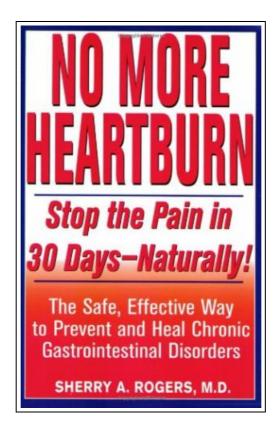
No More Heartburn (Paperback)



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Reviews

This is the very best book i actually have read till now. It is loaded with knowledge and wisdom I am just easily could get a satisfaction of reading a created ebook.

(Ena Huel)

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Kensington Publishing, United States, 2000. Paperback. Condition: New. Language: English. Brand New Book. Cure Heartburn and Indigestion Forever--Without Drugs! Did you know...- Traditional gastrointestinal treatment is virtually guaranteed to cause illness - Popular antacids and prescription acid blockers actually aggravate your condition - Bad breath can be a signal of a serious gastrointestinal disorder You ve felt the burning, bloating, and painful gas of heartburn and indigestion. But you may not be aware that such pain may signal a far more serious medical condition, that left untreated, can lead to cancer. In this remarkable book, Dr. Sherry Rogers, a leading expert in drug-free gastrointestinal therapy, explains how you can pinpoint the causes of your stomach distress and offers easy-to-follow advice for creating an effective, personalized program for achieving and maintaining total gastrointestinal health. Unlike traditional therapies, which merely mask the symptoms and ignore the underlying causes, the cutting-edge methods detailed here go right to the root of the imbalance, ending years of chronic pain and illness and returning your body to its natural state of health--without the risks and side effects of prescription drugs. With sample menus of tasty, easy-to-prepare meals, clear, explanatory charts and tables, and an extensive list of gastrointestinal health resources, this is vital reading for anyone suffering the chronic agony of heartburn.

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