**In September, an article named "GPA is everything: the prisoner's dilemma（囚徒困境） of young people in Chinese top universities" has aroused wide resonance(/ˈrɛzənəns/ 共鸣，反响) among college students. Some of the top university students in this article are exhausted but hard to extricate(/ˈekstrɪˌkeɪt使....摆脱，脱离/) themselves from the competition of GPA, and they are at a loss after such an intense competition. Our group would like to talk about this point today.**

**总说现状，引入观点（赵）**

**GPA is the abbreviation for "average grade point", which reflects the weighted average score of credit courses during the university period, and is also the main method of evaluating university students in China.**

**As a evaluation system, you can see GPA plays an important role in educational resources allocation. Scholarship evaluation, application for further study in Chinese mainland or abroad, employment and other aspects to which college students attach great significance are all closely related to GPA. That's why many students have a burning desire for high GPA and take every measure to seize it. Generally speaking, the higher class the universities are in, the more intense the competition around GPA will be. Those students who were always regarded as excellent students during middle school are now distressed by such never-ending competition. It sounds ridiculous, but in fact, the competition for GPA has become a fast-paced march in many universities. （GPA的定义，功能及导致学生竞争的原因 齐）**

**Further more, just as the description has stressed, GPA is the comprehensive performance of the scores of many courses, and the scores of each course are often accumulated by questions, answers, group work, stage demonstration, class presentation, final examination and thesis, etc. Thereby，it can be stressed that for any course to get excellent scores requires considerable efforts and the cosntant pressure of GPA lies in the competition all the time（绩点压力在于无时无刻不在的竞争）. A few years ago, there is a popular term called "Stanford duck syndrome"（斯坦福鸭子综合征）, which is used to describe the state of students in top universities like Stanford: they are like ducks on the water, looking leisurely, but duck palms are struggling to tumble under the water for fear of falling behind others.**

**引入斯坦福鸭子综合征，指出GPA带来的竞争压力（赵）**

**Objectively speaking, GPA is a set of evaluation system, but under this baton(/ˈbætən/指挥棒), there are many ineffective competitions. For example, some "water lessons" in which students can easily get high marks are quite popular. In many colleges and universities, there is a fixed routine of "grade point brushing", from rushing to ask and answer questions in the opening class, reciting the question bank of previous sessions in the mid-term examination, and blindly piling up words in the final paper In some extreme cases. Learning becomes a smart calculation and rational management with only utilitarian(/juːˌtɪlɪˈtɛərɪən/功利主义的) meaning. When the routine is widely spread, the standard of high score will rise, and more students are bound to do everything they can to strive for it. Such invalid competition is also called "Involution" competition. "Involution" was originally an academic term, which refers to the diminishing(/dɪˈmɪnɪʃ/减少的) marginal(/ˈmɑːdʒɪnəl/微小的) benefit of social development at a certain stage. （他用于描述不断减少的社会发展带来的益处）When used in academic competition of young people, it refers to unnecessary energy consumption and waste.**

**（GPA下的恶性竞争和内耗 吕）**

**Regarding GPA as the only priority is not desirable, which does not mean a total denial of the standardized scoring system. Recently, the Nobel Prize official released Einstein's report card when he was studying in high school in Alau, Switzerland in 1896. Contrary to popular rumors, Einstein also made excellent achievements in standardized evaluation. His achievements were good, especially in mathematics. Einstein's later achievements also proved that the evaluation of high school transcripts was not totally inaccurate. GPA evaluation system is similar to this. Those who can stand out among the public are definitely not ordinary people. Those students who are good at recitation, good at communication, and able to master the basic knowledge of multiple courses in a short period of time are also worthy of praise.**

**（指出GPA不是评判学生的唯一标准 尹）（但GPA有其正面意义）**

**So we can see GPA, though bringing students a great amount of pressure, can still help pick out those hard-working or talented students. That's why the school government can not simply abolish GPA evaluation system. But I want to point out another important reason: GPA, in some way, can spur some students to pay more attention to their courses. Many teachers worry that without GPA, students won't treat their courses seriously, so they introduce a variety of assessing system which determines students' GPA. For instance, in courses requiring students to do group work, a students' GPA is partly based on his group members comments on him. If a student does nothing for the group, other group members can give him a low mark. Thereby, students can not shirk their responsibility. To sum up, GPA still plays a very important role in picking out talents and encouraging students' hard work, so we can't abolish it.**

**(由于GPA在挑选人才及维持学生课程投入的作用，内卷问题不能通过单纯地废除GPA制度解决 齐）**

**What is wrong is not the evaluation itself, but the loopholes（漏洞） in the evaluation system. Therefore, it is necessary to reform the GPA evaluation system more carefully. For example, in 2019, the Ministry of education proposed to implement the "double ten thousand plan（双万计划）" to guide colleges and universities to eliminate "water courses" and create "golden Courses". In order to make students learn something in each course, we can reject "water course" with "dry goods" and turn "achievement point" into "accumulation", so as to evaluate students' real ability more scientifically, and avoid only spelling words without thinking, counting times but not quality, weighing numbers over quality.**

**（指出从学校层面如何避免内卷 赵）**

**However, it's obvious that the entire evaluation system can't be changed in a short time, and the 4 years ahead is just a tiny but extremely significant period in our life, how can we handle this situation? We interviwed a instructor in Weiyang College and she explained why our students are suffering from involution in her view. She said," Actually, our students are not fighting for love, they are fighting for fear. They wonder what they want to strive for all the time and believe that as long as they perform better than others in GPA, they will always have good options. Consequently, they fear that they will fall behind and become totally lost."**

**（提出学生面对现状 给出学生内卷主观原因 吕）**

**These days, many friends of mine has given such kind of complaint that:"Why does someone be regarded as a involuter, does it mean that it's a good thing when everyone no longer strive for their dream, no longer spare no effort to do what they should do? So we can see that the word involution has been abused nowadays, but to some extent, the reason why we abuse the word involution is out of our struggling, by this way we do such a self-mockery, and at the meantime we still choose to cheer up and go forward. Therefore, we should understand that involution is absolutely not equal to effort, when avoiding the vicious involution, what's also matters is that we never stop striving what we love and what we should do.**

**(指出目前内卷的滥用，并说明需要避免的是恶性内卷，而不是努力与追求。 尹）**

**So, in order to break the "prisoner's dilemma" of GPA, students need to look at the myth of GPA dialectically. Life is not necessarily a marathon of fixed track, but also a random walk in the forest path. University time is one of the best times to explore life's hobbies. With the heavy burden of fear for losing, and considering GPA as the only important criteria of our university life, I'm afraid it will be difficult to enjoy the journey whole-heartedly, and may also hinder us from finding out more possibilities.**

**(给出建议：拓展大学生活的多元可能 齐）**

**Broaden our horizons, and then the ivory tower（象牙塔） is not only a place for achievements, but an important gas station（加油站） in life. However, blinded by our fear to lag behind, we gradually forget what we truly love, and throw ourselves into exhausting, but meaningless competition. Therefore, in the face of GPA competition, we need to find our our direction.**

**That is to say, when we are trapped in the external environment, it is better to reexamine the direction and find the real meaning of life.**

**Okay, I'm quite enjoying my university life, because I am really doing what I've thought before enrollment. But I've got that quite a lot of schoolmates are suffering from the involution situation as student A and B have extented. from my point of view, in that I know my goal is to study what I really wanna, I do not spend my precious time on involution, which I think is unnecessary competition and time wasting.**