                                                   1.000
##
       9
                        1
                             0.909
                                     0.0613
                                                   0.7966
                                                                   1.000
              21
                                                   0.7270
##
      13
              19
                        1
                             0.861
                                     0.0744
                                                                   1.000
##
      14
              17
                             0.811
                                     0.0856
                                                   0.6591
                                                                   0.997
                        1
##
      18
                        1
                             0.760
                                                   0.5963
                                                                   0.968
              16
                                     0.0940
##
      19
              15
                        1
                             0.709
                                     0.1005
                                                   0.5373
                                                                   0.936
##
      21
              14
                        1
                             0.659
                                     0.1053
                                                   0.4814
                                                                   0.901
##
      23
              13
                        1
                             0.608
                                     0.1087
                                                   0.4282
                                                                   0.863
                                                                   0.822
##
      30
              10
                        1
                             0.547
                                     0.1136
                                                   0.3643
##
      31
               9
                        1
                             0.486
                                     0.1161
                                                   0.3046
                                                                   0.776
##
      32
               8
                             0.426
                                                   0.2489
                                                                   0.727
                        1
                                     0.1164
      34
               7
                             0.365
                                                   0.1971
                                                                   0.675
##
                        1
                                     0.1146
##
      48
               5
                        1
                             0.292
                                     0.1125
                                                   0.1371
                                                                   0.621
               3
##
      56
                        1
                             0.195
                                     0.1092
                                                   0.0647
                                                                   0.585
##
```

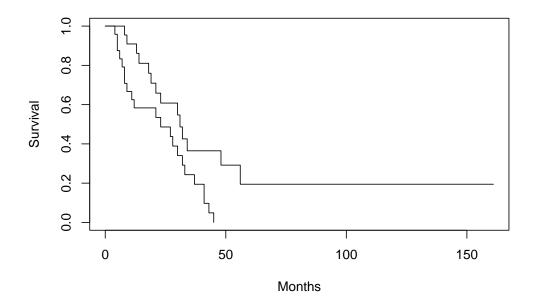
##			grou	p=2			
##	time	n.risk	${\tt n.event}$	survival	${\tt std.err}$	lower 95% CI	upper 95% CI
##	4	24	1	0.9583	0.0408	0.88163	1.000
##	5	23	2	0.8750	0.0675	0.75221	1.000
##	6	21	1	0.8333	0.0761	0.69681	0.997
##	7	20	1	0.7917	0.0829	0.64478	0.972
##	8	19	2	0.7083	0.0928	0.54795	0.916
##	9	17	1	0.6667	0.0962	0.50240	0.885
##	11	16	1	0.6250	0.0988	0.45845	0.852
##	12	15	1	0.5833	0.1006	0.41598	0.818
##	21	12	1	0.5347	0.1033	0.36614	0.781
##	23	11	1	0.4861	0.1047	0.31866	0.742
##	27	10	1	0.4375	0.1049	0.27340	0.700
##	28	9	1	0.3889	0.1039	0.23032	0.657
##	30	8	1	0.3403	0.1017	0.18945	0.611
##	32	7	1	0.2917	0.0981	0.15088	0.564
##	33	6	1	0.2431	0.0930	0.11481	0.515
##	37	5	1	0.1944	0.0862	0.08157	0.464
##	41	4	2	0.0972	0.0650	0.02624	0.360
##	43	2	1	0.0486	0.0473	0.00722	0.327
##	45	1	1	0.0000	NaN	NA	NA

Printing the ca.surv object provides another view of the results:

ca.surv

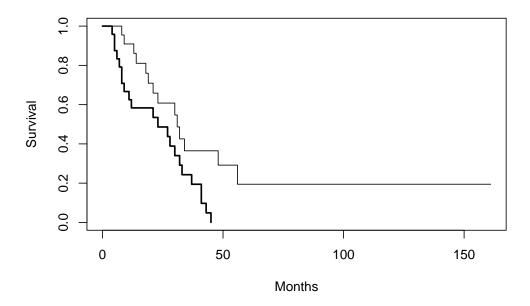
The plot() function with a survfit object displays the survival curves:

```
plot(ca.surv, xlab = "Months", ylab = "Survival")
```



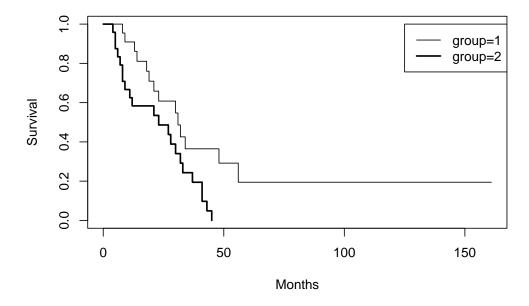
We can make it easier to distinguish between the two lines by specifying a width for each line using thelwd parameter of the plot() function:

```
plot(ca.surv, xlab = "Months", ylab = "Survival", lwd = c(1, 2))
```



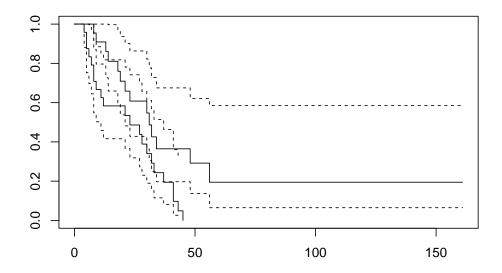
It would also be useful to add a legend:

```
legend(125, 1, names(ca.surv\$strata), lwd = c(1, 2))
```



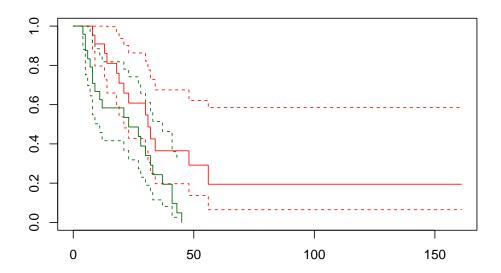
If there is only one survival curve to plot then plotting a survfit object will plot the survival curve with 95% confidence limits. You can specify that confidence limits should be plotted when there is more than one survival curve but the results can be disappointing:

```
plot(ca.surv, conf.int = TRUE)
```



Plots can be improved by specifying different colours for each curve:

```
plot(ca.surv, conf.int = TRUE, col = c("red", "darkgreen"))
```



We can perform a formal test of the two survival times using the **survdiff()** function:

```
survdiff(response ~ group)
## Call:
## survdiff(formula = response ~ group)
##
##
            N Observed Expected (O-E)^2/E (O-E)^2/V
                     14
## group=1 22
                            21.1
                                       2.38
                                                 6.26
## group=2 24
                     22
                            14.9
                                       3.36
                                                 6.26
##
    Chisq= 6.3 on 1 degrees of freedom, p= 0.01
##
We can now quit R:
q()
```

For this exercise there is no need to save the workspace image so click the **No** or **Don't Save** button (GUI) or enter n when prompted to save the

6.1. SUMMARY 83

workspace image (terminal).

## 6.1 Summary

- R can be extended by adding additional packages. Some packages are included with the standard R installation but many others are available and may be downloaded from the Internet.
- You can find a list of add-in packages at the R website: http://www.r-project.org/
- Packages may also be downloaded and installed from this site using the install.packages() function or from the Packages or Packages & Data menu if you are using a GUI version of R.
- Packages are loaded into R as they are needed using the library() function. You can use the search() function to display a list of loaded packages and attached data.frames.

## Chapter 7

## Writing functions

In the earlier stages of this training, we worked a lot with data on weight and height to calculate body mass index (see <a href="https://oxfordihtm.github.io/seychelles-statistics-training/week1-day2.html">https://oxfordihtm.github.io/seychelles-statistics-training/week1-day2.html</a>). As a refresher, body mass index is calculated as follows:

Body mass index = 
$$\frac{weight (kgs)}{height (m)^2}$$

For this topic on writing functions in R, we will continue using BMI as an example to explore and demonstrate how we can create our own functions in R

Let's say for example that you have been doing a research on children aged 11 years and older in 3 schools and you have collected the following data:

#### School 1516

#### school1516

##		school	sex	ageMonths	weight	height
				•	•	_
##	427	1516	1	138	24.5	126.0
##	428	1516	1	150	28.3	136.3
##	429	1516	1	162	32.2	143.5
##	430	1516	1	162	32.7	143.5
##	431	1516	1	150	28.6	137.0
##	432	1516	2	138	26.5	134.0

##	433	1516	1	150	29.9	139.2
##	434	1516	1	150	30.0	139.5
##	435	1516	1	162	34.0	148.0
##	436	1516	1	138	25.4	135.7
##	437	1516	1	150	32.3	143.0
##	438	1516	2	174	38.3	153.5
##	439	1516	2	162	41.6	151.0
##	440	1516	1	150	30.7	145.0
##	441	1516	2	186	46.8	155.2
##	442	1516	1	186	46.6	163.4
##	443	1516	1	150	33.5	145.5
##	444	1516	1	186	47.0	164.0
##	445	1516	1	174	41.1	159.5
##	446	1516	2	162	39.1	152.2
##	447	1516	2	174	40.9	155.5
##	448	1516	2	162	39.7	153.0
##	449	1516	2	162	40.9	153.2
##	450	1516	1	150	34.2	147.5
##	451	1516	2	150	41.8	149.4
##	452	1516	1	138	28.0	141.5
##	453	1516	1	138	30.0	142.0
##	454	1516	1	138	33.1	142.0
##	455	1516	1	186	46.1	167.5
##	456	1516	1	150	36.2	149.0
##	457	1516	2	162	47.4	156.0
##	458	1516	1	150	30.3	150.2
##	459	1516	2	150	36.4	152.1
##	460	1516	2	150	36.4	155.0
##	461	1516	2	150	44.1	155.0
##	462	1516	2	162	42.3	160.1
##	463	1516	2	179	50.4	163.5
##	464	1516	1	150	37.6	155.0
##	465	1516	2	138	36.0	154.5
##	466	1516	2	138	46.1	156.0

### School 1522

#### school1522

##		school	sex	ageMonths	weight	height
##	646	1522	1	203	30.6	140.5
##	647	1522	1	174	30.8	140.0
##	648	1522	1	162	29.3	136.3
##	649	1522	1	150	24.0	132.0
##	650	1522	1	150	28.1	132.1
##	651	1522	2	150	27.2	134.9
##	652	1522	1	162	34.2	139.2
##	653	1522	1	150	25.5	134.2
##	654	1522	1	138	24.6	129.0
##	655	1522	1	174	36.4	147.5
##	656	1522	1	150	28.7	137.5
##	657	1522	1	186	45.8	155.6
##	658	1522	1	174	36.3	151.6
##	659	1522	1	150	31.0	139.5
##	660	1522	1	138	29.0	134.3
##	661	1522	1	179	38.3	155.5
##	662	1522	2	138	31.3	138.4
##	663	1522	1	162	36.5	148.8
##	664	1522	1	155	36.8	145.2
##	665	1522	1	138	28.3	136.8
##	666	1522	1	138	26.8	137.3
##	667	1522	2	138	32.6	141.4
##	668	1522	2	138	31.9	143.0
##	669	1522	1	174	42.6	160.7
##	670	1522	2	198	57.8	158.0
##	671	1522	2	162	43.9	153.5
##	672	1522	2	150	35.1	150.6
##	673	1522	2	186	52.6	159.6
##	674	1522	2	150	45.1	152.8
##	675	1522	2	138	34.6	147.2
##	676	1522	2	150	45.3	153.1
##	677	1522	1	186	51.8	170.2
##	678	1522	2	150	57.1	154.2
##	679	1522	2	138	33.5	149.2

##	680	1522	1	150	36.3	154.1
##	681	1522	1	174	44.0	169.1
##	682	1522	2	150	44.5	158.3
##	683	1522	2	150	51.5	159.1
##	684	1522	2	138	47.4	157.8
##	685	1522	2	138	36.8	158.5
##	686	1522	2	138	52.0	161.0

#### School 1525

#### school1525

```
##
       school sex ageMonths weight height
## 752
          1525
                                 26.2
                 1
                          186
                                          137
## 753
         1525
                                 32.7
                 1
                          186
                                          138
## 754
         1525
                                 25.9
                                          130
                 1
                          150
## 755
         1525
                 1
                          162
                                 30.4
                                          137
## 756
         1525
                 2
                          138
                                 24.4
                                          129
## 757
         1525
                 2
                          138
                                 23.8
                                          130
## 758
         1525
                          150
                                 26.1
                                          133
                 1
## 759
         1525
                          150
                                 26.4
                                          135
                 1
## 760
         1525
                 1
                          174
                                 35.1
                                          148
## 761
         1525
                          162
                                 28.7
                                          142
                 1
## 762
         1525
                 1
                          150
                                 28.0
                                          136
## 763
         1525
                                 34.0
                 1
                          174
                                          149
## 764
         1525
                          186
                                 40.6
                                          155
                 1
## 765
         1525
                 2
                          150
                                 35.8
                                          142
## 766
         1525
                          150
                                 35.4
                                          140
                 1
## 767
         1525
                 2
                          138
                                 27.8
                                          137
## 768
         1525
                 2
                          138
                                 28.2
                                          137
## 769
         1525
                 2
                          138
                                 29.7
                                          139
## 770
                                 30.9
         1525
                 2
                          138
                                          139
## 771
         1525
                                 28.2
                 1
                          138
                                          137
## 772
         1525
                 2
                          138
                                 26.2
                                          140
## 773
         1525
                 2
                                 26.6
                                          140
                          138
## 774
         1525
                                 27.2
                                          138
                 1
                          138
## 775
         1525
                 2
                          138
                                 27.0
                                          141
## 776
          1525
                 1
                          150
                                 31.3
                                          145
## 777
         1525
                 2
                          162
                                 33.9
                                          152
```

```
## 778
          1525
                   2
                            162
                                   42.0
                                             153
## 779
          1525
                   2
                            185
                                   38.3
                                             157
## 780
          1525
                   2
                            138
                                   31.0
                                             145
## 781
          1525
                   2
                            138
                                   32.3
                                             145
## 782
                                   35.1
          1525
                   1
                            139
                                             144
## 783
                   2
          1525
                            150
                                   36.4
                                             152
## 784
          1525
                   2
                            138
                                   32.7
                                             147
## 785
                            174
                                   44.9
          1525
                   1
                                             166
## 786
          1525
                   2
                            138
                                   32.2
                                             148
## 787
          1525
                   2
                            138
                                   36.4
                                             148
## 788
          1525
                   1
                            138
                                   31.4
                                             146
## 789
          1525
                   2
                            138
                                   45.0
                                             149
## 790
                   2
                            162
          1525
                                   49.4
                                             160
## 791
          1525
                   2
                            138
                                   34.3
                                             150
## 792
          1525
                   1
                            138
                                   30.0
                                             148
## 793
          1525
                   2
                            150
                                   37.0
                                             156
## 794
                   2
                                   52.2
          1525
                            162
                                             165
## 795
          1525
                   2
                            138
                                   42.9
                                             158
```

In this dataset, the units of the height measurement is in centimetres.

Using what we have learned earlier on calculating BMI using R, I can perform the following R commands to get the BMI for each child in each of the schools:

```
## Calculate BMI for children in school 1516
school1516$weight / (school1516$height / 100) ^ 2

## Calculate BMI for children in school 1516
school1522$weight / (school1516$height / 100) ^ 2

## Calculate BMI for children in school 1516
school1525$weight / (school1516$height / 100) ^ 2
```

Because the commands are repetitive, I can easily copy and paste my initial line of code to calculate BMI for children in school 1516 and then just change the object names accordingly to calculate the BMI for children in the two other schools.

When I run these lines of code, I get the following results:

```
school1516$weight / (school1516$height / 100) ^ 2
    [1] 15.43210 15.23333 15.63695 15.87976 15.23789 14.75830 15.43095 15.4160
   [9] 15.52228 13.79349 15.79539 16.25481 18.24481 14.60166 19.42954 17.4534
## [17] 15.82409 17.47472 16.15550 16.87903 16.91463 16.95929 17.42632 15.7196
## [25] 18.72730 13.98444 14.87800 16.41539 16.43128 16.30557 19.47732 13.4308
## [33] 15.73414 15.15088 18.35588 16.50280 18.85363 15.65036 15.08153 18.9431
## Calculate BMI for children in school 1516
school1522$weight / (school1516$height / 100) ^ 2
## Warning in school1522$weight/(school1516$height/100)^2: longer object lengt
## not a multiple of shorter object length
##
    [1] 19.27438 16.57903 14.22865 11.65487 14.97150 15.14814 17.65012 13.1036
    [9] 11.23083 19.76704 14.03492 19.43787 15.92035 14.74435 12.03967 14.3448
## [17] 14.78490 13.57079 14.46527 12.21679 11.08343 13.92627 13.59168 19.5805
## [25] 25.89564 21.92561 17.40726 26.08609 16.07485 15.58488 18.61440 22.9609
## [33] 24.68185 13.94381 15.10926 17.16604 16.64656 21.43600 19.85735 15.1216
## [41] 32.75384
## Calculate BMI for children in school 1516
school1525$weight / (school1516$height / 100) ^ 2
## Warning in school1525$weight/(school1516$height/100)^2: longer object lengt
## not a multiple of shorter object length
    [1] 16.50290 17.60176 12.57755 14.76284 13.00016 13.25462 13.46983 13.5661
   [9] 16.02447 15.58555 13.69260 14.42986 17.80624 17.02735 14.69670 10.4121
```

## Calculate BMI for children in school 1516

The calculation for the BMI of children in school 1516 seems to have completed without issues and a vector of BMI results have been produced. However, for school 1522 and school 1525, there is a warning saying:

## [41] 18.89645 19.91636 25.34934 20.83308

```
## Warning in school1522$weight/(school1516$height)^2: longer object length
## of shorter object length
```

## [17] 13.32058 11.04253 12.14611 12.17362 10.83529 11.36315 11.58914 12.4102 ## [25] 14.02307 16.93116 20.82920 18.99425 11.04923 14.54889 14.42308 16.1347 ## [33] 14.13479 18.68887 13.40271 14.20099 11.74611 18.73049 20.69522 14.0943

Although a result has been provided, the warning gives me an indication that someting is not quite right with my calculation and when I inspect further, I notice that in my formula for school 1522 and for school 1525, my denominator is still using data for school 1516 and this is most likely what is causing the warning message.

So, to correct this I go back to my lines of code and edit the denominators for school 1522 and school 1525 as follows:

school1525\$weight / (school1525\$height / 100) ^ 2

```
## Calculate BMI for children in school 1516
school1516$weight / (school1516$height / 100) ^ 2
## Calculate BMI for children in school 1516
school1522$weight / (school1522$height / 100) ^ 2
## Calculate BMI for children in school 1516
school1525$weight / (school1525$height / 100) ^ 2
which gives me:
## Calculate BMI for children in school 1516
school1516$weight / (school1516$height / 100) ^ 2
    [1] 15.43210 15.23333 15.63695 15.87976 15.23789 14.75830 15.43095 15.41604
##
    [9] 15.52228 13.79349 15.79539 16.25481 18.24481 14.60166 19.42954 17.45347
## [17] 15.82409 17.47472 16.15550 16.87903 16.91463 16.95929 17.42632 15.71962
## [25] 18.72730 13.98444 14.87800 16.41539 16.43128 16.30557 19.47732 13.43083
## [33] 15.73414 15.15088 18.35588 16.50280 18.85363 15.65036 15.08153 18.94313
## Calculate BMI for children in school 1516
school1522$weight / (school1522$height / 100) ^ 2
##
    [1] 15.50132 15.71429 15.77161 13.77410 16.10277 14.94669 17.65012 14.15908
    [9] 14.78277 16.73082 15.18017 18.91674 15.79459 15.92991 16.07852 15.83937
##
## [17] 16.34076 16.48493 17.45479 15.12217 14.21653 16.30492 15.59978 16.49597
## [25] 23.15334 18.63150 15.47594 20.65000 19.31656 15.96837 19.32626 17.88178
## [33] 24.01416 15.04898 15.28626 15.38741 17.75817 20.34543 19.03550 14.64837
## [41] 20.06095
## Calculate BMI for children in school 1516
```

```
## [1] 13.95919 17.17076 15.32544 16.19692 14.66258 14.08284 14.75493 14.4856
## [9] 16.02447 14.23329 15.13841 15.31463 16.89906 17.75441 18.06122 14.8116
## [17] 15.02477 15.37188 15.99296 15.02477 13.36735 13.57143 14.28271 13.5808
## [25] 14.88704 14.67278 17.94182 15.53816 14.74435 15.36266 16.92708 15.7548
## [33] 15.13258 16.29409 14.70051 16.61797 14.73072 20.26936 19.29687 15.2444
## [41] 13.69613 15.20381 19.17355 17.18475
```

I now do not get the warning message and the expected length of BMI values for each school has now been produced.

From this short example above, we realise how tedious a task it is to type in the code above every time we need to calculate BMI. Also, it becomes even challenging to debug issues with the code because we have to review and edit (as needed) each iteration of the calculation to see where it may have gone wrong (especially when doing a cut and paste approach).

It would be better (and easier) to have a function that calculates and displays the BMI values automatically. Fortunately, R allows us to do just that.

The function() function allows us to create new functions in R with the following generic syntax:

```
function_name <- function(argument1, argument2, ...) {
   ## Your code here
}</pre>
```

Using this template/generic syntax, we apply it to create a function called calculate bmi as follows:

```
calculate_bmi <- function(weight, height) {
  weight / height ^ 2
}</pre>
```

We now have a function for calculating and outputing BMI values.

Let us now test it with our 3 sets of data:

#### School 1516

```
calculate_bmi(
  weight = school1516$weight,
  height = school1516$height / 100
)
```

```
## [1] 15.43210 15.23333 15.63695 15.87976 15.23789 14.75830 15.43095 15.41604

## [9] 15.52228 13.79349 15.79539 16.25481 18.24481 14.60166 19.42954 17.45347

## [17] 15.82409 17.47472 16.15550 16.87903 16.91463 16.95929 17.42632 15.71962

## [25] 18.72730 13.98444 14.87800 16.41539 16.43128 16.30557 19.47732 13.43083

## [33] 15.73414 15.15088 18.35588 16.50280 18.85363 15.65036 15.08153 18.94313
```

#### School 1522

```
calculate_bmi(
  weight = school1522$weight,
  height = school1522$height / 100
)
```

```
## [1] 15.50132 15.71429 15.77161 13.77410 16.10277 14.94669 17.65012 14.15908 ## [9] 14.78277 16.73082 15.18017 18.91674 15.79459 15.92991 16.07852 15.83937 ## [17] 16.34076 16.48493 17.45479 15.12217 14.21653 16.30492 15.59978 16.49597 ## [25] 23.15334 18.63150 15.47594 20.65000 19.31656 15.96837 19.32626 17.88178 ## [33] 24.01416 15.04898 15.28626 15.38741 17.75817 20.34543 19.03550 14.64837 ## [41] 20.06095
```

#### School 1525

```
calculate_bmi(
  weight = school1525$weight,
  height = school1525$height / 100
)
```

```
## [1] 13.95919 17.17076 15.32544 16.19692 14.66258 14.08284 14.75493 14.48560 ## [9] 16.02447 14.23329 15.13841 15.31463 16.89906 17.75441 18.06122 14.81166 ## [17] 15.02477 15.37188 15.99296 15.02477 13.36735 13.57143 14.28271 13.58081 ## [25] 14.88704 14.67278 17.94182 15.53816 14.74435 15.36266 16.92708 15.75485 ## [33] 15.13258 16.29409 14.70051 16.61797 14.73072 20.26936 19.29687 15.24444 ## [41] 13.69613 15.20381 19.17355 17.18475
```

In our example here, the calculate\_bmi() function helped a little bit in making the code to calculate BMI for each student in each school more efficient. But the efficiency that functions provide become more evident when you need to make more complex operations. For example, what if you need to get the mean BMI for students in each school? Without a function, we will have to do the following script for each school:

#### School 1516

```
## Calculate BMI for children in school 1516
bmi school1516 <- school1516$weight / (school1516$height / 100) ^ 2
## Get the mean BMI for children in school 1516
mean_bmi_school1516 <- mean(bmi_school1516)</pre>
mean bmi school1516
## [1] 16.28491
School 1522
## Calculate BMI for children in school 1522
bmi school1522 <- school1522$weight / (school1522$height / 100) ^ 2
## Get the mean BMI for children in school 1522
mean bmi school1522 <- mean(bmi school1522)
mean_bmi_school1522
## [1] 16.89955
School 1525
## Calculate BMI for children in school 1525
bmi school1525 <- school1525$weight / (school1525$height) ^ 2
## Get the mean BMI for children in school 1525
mean bmi school1525 <- mean(bmi school1525)
mean_bmi_school1525
```

#### ## [1] 0.001564695

As the operations/calculations we want to perform become more complex, the copy and paste method becomes more and more tedious. With the function approach, we can use the following:

```
calculate_mean_bmi <- function(weight, height) {
  bmi <- weight / height ^ 2</pre>
```

```
mean_bmi <- mean(bmi)</pre>
  return(mean_bmi)
}
Applying the function to the datasets, we get:
School 1516
calculate_mean_bmi(
  weight = school1516$weight,
 height = school1516$height / 100
)
## [1] 16.28491
School 1522
calculate_mean_bmi(
  weight = school1522$weight,
 height = school1522$height / 100
)
## [1] 16.89955
School 1525
calculate_mean_bmi(
 weight = school1525$weight,
 height = school1525$height / 100
```

## [1] 15.64695

## Chapter 8

## Introduction to git and GitHub

### 8.1 All about git

git is a version control system for software development. It allows developers to keep track of changes made to their code and collaborate with other developers on a project. git also allows for easy rollbacks and branch management. It is widely used in the software industry and is considered one of the best version control systems available.

git was developed by Linus Torvalds in 2005. He created git as a replacement for the proprietary version control system he was using at the time. The development of git was driven by the need for a distributed version control system, which allows multiple developers to work on a project simultaneously, without the need for a central server. Linus Torvalds is also known for creating the Linux operating system kernel.

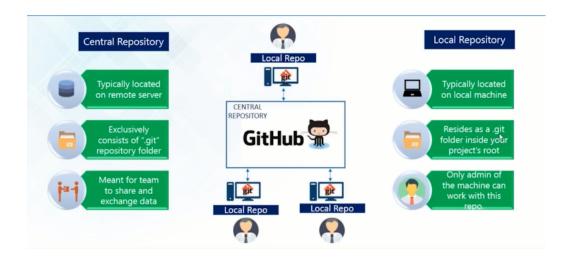
To use git in your machines, you will need to install it as described in the previous chapter (Chapter 2).

### 8.2 All about GitHub

GitHub is a web-based platform that provides hosting for software development and a community of developers to collaborate, share and learn from each other. It is built on top of git, which is the version control system used for managing and tracking changes to the code. Developers can use GitHub to store and manage their code, collaborate with other developers, and track and manage issues and bugs. It also provides tools for code review, project management, and documentation. It is widely used by developers and organizations to host and share code, as well as to build and maintain open-source software.

GitHub is not a software you need to install. Rather it is a remote or cloud-based server that holds its users' code versioned using the git version control system and to which a user's local, git-versioned code syncs/communicates with.

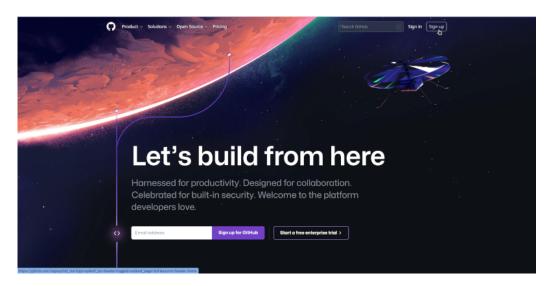
A good illustration of the git and GitHub relationship can be viewed below:



To use GitHub, you will need create an account at https://github.com.

### 8.2.1 Creating a GitHub account

- 1. Head to https://github.com
- 2. On the upper right hand corner of the page, click on **Sign-up** button



3. You will be then prompted to provide an email address to register your account with.



With regard to the email address to use for creating a GitHub account, a best practice recommendation is to use an email address that you will have access to all the time. Email addresses such as those for school (if you are a student) or for your current work may not always be the best email address to use as these email addresses tend to be time-limited (i.e., you lose the email address once you graduate or once you leave your current work).

4. You will then be prompted for a password.



5. Then follow all other prompts after this including confirmation of your email and creating a GitHub username.

With regard to creating/selecting a GitHub username, following are some best practice recommendations:

- Incorporate your actual name! People like to know who they're dealing with. Also makes your username easier for people to guess or remember.
- Pick a username you will be comfortable revealing to your future boss and/or to future collaborators.
- Shorter is better than longer.
- Be as unique as possible in as few characters as possible. In some settings GitHub auto-completes or suggests usernames.
- Make it timeless. Don't highlight your current university, employer, or place of residence.
- Avoid the use of upper vs. lower case to separate words. We highly recommend all lowercase. GitHub treats usernames in a case insensitive way, but using all lowercase is kinder to people doing downstream regular expression work with usernames, in various languages. A better strategy for word separation is to use a hyphen -.
- You can change your username later, but better to get this right the first time.

101

https://help.github.com/articles/changing-your-github-username/ https://help.github.com/articles/what-happens-when-i-change-my-username/

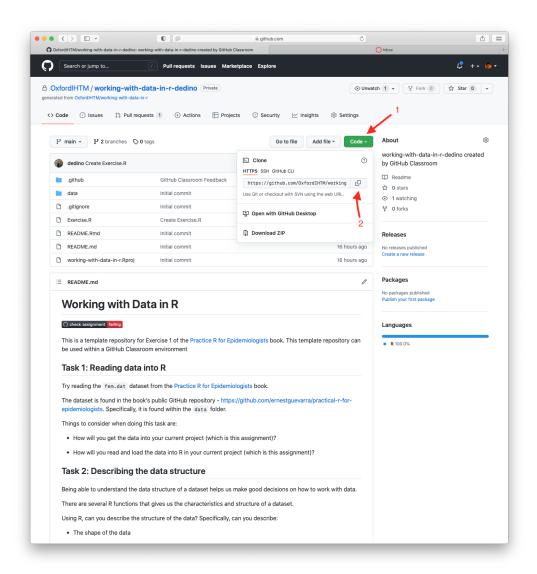
6. Once you have created a GitHub account, please do share your username to the lecture seriese presenter so he can add your username to the Oxford IHTM GitHub account and add you to the Oxford IHTM GitHub Classroom.

## Chapter 9

## Cloning a GitHub repository

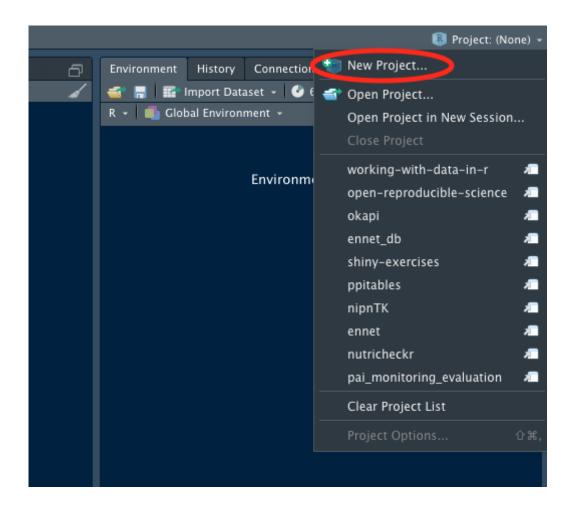
The following steps show how to clone a GitHub repository into your local computer using RStudio. This tutorial is a summary of the the instructions described here - https://docs.github.com/en/repositories/creating-and-managing-repositories/cloning-a-repository.

# 9.1 Copy the repository URL of the repository you want to clone from GitHub

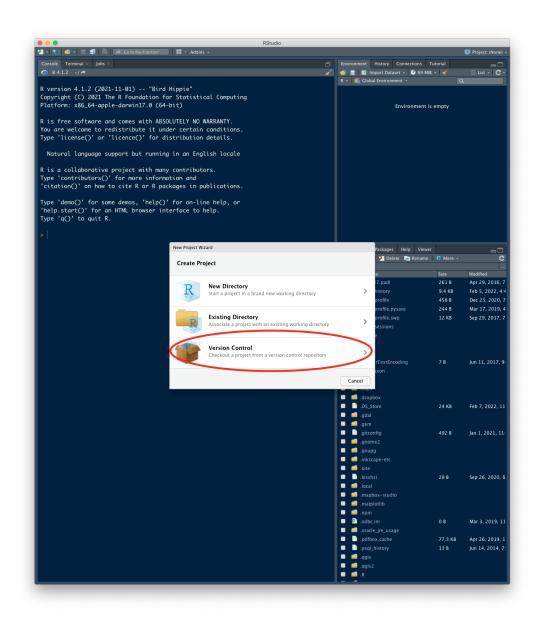


- 7.1.1 Go to the GitHub page of the repository you own and click on the green button that is labeled code
- 7.1.2 Click on the copy to clipboard icon to copy the repository URL.

## 9.2 Go to RStudio and create new project

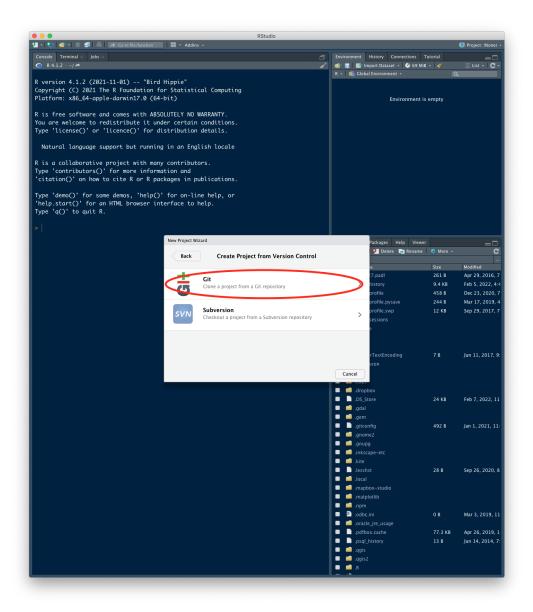


### 9.3 Choose Version Control

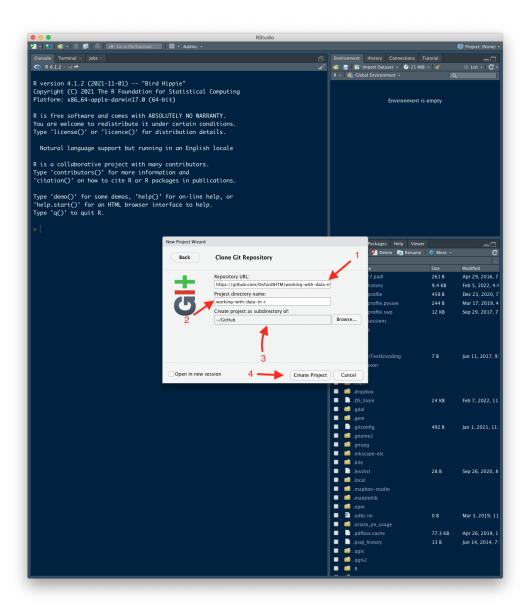


#### 107

### 9.4 Select Git



### 9.5 Setup repository settings



- 7.5.1 Paste the repository URL you copied earlier.
- 7.5.2 The Project directory name should be specified already after you paste the repository URL. Use the suggested directory name.

- 7.5.3 Browse for the directory on your local computer where you want to save the files for the specified project.
- 7.5.4 Click on the Create Project button/icon.

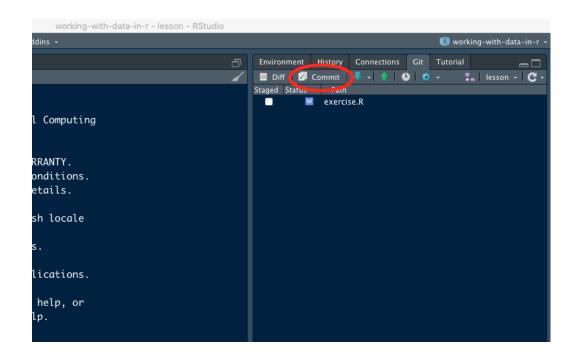
You will now have the GitHub repository in your local computer.

Chapter 10

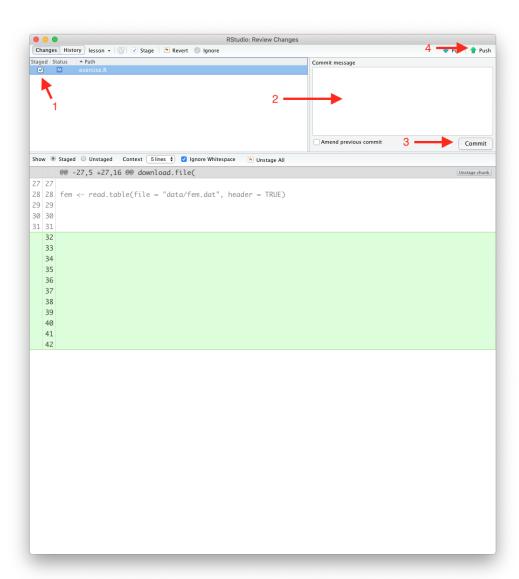
### Commit and push to GitHub

Following are the steps to take in committing your changes in RStudio and pushing them to GitHub.

## 10.1 Click on Commit in the Git tab on RStudio



### 10.2 Getting changes saved and push to GitHub

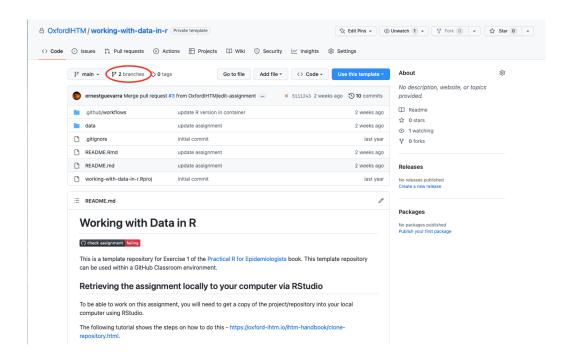


- 10.2.1 Tick the box beside the file that has changed to stage the changes.
- 10.2.2 Write a commit message in the Commit message dialog box. In the commit message, describe the changes that you made.

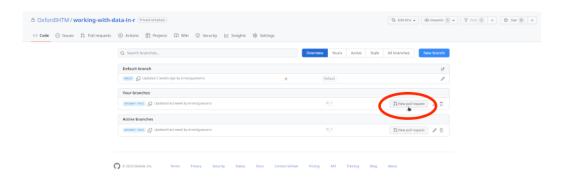
- 10.2.3 Click on the Commit button.
- 10.2.4 Click on the Push button.

#### 10.3 Initiate a pull request

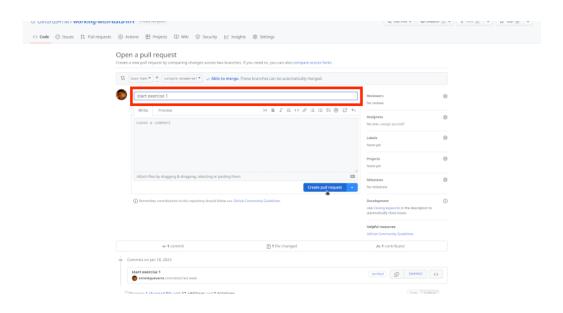
10.3.1 Click on the **branches** link from your repository



10.3.2 Click on the Make pull request link on the appropriate branch

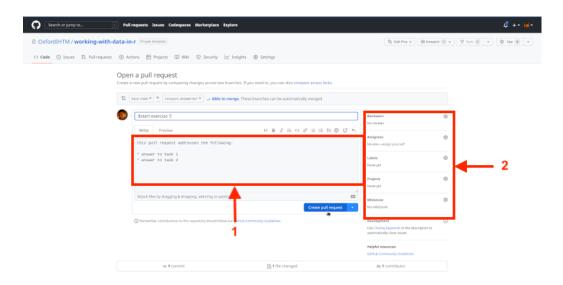


10.3.3 Enter a title for your pull request



Make the titel as short but as informative as possible

10.3.4 Add further description about the pull request (optional) and then click on **Create pull request** button



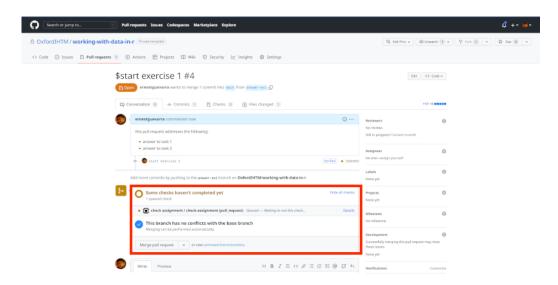
If you think more information will help the reviewer navigate through the changes you have made, use the comment box to add more details. This comments box can interpret Markdown syntax so you can format your text accordingly.

On the right hand side of the pull request page, you can set a specific reviewer for your pull request (recommended). Also, given that you are making this pull request, assign this pull request to you so you are notified of the progress of this pull request.

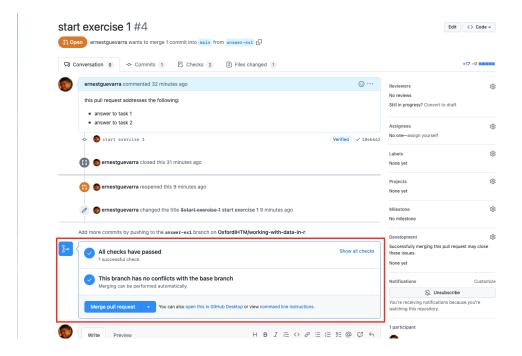
Then finally click on the Create pull request button

#### 10.3.5 Wait for review

If the project has automated checks included, you will see that these checks will get initiated.



If there are no issues with the code, the automated checks should show that all checks have passed.



Wait for reviewer's feedback/comments. If reviewer request's changes, make changes to your code and then commit and push again (as above). If your project has automated checks, this will get triggered again within the same

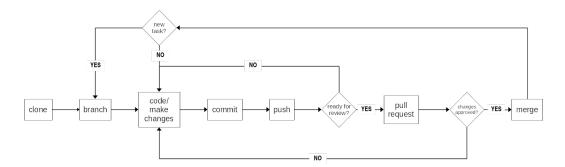
pull request. Your reviewer will be notified of the changes you have made and should review your work again. Once reviewer approves changes, you can then merge your work to the main branch.

### Chapter 11

# Participating in an R/RStudio project

Following are the general steps to take when participating in an existing R/RStudio project that has been initiated and led by someone else.

The following diagram illustrates the steps in this process:



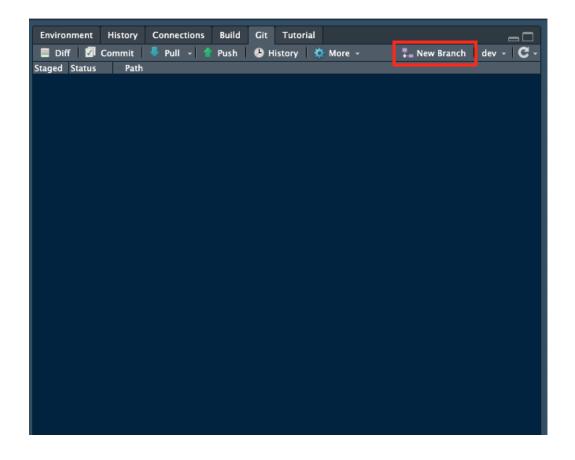
#### 11.1 Clone the project to your local machine

Cloning a project to your local machine is described in Chapter 9

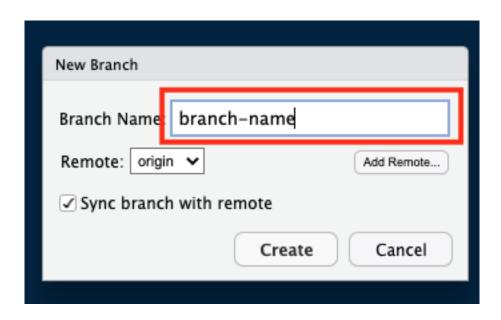
### 11.2 Create a new branch from the main branch

Before making any changes to the project, create a new branch as follows:

#### 11.2.1 Click on New Branch



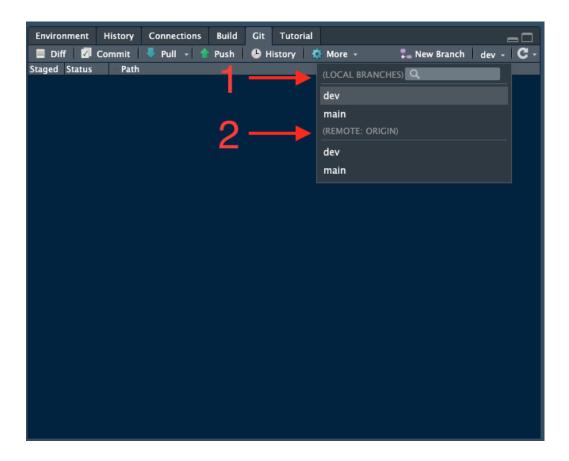
#### 11.2.2 Name the new branch



Name the branch uniquely. The best way to name a branch will be based on how the team/person you are working with prefers to name branches. Some would like the branch name to succinctly describe the type of change that is being made. Some may ask you to name your branch with your username. Some may ask you to name your branch using coded values.

Once named, click on Create

You will now see the new branch in the list of branches



#### 11.3 Code and make changes to your branch

Start coding and implement the changes you want to make or the changes that your collaborator/s asked you to make.

## 11.4 Commit and push your changes and initiate a pull request

After making changes, you should **commit and push** your changes. This process is described in Chapter 10. Your code and your changes do not have to be complete already for your to commit and push changes. It is good practice to commit and push frequently (at least once a day usually at the end of your coding session). See this as similar to saving your work at multiple

stages.

Once your code and the changes you want to make are complete (and ideally that they are working correctly on your local machine), and that you are ready to have your work reviewed, you can now make a **pull request**. This process is also described in Chapter 10.

#### 11.5 Merge pull request

Once your chosen reviewer has seen your work, they may ask you to make changes based on what they see with your code. If so, then start coding again on the same branch and address the reviewers comments, \*commit\*\* those changes and \*push the changes to your remote repository. Your changes will push into the same existing open pull request\*\* that is waiting approval. The reviewer can then view your changes and make the necessary feedback.

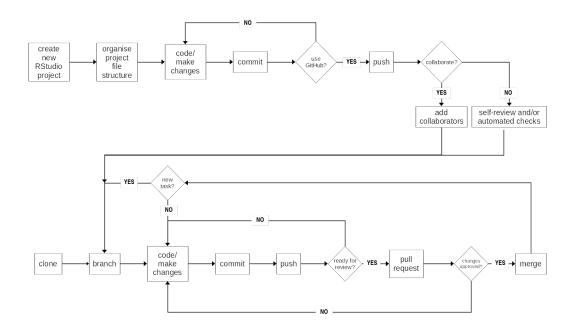
Once reviewer approves your changes, they may either merge your pull request themselves or they may let you know in their feedback that they are happy with your changes and that you can now merge your pull request. If so, then click on the **Merge pull request** button.

Your changes have now been integrated into the main branch of the project.

### Chapter 12

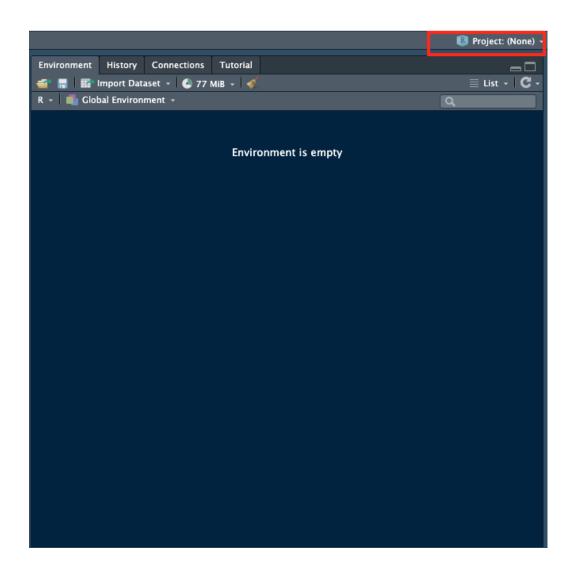
### Initiating an R/RStudio project

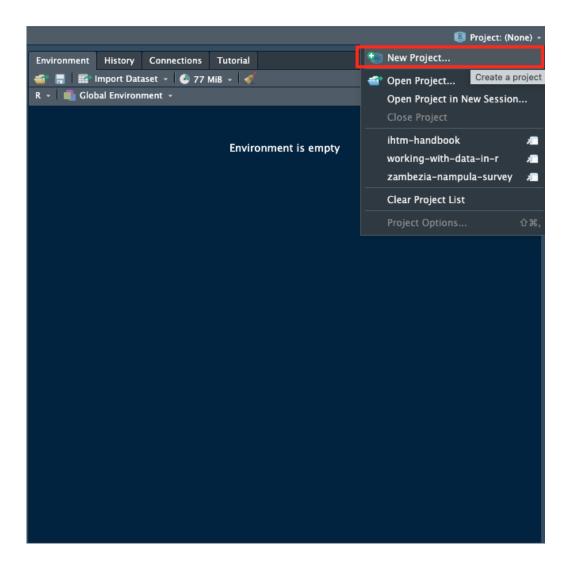
Following is a diagram of the steps in initiating your own R/RStudio project.



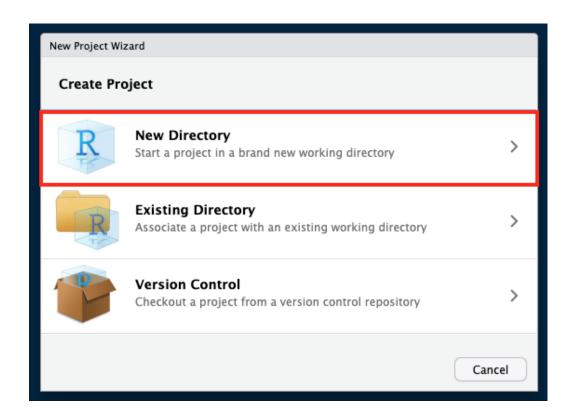
#### 12.1 Create a new project in RStudio

#### 12.1.1 Click on New Project button on RStudio

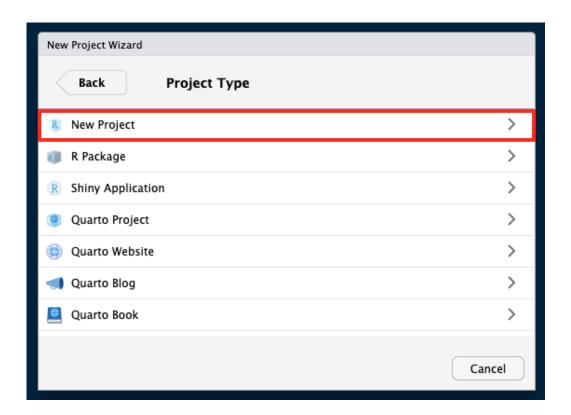


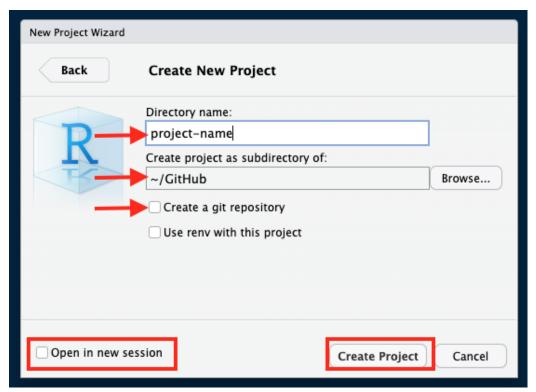


#### 12.1.2 Create a New Directory



#### 12.1.3 Select New Project as project type





#### 12.1.4 Specify details for new project

- 12.4.1 Specify a project name. Best practices for naming a project are:
  - Make sure that name is succinct (as short as possible while at the same time descriptive of the project);
  - Don't use spaces for your project name. If you need to separate words, use a **dash** or an **underscore**;
  - Avoid using capital letters.
- 12.4.2 Specify a directory/location in your local machine where to place the directory of your new project
- 12.4.3 Decide whether to use git to version this project

Here you can decide whether you want to use git to version your project. Remember that using git doesn't mean you have to use GitHub. git is software installed in your local machine and it versions what you have on your local machine. You don't need GitHub or any other similar service to version your code with git in your local machine.

I would recommend that you tick this option for any new project you create so that you can version your work in your local machine even if you don't want or decide not to use GitHub or any other remote git service.

#### 12.4.4 Do you want to open a new session

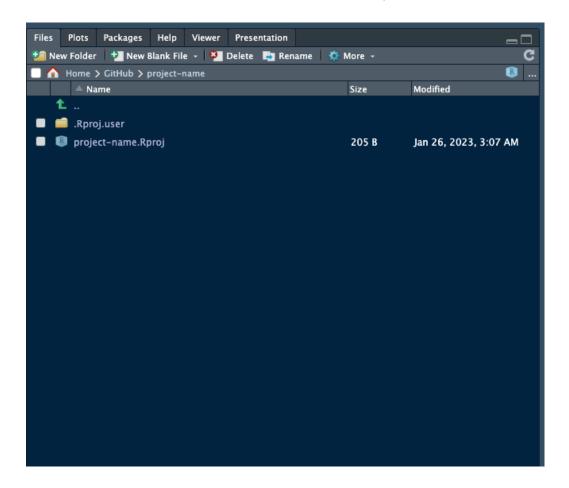
This is by default unticked and will open the new project within the existing RStudio session (if any). This means that if you have an existing RStudio session with another project that you are working on, that project will be closed and the new project you are creating will open in the existing RStudio session.

If you need your existing RStudio session and the project within it to remain open alongside the new project you are creating, tick this box/option.

#### 12.4.4 Click on Create New Project

Once you click on **Create New Project**, you will now see the new project open in RStudio.

You will also see something like below witin the file explorer pane of RStudio.



## 12.2 Structure/organise your new project appropriately

Project organisation is vital because:

- supports productivity because the different components of the project are placed in directories where they should be;
- enables clarity in communicating project structure;
- facilitates collaboration.

Organising an R project can be user- and project-dependent but there are generally accepted project organising structure that is common to most well-organised projects. Below is an example:

```
.
|-- my-project
|-- data
|-- output
|-- figures
|-- R
|-- my-project.Rproj
|-- analysis_workflow.R
|-- README.md
```

#### 12.3 Start coding

This will include creating bespoke R functions (as required) and creating an Rscript for the step-by-step processes in your scientific workflow.

#### 12.4 Next steps

The next steps will depend on whether you will use git and GitHub for versioning your project and whether or not you will work on your project as a solo scientiest or work and collaborate with other scientists.

### Chapter 13

#### Scientific workflows

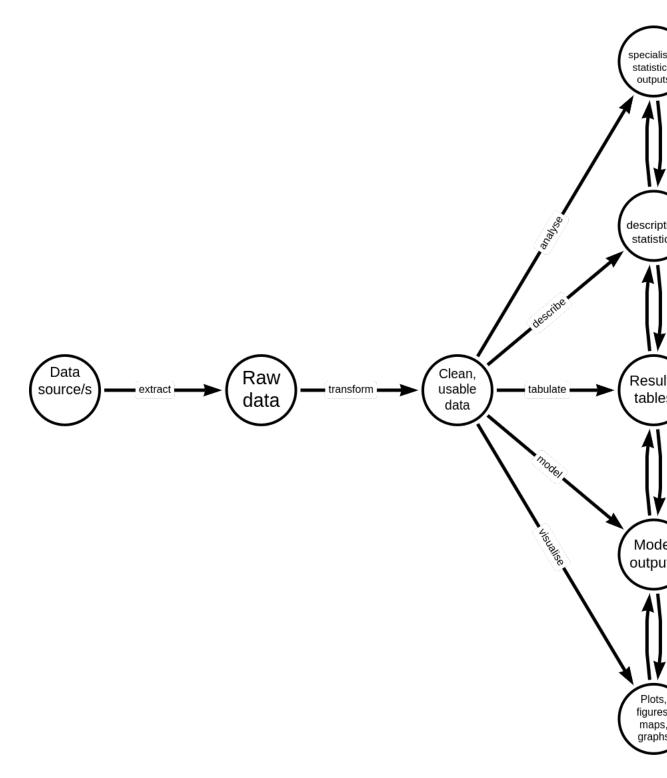
At this point, you would have written your own R code and R scripts and saved these within an R file (.R).

By now, you would have also appreciated how extensible R is through built-in packages and/or through functions that you have created yourself.

So far, in the examples that we have worked on, the operations and the problems have been quite straightforward. But from your own experience dealing with your own data, real world data is far from straightforward and far from simple. Complexity is almost always a given.

R's scripting capability and R's extensibility are its main characteristics that make R a good tool for creating robust scientific workflows particularly for complex data and research projects.

A typical scientific workflow would have the following steps:



In general, an R script should reflect the different steps outlined above. Hence, an R script of a scientific workflow would tend to look like this:

```
## Load libraries
## Retrieve and read data
## Process data
## Analyse data
### Descriptive analysis
### Statistical tests
### Model specifications
## Outputs
### Tabulation of results
### Model outputs
### Plots
## Report
```

In this chapter, we will go through a step-by-step walkthrough of how to build a robust scientific workflow in R. A robust worklow is one that is **portable** i.e., not dependent on hardware and software and instead can be run on almost any machine with very minimal, if any, additional setup or configuration required, and one that is **reproducible** i.e., can be run over and over again without issues, providing the expected results with the same

data or providing updated results with new and/or updated data.

#### 13.1 Step 1: Create a new RStudio project

- Open RStudio
- Click on the File option in the RStudio menu. In the dropdown menu, select New Project
- In the menu window, select New directory option.
- In the next menu window, select New project option.
- In the next menu window, enter the following details:
  - Name of the project important to make the project name as short as possible but descriptive of the project you are creating; don't use spaces, instead use dash (or underscore) and avoid using capital letters;
  - Select the directory in your computer in which you want to save the project in. Click on Browse to open your computers file manager and navigate to the directory you want to save your project in;
  - Tick the selection box to make this project a git repository (whilst this is not necessary, this is highly recommended especially if you are collaborating with others);
  - Tick the selection box to enable renv in this project (this is what mainly contribute to the portability of your project); and,
  - Click on Create project

## 13.2 Step 2: Create an R file called packages.R

- Click on the File option in the RStudio menu. In the dropdown menu, select New File and then in the next dropdown menu, select R script.
- A new tab will open in your text editor pane of RStudio (upper left pane) with the name *Untitled1*. Save this file by clicking on the disk

icon on the text editor menu or do a keyboard shortcut with CTRL + s. Give this empty R script the filename packages.R.

- You should now see a file in the main directory/root directory of your project named packages.R
- Add code in the packages.R file specifying the packages you will be using in this project. There will be standard packages that we will always use with this type of workflow. So a template/generic packages.R file will contain the following:

```
#'
#' General packages needed for a targets workflow
#'
library(targets)
library(tarchetypes)
library(here)
library(rmarkdown)
library(knitr)
library(kableExtra)
library(dplyr)
library(openxlsx)
library(ggplot2)
#
#'
#' Add other packages that will be used in the project below
#'
```

### 13.3 Step 3: Create placeholder directories for different components of workflow

- In the lower right pane of RStudio (the file manager pane), find the menu button labelled Folder.
- Give this new folder the label of R. This filder will hold all bespoke functions that we will create to use for this project workflow;
- Repeat these steps to create new folders with the following labels:
  - data This folder will hold any data that we retrieve as part of this workflow.
  - outputs This folder will hold all our workflow outputs such as plots/figures, tables (in Excel or CSV files), HTML and/or Word and/or PDF outputs
  - reports This folder will hold all our RMarkdown report (.Rmd) files
  - docs This folder will hold any of our deployed outputs such as HTML report, dashboard, etc.

These are placeholder directories which we will populate as we work through the workflow for this project.

## 13.4 Step 4: Create the target script file (\_targets.R)

The next task is to create a {targets} script file (\_targets.R) which is the file that will define the workflow that we will be creating.

Create the file by:

- Clicking on File -> New File -> R Script in RStudio.
- A new tab will show in your Source window on the top left quadrant of your RStudio screen. This tab will usually be called Untitled1.
- Save this file first and change its name to \_targets.R. Make sure to save it in the current project directory.

 You know that you were successful in doing this once you see a file called \_targets.R in the File system window in the lower right quadrant of your RStudio screen.

#### 13.5 Step 5: Edit the \_targets.R script file

Now, the next step is to edit your script file by adding sets of R code that does the following:

- Loads the packages required
- Loads custom functions (if any)
- Defines individual targets using tar\_targets function
- Ends with a list of targets objects

A basic {targets} workflow will look like this: