



## My Sober Little Moon (Paperback)

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By Jon Lupin The Poetry Bandit

Jonathan Luiten, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. When I first tried to get sober in 2014, my life was falling apart. Even though, through out years of drinking every day, I was functional. I held a job, had a mortgage, cars, a family . but I was coasting, and some point, I had lost the will to love and love life. At this point, I hadn t lost any of those things because of my drinking, but I was on a road where I could very well lose everything sober. I would rustle up a few months of sobriety here and there, but I was going insane. Thinking I could do it on my own pushed me to the brink of insanity. Something wasn t working for me, and so I kept going back out there. With the encouragement from my wife, and an ultimatum from my family, I sought help from people who have lived through this hell to tell their stories, including a dear Uncle. In 2015, it finally stuck, I established a sobriety date (07/29/15) but I still needed something to keep my hands busy during those...

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