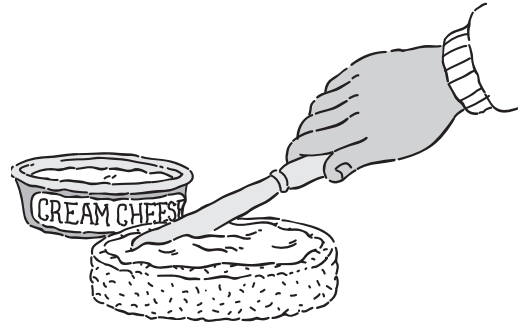


Arthur's Open-Face Sandwiches

1

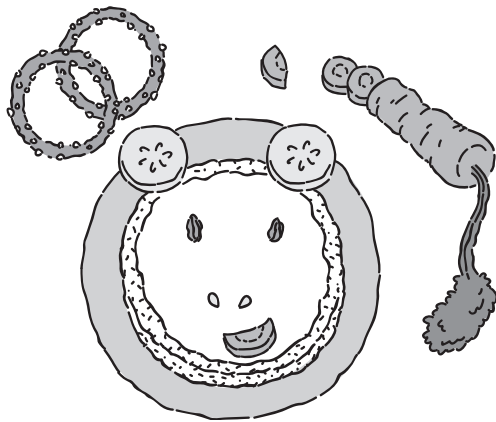
Spread an English muffin, rice cake, or mini pita bread with hummus, cream cheese, or cheese.



2

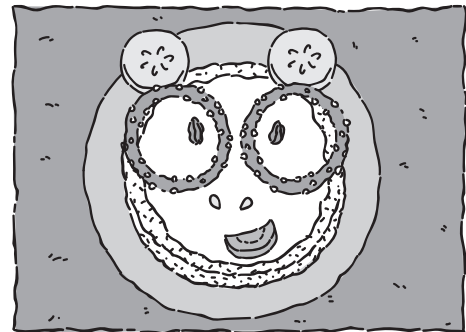
Make Arthur's face.

- Use raisins or sunflower seeds for his eyes and nose.
- Use cucumber or banana slices or dried apricots for his ears.
- Use bits of carrot or sweet red pepper for his mouth.



3

Use round pretzels for Arthur's eyeglasses.



For a nutritious breakfast, try an Arthur sandwich with a glass of milk and a sliced orange.

Who knew Arthur could be so yummy ... and good for you, too!

