

# RENGA

Newsletter Of

Kyushu University  
Foreign Students  
Association

**KUFSA**

With you, Always



Inside

✓ **KUFSA Badminton Tournament**

✓ **KUFSA TALENT HUNT**

✓ **Bus Trip to BEPPU**

✓ **How medical institutions work in Japan**

✓ **Autumn season in Japan**

and more



Photo : Loren Miyamoto



Photo: Durgesh Darekar



**VOLUME 5**  
**OCTOBER**  
**2015**



# KUFSA Badminton Tournament 2015

Nguyen Bich Hong, Vietnam

Hello, everyone. I am Hong from Vietnam. I participated in KUFSA badminton tournament on 11th July. Wow! That was a great time for me after my hard and stressful days!

I have studied in Kyushu University for 2 years. During that time, Kyushu University Foreign Students Association (KUFSA) has been a wonderful friend who has helped me reduce stress in my daily life and has balanced studying and playing through interesting activities like sport tournaments.

Last July was the third time that I joined KUFSA badminton tournament. Every year I've always felt excited and happy and was also able to make a lot of new foreigner friends. In order to provide equal opportunity for both men and women to show their talents, the tournament held 3 divisions including single men, single women, and mixed double. Many teams from different countries such as Sweden, France, Indonesia, Myanmar, Cambodia, Laos, Nepal, Japan, Vietnam, etc. met, had lunch and learned from each other during the tournament day. Although, we have different background and cultures, we had the same passion with badminton. We all became friends, enjoyed, and played together. All matches from the first round to the final round was held with fair play and much excitement. Even in short breaks, a lot of participants continued to play together. I could not find any players' weariness or depression. Everybody seemed to be full of energy. After an interesting day, we all went back home with smile, warmth in heart, happiness from meeting new friends and looking forward to future tournaments.

In summary, KUFSA sport tournaments bring us a great time to reduce stress, improve health, meet friends, learn about life in different countries and discover various cultures. You really do not want to miss this marvelous chance. Please form a team and join us next time.



# KUFSA Talent Hunt

Eddy Kosasih, Indonesia

Saturday evening, June 27th 2015, the International Hall of Hakozaki Campus started to fill with students as they came to enjoy The Finals of KUFSA Talent Hunt, an annual event that is held by KUFSA. This year, there were 8 finalist (solo and group) that made it to the finals, and I was one of them. Finalist were earlier picked based on an audition. Some of the contestants did their last preparation before performing, some chatted with their friends who also came to support them. The judges also were seen doing their preparation. It got more exciting as the hall got more crowded. There were many talents that were performed in KUFSA Talent Hunt audition and the talents that got to the final were singing, dancing, and music instrumental playing.

The show opened by one of the contestants, Zakkiya with her fabulous style, who sang several contemporary songs. There was also Paolo, with his singing and guitar playing. Nemo hypnotized the audience with his robotic dance which had a beautiful story behind it. Siqui Siqui livened up the show with an energetic dance from Peru which made the audience get on their feet and dance with them. There was Jamilah Ross S. Villar with her fabulous voice. After that Yutaku Kita played his guitar. Then the Hard Boyz's unique dance cheered up the audience. As for myself, I performed a song, Time to Say Goodbye. After the last contestant, Hard Boyz, had done their performance, there was also some guest performances, which were impressive guitar and violin shows.

Finally, all the contestants and audiences were waiting for the winner announcement, which was a tense moment for the contestants. The winners were selected by 3 judges and voted by all of the audiences as well. Then came the time when the MC announced that Siqui Siqui with their cheerful dance got the 'Best costume award', and Nemo with the robotic dance was awarded for 'Best entertainer'. And the winner was announced...me. I couldn't describe my feeling at that time, I was surprised, happy, all mixed together. Although it was a competition, it didn't feel like one. I had so much fun and it was such a great experience to participate in this event where you can see other people's impressive talents. I've also made a lot of new friends from this event. Thank you so much for all KUFSA members and committee for this great opportunity. I hope we will have another great time in the future events.







# KUFSA Bus Trip to Beppu



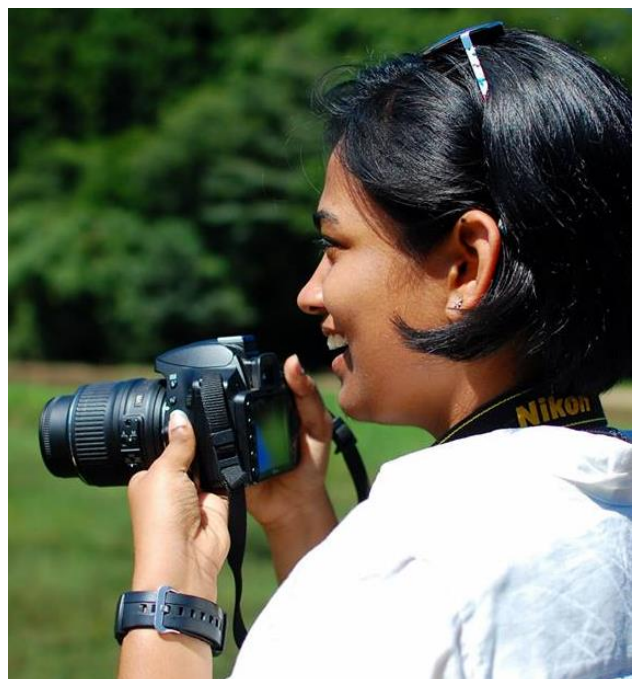
This year KUFSA's one-day bus trip to BEPPU in Oita prefecture was on July 25th. The participant turnout was great and the weather was simply perfect. The day started quite early as we had to travel a long way, hence we had a quick breakfast in the bus. Even the 2 hour bus journey wasn't tiring because we were playing games and constantly 'ooh'ing and 'aah'ing at almost every turn at the amazing views that mother nature had to offer us. The land was rich and rolling with green meadow-filled mountains. The most breathtaking moment was when the green valley opened up to reveal clear blue sky splattered with white fluffy clouds and the beautiful blue sea below. Looking at the three elements together was such a charming sight that will always be pictured in my mind.

With such a great start, we arrived at the 7 hells (Jigoku). Yes, you read it right. We got to visit the hot springs that Beppu is so famous for, named the 7 hells. Each hot spring had a unique characteristic and color. They were boiling hot, yet so beautiful. There were so big and so many, but each with a different personality, that we were rushing enthusiastically to see them all. The day was so good that even the parking lot looked picturesque.

After 5 hells, we stopped for lunch and had chicken tempura that is popular in Beppu. What ramen is to Hakata, chicken tempura is to Beppu. After resting for sometime, we carried on with our journey to the next 2 hot springs to complete the hell tour. Some of us even had the chance to watch a natural geyser in action. Our next stop was a lake, to relax a bit. There was a serene quality about the place as we walked around, providing us with enough photo opportunity.

As our final stop, we went to the waterfalls nearby. This was the best way to end the journey as it wasn't crowded and everyone was able to chill down after a hot summer day. Some of us even dared to climb all the way up to the top. The waterfalls clearly brought out the child in everyone. Even as the time to go back neared we wanted to stay back a little bit longer as it was an absolutely fun trip. Cheers to an amazing day, wherein we all met as strangers and left as friends.

Iswarya, India



We

日本

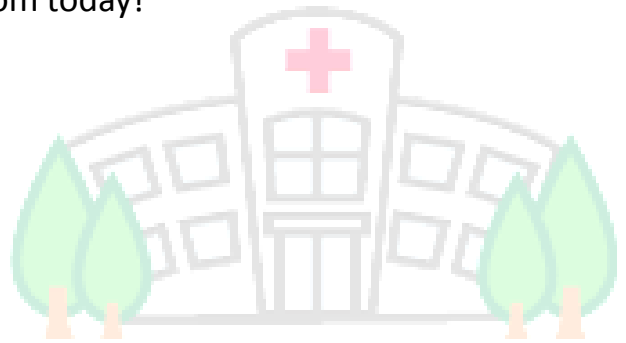
# How medical institutions work in Japan



Yuka Sonoda, Japan

What should you do if you are sick or injured in Japan? I know it is difficult for foreigners to visit hospitals by themselves without some first-hand knowledge. A million questions may arise: which kind of hospitals should I go? What time and days are hospitals open? How expensive is it? Please do not worry because Japanese medical institutions are not as scary as you think if you know how to use them properly. So sit back, gain some useful knowledge and free yourself from all anxieties from today!

? All hospitals are open during weekdays and generally the time you can visit hospitals is separated into two parts: AM and PM. Most of them close around 5pm but it also depends on the hospital, so we recommend you to check their websites beforehand. It's also strongly recommended that you call and book first if you have enough time because hospitals are almost always very crowded almost always and you will have to wait for a long time without prior appointment.



On Saturdays, some hospitals are open only in the mornings, and close for the afternoon. If you do not know which type of medical institutions you should go to (whether a clinic or hospital...), then it'd better you consult the university medical centre first, they will give you the list of possible institutions and some useful advices of when and where you can go. Also take note that Kyudai Hospital does not accept a visit without introduction letters from doctors even if it's an emergency case, so please be careful.

Kyudai Hospital : +81 92-641-1151

This web cite can help you to visit a hospital ↓  
<http://www.rainbowfia.or.jp/en/living/03.html>

There are some institutions designed for emergency cases as well but generally it's difficult to look for them in the websites during limited time. Therefore, we suggest you search for an emergency hospital nearest to your place and write down its phone number just in case. If the search is not possible, you can also call this number: +81092-471-0099 and explain the situation to them, they then can introduce you to the suitable hospital with the phone number you can use immediately. In the worst case when help is needed directly, please call 119 for ambulance!

If you have some language problems, please ask your Japanese friends!

And don't forget to take your insurance card with you!  
(70% of your medical expenses will be covered)

We hope you find some useful information in the article to make your life in Japan safer and worry-free. Cheers!



# Autumn Season in Japan

Yoko Kitagawa, Japan

## 1. Enjoy the autumn leaves

Kyushu is famous for its autumn leaves as well as its onsens especially in Oita and Kumamoto. However if you don't have a car and would like to go somewhere nearby, Dazaifu park and Yanagawa are some places you can go by train easily to enjoy the beautiful autumn colors.



## 2. Fruit picking

There are many delicious and ripe fruits ready to be picked this time of year such as grapes (until beginning of Oct.) and Asian pears (until beginning of Nov.). Many places are not "all you can pick and eat" like other berry farms so be careful not to pick too much, for fruits in Japan are expensive!! These places require a car to access so find a driver and enjoy going with your friends and family!



>Places in Fukuoka for fruits picking  
Houseki-en (Kurume city), Yamadon  
(Ukiha city), Asakura area

## 3. Visiting Cosmos flower fields

Fukuoka has some famous flower fields in Nokonoshima Island park and Uminonakamichi Kaihin Park which is easily accessible and a great choice for a day trip. Cosmos is a flower that symbolizes 'peace', 'modesty', and 'harmony' a perfect match for Japan!



*I hope you enjoy this beautiful season and  
come to love Japan even more!!!*

# Information from the International Student and Researcher Support Center 外国人留学生・研究者サポートセンターからのお知らせ



International Student and Researcher Support Center has been established for international students and researchers to start off your studies or research activities smoothly. Please feel free to contact us when you have any questions or problems.

We extend you our best wishes for your pleasant stay in Fukuoka and fruitful studies and research at Kyushu University.

## Website

We are providing various information regarding campus facilities, immigration procedures, and events/news for foreign residents in Fukuoka through this website.

We hope that you will check our website regularly and get useful information.

## Business hours

9:00 am - 5:00 pm (Hospital campus: 10:00 am - 5:00 pm)

Closed: Saturdays, Sundays, public holidays and New Year Holidays

## Location

Japanese: <http://www.isc.kyushu-u.ac.jp/supportcenter/contact>

English: <http://www.isc.kyushu-u.ac.jp/supportcenter/en/contact>

Please check more information at Support Center Website!!  
<http://www.isc.kyushu-u.ac.jp/supportcenter/en>



#KUFSAOffCampus

*Congratulations!!*

Left: taken by **bolieong**

in Across Fukuoka

**The second the earth stood still.**

Right: taken by **Durgesh**

outside Ito campus

**Magical sky....Road to heaven...**



**NEXT  
EVENT**

**DAZAIFU International Cooking Festival**

25<sup>th</sup> (Sun) October 2015

**Kyudai Sai event**

21<sup>st</sup> and 22<sup>nd</sup> (Sat, Sun) November 2015

**One day bus trip**

23<sup>rd</sup> (Mon) November 2015

*Waiting for you!!!*

We hope you can be part of a fruitful year for KUFSA  
With you always, KUFSA. Please feel free to contact us at

[KUFSAinfo@gmail.com](mailto:KUFSAinfo@gmail.com)

<http://www.isc.kyushu-u.ac.jp/kufsa/>

<http://www.facebook.com/KUFSA>

Kyushu University  
Foreign Students  
Association

**KUFSA**

With you, Always

**KUFSA RENG A Editorial Committee**

Jecinta Kamau, Iswarya Sankaralingam, Yusuke Egawa, Yoko Kitagawa,  
Yuka Sonoda – Design and Illustration