



# **Year 11**

## **Phase 2**

# **Revision Support**



# Year 11 Journey

Phase 1 - 4/9 till 10/11

Phase 2 - 11/10 till 2/2

Phase 3 - 3/2 till the GCSEs

## Term 1

### September

- 4<sup>th</sup> Student Review Day

### October

- 16<sup>th</sup> Parents evening
- 20<sup>th</sup> Mock fortnight 1
- 22<sup>nd</sup> Park Development day

### November

- Mock results

### December

- 4<sup>th</sup> Additional Parents evening

## Term 2

### January

- New Term

### February

- 9<sup>th</sup> Mock Fortnight 2
- 12<sup>th</sup> Student Review Day
- 23<sup>rd</sup> Catering Practical Exams

### March

- 3<sup>rd</sup> School Photos
- 19<sup>th</sup> Additional Parents evening
- 27<sup>th</sup> Park Development day - Race at our Place

### April

- Spanish Speaking Exams
- 13<sup>th</sup> Art & Design, 3D design and Visual Arts Exam Launch

## Term 3

### May

- GCSE Exam Season begins

### June

- 25<sup>th</sup> Leavers Assembly
- 25<sup>th</sup> Leavers Ball

## College Open Evenings

1<sup>st</sup> October Havant Campus

7<sup>th</sup> October Southdowns

7<sup>th</sup> October Chichester College

15<sup>th</sup>/16<sup>th</sup> October City of Portsmouth Colleges

8<sup>th</sup> November Southdowns College

8<sup>th</sup> November Havant Campus

11<sup>th</sup> February City of Portsmouth Colleges

26<sup>th</sup> February Southdowns College

4<sup>th</sup> March Havant Campus

DON'T  
FORGET!

APPLY for college!!



A' Levels  
T Levels  
BTECs  
Apprenticeships

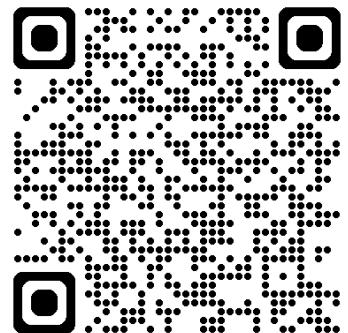
**Next set of Mocks:**

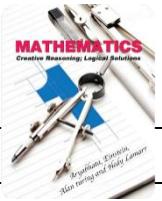
Dates for the next mock exams:  
9<sup>th</sup> February → 27<sup>th</sup> February

Subject	Exam board	Specific paper
English Language	AQA	Paper 1 and 2
Maths	Edexcel Higher AQA Foundation	Paper 1, 2 and 3
Science	AQA	Paper 1 Biology Paper 1 Chemistry Paper 1 Physics Paper 2 Biology Paper 2 Chemistry Paper 2 Physics
RE	AQA	Paper 1 – Beliefs, teachings and practices (Buddhism & Christianity) Paper 2 – Thematic Studies
PE	Pearson BTEC	Component 3 – Developing Fitness
History	Edexcel	Paper 1 – Crime & punishment and Whitechapel Paper 2 – Elizabethan and Superpowers Paper 3 – Weimar and Nazi Germany
Geography	Eduqas	Paper 1 – Investigating geographical issues Paper 2 – Problem Solving Paper 3 – Applied fieldwork enquiry
Spanish	AQA	Paper 1 - Listening Paper 2 - Speaking Paper 3 – Reading Paper 4 - Writing
Computer Science	AQA	Paper 1 – Computational Thinking Paper 2 – Computing concepts
Psychology	AQA	Paper 1 – Cognition and Behaviour Paper 2 – Social content and Behaviour
Hospitality & Catering	Eduqas	Paper 1

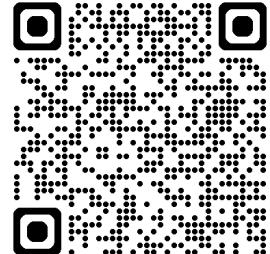
## Revision Timetable – AQA English Language

w/c	Task	✓	Support
10 <sup>th</sup> Nov	<ol style="list-style-type: none"> <li>1. Watch the Mr Bruff video for Paper 2, Question 3.</li> <li>2. Create a revision card summarising the top tips shared in the video.</li> <li>3. Have a go at answering a Paper 2, Question 3 from one of the exam papers in your resources booklet.</li> <li>4. Label where you think you have met the top tips shared in Mr Bruff's video.</li> </ol>		
17 <sup>th</sup> Nov	<ol style="list-style-type: none"> <li>1. Watch the Mr Bruff video for Paper 2, Question 2.</li> <li>2. Create a revision card summarising the top tips shared in the video.</li> <li>3. Have a go at answering a Paper 2, Question 2 from one of the exam papers in your resources booklet.</li> <li>4. Label where you think you have met the top tips shared in Mr Bruff's video.</li> </ol>		
24 <sup>th</sup> Nov	<ol style="list-style-type: none"> <li>1. Watch the Mr Bruff video for Paper 2, Question 4.</li> <li>2. Create a revision card summarising the top tips shared in the video.</li> <li>3. Have a go at answering a Paper 2, Question 4 from one of the exam papers in your resources booklet.</li> <li>4. Label where you think you have met the top tips shared in Mr Bruff's video.</li> </ol>		All resources can be found on the English Language revision page of the student area. Please use the QR code below to take you directly there:
1 <sup>st</sup> Dec	<ol style="list-style-type: none"> <li>1. Go to the BBC News website and read one or two of the top stories of the day that interest you. Or, read one or two of the front page stories of your local newspaper.</li> <li>2. Identify the main issue and the writer's opinion about this issue.</li> <li>3. Write a letter to the journalist persuading them of your views on this issue.</li> <li>4. Identify and label the persuasive language features you have used.</li> </ol>		
8 <sup>th</sup> Dec	<ol style="list-style-type: none"> <li>1. Rank order the questions in Paper 2 from 1 (most confident) to 5 (least confident).</li> <li>2. Use the feedback from your mock exams and in your book to set yourself three targets for the question you are least confident with.</li> <li>3. Use the resources on the Park student area or your revision guide to develop these areas.</li> <li>4. Re-draft a response from your book and self-assess using the criteria in the back of the resources booklet. RAG your improvement and set new targets.</li> </ol>		
15 <sup>th</sup> Dec	<ol style="list-style-type: none"> <li>1. Complete one of the Paper 2 exams in your resources booklet.</li> <li>2. Self-assess your responses using the criteria in the back of your resources booklet.</li> <li>3. Write yourself a list of successes and areas to improve. Use the Park student area or your revision guide to focus on these areas over the break.</li> </ol>		

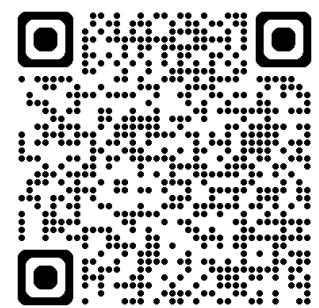


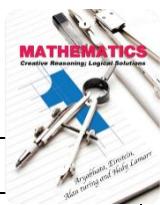


## Revision Timetable – Mathematics – Foundation (AQA)

w/c	Task (Using your “1 Question for every topic” paper)	Complete	Support
10 <sup>th</sup> Nov	<i>Watch video and complete questions on:</i>  77. Transformations		
17 <sup>th</sup> Nov	<i>Watch video and complete questions on:</i>  8. Expanding single bracket 38. Angle facts		Use QR codes given on your “1 question for every topic” paper
24 <sup>th</sup> Nov	<i>Watch video and complete questions on:</i>  21. Number machines 36. Faces, Edges, Vertices, Plans/Elevations		Electronic copy of paper and other resources can be found in student shared area:  
1 <sup>st</sup> Dec	<i>Watch video and complete questions on:</i>  3. Indices 78. More transformations		
8 <sup>th</sup> Dec	<i>Watch video and complete questions on:</i>  4. Metric unit conversions 103. Angles in parallel lines		

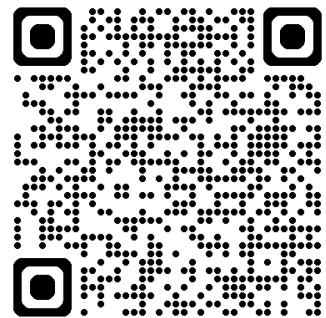
5 <sup>th</sup> Jan	<p>Watch video and complete questions on:</p> <p>59. <i>nth term</i> 95. <i>Standard form</i></p>		
12 <sup>th</sup> Jan	<p>Watch video and complete questions on:</p> <p>51. <i>Units conversions</i> 94. <i>Column vectors</i></p>		<p>Use QR codes given on your “1 question for every topic” paper</p> <p>Electronic copy of paper and other resources can be found in student shared area:</p>
19 <sup>th</sup> Jan	<p>Watch video and complete questions on:</p> <p>43. <i>Index laws (Multiplication/Division)</i> 63. <i>Distance time graphs</i></p>		
26 <sup>th</sup> Jan	<p>Watch video and complete questions on:</p> <p>10. <i>Fractions, decimals, percentages</i> 86. <i>Simple/Compound interest</i></p>		
2 <sup>nd</sup> Feb	<p>Watch video and complete questions on:</p> <p>66. <i>Percentage change/profit</i> 98. <i>Change the subject</i></p>		





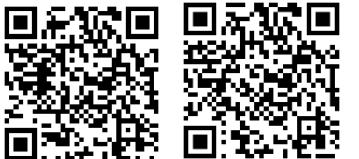
## Revision Timetable – Mathematics – Higher (Edexcel)

w/c	Task (Using your “1 Question for every topic” paper)	Complete	Support
10 <sup>th</sup> Nov	<p><i>Watch video and complete questions on:</i></p> <p>11. Straight line graphs 31. Plans and Elevations +Volume of prism</p>		<p>Use QR codes given on your “1 question for every topic” paper</p> <p>Electronic copy of paper and other resources can be found in student shared area:</p>
17 <sup>th</sup> Nov	<p><i>Watch video and complete questions on:</i></p> <p>17. Quadratics (Expand, Factorise, Solve)</p>		
24 <sup>th</sup> Nov	<p><i>Watch video and complete questions on:</i></p> <p>37. Trigonometry (SOHCAHTOA) 53. Density, Mass, Volume</p>		
1 <sup>st</sup> Dec	<p><i>Watch video and complete questions on:</i></p> <p>13. Area and circumference of circles</p>		
8 <sup>th</sup> Dec	<p><i>Watch video and complete questions on:</i></p> <p>38. Trigonometry (SOHCAHTOA) 54. Pressure, Force, Area</p>		

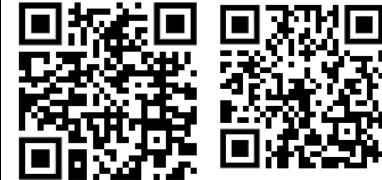
5 <sup>th</sup> Jan	<p><i>Watch video and complete questions on:</i></p> <p><i>58. Pythagoras and arc length</i></p>		<p>Use QR codes given on your “1 question for every topic” paper</p> <p>Electronic copy of paper and other resources can be found in student shared area:</p> 
12 <sup>th</sup> Jan	<p><i>Watch video and complete questions on:</i></p> <p><i>79. Conditional probability</i></p>		
19 <sup>th</sup> Jan	<p><i>Watch video and complete questions on:</i></p> <p><i>36. Compound interest</i></p> <p><i>88. Bounds</i></p>		
26 <sup>th</sup> Jan	<p><i>Watch video and complete questions on:</i></p> <p><i>72. Equation of a circle + Solving simultaneous equations graphically</i></p>		
2 <sup>nd</sup> Feb	<p><i>Watch video and complete questions on:</i></p> <p><i>24. Column vectors</i></p> <p><i>106. Vectors</i></p>		

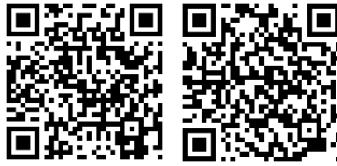
## Revision Timetable – Combined Science Foundation

w/c	Task	✓	Video Links
10 <sup>th</sup> Nov	Watch these videos on the heart and blood vessels: Make two flash cards based on these videos Then try these exam questions:		
17 <sup>th</sup> Nov	Watch these videos on enzymes and ph/temp: Make two flash cards based on these videos Then try these exam questions:		
24 <sup>th</sup> Nov	Watch these videos on leaf structure and transpiration: Make two flash cards based on these videos Then try these exam questions:		
1 <sup>st</sup> Dec	Watch these videos on respiration and exercise. Make two flash cards based on these videos Then try these exam questions:		
8 <sup>th</sup> Dec	Watch these videos on atomic structure and periodic table: Make two flash cards based on these videos Then try these exam questions:		

5 <sup>th</sup> Jan	<p>Watch these videos on Endo and Exothermic Reactions: Make two flash cards based on these videos Then try these exam questions:</p>		
12 <sup>th</sup> Jan	<p>Watch these videos on Ionic Bonding and Properties: Make two flash cards based on these videos Then try these exam questions:</p>		 
19 <sup>th</sup> Jan	<p>Watch these videos on Covalent Bonding and Properties: Make two flash cards based on these videos Then try these exam questions:</p>		  
26 <sup>th</sup> Jan	<p>Watch these videos on Electrolysis: Make two flash cards based on these videos Then try these exam questions:</p>		  
2 <sup>nd</sup> Feb	<p>Watch these videos on chemical calculations: Make two flash cards based on these videos Then try these exam questions:</p>		 

## **Revision Timetable – Combined Science Higher – (You should know if you are doing higher combined!)**

w/c	Task	✓	Video Links
10 <sup>th</sup> Nov	<ol style="list-style-type: none"><li>1. Using the support QR code, watch the video clip on photosynthesis and respiration. Make at least two revision cards from the information.</li><li>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</li></ol>		
17 <sup>th</sup> Nov	<ol style="list-style-type: none"><li>1. Using the support QR codes, watch the video clips on the heart and blood vessels. Make at least two revision cards from the information.</li><li>2. Answer the exam question using the QR code below. Check your answers using the mark scheme tab.</li></ol>		 
24 <sup>th</sup> Nov	<ol style="list-style-type: none"><li>1. Using the support QR code, watch the video clip on the structure of the leaf. Make at least two revision cards from the information.</li><li>2. Answer the exam question using the QR code below. Check your answers using the mark scheme tab.</li></ol>		
1 <sup>st</sup> Dec	<ol style="list-style-type: none"><li>1. Using the support QR codes, watch the video clips on enzyme function. Make at least two revision cards from the information.</li><li>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</li></ol>		

8 <sup>th</sup> Dec	<p>1. Using the first QR codes, watch the videos on atomic structure and periodic table. Make two revision cards using the information.</p> <p>2. Answer the exam questions using the third QR code. Check your answers using the mark scheme tab.</p>			 
5 <sup>th</sup> Jan	<p>1. Using the support QR code, watch the videos on endothermic and exothermic reactions Make two revision cards using the information.</p> <p>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</p>			
12 <sup>th</sup> Jan	<p>1. Using the support QR code, watch the videos on ionic compounds and their properties. Make two revision cards using the information.</p> <p>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</p>			 
19 <sup>th</sup> Jan	<p>1. Using the support QR code, watch the videos on covalent bonding and properties Make two revision cards using the information.</p> <p>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</p>			  

26 <sup>th</sup> Jan	<p>1. Using the support QR code, watch the videos on electrolysis. Make two revision cards using the information.</p> <p>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</p> 		   
2 <sup>nd</sup> Feb	<p>1. Using the support QR code, watch the videos related to quantitative chemistry, including calculating moles. Make two revision cards using the information.</p> <p>2. Answer the exam questions using the QR code below. Check your answers using the mark scheme tab.</p> 		   

## Revision Timetable – Triple Science (Mr Turners Class)

w/c	Task	✓	Support
10 <sup>th</sup> Nov	<p><b>Biology Paper 1 - Monoclonal Antibodies</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the two exam questions using the link.</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	<p>Video 1</p>  <p>Video 2</p>  <p>Exam Qs</p> 	<p>Link to revision website for ALL Biology Paper 1 questions:</p> <p>Higher</p>  <p>Foundation</p> 
17 <sup>th</sup> Nov	<p><b>Biology Paper 1 – Mitosis &amp; Vaccination</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the three exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	<p>Video 1</p>  <p>Video 2</p>  <p>Exam Qs</p> 	
24 <sup>th</sup> Nov	<p><b>Biology Paper 1 – Digestive enzymes</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the two exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	<p>Video 1</p>  <p>Video 2</p>  <p>Exam Qs</p> 	

1 <sup>st</sup> Dec	<p><b>Physics Paper 1 – Specific Heat Capacity</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the two exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1	Video 2	Exam Qs		
8 <sup>th</sup> Dec	<p><b>Physics Paper 1 – Current and Potential difference</b></p> <ol style="list-style-type: none"> <li>1. Watch the four videos and create four summary revision cards.</li> <li>2. Complete the two exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1 & 2	Video 3 & 4	Exam Qs		
5 <sup>th</sup> Jan	<p><b>Physics Paper 1 – Particles in a gas and pressure</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the two exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1	Video 2	Exam Qs		
12 <sup>th</sup> Jan	<p><b>Physics Paper 1 – Radioactivity</b></p> <ol style="list-style-type: none"> <li>1. Watch the three videos and create three summary revision cards.</li> <li>2. Complete the three exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1	Video 2	Video 3	Exam Qs	

Link to  
revision  
website for  
ALL Physics  
Paper 1  
questions:  
Higher



Foundation



19 <sup>th</sup> Jan	<p><b>Chemistry Paper 2 – Rate of Reaction</b></p> <ol style="list-style-type: none"> <li>1. Watch the four videos and create four summary revision cards.</li> <li>2. Complete the two exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1 & 2		Video 3 & 4		Exam Qs		Link to revision website for ALL Chemistry Paper 2 questions:
26 <sup>th</sup> Jan	<p><b>Chemistry Paper 2 – Fractional distillation &amp; Cracking</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the three exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1		Video 2		Exam Qs		Higher 
2 <sup>nd</sup> Feb	<p><b>Chemistry Paper 2 – Chromatography</b></p> <ol style="list-style-type: none"> <li>1. Watch the two videos and create two summary revision cards.</li> <li>2. Complete the three exam questions using the link</li> <li>3. Using the same link, mark the questions using the mark criteria.</li> <li>4. Go back to your revision cards and add in any extra knowledge you have missed.</li> </ol>	Video 1		Video 2		Exam Qs		Foundation 

## Revision Timetable - Computer Science

w/c		Task	Complete	Support
10 <sup>th</sup> Nov		Programming: Complete some of the Programming Challenges. Send an email to CWr		Email: Mr Wray - <a href="mailto:c.wray@pcs.hants.sch.uk">c.wray@pcs.hants.sch.uk</a>
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
17 <sup>th</sup> Nov		Programming: Complete some of the Programming Challenges. Send an email to CWr		Links: Programming Challenge 3 –  
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
24 <sup>th</sup> Nov		Programming: Complete some of the Programming Challenges. Send an email to CWr		Theory – SQL Videos –  
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
1 <sup>st</sup> Dec		Programming: Complete some of the Programming Challenges. Send an email to CWr		
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		

8 <sup>th</sup> Dec		Programming: Complete some of the Programming Challenges. Send an email to CWr		Theory – Networking Videos –
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
5 <sup>th</sup> Jan		Programming: Complete some of the Programming Challenges. Send an email to CWr		
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
12 <sup>th</sup> Jan		Programming: Complete some of the Programming Challenges. Send an email to CWr		
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		
19 <sup>th</sup> Jan		Programming: Complete some of the Programming Challenges. Send an email to CWr		
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.		

26 <sup>th</sup> Jan		Programming: Complete some of the Programming Challenges. Send an email to CWr	
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.	
2 <sup>nd</sup> Feb		Programming: Complete some of the Programming Challenges. Send an email to CWr	
		Theory: Watch this video and create a revision card. We will use this information to complete a quiz in class.	

## **Revision Timetable – Hospitality and Catering**

	Task	✓	Support
10 <sup>th</sup> Nov	Section 6: “Working in the The Hospitality Industry”		
17 <sup>th</sup> Nov	Section 7: “Working conditions in the hospitality and catering industry”		
24 <sup>th</sup> Nov	Section 8: “Contributing factors to the success of hospitality and catering provision”		
1 <sup>st</sup> Dec	Section 9: “The operation of the front and back of house”		
8 <sup>th</sup> Dec	Section 10: “Customer requirements in hospitality and catering”		
5 <sup>th</sup> Jan	Section 11: “Hospitality and catering provision to meet specific requirements”		
12 <sup>th</sup> Jan	Section 12: “Health and safety in hospitality and catering provision”		
19 <sup>th</sup> Jan	Section 13: “Food safety”		
26 <sup>th</sup> Jan	Section 14: “Food related causes of ill health”		
2 <sup>nd</sup> Feb	Section 15: “Symptoms and signs of food-induced ill health”		

Please use this QR code to reach the revision resource. Please then click on the link you would like to revise.



## Revision Timetable – Physical Education (BTEC Level 2 Tech Award in Sport)

w/c	Task	✓	Support
10 <sup>th</sup> Nov	Complete mind map/revision cards for the <b>importance</b> of <b>fitness testing</b> and <b>administration</b> Include – <ul style="list-style-type: none"><li>• Reasons for fitness testing</li><li>• Test reliability</li><li>• Result validity</li></ul>	✓	Student Portal 
17 <sup>th</sup> Nov	Complete mind map/revision cards for <b>fitness testing methods</b> - components of <b>physical fitness</b> (Mary Must cAre For Bill Smith) Include – <ul style="list-style-type: none"><li>• The component</li><li>• The tests used</li><li>• The procedure for each test / equipment needed / unit of measure.</li></ul>	✓	BBC Bite Size 
24 <sup>th</sup> Nov	Complete mind map/revision cards for <b>fitness testing methods</b> for components of <b>skill related fitness</b> (P - CRAB) Include – <ul style="list-style-type: none"><li>• The component</li><li>• The tests used</li><li>• The procedure for each test / equipment needed / unit of measure.</li></ul>	✓	Brianmac Sports Coach 
1 <sup>st</sup> Dec	Complete mind map/revision cards for the requirements of the <b>fitness training methods</b> for <b>physical components of fitness</b> (Mary Must cAre For Bill Smith) Include – <ul style="list-style-type: none"><li>• The method</li><li>• The technique and equipment needed</li><li>• Sports/athletes who will benefit from this training and why</li></ul>	✓	
8 <sup>th</sup> Dec	Complete mind map/revision cards for the requirements of the <b>fitness training methods</b> for <b>skill-related components of fitness</b> (P - CRAB) Include – <ul style="list-style-type: none"><li>• The method</li><li>• The technique and equipment needed</li><li>• Sports/athletes who will benefit from this training and why</li></ul>	✓	
5 <sup>th</sup> Jan	Complete mind map/revision cards for the <b>advantages and disadvantages</b> of each <b>training methods</b> Include – <ul style="list-style-type: none"><li>• The method</li><li>• Advantages with justifications</li><li>• Disadvantages with justifications</li></ul>	✓	

12 <sup>th</sup> Jan	<p>Complete mind map/revision cards for types of <b>provisions (Public, Private, Voluntary)</b>          Include –</p> <ul style="list-style-type: none"> <li>• Types of provision with explanations/definitions (equipment, cost, access)</li> <li>• Examples of each</li> <li>• Advantages and disadvantages of each provision</li> </ul>		<p>Student Portal</p> 
19 <sup>th</sup> Jan	<p>Complete mind map/revision cards for the <b>effects of long-term fitness training</b> on the <b>body systems</b> (Aerobic endurance training and Flexibility training)          Include –</p> <ul style="list-style-type: none"> <li>• Effects on the cardiorespiratory and musculoskeletal systems</li> <li>• Advantages of these effects to athletes with precise sports examples.</li> </ul>		<p>BBC Bite Size</p> 
26 <sup>th</sup> Jan	<p>Complete mind map/revision cards for the <b>effects of long-term fitness training</b> on the <b>body systems</b> (Muscular endurance training, Muscular strength training, Speed training)          Include –</p> <ul style="list-style-type: none"> <li>• Effects on the cardiorespiratory and musculoskeletal systems</li> <li>• Advantages of these effects to athletes with precise sports examples.</li> </ul>		
2 <sup>nd</sup> Feb	<p>Complete mind map/revision cards for <b>motivational techniques</b> for fitness programming (intrinsic, extrinsic, Goal Setting – SMARTER)          Include –</p> <ul style="list-style-type: none"> <li>• Definition of motivation</li> <li>• Types of motivation with examples</li> <li>• Principles / benefits of goal setting – SMARTER</li> <li>• Short- and Long-term goals</li> <li>• Benefits of motivation on sports performance – specific examples.</li> </ul>		<p>Brianmac Sports Coach</p> 

## Revision Timetable – RE

w/c	Task	✓	Support
10 <sup>th</sup> Nov	<p><b>Buddhist Beliefs</b></p> <p>Complete the questions from page 50-54 of the revision guide and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
17 <sup>th</sup> Nov	<p><b>Buddhist Beliefs</b></p> <p>Complete the questions from page 55-59 of the revision guide and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
24 <sup>th</sup> Nov	<p><b>Buddhist Practices</b></p> <p>Complete the questions from the worship, meditation and visualization sections. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
1 <sup>st</sup> Dec	<p><b>Buddhist Practices</b></p> <p>Complete the remaining questions in the revision guide. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
8 <sup>th</sup> Dec	<p><b>Christian Beliefs</b></p> <p>Complete the questions from page 8-15 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		

5 <sup>th</sup> Jan	<p><b>Christian Beliefs</b></p> <p>Complete the questions from page 16-23 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
12 <sup>th</sup> Jan	<p><b>Christian Beliefs</b></p> <p>Complete the questions from page 24-31 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
19 <sup>th</sup> Jan	<p><b>Christian Practices</b></p> <p>Complete the questions from page 36-45 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
26 <sup>th</sup> Jan	<p><b>Christian Practices</b></p> <p>Complete the questions from page 46-55 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		
2 <sup>nd</sup> Feb	<p><b>Christian Practices</b></p> <p>Complete the questions from page 56-63 of the textbook and return them to your class teacher. If you would like a paper copy instead, please speak to your teacher.</p> <p>Create flash cards, or a mind map based on this section of the revision guide.</p>		

## Revision Timetable – Psychology

w/c	Task	✓	Support
10 <sup>th</sup> Nov	Complete the ‘key studies and theories’ sheet for the <b>Social Influence</b> unit. Use the revision guide information and your teacher for support as needed. Additionally, use the following website to support:		 
17 <sup>th</sup> Nov	Complete the ‘key studies and theories’ sheet for the <b>Language, Thought and Communication</b> unit. Use the revision guide information and your teacher for support as needed. Additionally, use the following website to support:		Online revision guide, class teacher, revision guide available to buy from reception.
24 <sup>th</sup> Nov	Complete the ‘key studies and theories’ sheet for the <b>Brain and Neuropsychology</b> unit. Use the revision guide information and your teacher for support as needed. Additionally, use the following website to support:		Online revision guide, class teacher, revision guide available to buy from reception.
1 <sup>st</sup> Dec	Complete the ‘key studies and theories’ sheet for the <b>Psychological Problems</b> unit. Use the revision guide information and your teacher for support as needed. Additionally, use the following website to support:		
8 <sup>th</sup> Dec	Identify any areas you are less confident with on the key study and theory sheet. Complete the following: <ul style="list-style-type: none"> <li>• Email your teacher with the list of less confident areas</li> <li>• Use the LearnDojo website to create flashcards for these areas</li> </ul>		Online revision guide, class teacher, revision guide available to buy from reception. 

5 <sup>th</sup> Jan	<p>Complete mind map/revision cards for the following:</p> <ul style="list-style-type: none"> <li>• Key features to use when evaluating a study</li> <li>• Key features to use when evaluating a theory</li> </ul>		<p>Online revision guide, class teacher, revision guide available to buy from reception.</p> 
12 <sup>th</sup> Jan	<p>Complete units one and two of the exam paper. If you would prefer a hard copy, please ask your teacher. Give your answers to your teacher to mark.</p>		
19 <sup>th</sup> Jan	<p>Complete units three and four of the exam paper. If you would prefer a hard copy, please ask your teacher. Give your answers to your teacher to mark.</p>		
26 <sup>th</sup> Jan	<p>Complete mind map/revision cards for the following video across this week and next. This covers everything you need to know for the paper 2 mock exam.</p>		
2 <sup>nd</sup> Feb	<p>Complete the task begun last week. Good luck in your mock!</p>		

## Revision Timetable - Geography

w/c	Task	✓	Support
10 <sup>th</sup> Nov	Urban and Rural Change: <ul style="list-style-type: none"><li>• Urbanisation</li><li>• Rural/Urban Change</li><li>• Features of an Urban area</li></ul>		<b>Student Portal: Urban and Rural Change</b> 
17 <sup>th</sup> Nov	Urban and Rural Change: <ul style="list-style-type: none"><li>• Portsmouth</li><li>• What drives change</li><li>• UK population</li><li>• Sustainable communities</li></ul>		<b>Student Portal: Weather and Climate</b> 
24 <sup>th</sup> Nov	Urban and Rural Change: <ul style="list-style-type: none"><li>• Retail</li><li>• Leisure</li><li>• Sports</li></ul>		
1 <sup>st</sup> Dec	Weather and Climate: <ul style="list-style-type: none"><li>• UK Weather</li><li>• Variability</li><li>• Atmospheric circulation</li></ul>		<b>Student Portal: Climate Change</b> 
8 <sup>th</sup> Dec	Weather and Climate: <ul style="list-style-type: none"><li>• Pressure</li><li>• Distribution of severe weather</li><li>• Tropical storms</li></ul>		
5 <sup>th</sup> Jan	Weather and Climate: <ul style="list-style-type: none"><li>• Haiyan</li><li>• Ethiopian drought</li></ul>		<b>Student Portal: Revision</b> 
12 <sup>th</sup> Jan	Climate Change: <ul style="list-style-type: none"><li>• Climate change over time</li><li>• Natural causes of climate change</li><li>• Natural causes of climate change</li></ul>		

19 <sup>th</sup> Jan	<p>Climate Change:</p> <ul style="list-style-type: none"> <li>• Human causes of climate change</li> <li>• Evidence</li> <li>• Effects of climate change</li> </ul>		<p><b>Workbooks</b> <b>Revision Guides</b> <b>Past Papers</b></p> <p><b>Bitesize</b></p> 
26 <sup>th</sup> Jan	<p>Climate Change:</p> <ul style="list-style-type: none"> <li>• Tuvalu</li> <li>• UK climate change</li> <li>• Mitigating the risk</li> </ul>		
2 <sup>nd</sup> Feb	<p>Applying Mathematics in Geography:</p> <ul style="list-style-type: none"> <li>• Using the link to the Eduqas site for the short videos that will help you understand the application of Mathematics in Geography. They describe the mathematical process using geographical data.</li> </ul> 		<p><b>Video clips</b></p>  <p><b>Seneca</b></p> 

## Revision Timetable - History

w/c	Task	✓	Support
10 <sup>th</sup> Nov	Paper 1: Crimes through time, 1000-present.		<p>Student Page</p>  <p>Paper 1 Bitesize (Scroll down and select Crime and Punishment)</p>  <p>Paper 2 (Elizabeth) Bitesize</p>  <p>Paper 3 Bitesize</p>  <p>Revision guides (available from reception)</p>
17 <sup>th</sup> Nov	Paper 2: Challenges Elizabeth faced at home; 1558-1588		
24 <sup>th</sup> Nov	Paper 3: Weimar Germany, 1918-1929		
1 <sup>st</sup> Dec	Paper 1: Punishments through time, 1000-present.		
8 <sup>th</sup> Dec	Paper 2: Challenges Elizabeth faced abroad; 1558-1588		
5 <sup>th</sup> Jan	Paper 3: Hitler's Rise to Power, 1919-1933		
12 <sup>th</sup> Jan	Paper 1: Law Enforcement through time, 1000-present.		
19 <sup>th</sup> Jan	Paper 2: Life in Elizabethan England, 1558-1588		
26 <sup>th</sup> Jan	Paper 2: Superpowers, the Early Cold War		
2 <sup>nd</sup> Feb	Paper 2: Superpowers, the Peak of the Cold War		