

Stop Coaching From YouTube. Start Running a System.

Used by 2,800+ coaches across 47 states. Built for Teams That Want to Win.

[Try Free Tools Now](#)
[Level Up My Coaching](#)



Start Coaching Smarter — For Free

You don't need to pay to get better. These free tools are built to help you run better practices and feel more confident — right away.



Coaching Assessment

A quick 10-minute quiz about your team and coaching style.

- Custom PDF with next steps
- A plan built just for you
- Tools that match your coaching needs

[Take Assessment](#)



Free Video Library

Powerful videos covering everything from drills to full systems.

- Watch before practice
- Easy to follow and teach
- No signup needed

[Watch Now](#)



Coach Community Access

A free online space to learn and share.

- Ask questions anytime
- Get advice from other coaches
- Never feel like you're doing it alone

[Join](#)

You don't need to wonder... You just need the right tools...

Ready to Go From Scrambling to In Control?

New coach or seasoned vet, solo or staffed — POWLAX gives you a system that saves time, engages players, and builds confidence every time you coach.

Coaching Kits

For coaches who want to run better practices fast.

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Practice-Ready Plans – Pre-built drills and layouts so you're never guessing what to run.

Coach Smarter, Not Harder – Master Class training gives you the why behind every rep.

Parent-Comms Made Easy – Done-for-you emails to keep the sideline calm and supportive.

[Explore Coaching Kits](#)

Team HQ

For teams who need a complete system — coaching, players, and parents aligned.

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One Hub, Every Tool – Plans, playbooks, videos, and tracking all in one place.

Players Show Up Ready – Playbooks + Skills Academy get reps done before practice starts.

Alignment – Shared playbooks, leaderboards, and comms create clarity at every level.

[Discover Team HQ](#)

2,864 U.S. Coaches Know What Works.

“If you can see it, you can be it — that's what you're doing. You're showing us.”



Ed McCarthy

35-Year Coach, Club Director, Presenter,
Speaker

<i>Today, every kid wants to know why. And you do probably the best job I've ever seen on how to communicate the why to your kids."</i>	

Why Coaches Keep Coming Back to POWLAX



Free To Start



Built for Youth Coaches



From Practice Plan to Game Day, We've Got You.



Plans, Drills, Strategy, and Player Tools — All in One Place.

Frequently Asked Questions

Do I need to be a pro coach to use this?

Not at all. POWLAX was built for new, volunteer, and part-time coaches who want a system that works.

How fast can I use this in practice?

How does Team HQ help my players, not just me?

What if I'm mid-season — is it too late to start?

What if my team or budget is small?

You've Got One Season. Let's Make It Great.

Start with free videos. Upgrade to a system when you're ready. Either way, POWLAX is here to help you plan smarter, teach better, and enjoy the season.

[Access Free Coaching Videos](#)
[Explore Coaching Kits + Team HQ](#)

Plan smarter. Practice faster. Coach with confidence.