Sample  
1. Introduction  
Thesis:In America’s high schools, students should not be forced to wear uniforms because they take away a student’s sense of individuality, they do not allow for self-expression, and they absolutely do not save families any money.

2. Body:  
①Developing an Argument

Section 1:  
a) Claim: Students should not wear uniforms because they take away a student’s sense of individuality.  
b) Evidence: specific examples

Section 2:

1. Claim: school uniforms do not allow students to express themselves.
2. Evidence: specific examples

②Refuting opponent’s arguments(optional)  
a) The opponent’s views: some schools tell parents that uniforms are a good idea because they save families money.   
b) Counter argument: This is not necessarily true.  
c) Evidence: specific examples

3. Conclusion : summary + suggestion(optional)  
a) Summary: In our public schools, students should not be forced to wear uniforms.

Text

Argument Outline  
1. Introduction  
Thesis: Attitude is everything and is what it takes to succeed.

2. Body:  
①Developing an Argument  
Section 1:  
a) Claim: our attitudes determine the way we see and explore the world.  
b) Evidence: specific examples  
Section 2:  
a) Claim: Whatever attitude you choose to adopt will be inevitably incorporated into your experience  
b) Evidence: common knowledges and specific examples

Section 3:  
a) Claim: Our environment is nothing but a reflection, a merciless mirror of our own attitude.   
b) Evidence: specific examples and common knowledges.

Section 4:  
a) Claim: Circumstances may seem beyond your control; nevertheless, you do have full control over your responses.  
b) Evidence: specific examples

Section 5:  
a) Claim: The attitude determines what and how much we can get back from our investment.  
b) Evidence: common knowledges.

Section 6:  
a) Claim: A strong attitude and a burning desire to succeed will prompt you to do your utmost and achieve your utmost potential.  
b) Evidence: specific examples and common knowledges.

Section 7:  
a) Claim: there is more to achieving success than the mere knowledge of the power of attitude.  
b) Evidence: expert’s words.

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3. Conclusion : summary + suggestion(optional)  
a) Summary: Developing a healthy and positive attitude is therefore a must for anyone who wishes to achieve success.  
b) Suggestion:

1. the law of substitution is the key to keep positive attitude.
2. To make your attitude work, you need to live with positive expectancy, with the awareness that everything that happens to you will produce a positive effect upon your life.
3. Positive attitude is always out there if you really need it. Although we may not be able to choose the surroundings ,we are definitely able to choose our attitude.
4. Another tremendous way of keeping your attitude positive and upbeat is also to use the Law of Substitution.