

# MUNCH®

We are here for everyone!

## What is MUNCH?

We provide free hot meals for families. There are many reasons why people come; for example to meet up with other families, help with the budget in the holidays, loneliness or just want a lovely fresh cooked meal that is **FREE!**



If you feel you wish to contribute there is always a charity bucket for donation.

### CONNECT 4 Generations

FREE hot drinks and light refreshments

Every Tuesday from 10.30am in the MUNCH Pantry

Come in for a chat, company, and a bite to eat



### Timings

**Thursdays 4-5.30pm**  
Free hot meals for families and adults

**School Holiday Lunch 12-1pm**  
Free hot meals for everyone



### Everyone Welcome!

## CHRISTMAS DAY LUNCH

at Park Community School

**TIMINGS APPROXIMATELY:**

- Arrival time: 12pm
- Lunch served: 1pm
- Depart: 2.30pm

**TO BOOK FOR CHRISTMAS DAY LUNCH**

Please ring 02392489811 or email [bookings@pcs.hants.sch.uk](mailto:bookings@pcs.hants.sch.uk)



023 9248 9811  
[munch@pcs.hants.sch.uk](mailto:munch@pcs.hants.sch.uk)

Middle Park Way, Havant PO9 4BU  
[www.facebook.com/pcsmunch](http://www.facebook.com/pcsmunch)

**munch**  
more than  
just a school

Hampshire  
County Council

COMMUNITY  
FUND

HiWCF  
LOCAL GIVING FOR LOCAL NEEDS

CONNECT 4  
Generations



# MUNCH PANTRY

A helping hand not a hand out

## OPENING TIMES

Monday- 11am-1pm

Tuesday 11am-1pm

Wednesday- 5-7pm

Thursday- 11am-1pm



Dickinson Centre, Park Community School,  
Middle Park Way, Havant, PO9 4BU

The Munch Community Pantry provides groceries at a lower cost than supermarkets or shops, offering a range of fresh, frozen and general foods which can change on a weekly basis. In addition, we are working to help reduce food waste by working with local food businesses.

Anyone can access the MUNCH Pantry -  
sign up as a member to shop once a week

**£5 =**  
an average of  
**£15 worth of food!**

Choose from a selection of  
groceries, fresh and frozen food



**What is a  
community pantry?**  
A pantry is 'get more for less' it is to help families budgets go further



[munch@pcs.hants.sch.uk](mailto:munch@pcs.hants.sch.uk)

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