



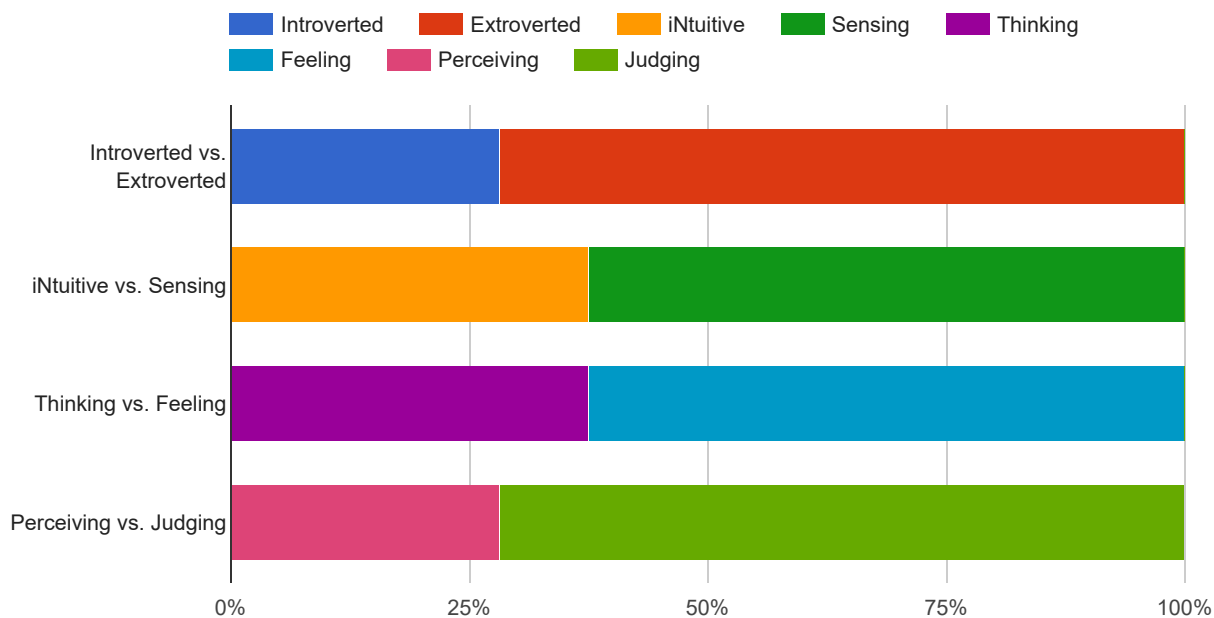
You are a **Visual-ESFJ** learner

EXTROVERTED SENSING FEELING JUDGING



Detailed breakdown of ESFJ score:

Just like most things in life, the results for you are not black and white. We all vary in the degree we adhere to each personality trait. Sometimes an introvert, is almost an extrovert. Sometimes somebody who is thinking is also very feeling. These graphs break down in more detail your results. Just click on each color to see the exact score.



How ESFJs acquire, memorize and recollect information:

ESFJs are the social ones in the bunch, making them ideal candidates for learning a new language. If they decide to take on a task, their motivation is often driven by a desire to connect with others and improve the working relationship. When they see the social benefit of solving a problem or completing a task, the ESFJ dives in head first and gives it their all.

If the ESFJ can quickly put a new skill to good use in solving the problem or task, all the better! They thrive at showing others their ways, and get a serious kick out of watching the things they teach and do used to improve other people's lives. It's all about practicality, and about actually taking steps towards the goal instead of just talking about it.

Their independent streak drives ESFJ learners to be strong self-starters and very motivated individuals. They also react incredibly well to emotion and personal connection through storytelling. That said, if presented with information that is unorganized or without progressive steps, they have a tough time grasping it. But when presented with timely and organized logistics, they not only remember the information but can work through it with great efficiency.

Once an ESFJ grasps the details and layers of a situation, they are able to quickly develop a way forward and convey their opinions and/or directions to others. They prefer a steady flow instead of a hurried rush, which makes immersive language lessons an ideal platform for language learning.



OPTIMAL LEARNING SITUATIONS:

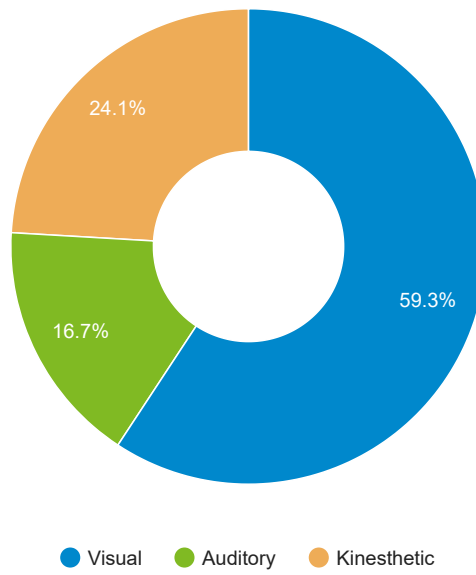
- Good engagement of feelings and highly emotional situations.
- Practical end to the project – i.e. a certification or reward.
- Active learning methods that involve communication and presentation of ideas.
- Repetition of material and thorough examples.
- Physical materials available to study and engage with.



WHERE THE ESFJ STRUGGLES:

- Highly conceptual material without applicable use.
- Little feeling or emotion being attached to the work.

Your Learning Style Distribution



1 - Visual

2 - Kinesthetic

3 - Auditory

Auditory learners gain from, enjoy, and practice exactly what the name suggests. There are a few common and noticeable traits of auditory learners. For example, they often talk out loud to themselves, a process that helps them process thoughts and ideas and gives them a chance to clear their mind.

When reading, auditory learners are known to recite text out loud. If in a location where that is not appropriate or doable, they'll move their lips as they read. While they benefit greatly from speaking, the auditory learner often struggles with remembering what they read, or in putting their thoughts to paper.

Tips for optimizing the auditory learning experience:

- Begin lessons and presentations with an overview of the process.
- Finish a document or presentation with a summary, giving the auditory learner a chance to recap. This is the old adage of "tell them what they are going to learn, teach them, and tell them what they have learned."
- Employing the Socratic method (https://en.wikipedia.org/wiki/Socratic_method) of lecturing is a preferred way to help the auditory learner absorb the material presented to them. It allows them to both take information from a lesson and use their own knowledge to fill in the gaps.
- Auditory learners typically react well to inclusive activities. Ideation sessions where topics are written on a blackboard, for instance, give them the chance to not only speak their ideas but to see them written down. This triggers memory and often leads to productive deep dives on a specific topic.
- Recitation activities also resonate well with auditory learners. The more conversational, the better!



Want to know **even more** about being a Visual-ESFJ learner ()?

Get your own personalized Visual-ESFJ premium profile and start taking your learning to new heights. In this [150+ page ebook](#) you will have a detailed breakdown of your results along with techniques specific to your learning style that can help you learn and retain information even faster.



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