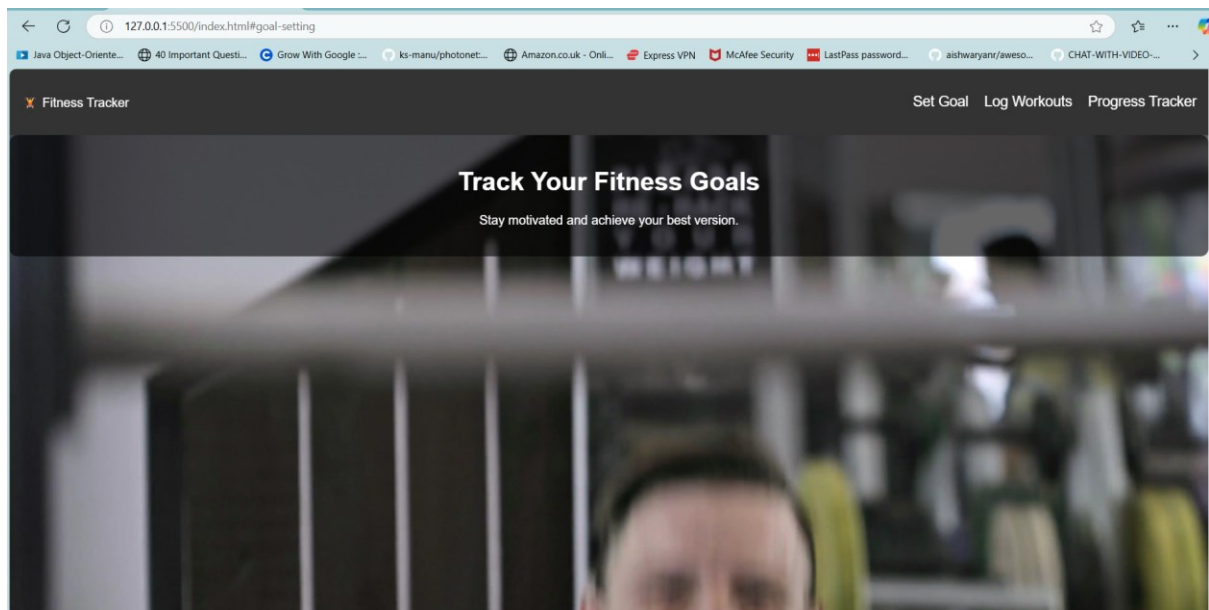
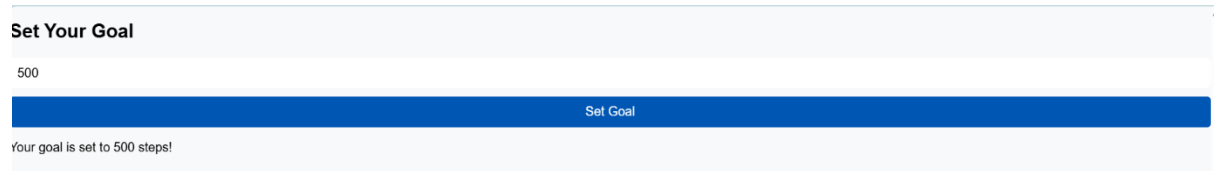


## 1.Welcome page with Background Video

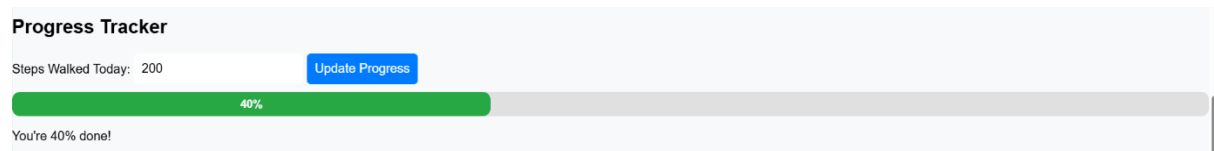


Set Goal Log Workouts Progress Tracker

## 2.Functional Options Selection buttons



## 3.Setting Goal



## 4.Progress Tracker

Log Your Workouts

walk

60

Log Workout


## 5. Logging Multiple Workouts Routines

Log Your Workouts


walk

60

Log Workout

- walk - 60 min 

Workout History

- walk - 60 min 

## 6.Workout history with deletion option



## 7.Workout Gallery