



Mariusz Pudzianowski scored a crushing first-round knockout of his opponent at an MMA event in Poland

Poland's Mariusz Pudzianowski, considered by many to be among the finest strongmen competitors in history, stunned his former world champion opponent Michal Materla with a crushing first-round knockout at KSW 70 in Lodz, Poland on Saturday night. Pudzianowski, the 45-year-old multiple time winner of the title of the World's Strongest Man, transitioned to mixed martial arts in 2009 after one of the most successful professional strongman careers the sport has ever seen - and scored arguably the biggest win of his combat career when he landed a stunning uppercut on Materla early in the first-round of their main event fight. The man known as 'Pudz' first connected with a strong overhand right which put Materla into retreat mode, before throwing a picture-perfect uppercut which penetrated the former KSW middleweight champion's guard and connected flush with his chin, sending him cascading to the canvas.

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