

<!-- Add inside the <body> of the previous HTML or as separate JS -->

<script>

```
document.getElementById("contactForm").addEventListener("submit", function (e) {
```

```
    const name = document.getElementById("name").value.trim();
```

```
    const email = document.getElementById("email").value.trim();
```

```
    const emailPattern = /^[^\s@]+@[^\s@]+\.[^\s@]+$/;
```

```
    if (!name || !emailPattern.test(email)) {
```

```
        alert("Please enter a valid name and email.");
```

```
        e.preventDefault(); // stop form submission
```

```
    }
```

```
});
```

</script>