

# Paige E. Olsen

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(360) 513-4178

976 N Gibert Ct  
Ridgefield, WA 98642

## Work Experience

- Crunch Fitness Vancouver Plaza - Vancouver, Washington October 2018-July 2021  
Personal Trainer at Crunch Fitness where I work with clients to improve mobility and function  
Some of my clients present with extreme mobility challenges which I've assisted in improving  
such as a complete knee dislocation and a traumatic car injury resulting in almost 30 broken  
bones.
- Vancouver Anytime Fitness — Vancouver, Washington September 2017-October 2018  
Personal Trainer and Gym Manager at Anytime Fitness by the Vancouver Mall. I work with mem-  
bers of the gym to help them succeed with their goals as well as manage a large portion of the  
gyms social media presence through Facebook and Instagram. I also teach two bootcamp classes  
every week with different focuses based on the day.
- Legacy Meridian Park Medical Center – Tualatin, Oregon January 2017-May 2017  
Cardiopulmonary Intern for the Outpatient Cardiopulmonary Clinic. During my 5 month intern-  
ship I completed 440 hours with tasks ranging from assisting classes to interpreting rhythms,  
taking blood pressures, blood glucose, completing six minute walk tests, exercise classes and as  
an internship project I implemented a class using inspiratory muscle training devices for pul-  
monary patients.
- United States Army Reserves – Vancouver, Washington October 2015-December 2017  
68M- Nutrition Care Specialist for the Army Reserves stationed out of Vancouver, Washington  
at the rank of specialist. Duties at drill include working with a dietitian, 1LT Lopez-Stickney to  
plan and prepare lunch for the entire company as well as work with soldiers who need to lose  
weight on their nutrition and exercise habits.

## Educational Experience

- Washington State University – B.S. Biology Graduation: December 2020  
Vancouver, Washington
- Washington State University – B.S. Nutrition and Exercise Physiology Graduation: May 2016  
Pullman, Washington
- Clark Community College – Associates of the Arts Degree Graduation: June 2011  
Vancouver, Washington

## Certifications

- Learn JavaScript September 2021  
Codecademy Course
- Learn jQuery October 2021  
Codecademy Course
- Learn HTML September 2021  
Codecademy Course
- Learn CSS September 2021  
Codecademy Course

## Projects

- Exercise App October 2021  
A versatile, clean, and helpful website where you can choose from a wide selection of  
area-specific exercises to make your best daily workout.  
Collaborators: Mark Lohse-Miranda, Muhammed Abbasi and Melyssa Dennis  
GitHub Link: <https://github.com/Willowsmith/ExerciseIsFun>