

Sabina Prajapati (PHC-NP, BScN, MN)

73 – 10 Cherrytree Dr. Brampton, ON | 416-779-2243 | prajapatisabina@gmail.com

Empathetic, compassionate, kind, competent nurse practitioner with more than 15 years of nursing experience in medicine, surgery, oncology, geriatrics, pediatrics, and emergency department

Professional Work Experience

Nurse Practitioner-Rapelje Lodge: Niagara Region

2023 January -Present

Area of Practice: Long term care

- Conduct comprehensive geriatric assessments; diagnose; formulate management plan
- Apply advance nursing practice including clinical practice, research, leadership, collaboration and consultation within the scope of practice of extended class
- Work independently and in collaboration to assess and manage resident's medical care requirements, demonstrate excellent clinical assessment and decision making skills
- Develop effective partnership with LTC interdisciplinary team and provide a key leadership role in determining quality of care to the residents and families
- Provide informal and formal educational opportunities to staff, students and families
- Decrease the rate of hospital transfer, deal with urgent matters related with residents and provide holistic care to the geriatric population

Nurse Practitioner- Winterberry Family Medicine

2022 Oct – 2023 Jan

Area of Practice: Primary health care

- Effectively diagnose and treat acute/episodic illness within scope of practice, monitor ongoing treatment of patients with acute and chronic illnesses
- Consultation with other members of the inter-professional team and referrals to specialist
- Provide health promotion, disease prevention and chronic disease management care
- Provide consults and education while practicing effectively within interdisciplinary team

Registered Nurse/ Night Charge Nurse – Trillium Health Partners (Credit Valley Hospital)

Area of Practice: 1A Med/ Surgery & Oncology, 1B Medicine 2018 March – 2022 Nov

- Responsible and accountable for decisions and actions in the provision and management of nursing care for patients
- Provide nursing assessment, contribute to care plan development, goal-oriented treatment interventions, patient and family education and support to address medical, cognitive, emotional and self-care needs
- Contribute to the development of a realistic discharge plan
- Perform as a coach/mentor/consultant and use sound critical thinking skills, which are key to achieving patient outcomes and facilitating team function
- Participate in program planning, continuous quality improvement and evaluation
- provide a safe environment and quality patient care to a varied population.

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Registered Nurse – Extendicare Brampton

2018 April – 2022 August

Area Of Practice: Long-Term Unit, Restorative Unit, Palliative Care

- Overall responsibility of the residents and staff working in the home as a charge
- Maintain or improve residents' functional and cognitive capacities in all aspects of daily living to the extent of their abilities.
- Implement an interdisciplinary, person-centred approach for residents who have suffered from a prolonged acute or chronic illness or have recently been injured and/or undergone surgery
- Assist and support the physical and emotional needs of an individual over an extended period, whether that is months or even years
- Supervise, support and guidance to the staff working in the home, attend care conference for the residents

Nurse Practitioner Student Placements

St. Joseph's Healthcare, Hamilton

May 2022- July 2022

Area of exposure: Cardiology and COPD care team

- Conduct consultation for cardiac and COPD patients admitted in the hospital. Cardiac and respiratory history taking, formulating diagnosis, ordering tests, formulating impression and recommendation for the patients.
- Follow up on the care plan and assess the progress of the patients.

Shine Family Clinic, Hamilton

April 2022- May 2022

Area of exposure: Adults, pediatrics, pre-conceptional care, postnatal visits, neonatal visits, pap smears, immunizations, preventative health care, mental health

- Assess, diagnose, order, and interpret various tests based on patient's presentation, prescribe independently for all age group
- Conduct pap exams, well baby visits, immunization, prenatal visits and postnatal visits
- Combination of in-person and virtual appointments
- Recognize the need to consult and refer when needed
- Educate clients on health promotion, screenings, preventative approaches and follow up

St. Joseph's Healthcare Hamilton

September 2021-April 2022

Area of exposure: Dialysis

- Provide care to the dialysis patients, physical examination, ordering tests and prescribing medications as per their condition
- Conduct monthly assessment of the dialysis patients and adjust the dialysis treatment plan, conduct rounds, and treat complications during dialysis process.

Bramalea Community Health Center, Brampton

January 2021- April 2021

Area of exposure: Adults, pediatrics, pre-conceptional care, postnatal care, neonatal visits, pap smears, immunizations, mental health

- Assessment, diagnosis and formulate treatment plan based on patient's presentation
- Conduct pap exams, well baby visits, immunization, prenatal visits and postnatal visits
- Conduct in-person and virtual appointments
- Educate and counsel clients on preventative health screenings

Education

York University, Toronto

MN – Primary Health Care Nurse Practitioner	2022
BScN	2018

Purbanchal University, Nepal

Bachelor of Nursing	2011
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Tribhuvan University, Nepal

Proficiency certificate in Nursing	2006
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AWARDS:

Nominee of the Joan Lesmond Awards, Care for Nurses	2021
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Continuing Education/Workshops/Professional Development

BLC CPR, Heart and Stroke Foundation	Current
Ontario Long Term Clinical Conference, OLTCC	2023
Would Care Fundamentals, York University	2023
LEAP Palliative Care, Pallium Canada	2023
Fundamentals of Palliative Course, Hospice Niagara	2023
ECHO Wound Care Course, ECHO	2023
Wound Care Conference, Wound Care Canada	2023
Cardiology Nursing-I, Humber College	2019
Surgical Training, Credit Valley Hospital	2018
General Persuasive Approach, Trillium Health Partners	2018
Dementia/Alzheimer's Training, Care for Nurses	2016

Professional Organizations

College of Nurses of Ontario, CNO
Registered Nurses Association of Ontario, RNAO