



How Did This Happen?: Poems for the Not So Young Anymore (Hardback)

By Mary D. Esselman

Little, Brown Company, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. From Amy Schumer to Frances McDormand, women are talking about both the private and public indignities of age, but until now there's been no go-to book for women seeking irreverent, smart, funny guidance and companionship through experience. Readers who loved *The Hell with Love* will buy this book, seeking inspiration that's honest, wise, and accessible, fun but never dumbed down. With *HOW DID THIS HAPPEN?* Mary and Elizabeth are targeting women drawn to Amy Schumer's brilliant feminism, Lena Dunham's unapologetic frankness, and Lily Tomlin's deadpan cool. They are marketing an attitude towards aging, a female point of view that celebrates the Tina Fey/Amy Poehler/Melissa McCarthy approach. The book faces aging head-on, with smarts, irony and humor.

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