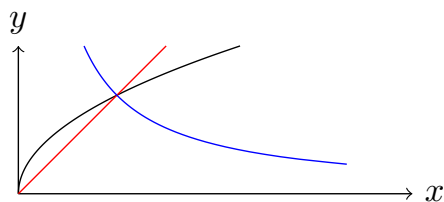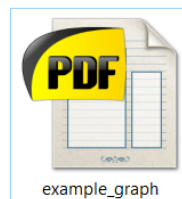This is the line of text above the figure in my LaTeX document.

(a) This is the first subfigure. This is a super long caption that will go over a single line.

(b) This is the second subfigure

Figure 1: This is the figure

This is a line of text below the figure. We are talking about Figure 1. Here I refer to the first subfigure as Figure 1a and the second subfigure as Figure 1b.