1. **下载扩展包phpmailer**

<http://packagist.org>

1. **邮箱开启**

QQ邮箱->设置->账户->



1. **Config配置信息**

Return [

'host' => 'smtp.qq.com',

'username' => '2445065234@qq.com'

'password' => 'wpnpemwtdmeoecag',

'port' => 587,

];

1. **封装公共函数或类**

**use** PHPMailer\PHPMailer\PHPMailer;  
**use** PHPMailer\PHPMailer\Exception;

**function** sendEmail($to,$title,$content)  
{  
 **if**(**empty**($to)){  
 **return false**;  
 }  
 $mail = **new** PHPMailer(**true**); **try** {$mail->**SMTPDebug** = 0; $mail->isSMTP(); $mail->**Host** = config(**'phpmailer.host'**);$mail->**SMTPAuth** = **true**; $mail->**Username** = config(**'phpmailer.username'**); $mail->**Password** = config(**'phpmailer.password'**); $mail->**SMTPSecure** = **'tls'**; $mail->**Port** = 587;  *//Recipients* $mail->setFrom(config(**'phpmailer.username'**), **'PHPLinYang'**);$mail->addAddress($to);  *//Content* $mail->isHTML(**true**); $mail->**Subject** = $title;  
 $mail->**Body** = $content;**if**($mail->send()){  
 **return true**;  
 }**else**{  
 **return false**;  
 };  
 } **catch** (Exception $e) {  
 **echo 'Message could not be sent. Mailer Error: '**, $mail->**ErrorInfo**;  
 }  
}

1. **解决中文乱码：**

打开phpmailer核心文件PHPMailer.php，

将 public $CharSet=‘iso-8859-1;

改为public $CharSet=‘UTF-8';