

Paige E. Olsen

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976 N Gibert Ct
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Work Experience

- Crunch Fitness Vancouver Plaza - Vancouver, Washington October 2018-July 2021
Personal Trainer at Crunch Fitness where I work with clients to improve mobility and function
Some of my clients present with extreme mobility challenges which I've assisted in improving
such as a complete knee dislocation and a traumatic car injury resulting in almost 30 broken
bones.
- Legacy Meridian Park Medical Center – Tualatin, Oregon January 2017-May 2017
Cardiopulmonary Intern for the Outpatient Cardiopulmonary Clinic. During my 5 month intern-
ship I completed 440 hours with tasks ranging from assisting classes to interpreting rhythms,
taking blood pressures, blood glucose, completing six minute walk tests, exercise classes and as
an internship project I implemented a class using inspiratory muscle training devices for pul-
monary patients.
- United States Army Reserves – Vancouver, Washington October 2015-December 2017
68M- Nutrition Care Specialist for the Army Reserves stationed out of Vancouver, Washington
at the rank of specialist. Duties at drill include working with a dietitian, 1LT Lopez-Stickney to
plan and prepare lunch for the entire company as well as work with soldiers who need to lose
weight on their nutrition and exercise habits.

Educational Experience

- Washington State University – B.S. Biology Graduation: December 2020
Vancouver, Washington
- Washington State University – B.S. Nutrition and Exercise Physiology Graduation: May 2016
Pullman, Washington
- Clark Community College – Associates of the Arts Degree Graduation: June 2011
Vancouver, Washington

Certifications

- Learn JavaScript September 2021
Codecademy Course
- Learn jQuery October 2021
Codecademy Course
- Learn HTML September 2021
Codecademy Course
- Learn CSS September 2021
Codecademy Course

Projects

- Exercise App October 2021
A versatile, clean, and helpful website where you can choose from a wide selection of
area-specific exercises to make your best daily workout.
Collaborators: Mark Lohse-Miranda, Muhammed Abbasi and Melyssa Dennis
GitHub Link: <https://github.com/Willowsmith/ExerciseIsFun>
- Coding Quiz App September 2021
Utilized JavaScript to provide a fun, interactive coding game which will test your
knowledge and present your score at the end. Get an answer wrong and your time de-
creases. Play again and compete with past scores using local storage
GitHub Link: https://github.com/POlsen-92/Coding_Quiz
- Weekday Scheduler App September 2021
Schedule appointments throughout the day which will be saved into local storage and
provide color coding for what is in the past, current or future
GitHub Link: https://github.com/POlsen-92/Work_Day_Scheduler