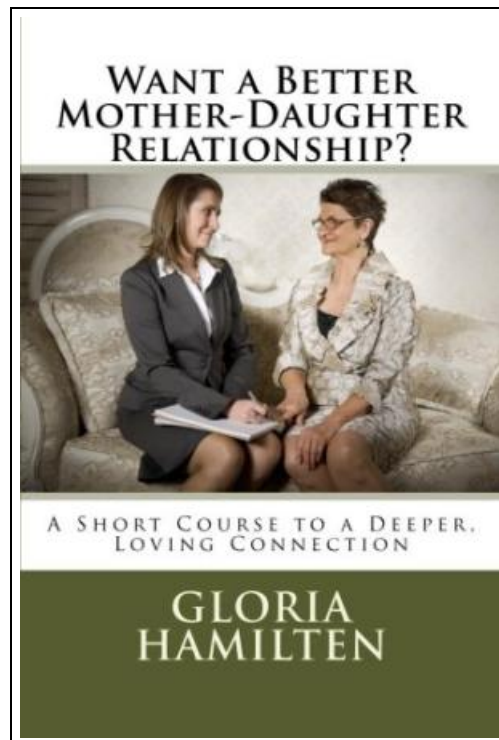


Want a Better Mother-Daughter Relationship?: A Short Course to a Deeper, Loving Connection



Filesize: 4.45 MB

Reviews

Very helpful to any or all category of folks. It is written in simple phrases rather than difficult to understand. It has been developed in an exceptionally simple way and is particularly just after I finished reading this pdf in which basically transformed me, modified the way in my opinion.

(Hank Runte)

WANT A BETTER MOTHER-DAUGHTER RELATIONSHIP?: A SHORT COURSE TO A DEEPER, LOVING CONNECTION

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.After a brief introduction of the author and her daughter, this short course shows how two very different people can have a beautiful relationship permanently. Gloria: It is incredible that, despite our best endeavours we are still so tied to past cultural and familial conditioning. Looking back now, knowing what I know now after decades of self-improvement, there are a lot of things I would do differently. Alpha: I look back on my childhood and am incredibly thankful for the mother I had. The person my mother is now is even better, and it s been a journey of self-discovery for both of us, as I find my feet as an individual adult, and the relationship that Mum and I have further develops. I ve seen Mum work at allowing me the space to grow, and giving me guidance and role-modelling being happy and living her life to the fullest. It s these learnings and growth opportunities that we now want to pass on to other mothers and daughters, because they are so incredibly uplifting. INTRODUCTION As individuals, people are complex so is it any wonder that the relationship between a mother and daughter is very complex and diverse? CHAPTER 1: CHANGE YOURSELF You can never change another person, ever. If you ve ever tried to change anything on yourself, you ll know how hard that is so, no wonder it is impossible to change someone else. In any case, no one has the right to try to change anyone else. CHAPTER 2: SHE MADE ME DO IT! IT S HER FAULT! No one, but, no one can make you do anything without you allowing it. CHAPTER...



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