

# RENGA

NEWSLETTER OF

Kyushu University  
Foreign Students  
Association

KUFSA

With you, Always



INSIDE

KUFSA DISASTER DRILL

Get a Haircut  
in Japan

KUFSA VOLLEYBALL TOURNAMENT

AND MORE

Model Undercover

GEISA LOPES

VOLUME 1

October 2014

Photo: Loren Tusara

# KUFSA DISASTER DRILL

Sonali Batra, India

KUFSA trips are one of the most awaited events for many international students. On the 11th of May 2014, KUFSA organized an educational trip to the Fukuoka Disaster Prevention Center in Momochihama, Fukuoka. Living in Japan, we always need to stay aware of the natural calamities which can occur. Therefore, KUFSA decided to take its international student-members for a trip where we all could learn more about safety practices during times of disasters.

The disaster center is very keen on imparting this important knowledge through practical realization. Hence, we all could actually experience the quake tremors up to magnitude of 5 on Richter scale. After that, we were subjected to strong winds in a closed chamber. Next on line, we learnt how to operate the fire extinguishers. A huge virtual fire was created which went off only when it was extinguished in the correct way. Lastly, we attended a short drill on how to make way out of an emergency exit. To make it more realistic, the pathways had minimal lighting and artificial smoke with only the exit symbols flashing in dark. The movie at the end was an eye opener. It showed us how the disasters can cause destruction on a very large scale and how even a little preparedness can come handy in rough times. And then, all of us thanked the staffs at the Disaster Center who were cooperative in making our experience enjoyable.

Concluding this trip, it was a great opportunity to meet new international students and more importantly, at the end of the day, we all went back home with a little more knowledge about how to be vigilant during disasters. The KUFSA teams looks forward to active participation in the future events as well.





# GET A HAIRCUT IN JAPAN

WASU MEKRATANAWORAKUL, THAILAND

If you are new here and are looking for a place to have a haircut, this one page will make your life much easier! Even though, there are many types of barbershop in Japan, there are only a few things you need to learn before getting in one.

## 1. PRICE RANGE

Getting a haircut can easily cost you up to 3000yen. If you'd like to try out new things without worrying too much about the price, then you might want to check out a place called "CutBox." Name can vary, but you can spot them by looking for the price. It usually costs only 1000yen! Cheaper, isn't it? If you're still not sure about the price, you can ask in Japanese by saying:

カットはいくらですか (katto wa ikura desu ka?) *How much is a haircut?*

## 2. SELECT THE HAIRSTYLE

First, if you are decided to have a haircut, let them know your intention,

カットをお願いします (katto wo onegaishimasu) *A haircut, please!*

Afterwards, they will ask you what kind of haircut you want. This is probably the most exciting and at the same time troublesome process of all. If you are brave enough or doesn't care so much, just say this,

おまかせします (omakase shimasu). *Whatever is fine!*

Or the second easiest way out is to point at the picture and say,

この写真のようにしてください (kono shashin no yō ni shite kudasai) *Same style like the person in this photo!*

Otherwise, you will need to explain the detail of your desired hairstyle.

There you go! This is the simplest guide on how to get a haircut in Japan. If you are still not confident enough and feel like learning more phrases, check out on the reference link. Enjoy your stay in Japan!

Reference:

<http://en.rocketnews24.com/2014/03/30/getting-a-hair-cut-in-japan-a-survival-guide/>

MODEL UNDERCOVER

# GEISA LOPES

Nationality : Brazil  
Years of Study : Postdoctoral Research  
Faculty : Chemical Engineering



## HOW I ENJOY FIFA WORLD CUP IN JAPAN

I really enjoyed to watch the Football World Cup in Japan, this is surely my favorite sport competition and it only happens every 4 years, so there are always a lot of expectations to watch it! I was surprised to see how much football has evolved in Japan and it has become more popular between Japanese people, although it is not the favorite sport in Japan! It was cool to cheer together with my Japanese friends and so many foreign friends from different nationalities! For some people, the FIFA WC is only one more sport competition, but for other people, behind one simple competition, there is motivation to change and to develop! I believe that the sport can change people's life and Nation's history to better! As my last thought, I would like to share the beautiful words from the inspiring leader Nelson Mandela:



*“Sport has the power to change the world,”*

Mandela once said. “It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair. It is more powerful than government in breaking down racial barriers.”



You must know about Sushi, or Sashimi. It is raw fish. How about Basashi?? “馬刺”(Basashi) is raw horse meat. It's popular in particular place, like Kumamoto prefecture. Texture is very tender and taste is absolutely good. Furthermore, Basashi is really good for health than other meat because it has less fat and contain many kinds of nutrition. People eat this with soy sauce but it's a little different from normal soy sauce. Specialized soy sauce for Basashi is thick and sweet. I highly recommend eating Basashi with it and ginger (yellow one in the picture is ginger) because ginger has disinfectant action. But in Fukuoka, it's a little bit difficult to find Basashi. If you can find in Fukuoka, or can go to Kumamoto, WHY DON'T YOU TRY??

HORSE SASHIMI

# KUFSA VOLLEYBALL TOURNAMENT

Etienne Charlène, France



Hello everyone! I am Charlène from France. I participated in the KUFSA Volleyball Tournament last month and as expected, I had a really good time.

Actually when I was accepted as an exchange student in Fukuoka, I instantly looked for associations for foreigners in Kyudai. That is how I found out about KUFSA. Besides, having had a passion for a long time now, I was looking forward to participate in the KUFSA Volleyball Tournament.

I was part of the team called Double Six Pack. The first time we met and began to learn about each other was during the tournament day. Of course some of us had met before and had lunch together. Then it turned out our first game was against the team that won the competition (Team V4Fun). It was a good challenge for us.

This event was a real good opportunity to meet new people from different countries and cultures. Our team was composed of people coming from Guam, Indonesia, Japan, Sweden and France. Some knew how to play while others were beginners. We all became friends, enjoyed and fought as much as we could. I really do think that was what led us to the finales. Aside from that, can't a tournament be great without the other teams, a good organization, fair play, optimism and willingness to have fun together?

It was KUFSA's number one goal during the tournament that 'the best supporters' should also be rewarded. And this year it was the team called Los Panchos!

Likewise, during the games' break a lot of the participants continued to play together, sometimes against other teams but also by mixing the teams, that is to say by mixing ethnicities. We all came back home (losers or winners) with a smile, happy to have met new people and had another great cultural exchange experience.

To conclude, sport is and must be seen as a way to unite us all, no matter our differences. So please everyone don't hesitate to form a team no matter where you are from, no matter your level, and join the next event!



# DOWNTOWN WALK

The name of the restaurant is Shin-Shin (シンシン). This is one of the most famous Ramen restaurant in Fukuoka-city. A lot of popular Japanese comedian, actor, actress, music group have been eating there. Taste is absolutely good so people usually line up to get in. Hakata ramen is sometimes too oily, but this one is not so oily, so you can eat after your dinner. Price is also very reasonable.



## MENU

Ramen : 500yen  
Kaedama (Noodle Refill) : 100yen.

## RESTAURANT INFORMATION

Address : Fukuoka-shi, Chuo-ku, Tenjin3-2-19  
(Three minutes from Tenjin Subway Station)

Open hours : 11:00am ~03:00am  
Regular holiday : Every Sunday (If it is national holiday, it close next Monday.)

Kato Shuichi, Japan  
(pic-yokanavi.com)

We hope you can be part of a fruitful year for KUFSA  
With You Always, KUFSA. Please feel free to contact us at

[KUFSAinfo@gmail.com](mailto:KUFSAinfo@gmail.com)

<http://www.isc.kyushu-u.ac.jp/kufsa/>

<http://www.facebook.com/KUFSA>

Kyushu University  
Foreign Students  
Association



### KUFSA RENG A Editorial Committee

Wasu Mekratanaworakul, Jecinta Kamau, Kato Shuichi,  
Bodhinanda Chandra - Design and Illustration

## UPCOMING EVENTS!

### KUFSA SOCCER TOURNAMENT 2014

Saturday, October 11 2014

### CHIHAYA NAMIKI GLOBAL FESTIVAL

Saturday, October 18 2014

### DAZAIFU INTERNATIONAL COOKING FESTIVAL

Sunday, October 19 2014