

# MUNCH

*is back for the Summer holidays!*

*We cannot wait to welcome you back!*

## **What is Munch if you have never been?**

Munch began February 2017 when we provided free hot meals for children in the half term holidays. We then expanded it to their families and then elderly. There are many reasons why people come; for example to meet up with other families, help with the budget in the holidays, loneliness, just want a lovely fresh cooked meal or maybe to give some structure to the day.

We take basic details to register you so we can tell you when we are organising other activities and to assure those who fund this programme that it is popular and helping the community.

It is free, if you feel you wish to contribute in anyway there is always a charity bucket or you can leave tins for PO9 Foodbank.

At Park Community School  
Middle Park Way  
Havant, PO9 4BU  
02392489811  
[munch@pcs.hants.sch.uk](mailto:munch@pcs.hants.sch.uk)

**12-1pm  
26th July –  
27th August  
2021**  
Monday to Friday





# CONNECT4FAMILIES FAMILY FESTIVAL DAY

10.30 – 2.30pm at a venue near you

## Activities

- Petting Farm
- Mr Giant Balloon modelling
- Computer Xplorers
- Clay making
- Singing with Urban Vocal Group
- Circus skills
- Yoga for the family
- Dallaglio RugbyWorks
- Jewellery making
- Arts and craft

LUNCH INCLUDED!

FREE!

These events are all free to attend and are primarily aimed at but not limited to families on free school meals.

Thursday 29th July

Trochnant School Havant PO9 3BD

Thursday 5th August

Warren Park Primary School Havant PO9 4LR

Saturday 14th August

Hayling Island Community Centre

Hayling Island PO11 0HB

Thursday 19th August

Park Community School Havant PO9 4BU

To book visit [www.connect4.org.uk](http://www.connect4.org.uk)  
or email [admin@connect4.org.uk](mailto:admin@connect4.org.uk)



Great variety of one day activities for 11-16 year old students at Park Community School

10AM - 3PM

Limited places available

These events are all free to attend and are primarily aimed at but not limited to families on free school meals.

Mon 26th July	Graffiti Art
Tues 27th July	Commercial Music Bootcamp with Amba Tremain
Wed 28th July	Creative Day
Thurs 29th July	Computer Xplorers
Mon 2nd Aug	Woodwork
Tues 3rd Aug	Let's Get Physical
Wed 4th Aug	Mystery Tour
Thurs 5th Aug	Escape to the Future
Mon 9th Aug	Football with Pompey in the Community
Tues 10th Aug	Creative Day
Wed 11th Aug	Bake Off
Thurs 12th Aug	Computer Xplorers
Mon 16th Aug	Commercial Music Bootcamp with Amba Tremain
Tues 17th Aug	Dallaglio RugbyWorks Summer Camp
Wed 18th Aug	Mystery Tour
Thurs 19th Aug	Escape to the Future

FREE!

LUNCH INCLUDED

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