

SHAREABLES & SMALL PLATES

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| PRETZEL BITES garlic butter, sea salt w/ bacon beer cheese dip | 13 |
| BANG BANG SHRIMP tempura battered, sriracha aioli & unagi | 17½ |
| SPINACH & ARTICHOKES DIP warm tortilla chips, salsa & sour cream on the side | 13¾ |
| CHICKEN WINGS buffalo, hot, salt & pepper, teriyaki, ranch or bleu cheese on the side | 13½ |
| DRAGON BOAT LETTUCE WRAPS chicken, veggies, crunchy noodles, hoisin peanut sauce & cashews | 15 |
| BAJA BRUSSELS SPROUTS red pepper, bacon, parmesan, chilis w/ lime crema & cilantro | 12 |
| JALAPENO MAC & CHEESE creamy cheese sauce, toasted parmesan panko w/ garlic bread. add cajun chicken 5½ bacon 2¾ | 11¾ |
| MARGHERITA FLATBREAD tomato, mozza, cream cheese & fresh basil. add chicken or shrimp 5½ | 13½ |
| SPANAKO FLATBREAD tomato, roasted red pepper, spinach, red onion, goat cheese, mozza, oregano, balsamic glaze. add chicken or shrimp 5½ | 14 |

STEAKS & MAINS all our steaks are premium grade Certified Angus Beef® all steaks are served with mashed potatoes & seasonal vegetables

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| THE SIRLOIN 6oz lightly seasoned & cooked to your preference | 24 |
| THE EMPIRE STATE 10oz new york strip, perfectly marbled & seared for maximum flavour w/ sautéed garlic mushrooms | 33 |
| ADD TO YOUR STEAK shrimp 5½ sautéed onions or mushrooms 1¾ | |
| PISTACHIO CRUSTED SALMON mashed potato, seasonal veg & drizzled maple butter | 28½ |
| TRUFFLE & SHRIMP RIGATONI crispy prosciutto, mushrooms, peas, parmesan w/ black truffle cream sauce | 24½ |
| LONG BEACH FISH TACOS chili & lime spiced mahi mahi, avocado, crisp slaw, pico de gallo, garlic aioli. w/ fries | 15½ |
| CHICKEN ENCHILADAS chicken, black beans, corn, red onions, house enchilada sauce, cheeses, w/ lettuce, jalapenos, cilantro, lime crema, pico de gallo | 17½ |
| FRIED CHICKEN TENDERS buttermilk marinated, hand breaded, fries & plum sauce | 16 |
| FISH & CHIPS beer battered haddock, tartar sauce, fries | 17 |

SOUPS & SALADS add a grilled chicken breast or shrimp skewer to your salad +5½

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| PACIFIC RIM NOODLE BOWL chicken, shrimp, rice noodles, veg, spiced broth, chili garlic oil | 17¾ |
| WEST COAST CHOP SALAD cranberries, cucumber, almonds, avocado, baked chickpeas, goat cheese, honey-dijon vinaigrette | 14¾ |
| GRILLED CHICKEN CAESAR house made croutons, chopped bacon, shaved parmesan & a fresh lemon wedge | 16¾ |
| THE COBB SALAD chicken, bacon, shredded cheddar, egg, cucumber, tomato, avocado, balsamic bleu cheese vinaigrette | 17½ |
| GRILLED STEAK SALAD Certified Angus Beef® sirloin, romaine, tomato, bleu cheese, grilled mushrooms, red onion, buttermilk bleu cheese dressing | 22¾ |

BOWLS

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| THE BURRITO chicken, black beans, corn, onion, cheese, lettuce, rice, cilantro, pico de gallo, lime, chipotle sauce & guacamole | 17 |
| TERIYAKI RICE chicken, veggies, cashews, sesame brown rice & teriyaki sauce | 16¾ |
| BUTTER CHICKEN curried tomato cream sauce, cashew butter, spiced yogurt, cilantro & naan, over basmati rice | 16½ |

BURGERS & SANDWICHES our beef is naturally raised, humanely harvested & 100% canadian. pure with no filler. our chicken is free run, grain fed & raised without added hormones.

served with fries, or substitute the side dish of your choice (additional charges may apply).

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| THE MAIN two patties, american cheese, lettuce, tomato, onion, pickle, burger sauce | 16¾ |
| THE GRILLED CHEESE BURGER american, swiss & provolone, bacon, lettuce, tomato, onion, butter grilled french bread | 18¾ |
| GRILLED CHICKEN CLUB lettuce, tomato, mayo, avocado, peppered bacon, cheddar | 17 |
| THE VEGGIE two black bean patties, american cheese, lettuce, tomato, onion, pickle, burger sauce | 16 |
| FRENCH DIP shaved Certified Angus Beef®, mushrooms, onions, horseradish mayo & melted swiss. served au jus | 18 |
| OPEN-FACED STEAK SANDWICH 6oz Certified Angus Beef® top sirloin, garlic bread. add shrimp 5½ sautéed onions or mushrooms 1¾ | 22 |
| CALIFORNIA CHICKEN WRAP chicken, peppered bacon, aged cheddar, avocado, tomato, shredded lettuce, mayo, red wine vinaigrette | 17¾ |

SIDES

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| MIXED GREEN SALAD | SESAME BROWN RICE | PREMIUM SIDES | |
| CAESAR SALAD | MASHED POTATOES | SEASONAL VEG 2¾ | POUTINE 2¾ |
| FRIES W/DILL DIP | | SWEET POTATO FRIES 2¾ | |

KIDS

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| CHICKEN FINGERS with fries | 7¾ |
| MAC & CHEESE cavatappi noodles in a light cheese sauce | 7 |
| GRILLED CHEESE SANDWICH with fries | 7 |
| CHEESEBURGER with fries | 7¾ |
| CHEESE PIZZA | 7¾ |
| CHICKEN & BROCCOLI in plum sauce, over brown rice | 7¾ |

HAPPY ENDINGS

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| STRAWBERRY CHAMPAGNE CHEESECAKE | |
| gluten free w/ strawberry coulis & chocolate sauce | 7 |
| CHOCOLATE BROWNIE | |
| w/ french vanilla ice cream & drizzled w/ caramel & chocolate sauce. | 6¾ |

We take pride in preparing our food from scratch every day. Some items will have limited availability. We are concerned for your well being, so please alert us if you have any allergies as not all ingredients are listed! We are obliged to tell you that consuming raw or undercooked meat, seafood, or eggs may increase your risk of foodborne illness.

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