

Community Breakfast on Aurora (CBA)

Information and Serving guidelines: (5/14/20)

Our mission is to show practical love and care to our neighbors on Aurora Avenue North in order to practice hospitality and show the love of Christ through food, supplies, and care.

Our key verse:

"If you give some of your own food to [feed] those who are hungry and to satisfy [the needs of] those who are humble, then your light will rise in the dark, and your darkness will become as bright as the noonday sun." - Isaiah 58:10

OR

"Suppose a brother or sister does not have any clothes or daily food and one of you tells them, 'Go in peace! Stay warm and eat heartily.' If you do not provide for their bodily needs, what good does it do? In the same way, faith by itself, if it does not prove itself with actions, is dead." - James 2:15-17

OR

"Whoever oppresses the poor insults his maker, but whoever is kind to the needy honors him." - Proverbs 14:31

About the Ministry:

Thank you for your willingness to serve those in need on Aurora Avenue in Shoreline!

This is a very simple ministry. We serve a light breakfast /coffee tea every Tuesday at One Cup Coffee. We share love with and pray for those in need. The food we serve varies week to week, but mostly there are muffins / scones / Yogurt with fruit and Granola. We also have personal items to help individuals in need like hand sanitizers / gloves / hats / socks.

Note: We need your help to add to the food ideas and personal items. If you want to contribute / please reach out to Mariño Carranza marino.carranza@gmail.com.

Information and Contact Info

Below are some basic information and guidelines we need you to read and understand before serving in this ministry. We will walk thru these your first time you are serving. You will always have a "lead" on any given service day, who knows the routine and guidelines, and can answer any questions. Currently we have 3 leads:

- Mariño Carranza marino.carranza@gmail.com: Ministry lead / Team lead
- Scott Sund scotts@churchbcc.org: Pastor/ Team lead
- Mike Eslinger mikeesl@hotmail.com: Team Lead

Information and Guidelines

Location: The Junction (site of Bethany North and Coffee Shop) 16743 Aurora Ave N, Shoreline, WA 98133

Time: we ask servers to be at One cup at 7:00am

Bring with you:

Required: Mask / a servant's attitude

Provided: Gloves / all service and food items needed

Advised:

It can get cold fast on Aurora. In the winter having warm clothes is critical. Strongly advise warm boots with thick soles in the winter. The cold from the concrete can be... cold!

The Process:

We spend some time in the Bethany North office at the back of One Cup getting ready and praying. We try to start setting up in front of One cup at 7:15am and serve from 7:30-9:00. We then pull our supplies back into the office, clean things off and up and send folks home. Note we understand that you may not be able to stay till 9am (jobs / family / etc). That can be OK. Please make sure you reach out to your lead for that day and coordinate this.

Guidelines:

Here is some information that is critical to remember and follow. We will always walk thru these if it is your first time or if we think we should do a refresher. If we forget... please ask!

1. Safety First:

- a. We need to follow all required social distancing guidelines. So this means we try to stay away from each other at 6', and the same to those we serve. We have a set up that allows this to happen pretty well. We will show you this process. But there are times our guests we serve want to get closer, or you can't hear them because Aurora is noisy, etc. Be smart and cautious, but do so with love and compassion.

2. The guests:

- a. Are usually very gentle, and extremely appreciative. But there has been one instance where a fight broke out between 2 guests. It was not a threat to those serving, **but never go towards a fight / argument to try and help or break it up. Always move away from any tension, and call 911 if any signs of danger. This is critical to remember.** This was only a one time occurrence in most all of the years of serving on Aurora. But a good reminder

3. Hospitality

- a. Many of our guests on Aurora are not used to being served or loved. We hope to not only give them things, or serve them breakfast, we attempt to serve them with the Love of Christ. The words of Jesus are especially helpful here: "Truly I tell you,

whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Matthew 25:40).

- b. As people arrive, ask them with kindness, "Good morning, can I serve you breakfast? Is there anything you need? How is your day going?" These might seem like no brainers, but we need to be reminded every time on the street, we aim to HOST and be HOSPITABLE as we serve others as Christ has served us. And remember, we may be serving Angeles unaware: "Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."

4. Prayer:

- a. Of course those in need not only need food or supplies, but love and prayer. Note right now you can't walk up and hold on to and pray for someone like we want to do. (see 1a above). But you do want to listen and look for opportunities to pray for folks and to do so. it is very appreciated by those in need. Just keep some distance and do so. it will still be very appreciated, and they are understand the social distancing issues and why we all need to follow them. If a guest shares a hard story or a place of struggle, encourage the conversation to move from personal to a spiritual one if the Spirit is nudging you in this direction. Ask the person with compassion: "Can I pray with you?" Use their name, their situation, and pray to God the Father on their behalf. Pray for healing and hope.

5. Scope of Services:

- a. We only serve what we have to offer that week. Do not make any promises of money, gift cards, goods, or services. What we have to offer that day is what we are able to serve. We do not do lodging or cash or transportation. We are a simple weekly ministry to provide weekly meals.

Looking for resources?

Go to crisisconnections.org

Go to GET HELP

Go to EMERGENCY SERVICES BROCHURES

This is the SHELTER BIBLE

Links here for every active shelter, current mental health resources, etc

Housing Resources: If someone needs a place to stay,

Best advice: Compass At Ronald Commons

Ronald Commons is an affordable housing development in Shoreline just north of The Junction at 178th Street between Aurora Avenue North and Linden Avenue North. The

mixed-use building includes 60 units of affordable housing owned and operated by Compass Housing Alliance and is complemented by a 12,000 square feet Hopelink Integrated Service Center and food bank.

Address: 17920 Linden Ave N, Shoreline, WA 98133

Phone: (206) 474-1450

Mental Health Resources

If private insurance: Explore through your insurance policy, behavioral health care resources

If on public health: King Crisis Line: 1-866-427-4747 or 206-461-3222

Snohomish County Crisis Line: 1-800-584-3578

Really? Crisis Line? Yes. Historically these are suicide crisis support lines, but that's a misnomer to their relative service. These are relative mental health clearing house for people in public sector that need help. If you have bipolar, tragic grief and loss thoughts, basically a gigantic scope of care. Just call these lines and they will help you triage and find support. Crisis lines can direct to specific help available.

King County Resources have great resources online
Have services to low-income people in need.

From King County.Gov on Philosophy of Care

Based on the Ten Fundamentals of Recovery, we believe in treating the whole individual, not just the illness. We also offer supportive services that enhance the effectiveness of mental health treatment. By offering this broad array of services, we help individuals achieve their full potential and improve their overall quality of life.

Client Services

If you're interested in services, call our Client Services line:

206-263-8997 or 1-800-790-8049.

King County offers services for people who are in a behavioral health crisis These services are available 24 hours a day, 365 days a year.

Crisis and Commitment Services (CCS)

King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for **involuntary detention** in psychiatric facilities according to the State of Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34.

Crisis and Commitment staff who perform these duties are referred to as **Designated Crisis Responders** (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis.

Crisis and Commitment Services are available 24 hours a day, 365 days a year.
Phone: 206-263-9200

To learn more about resources for mental health in King County:

Go to crisisconnections.org

Go to GET HELP

Go to EMERGENCY SERVICES BROCHURES

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