

# Vuk'uzenzele

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## Community organisations help women break free of abuse

**Gabisile Ngcobo**

**A**fter years of fearing for her life, a Free State woman escaped her abusive partner – thanks to the support she received from a community organisation.

“He was verbally abusive and said he would kill me,” Dieketseng Manyokho recalls.

The 32-year-old mother from Thaba N'chu is one of many South African women who have endured gender-based violence (GBV) at the hands of the men they love.

Even though she knew she deserved better, Manyokho could not leave her boyfriend because she was jobless and financially dependent on him. “I had to tolerate all the pain and him crushing my spirit so that I could put food on the table.”

With no one to turn to, she

stayed in the destructive relationship.

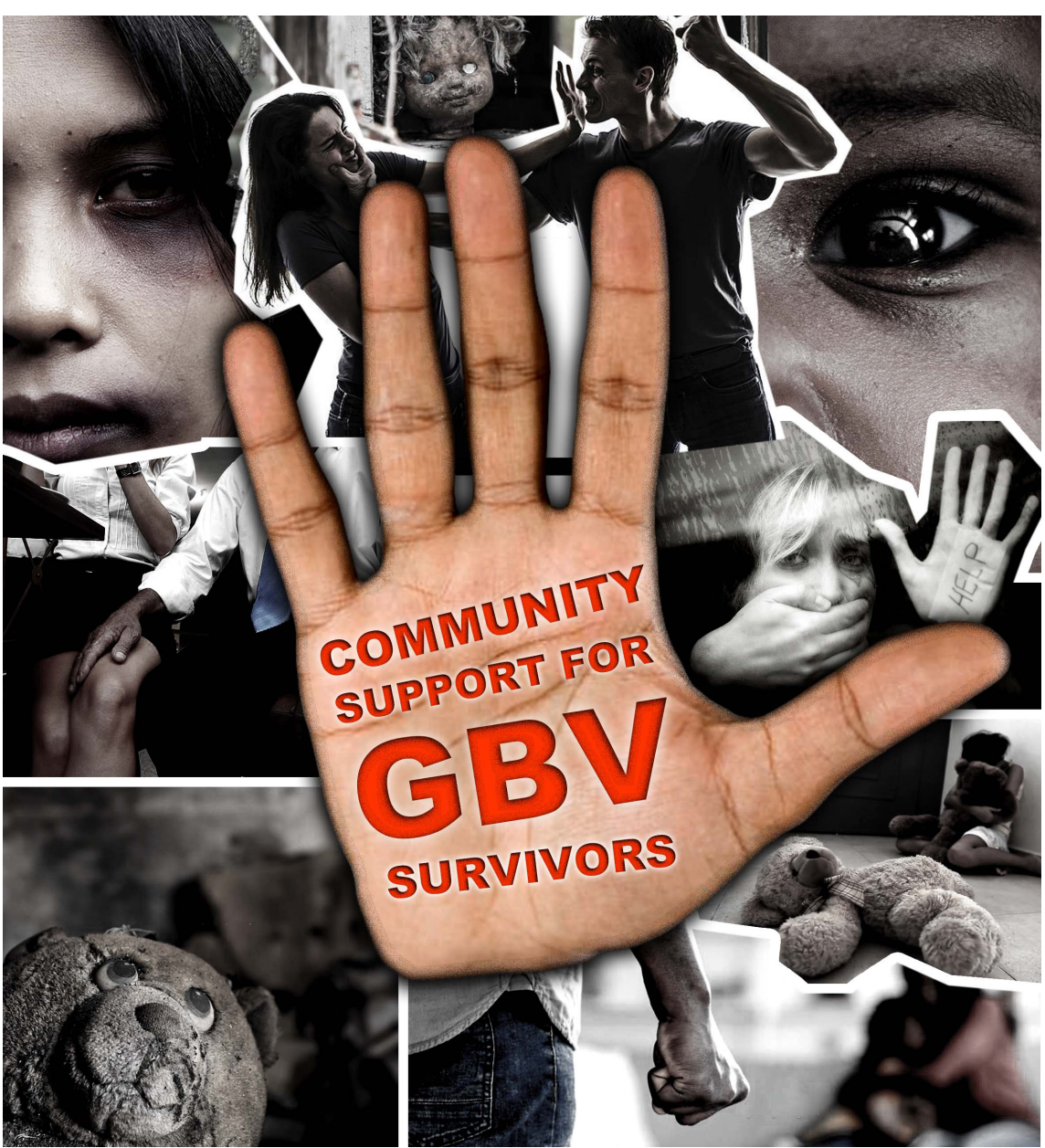
“I often wondered what would become of me because he always said he was going to kill me and that he had people watching my every move,” she says.

In 2020, desperate to break free, she finally reached out to a non-governmental organisation (NGO), Batho Ba Lerato Advice Centre, for help.

“The centre was able to arrange counselling for me, help me get a protection order and apply for child maintenance. They taught me how to be a woman who can stand on her own feet.”

Manyokho believes the centre gave her a new lease on life and she is starting to feel like herself again after enduring three years of abuse.

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# Ngoku kufuneka sithathe amanyathelo sikunye ukuze siphelise ubundlobongela obujoliswe kwabasetyhini

**I**be sisiqalo esibi kwi-Nyanga yaBasetyhini. Siphinde sakhunjuzwa ngenkohlakalo embi egqubayo kwisizwe sakuthi. Kwinyanga ephelileyo, iqela lamadoda nabasetyhini ababefota ividiyo yomculo kumgodi ongasasetyenziswayo kufutshane ne-Krugersdorp baye bahlaselwa ngabahaseli abaxhobileyo abathi badlwengula abasetyhini abasibhozo.

Ezi zenzo zoyikekayo zenkohlakalo ziyindelelo kwilungelo labasetyhini nakumantombazana ukuba bahlale kwaye basebenze ngokukhululekileyo nango-kukhuselekileyo.

Ngelixa belandela abarhanelwa kolu lwapulo-mthetho, iNkonzo yaMapolisa oMzantsi Afrika kufuneka inike ingqwalasela ngoko nangoko kwiinkxalabo zabahlali base-West Village, apho kwenzeke khona esi sehlo, abathi bangcungcuthekiswe ngamaqela emigulukudu exhobileyo kulo mmandla.

Abadlwenguli abafanelanga kuhlala nabantu. Sihlaba ikhwelo kuluntu ukuba lusebenzisane namapolisa ukuqinisekisa ukuba aba baphuli-mthetho bayabanjwa kwaye batshutshiswe. Abantu bakuthi akufuneki bakhusele abaphuli-mthetho abahlala phakathi kwabo.

Kuhlala kukho umntu owaziyo into kwiindawo zethu, oyivileyo into okanye okhe wayibona



into ethile. Ingxaki kukuba uninzi lwethu lukhetha ukuthula kuba umenzi wobubi engumhlobo, eliqabane okanye engumntu osebenza naye. Okanye soyika nje ukwenziwa amaxhoba. Kubalulekile ukukhumbula ukuba zonke iinkcukacha eziyimfihlo ezifunyenwe liziko loqagamshelwano le-SAPS *Crime Stop* ziphathwa ngemfihlo.

Ndihlaba ikhwelo kuye nabani na onolwazi ngolu lwaphulo-mthetho ukuba axele kwabasemagunyeni ukuze babanjwe abenzi bobubi.

Xa kujongwa ubungakanani bale ngxaki kwilizwe lethu, akusekho ukuphepha uxanduva lokuxela izenzo zolwaphulo-mthetho lokwabelana ngesondo.

Ngokomthetho omtsha okhoyo ngoku sonke sinoxanduva ngokomthetho, ukongeza kweli lokuvakalelwa kwethu njengabantu, lokuchaza kwabasemagunyeni xa

sinolwazi, urhano okanye sikrokrela ukuba ityala lokuxhatshazwa ngokwesondo olenziwe kumntu osesichengeni. Ngoku kukwaphulo umthetho ukungaxeli kwabasemagunyeni ityala lokuxhatshazwa ngokwesondo komnye umntu.

Lo mthetho uyinxalenye yeminye emithathu endithe ndayityikitya ekuqaleni kwalo nyaka eqinisa idabi lokulwa ubundlobongela obusekelwe kwisini kwaye unika inkxaso nokhuseleko olukhulu kumaxhoba.

Phakathi kwezinye izinto, imithetho yandisa umda weRejista yeSizwe yabaPhuli-mthetho Bokuxhaphaza ngeSondo, yomeleza inkqubo yokuhlola, kwaye yazisa iindidi ezongezelelweyo zamatyala okuxhaphaza ngokwesondo.

Iinkqubo ziyaqhubeka ukuze le mithetho isebenze. Oku kuquka uqeqesho lwabatshutshisi kunye noomantyi, ukukhutshwa

kwemiyalelo ngebheyile kuwo onke amagosa e-SAPS, nokuhlaziya amaphepha okubeka ityala ukuze aqube nezi ntlobo zintsha zamatyala.

Sizimisele ukuba zonke ezintsika zibekhona ukuze ii-arhente zeli zogcino-mthetho kunye neenkundla zibenokuphanda kwaye zitshutshise ngempumelelo enkulu ubundlobongela obusekelwe kwisini.

Ubundlobongela obusekelwe kwisini kunye nokubulawa kwabasetyhini yingxaki enzulu yentlalo.

Akwanelanga ukuba abenzi bobubi babanjwe, balaliswe eziseleni, bafunyaniswe benetyaka baze bagwetywe.

Kufuneka sisebenzisane ukulwa ezi zinto ziphembelela ubundlobongela obusekelwe kwisini kwiindawo esihlala kuzo, kuquka iingcinga kunye nezenzo ezikhokelisa phambili iimfuno zamadoda.


Ukuphelisa ubundlobo-

ngela obusekelwe kwisini kufuna ukuba sisebenze kunye njengabantu.

Oku kuthetha ukukhuthaza iingcinga ezintle malunga nokulingana ngokwesini kwiindawo esihlala kuzo, kwiindawo zethu zonqulo nakumakhaya ethu. Njengamadoda, kufuneka sibonise ukunganyamezeli kwethu ucalucalulo ngokwesini, umkhuba wokukhokelelisa phambili iimfuno zamadoda kunye nobundlobongela obusekelwe kwisini kwindlela esiphatha ngayo amaqabane ethu, oogxa bethu, oomama, oodade kunye neentombi zethu.

Nokuba kungabantu ngabanye, yimibutho, ngamashishini okanye abaqeshi, kufuneka sibe yinxalenye yeenzame zesizwe ngazo zonke iindlela esinokuba nazo, nokuba kukuvolontiya kwiindawo yokuhlala, sixhasa amaqonga amapolisa asekuhlaleni okanye sizibandakanye namaphulo okufundisa ezikolweni zethu.

Kanye njengokuba ubundlobongela obusekelwe kwisini buyingxaki yesizwe sonke, bukwaluxanduva lesizwesonke ukubuphelisa ngokupheleleyo.

Sesiqalisile, kodwa nje ngoko ulwaphulo-mthetho olubi e-Krugersdorp lusikhumbuza, kufuneka senze okuninzi kwaye kufuneka sisebenze ngokungxamisekileyo nangokuzimisela okukhulu. 



# Amathuba enkxaso-mali yemfundo kubantu abatsha

**Kgaogelo Letsebe**

**U**Sonia Malinga (23) wase-Piet Retief eMpumalanga uthi ukubangu mxhamli wenkxaso-mali yemfundo yakwa-Shoprite Group kuqinisekise ikamva eliqaqambileyo kuye

UMalinga wafumana inkxaso-mali yemfundo kumthengisi waseMzantsi Afrika ngowama-2018. Wafaka isicelo senkxaso-mali yemfundo emva kokugqiba amabanga esikolo esiphakamileyo e-Hoërskool Piet Retief.

“Ekukhuleni kwam, ndandifuna ukuba ngugqirha, kodwa kamva ndaqalisa ukuhlola ezinye iindlela. Ndifunde malunga nokulandelelana kweenkqubo ezibandakanyekayo ekuvelisweni nasekuhanjiseni kwe-

mpahla yorhwebo kwaye ndaphantse ndatsaleleka ngoko nangoko kuyo. Ndikhumbula ukuba ndandidla ngokuhlala ndibukele iilori zingena ziphuma kwidolophu yasekhaya kwaye ndizibuza ukuba ngubani owayeqinisekisa ukuba umgangatho kunye nobuninzi beempahla zichanekele kwanokuba zifika kwindawo yokuhanjiswa echanekileyo kusini na. Kulapho ndafumana khona uthando lwam,” utshilo uMalinga.

UMalinga ufumene isidanga se-BCom Honours kwi-Logistics Management kwiYunivesithi yase-Johannesburg waza waqala umsebenzi wakhe kwa-Shoprite njengomanejala oqeqeshwayo kwi ziko lokuhanjiswa kwe-

mpahla.

Ukuba yinxalenye ye-Shoprite Group kulwenze banzi ulwazi lukaMalinga ngeshishini loku-thengisa. “Kundifundise nangakumbi ngolawulo lokuhanjiswa kwempahla kwaye kundenze ukuba ndiqhubeke ndiphuhlisa izakhono zam kwaye ndiqhubele phambili nomsebenzi wam,” utshilo.

## Indlela yokufaka isicelo

Izicelo zenkqubo yenkxaso-mali yemfundo ezibandakanya konke yakwa-Shoprite Group zivulelekile kunyaka wemfundo wama-2023. Le nkxaso-mali yemfundo iqala kuma-R45 000 ukuya kuma-R70 000 ngonyaka, ngokusekelwe kummandla wokufunda kunye neziko lemfundo. Iquka imali yokufunda, iincwadi, izibonelelo zendawo yokuhlala


kwiziko lemfundo kunye nezivumelwano zokubasebenzela ixesha elithile.

Imiqathango yoku-faka isicelo iquka ukuba ngummi waseMzantsi Afrika, ugqibe imatriki/ibanga le-12 kwaye unga bi ngaphezulu kweminyaka engama-27 ubudala.

Inkxaso-mali zemfundo ziyafumaneka kule mimandla yokufunda ilandelayo kwaye abafak'izicelo kufuneka babe kunyaka omiselweyo wokufunda ngexesha lokufaka izicelo zabo:

- Izifundo ze-*Pharmacy* (unyaka wokuqala, owesibini, owesithathu nowesine)
- Izifundo ze-*Retail Business Management* (unyaka wokuqala, owesibini nowesithathu)
- Izifundo ze-*Accounting* (unyaka wesibini, owesithathu nowesine)
- Izifundo ze-*E-commerce: UI Design* (unyaka

wesibini nowesithathu)

- Izifundo ze-*Food Sciences* (unyaka wesibini, owesithathu nowesine)
- Izifundo ze-*Information Technology* (unyaka wesibini nowesithathu)
- Izifundo ze-*Logistics and Supply Chain* (unyaka wesithathu nowesine). 

Abafundi baseyunivesithi ababhalisiweyo abanomdibaniso wamanqaku ayi-65% nangaphezulu baya-khuthazwa ukuba bafake izicelo ngokutyelela iphepha leenkxaso-mali zemfundo ku-[www.Shopriteholdings.co.za](http://www.Shopriteholdings.co.za) okanye bathumele i-imeyili ku-[bursary@shoprite.co.za](mailto:bursary@shoprite.co.za) ngaphambi komhla wama-31 kweyeThupha.

**Owen Mngadi**

**S**uccessful entrepreneur Siyanda Mthethwa (36) has responded to the escalating fuel costs that are crippling small, rural businesses and households in Eshowe, KwaZulu-Natal, by launching an online grocery business. Established in 2020, Kuloola, which is derived from the Zulu word Kulula ('it's easy'), delivers groceries to the doorsteps of rural homes and spaza shops in Eshowe.

Kuloola operates through WhatsApp, SMS, Please Call Me and online. Grocery orders are packed and delivered by local third-party delivery agents within 24 hours, at a fee of R40, which is up to three times less than what customers typically pay for transport.

According to Mthethwa,

## Online grocery delivery service takes Eshowe by storm



Online grocery business Kuloola is growing in Eshowe.

Picture supplied by Siyanda Mthethwa.

villagers had to travel more than 40km to town. Rural spaza shop owners, including his grandmother, were hard hit by the rising fuel costs as they stock twice a week.

In 2019, he bought a bakie and started operating. His customer base incre-

ased, which prompted him to formalise it and seek funding.

“I received private funding of R1 million, which helped me to get three delivery vans and a small warehouse where we operate our call centre in Eshowe. The call cen-

tre is a critical component of our business because people do not have internet access here and they do not have airtime in most cases. They can simply send a ‘Please Call Me’ and we will respond,” he says.

Kuloola has since added seven vans to its fleet and now employs 22 permanent employees. Mthethwa provides delivery services to over 2 000 customers each month, the majority of whom are owners of spaza shops.

Young people with smartphones also have opportunities to work as ambassadors to recruit customers from their villages and earn commis-

sion. Mthethwa says he is earmarking the next town, Empangeni, to offer the same services.

He says he has partnered with supermarkets that prepare orders instead of using his warehouse.

“After the July 2021 looting and persistent fuel hikes, the demand for our services has increased.

There is now a demand for other items like appliances that we need to take into account,” he says.

Mthethwa’s plan is to grow the business across the province as a solution to escalating fuel costs. He also plans to add long-distance services from the city to rural areas.

For more information about Kuloola, visit [www.kuloola.com](http://www.kuloola.com).