


[DOWNLOAD](#)


## Creating mental health across cultures

By Claude-Hélène Mayer

Wolfgang Science Pabst Jan 2013, 2013. Taschenbuch. Book Condition: Neu. 228x159x17 mm. Neuware - Managing healthy transcultural organisations is based on the strength and the sense of coherence (SOC) of individuals, to comprehend, manage and create meaning in challenging work situations. To cope with these challenges, managers need to activate their individual resources and increase their transcultural and conflict management competences. In our management and consultancy practice, we experience the importance of interlinking health and well-being on the one hand with transcultural communication and conflict management on the other hand. A systemic approach supports the development of the three SOC components effectively and contributes to well-being within individuals and the organisation. In this book, we present MEHTO, a coaching and training module for managers which includes individual counselling sessions, group training series, as well as team mentoring and facilitator training. We have developed MEHTO through management research in international organisations and global players, as well as through our experience in international and transcultural management consultancy. Particularly during the past years of global economic crisis, we have recognized the need for increasing mental health in managers and organisations. We believe that managers and organisations in the 21st century require a shift...



[READ ONLINE](#)  
[ 900.47 KB ]

### Reviews

*Great electronic book and valuable one. It really is simplistic but surprises within the fifty percent from the book. Its been printed in an extremely simple way in fact it is merely right after i finished reading this publication by which in fact modified me, change the way i really believe.*

-- Dr. Bethany Lindgren

*The best pdf i at any time read. It is one of the most remarkable ebook we have read through. You wont really feel monotony at anytime of your own time (that's what catalogs are for concerning should you check with me).*

-- Reggie Streich

## Related eBooks



### Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How can inclusive early educators plan and deliver...



### Dom's Dragon - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner of a friendly dragon called Glow! But...



### Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video Games. iPods. Kids today are plugged into...



### Grandpa Spanielson's Chicken Pox Stories: Story #1: The Octopus (I Can Read Book 2)

HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How and Which Niche? Market Analysis: Who Are...



### Houdini's Gift

Independent Publishers Group (IPG) - Chicago Review Press, 2009. Hardcover. Book Condition: New. Revisiting well-loved characters from a past adventure, this picture book presents animal-loving Ben with the challenge of having another pet after losing his pet hamster. Knowing that Ben is...



### The Siren's Feast

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The Siren's Feast, Benjamin Hulme-Cross, Nelson Evergreen, A twelve-book series of supernatural horror scares that will hook even the most reluctant readers. The Dark Hunter Mr Blood and his young assistants Edgar and...