People with complete blindness or low vision often have a **difficult time self-navigating outside well-known environments**. In fact, physical movement is one of the biggest challenges for blind people, explains World Access for the Blind. Traveling or simply walking down a crowded street may pose great difficulty. Because of this, many people with low vision will bring a sighted friend or family member to help navigate unknown environments. As well, blind people must learn every detail about the home environment. Large obstacles such as tables and chairs must remain in one location to prevent injury. If a blind person lives with others, each member of the household must diligently keep walkways clear and all items in designated locations.

Key coping strategies for those who are blind or have severe visualimpairments include the use of braille, large raised lettering or raised line

drawings, braille and audio tape. Note, however, that braille is preferred

by only about 10% of people who are blind (normally those blind from early in

life). Those who use braille, however, usually have strong preferences for

it, especially for shorter documents. Raised lettering must be large and is

therefore better for providing simple labels on raised line drawings than for

extensive text.

**People who are blind may have difficulty/trouble in terms of viewing documents, books, magazines, etc.**

**Blind People are having a hard time identifying objects, colors, currency(in terms of money) , appearance of other people**