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## La mentalizzazione nel ciclo di vita. Interventi con bambini, genitorie insegnanti.

By -

Raffaello Cortina Editore, 2014. Book Condition: new. A cura di N. Midgley, I. Vrouva. Milano, 2014; br., pp. 280, cm 15x23. (Psicologia Clinica e Psicoterapia. 264). La mentalizzazione gioca attualmente un ruolo importante in molte psicoterapie rivolte agli adulti. Questo libro mostra come le concezioni sullo sviluppo del sé e delle relazioni interpersonali possano aiutare nel sostenere il benessere emotivo dei bambini e degli adolescenti sia all'interno della pratica clinica sia in altri contesti. Con il contributo di esperti internazionali, tra cui Peter Fonagy e Mary Target, il volume esplora il concetto di mentalizzazione da un punto di vista teorico, l'utilità degli interventi basati sulla mentalizzazione nei servizi di psicopatologia infantile e l'applicazione della mentalizzazione nei contesti di comunità e nelle scuole. Il testo è di particolare interesse per i clinici e per quanti lavorano in ambito terapeutico con i bambini e le loro famiglie, ma si rivolge anche agli insegnanti, ai ricercatori e agli studenti interessati alla salute mentale del bambino e dell'adolescente, agli studiosi di psicologia dello sviluppo e della cognizione sociale.

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