

# PATIENT DISCHARGE REPORT

**Hospital Name:** City Care Multispeciality Hospital  
**Address:** 45, Health Avenue, New Delhi, India  
**Contact:** +91-9876543210

|                |                                 |
|----------------|---------------------------------|
| Patient Name   | Mr. Ramesh Kumar                |
| Age / Gender   | 52 / Male                       |
| Patient ID     | CCMH/2025/4589                  |
| Admission Date | 15-Aug-2025                     |
| Discharge Date | 22-Aug-2025                     |
| Consultant     | Dr. Anjali Mehra (Cardiologist) |

**Chief Complaint:**

Severe chest pain and shortness of breath for 2 hours prior to admission.

**History of Present Illness:**

Patient presented with acute retrosternal chest pain radiating to the left arm, associated with sweating and breathlessness. No history of trauma. Past history of hypertension for 5 years.

**Investigations:**

- ECG: ST elevation in anterior leads
- Troponin-I: Positive
- 2D Echo: Mild LV dysfunction
- Blood tests: Hb - 13.2 g/dl, Creatinine - 0.9 mg/dl

**Final Diagnosis:**

Acute Anterior Wall Myocardial Infarction (Heart Attack)

**Treatment Given:**

- Emergency coronary angioplasty performed with stent placement in LAD artery.
- Antiplatelet therapy initiated.
- Patient kept under cardiac ICU monitoring for 3 days.
- Supportive medications and oxygen therapy given.

**Condition at Discharge:**

Patient is conscious, oriented, hemodynamically stable. No chest pain at present. Ambulating without assistance.

***Follow-up Instructions:***

1. Continue medications as prescribed (Aspirin, Clopidogrel, Atorvastatin, Metoprolol).
2. Strictly avoid smoking and alcohol.
3. Follow low-fat, low-salt diet.
4. Daily morning walk for 30 minutes.
5. Immediate consultation if chest pain recurs.
6. Follow-up visit scheduled on 05-Sep-2025.

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Dr. Anjali Mehra  
Senior Consultant - Cardiology