

Vuk'uzenzele

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Community organisations help women break free of abuse

Gabisile Ngcobo

After years of fearing for her life, a Free State woman escaped her abusive partner – thanks to the support she received from a community organisation.

“He was verbally abusive and said he would kill me,” Dieketseng Manyokho recalls.

The 32-year-old mother from Thaba N'chu is one of many South African women who have endured gender-based violence (GBV) at the hands of the men they love.

Even though she knew she deserved better, Manyokho could not leave her boyfriend because she was jobless and financially dependent on him. “I had to tolerate all the pain and him crushing my spirit so that I could put food on the table.”

With no one to turn to, she

stayed in the destructive relationship.

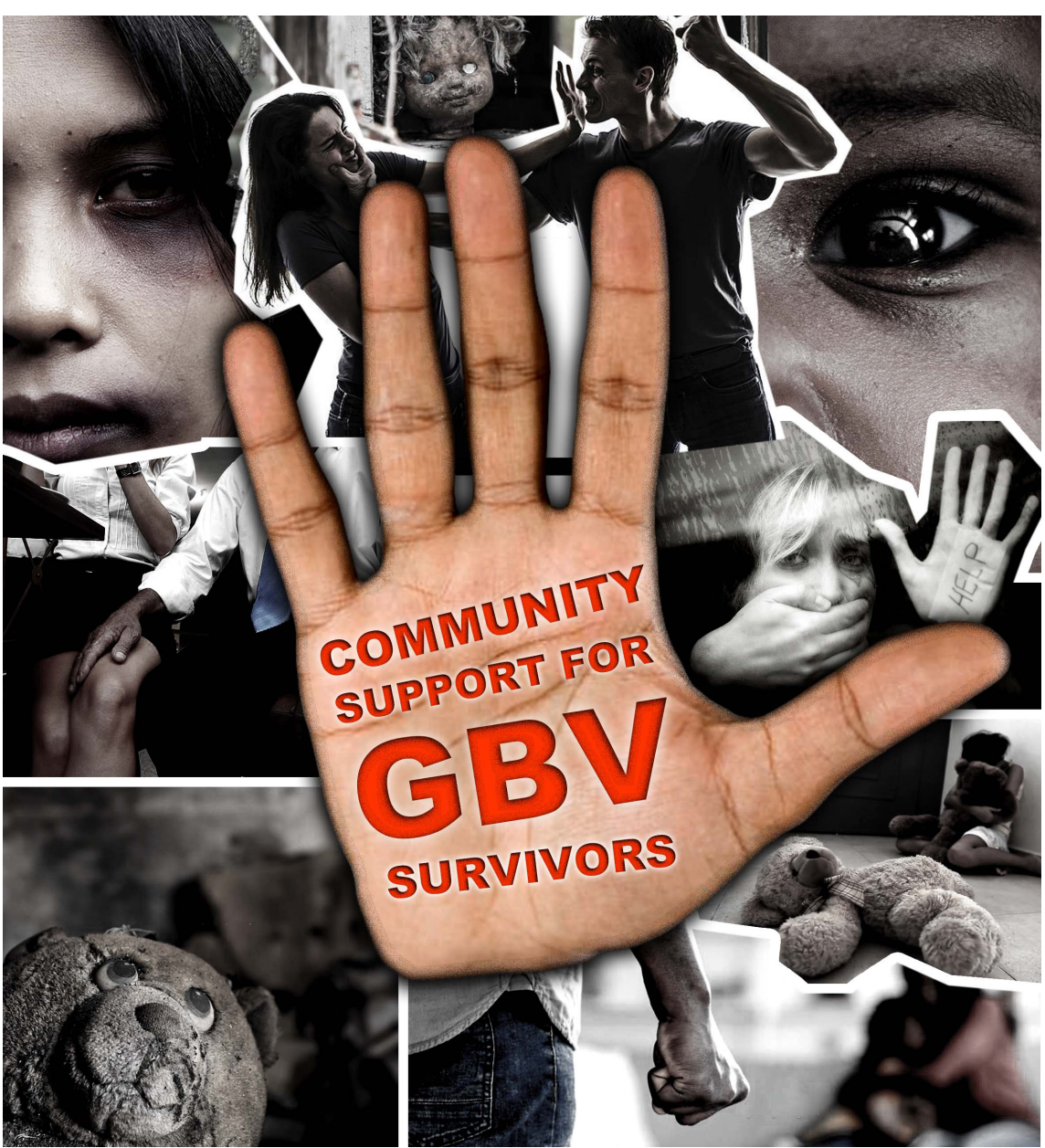
“I often wondered what would become of me because he always said he was going to kill me and that he had people watching my every move,” she says.

In 2020, desperate to break free, she finally reached out to a non-governmental organisation (NGO), Batho Ba Lerato Advice Centre, for help.

“The centre was able to arrange counselling for me, help me get a protection order and apply for child maintenance. They taught me how to be a woman who can stand on her own feet.”

Manyokho believes the centre gave her a new lease on life and she is starting to feel like herself again after enduring three years of abuse.

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Sisoke Kumele Sirorobhele Ukuqeda Izenzo Zenturhu Egothele Abantu Abasikazi

Siyithome ngobuhlungu nangokudana iNyanga yaboMma.

Sibuye godu sahlangebana nehlangothi elimbi nelinesihluku lamalunga womphakathi welizwe lekhethu.

Ngenyanga ephelileko, isiqhema sabantu abasikazi nabaduna egade sigadangisa ividiyo yombhino emayini engasasebenziko hlanu kwe-Krugersdorp, sasahlelwa migulukudu eyakata ngokudlhegana abantu abasikazi ababunane.

Izenzo zelunyezi nezihlahlathisa umzimba zisiqabo ekuqinisekiseni amalungelo wabomma nabentazana wokuthi baphile, basebenze ngokutjaphuluka nangokuphepha.

Ije kusazunyanwa nabasolwa bobulelesobu, iButho lamaPholisa weSewula Afrika kumele lizitjheje khona-nje iinlilo zomphakathi we-West Village, lapho isehlakalwesi senzeke khona. Umphakathi wendawo le ulila ngokuba ngaphasi kwegandelelo nokukhahlunyezwa magenge ahlala ahlomile phakathi komuzi.

Abagagadlheli abanayo indawo emphakathinekhethu. Sikhombela imiphakathi isebenzisane namapholisa ukuqinisekisa ukuthi imigulukudu le iyabotjhwa beyitjhutjhiswe. Imiphakathi yelizwe lekhetu ayikameli ikhoselise



imigulukudu.

Kuvamile bona kube nomuntu emphakathini wekhethu owazi okuthileko, ozwe okuthileko nofana wabona okwenzekileko. Umraro kukobana inengi lethu likhetha ukuvale phetjheya ngombana bahlobene nomgulukudu loyo, umlingani nofana umlingani ngokomsebenzi. Ngahlanye mhlambe sesaba ukuvukelwa migulukudu le. Kuqakathekile ukukhumbula ukuthi ukuhlebelakwakho iziko lokuKhandela ubuLelesi lakwaSAPS (i-SAPS Crime Stop) kuhlala kuyifihlo.

Ngikhombela nanyana ngubani onelwazi elithileko ngobulelesobu abikele iimphathimandla khona imigulukudu leyo izakubotjhwa.

Ngendlela sewurhagele ngakho umraro wemilandu yezomseme elizweni lekhethu, akuseselula

ukubalekela ukwenza okulungileko, ubike ubulelesobu.

Ngokwemithetho emitjha ekhitjelweko esele isetjenziswa, umuntu ngamunye unesibopho sokubikela iimphathimandla nofana abathobelisimthetho nge-lwazi elithileko, ukurhona okuphathekako, iinsolo ngomlandu wezomseme owenziwe emuntwini onganabuyo. Mvanje sele kuthathwa njengomlandu ukuhlala ungabiki umlandu wezomseme.

Le kuyingceny yinye yemithetho emithathu engayitlikitla ekuthomeni komnyaka eqinisa ipi yokulwisana nenturhu eqothele bobulili obuthileko begodu imithetho le inikela ngesekelo elingeneleleko nokuvikelwa kwabongazimbi.

Hlangana nokhunye, imithetho le inabisa

ukusebenza kweRejista yeliZweloze yezePhulamthetho zezoMseme (i-NRSO), ukuqinisa ikambiso yokuhlungwa kwamabizo nokungezelela imikhakha emitjha yeze-phulamthetho zezomseme.

Ayaraga amahlelo wokwabela imithetho le emakorweni ahlukahlukene, khona izakuthoma ukusetjenziswa. Lokhu kufaka hlangana ukubandulwa kwabatjhutjhis nabomarhastrada, ukukhupha imileyo mayelana nebheyili nokubuyekezwa kwamaforomo wemilandu ukuthi afake imihlobo emitjha yemilandu.

Sizimisele ngokunzisa zoke iinjamiso zomthethwezi, khona iimphathimandla eziqalelela ukuthotjelwa komthetho namakhotho zizakukghona ukuphenya nokutjhutjhis ngefanelo imilandu eqothele bobulili obuthileko.

Inturhu eqothele bobulili obuthileko nokubulawa kwabomma kumraro osele unemirabhu emphakathini.

Akukaneli ukuthi abaphehli benturhu babotjhwe, batjhutjhiswe, bafunyanwe bamlandu bebagwetjwe, kodwana kumele sibambisane ngokuqalana nabonobangela benturhu eqothele bobulili obuthileko emiphakathi yelizwe lekhethu, okufaka hlangana izenzo zokukhahlumeza nemikhuba yabantu abaduna phezu kwabanye abantu.

Ukuruthula ngomrabhu inturhu eqothele bobulili obuthileko kudinga bona sibambisane sisitjhaba.

Lokhu kutjho ukuthi kumele sitjale ummoya wezenzo ezihle mayelana nokulingana ngokobulili emiphakathini yekhetu, eenkeregeni nemakhaya wethu. Njengamadoda kumele sitjengise ukungawamukeli umukghwa wokubandlulula ngokobulili, igandelelo labaduna nenturhu eqothele bobulili obuthileko ngendlela esiphatha ngayo abalingani bethu, abalingani ngokomsebenzi, abomma, abodadwethu namadodakazi.

Nanyana njengabantu ngamunye, siziinhlango, simabhizinisi nofana sibaqatjhi, kumele sibe yingceny yomzamo welizwe ngendlela esingakghona ngayo ngokufaka isandla eendaweni ezikholesisa abanganamakhaya, ukusekela amaforamu womphakathi alwisana nobulelesi namkha sijoyine amajima wokuyelelisa ngobulelesi eenkolweni zethu.

Njengombana inturhu eqothele bobulili obuthileko imraro womphakathi woke nje, kusibopho somphakathi ukuyiphelisa safuthi.

Sele sithomile, kodwana njengombana isehlakalo sobulelesi belunya esenzeke e-Krugersdorp sisikhumbuza, kunengi ekusamele sikwenze begodu seque msinyana nangendlela ekungiyi. **V**

Amathuba Wemifundalize Enikelwa Ilutjha

Kgaogelo Letsebe

U-Sonia Malinga (oneminyaka ema-23) we-Piet Retief eMpumalanga uthi ukuba mzuzi womfundalize onikelwa yi-Shoprite Group kumakhele ikusasa elikhanyako.

UMalinga wafumana umfundalize kilesisitolo seSewula Afrika ngomnyaka wee-2018. Wathumela isibawo somfundalize nge-mva kokuqeda isikolo e-Hoërskool Piet Retief.

“Nangisakhulako, ngangifuna ukuba ngudorhodere kodwana ngokukhamba kwe-sikhathi ngathoma ukwakhela eminye imikhakha umkhanyo. Ngezwa ngeemfundo zokuPhathwa kweThungelelwano lokuThenga neze-Logistics (i-Supply

Chain and Logistics Management) yangikarakhonokho. Ngikhumbula ukuthi ngangihlala ngibukela amatrogo angena aphuma edrobheni lekhethu ngizibuza ukuthi ingabe ngubani owayeqinisekisa ngezinga lekhwalithi nomthamo wepahla nokuthi umthwalo uyafika endaweni efaneleko. Lavumbuka lapho ithando lami kilomsebenzi,” kwatjho uMalinga.

UMalinga wafumana iziqu ze-BCom Honours in Logistics Management eYunivesithi yeJwanisbhege bewathoma ngomsebenzi wokuba mphathi osathwasi-swako ngoMhlolanga wee-2021. Mhlaphanje, ukhutjhulelwe esikhundleni sokuba Mhlaziyi Wokuzaliselelwa Kwe-pahla e-Shoprite esentha esabalalisa ipahla.

Ukuba yingcenyeye-Shoprite Group kunabise ilwazi likaMalinga mayelana nebubulo lokuthengisa. Uthi, “Kungifundise khudlwana mayelana ne-Logistics Management kwangisiza godu ukuraga nokuthuthukisa amakhonofundwa nokuragela phambili ngebizelo lami.”

Sifakwa Bunjani Isibawo

Ihlelo lokufakwa kweembawo zomfundalize we-Shoprite Group ofaka koke zomnyaka wee-2023, sele livuliwe. Umfundalize lo ngewemali esuka ee-R45 000 ukufikela kezi-R70 000 ngomnyaka, kuye ngomkhakha ofundelwako neziko lezefundo. Lomfundalize ubhadela iindleko zokufunda, ukuthengwa

kweencwadi, imali yamalalo ngaphakathi esikolweni begodu uza nombandela wokuthi utlikitle isivumelwano sokobana usebenze kwa-Shoprite nasele uqedile ukufunda.

Imibandela yokuba mzuzi ifaka hlangana ukobana kumele ube sisakhamuzi seSewula Afrika, ube neemfundo zikamethrigi namkha iGreyidi ye-12 begodu iminyakakho ingadluli kema-27.

Imifundalize iyafumaneka emikhakheni yezefundo elandelako begodu abenziimbawo kumele babe semnyakeni othileko wokufunda ngesikhathi abenza ngaso isibawo somfundalize:

- Iimfundo ze-Pharmacy (umnyaka wokuthoma, wesibili, wesithathu newesine).
- I-Retail Business Management (umnyaka wokuthoma, wesibili newesithathu).

- I-Accounting (umnyaka wesibili, wesithathu newesine).
- I-E-commerce: UI design (umnyaka wesibili newesithathu).
- I-Food Sciences (umnyaka wesibili, wesithathu newesine).
- I-Information Technology (umnyaka wesibili newesithathu).
- I-Logistics and Supply Chain (umnyaka wesithathu newesine). **U**

Abafundi abatlolisileko eyunivesithi bafumana isilinganisano samamaksi afikela ema-65% nangaphezulu bayakhuthazwa ukwenza isibawo ngokungena ekhasini lemifundalize ku-www.Shoprite-holdings.co.za nofana bathumele iposommoya ku-bursary@shoprite.co.za Ngaphambi komhla wama-31 kuRhoboyi.

Owen Mngadi

Successful entrepreneur Siyanda Mthethwa (36) has responded to the escalating fuel costs that are crippling small, rural businesses and households in Eshowe, KwaZulu-Natal, by launching an online grocery business.

Established in 2020, Kuloola, which is derived from the Zulu word Kulula ('it's easy'), delivers groceries to the doorsteps of rural homes and spaza shops in Eshowe.

Kuloola operates through WhatsApp, SMS, Please Call Me and online. Grocery orders are packed and delivered by local third-party delivery agents within 24 hours, at a fee of R40, which is up to three times less than what customers typically pay for transport.

According to Mthethwa,

Online grocery delivery service takes Eshowe by storm



villagers had to travel more than 40km to town. Rural spaza shop owners, including his grandmother, were hard hit by the rising fuel costs as they stock twice a week.

In 2019, he bought a bakie and started operating. His customer base incre-

ased, which prompted him to formalise it and seek funding.

“I received private funding of R1 million, which helped me to get three delivery vans and a small warehouse where we operate our call centre in Eshowe. The call cen-

tre is a critical component of our business because people do not have internet access here and they do not have airtime in most cases. They can simply send a ‘Please Call Me’ and we will respond,” he says.

Kuloola has since added seven vans to its fleet and now employs 22 permanent employees. Mthethwa provides delivery services to over 2 000 customers each month, the majority of whom are owners of spaza shops.

Young people with smartphones also have opportunities to work as ambassadors to recruit customers from their villages and earn commis-

sion. Mthethwa says he is earmarking the next town, Empangeni, to offer the same services.

He says he has partnered with supermarkets that prepare orders instead of using his warehouse.

“After the July 2021 looting and persistent fuel hikes, the demand for our services has increased.

There is now a demand for other items like appliances that we need to take into account,” he says.

Mthethwa’s plan is to grow the business across the province as a solution to escalating fuel costs. He also plans to add long-distance services from the city to rural areas.

For more information about Kuloola, visit www.kuloola.com.