

# RENGA

NEWSLETTER OF

Kyushu University  
Foreign Students  
Association

**KUFS**A

With you, Always

Introducing Our Model,

**ALEXANDRA  
WOLF**

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**VOLUME 2**

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Photo: Wasu Mekratanaworakul

# A WONDERFUL BUS TRIP TO YAMAGUCHI

Ahmed Amir Ismail, Iraq



On August 3rd, we went to Yamaguchi for a KUFSAs trip. Yamaguchi trip was really interesting for three reasons: first learning more about the geography of Japan (Akiyoshido cave), second learning more about the Japanese history (Akama shrine), and third make a new kind friends from the whole world as usual in any trip. I didn't know that there is such a large cave in Japan which was impressive and delightful, the flowing groundwater, the cold breezes that come from inside the cave, and the lights which were reflected on the limestone, everything about this cave was amazing. It was also a good idea to visit Akama shrine which is consid-

ered one of the most important historical and cultural landmarks of Yamaguchi prefecture, which was founded, as I had read, in 1191. I think that studying the culture, the history, and the language of any country is not enough to understand the people of that country, the geography and terrain of the country is also important to enhance our knowledge about the country. It was really a successful trip which already combined the geography of Japan and the history of Japan; everything was perfectly organized, thank you so much for all to the members of KUFSAs for the kind efforts and keep going up.

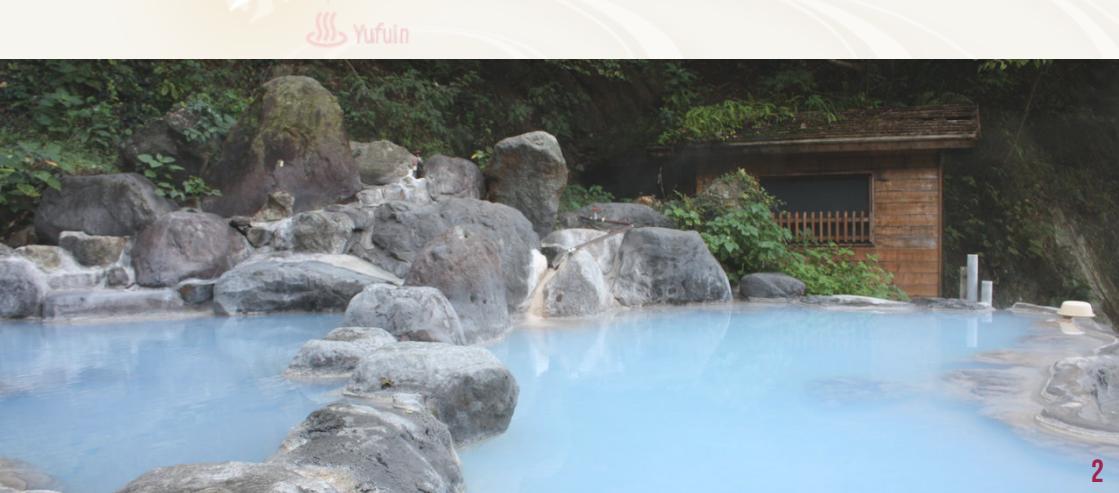
# How to Enjoy Onsen in Japan

KATO SHUICHI, JAPAN

*It is getting colder and colder day by day. Winter is around the corner. It's the best season to enjoy Onsen!! Onsen is one of the "must" have experiences in Japan. Onsen is the most popular way for Japanese to relax. You can find one almost anywhere in Japan! There isn't a better place to forget your hectic daily life, relax, and have a rest for your body and mind. Here are some rules, manners and advice on how to enjoy onsen.*

1. First of all, you completely undress in the dressing room. You must be naked when you enter an onsen. You can bring a small towel with you into the bathing area which can be used to wash your body and to hide your private area (if you want) outside the water. You don't need to cover your parts. It is also recommended to take off your accessories and watches.
2. Once in the bathing area, you should rinse off and wash your body before getting into the tub. This is important to keep the bath water clean for other people. The water is around 40°C. Also, don't dive or jump into the tub.
3. Feel free to say hello to other people. Japanese may be shy and not good at speaking English, but your greeting will break the ice and start some small talk in a friendly atmosphere.
4. Don't put your towel into the water. Put it on your head, the edge of the tub or a rock near you. As mentioned before, you do not need to hide your parts, but if you want to, you need to do it with your hands or by crossing your legs.
5. Don't put soap in the water. Also, don't swim – the baths are for relaxing.
6. Wipe your body with your towel before returning the dressing room.

Remember the basics: 1) Get naked, 2) Rinse off, and 3) Soak and relax.  
Then you are a great onsen bather!



# CELEBRATING CHRISTMAS IN POLAND

## *Boże Narodzenie (literally 'God's Birth') in Poland*



**COVERPAGE MODEL**

# ALEXANDRA WOLF

Nationality : Polish

Years of Study : Doctoral 1st Year

Major : Food Science and Technology

Polish customs, especially at Christmas time, are both beautiful and meaningful. On Christmas Eve (in polish, Wigilia), the whole family sit at the dinner table with Christmas decorations and straw under a snow-white tablecloth. After supper, they pull out blades of straw to predict the future. A green one foretells marriage; a withered one signifies waiting; a yellow one predicts spinsterhood; and a very short one foreshadows an early grave.

Poles are famous for their hospitality. As a remembrance of Mary and Joseph looking for shelter, an additional seat is kept for a stranger at the supper table. Before eating, there is the 'breaking of the wafer' ceremony to wish one another a long life, joy, good health and happiness. A traditional supper in Poland includes fried carp, delicious beetroot soup and - for dessert – noodles (or wheat) with poppy seed, walnuts, dried fruits and honey.

After the supper, family members sing koledy (Christmas carols and pastorals). Then, all gather in church to take part in a special Christmas Mass, also known as Pasterka.

Christmas time in Poland is MAGIC, LOVE and HAPPINESS in the purest form!

# FACTS ABOUT KUFS

KUFS stands for Kyushu University Foreign Students Association

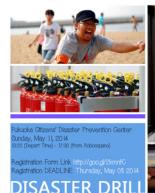
This organization has been serving international students in Kyudai for over 40 years.

There are around 20 KUFS officers each year organizing events and activities for more than 2,000 international students in Kyushu University. The number of annual events held by KUFS is around 12, which means that sometimes, there will be more than one event in the same month (usually, no event during vacation). That makes KUFS one of the busiest associations in the University.

Of course, everything is completely organized for US and by US, international students.

Any international student can join KUFS events. The easiest way to do so is to subscribe to KUFS mailing list and follow our Facebook page to get information about the events right to your inbox.

Last but not least, anyone can become a KUFS officer. We recruit new officers for every academic year. Currently, the recruitment for next year's officers is going on. Please apply and help promote exciting international students' life in Kyudai.





The chill of the weather welcomed the day, but that notwithstanding, the day will go on. The arena was the Kyushu University sports ground and they all streamed in from near and yonder; different races, different countries, ages, faculties, schools but today, united in purpose. The day is the 11th of October and the event: KUFS 2014 annual soccer tournament.

A total 10 teams converged and with the fullness of numbers, the sun equally emerged to guide the day. The clock ticked 9 O'clock and the assembled teams had a word of encouragement from the officials. All took a bow of honour and the day began. As the minutes grew old, so did the goals come in numbers and styles. Disappointment and cheers defined the air, passion grew as teammates and the bench shouted what to and not to do. But the hugs and the hi-fives from all corners stole the show and hitherto strangers became friends –such joy.

The wear of the day, the hunger that insisted and the arrival of noon signaled the end of the first session. As all gathered in the various spaces of the resting ground, laughter came from all corners even as the goal scorers were congratulated and appreciated by both the losers and winners.

The second session of the day was equally entertaining with the variety of results leading to the final duel of the African lions against the benchwarmers as most people near-predicted. With a one-nil score line the African team carried the day in the final minutes to retain their trophy.

# KUFS 2014 SOCCER TOURNAMENT

Omondi A. Brian, Kenya

# Information from the International Student and Researcher Support Center

## 外国人留学生・研究者サポートセンターからのお知らせ

### 伊都キャンパス学生寄宿舎リーダーの募集

#### Recruitment for Supporter Students for Dormitories

ドミトリーのサポートに協力できる学生を募集しています。

寮運営を大学といっしょにマネジメントしたい学生の皆さんのが応募を待っています。

希望者は、募集要項をよく読み申請してください。

Students who are key persons of the community in dormitories are needed.

At this time, we recruit Leaders for the dormitories who take care of the residents

See the details on the website.



◆募集要項/申請書類 How to apply/Application Form

サポートセンターホームページをご確認ください。

<http://www.isc.kyushu-u.ac.jp/supportcenter/>

Please visit our website as follows.

<http://www.isc.kyushu-u.ac.jp/supportcenter/en/>

◆申請期間 Application period

平成26年11月28日(金)～12月18日(木)午後5時必着

Friday, November 28 ~ Thursday, December 18, 2014



### 新入留学生サポートチームを募集します！

#### Recruitment for the International Student Support Team!

2015年4月に入学する留学生のサポートチームを大募集！！留学生サポートチームは、九州大学に新たに入学する留学生の皆さんのが、スムーズに福岡での生活をスタートできるように、九州大学の日本人学生や留学生により、学部・学府ごとに編成されたチームです。

We are now looking for the support team to help and assist new international students coming from April, 2015. Every school/graduate school has an international student support team which consists of Kyushu University Japanese students and international students who have already stayed in Fukuoka, and they assist new international students to start their new life in Fukuoka smoothly.

留学生の皆さんからの応募をお待ちしています！詳しくはサポートセンターウェブサイトをチェック！！

We hope you all apply and join us! Please check more information at Support Center Website!!



Please check more information at Support Center Website!!  
<http://www.isc.kyushu-u.ac.jp/supportcenter/>

# DOWNTOWN WALK

Dear Renga readers, today I would like to introduce my favorite kind of noodle which is called "Nikuniku Udon". This type of Udon is said to have originated in Kokura in Kitakyushu-city.

This Udon is totally different from other udon. There are some reasons. First of all, as you can see, soup color is dark brown (usually it is golden brown) but it tastes not so bitter and has tons of flavor. Second of all, it served with thin cut pork which has rich taste. Third, Ginger power!! Ginger in the noodle makes the entire taste of udon sharp. You can add the ginger to your liking (100%-300%). My suggestion is 3 times amount of ginger. Last of all, you can get refill noodle (Kaedama) at 100 yen only for each refill.

Ramen is sometimes too oily for us but Nikuniku udon is not. It is perfect for those of you who want to taste the oriental taste of Japan. So you can eat anytime even after Nomikai! ENJOY!



Price: 650yen-

Place: Fukuoka-city, Chuo-ku, Haruyoshi, 3-12-36  
(Near Across Fukuoka)

Opening time:

Weekday: 11:30am~04:00am

Weekend, Celebration day: 11:30am~20:00pm

Holiday: not fixed

Phone Number: 092-725-2914

## RESTAURANT INFORMATION

Kato Shuichi, Japan

We hope you can be part of a fruitful year for KUFSA  
With You Always, KUFSA. Please feel free to contact us at

KUFSAinfo@gmail.com

<http://www.isc.kyushu-u.ac.jp/kufsa/>

<http://www.facebook.com/KUFSA>



KUFSA RENGA Editorial Committee

Wasu Mekratanaworakul, Jecinta Kamau, Kato Shuichi,  
Bodhinanda Chandra - Design and Illustration

UPCOMING  
EVENTS!

