Arthur's Open-Face Sandwiches

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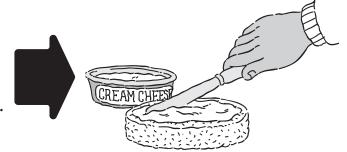
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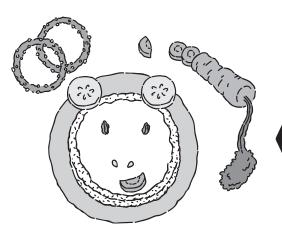
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Spread an English muffin, rice cake, or mini pita bread with hummus, cream cheese, or cheese.







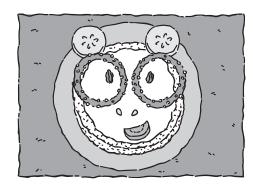
Make Arthur's face.

- Use raisins or sunflower seeds for his eyes and nose.
- Use cucumber or banana slices or dried apricots for his ears.
- Use bits of carrot or sweet red pepper for his mouth.

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Use round pretzels for Arthur's eyeglasses.







For a nutritious breakfast, try an Arthur sandwich with a glass of milk and a sliced orange.

Who knew Arthur could be so yummy ... and good for you, too!



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