Survey Questionnaire used in study

EQ questions

I am good at clearly communicating my thoughts and feelings

I take initiative and am highly motivated, even when I don't feel like doing something

When I am under pressure, I am able to think clearly and stay focused

I am generally guided by my goals and values rather than the goals and values of others

I am good at seeing things from another person's viewpoint

I am confident voicing a viewpoint about what is right, even if it is an unpopular opinion

I am good at adapting and mixing with a variety of people

When I feel anxious, I usually know the reason and able to avoid it

I am aware of my personal strengths and limitations

I achieve a healthy balance of getting work/tasks done while also prioritizing relationships.

Personality traits

Openness

Always be ready to explore new dimensions.

Want to attain comfort zone in situations

Have an ability to attract others based on skills.

Agreeableness

Sympathize with other's feelings

Make people at ease

Do not want to interfere in someone's life.

Conscientiousness

Always have a list so I don't forget anything.

Unable to always have things in organized manner.

Great at keep my promises.

Extraversion

Always try to be focused one, in the group.

Not always in the search, to surround in the group, to get comfort.

act differently at a certain location and to the certain group of people.

Neuroticism

feel annoyed when things don't go as planned.

Often think about mistakes and regret about my decisions.

Worrying nature is driving force to complete tasks not only time-wasting situation.