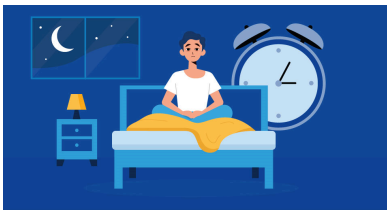


SLEEP, HEALTH AND LIFESTYLE



2459

Count of Person ID

5

Count of Sleep Disorder

18

Count of Occupation

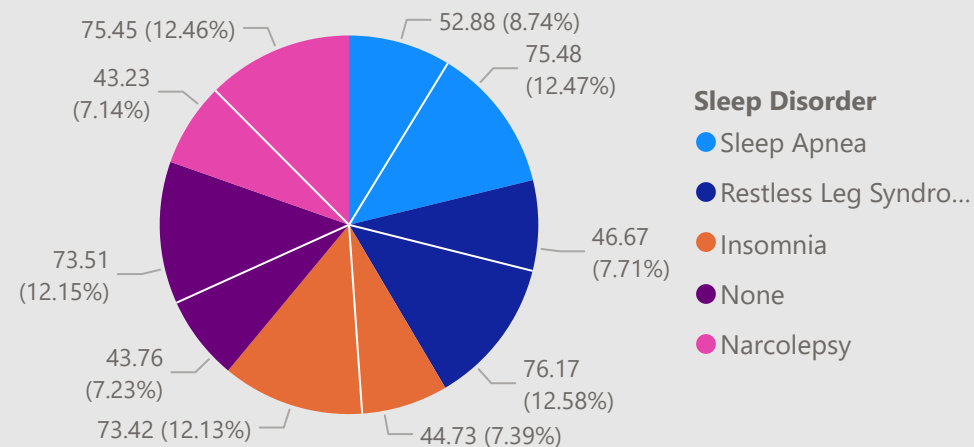
45.11

Average of Age

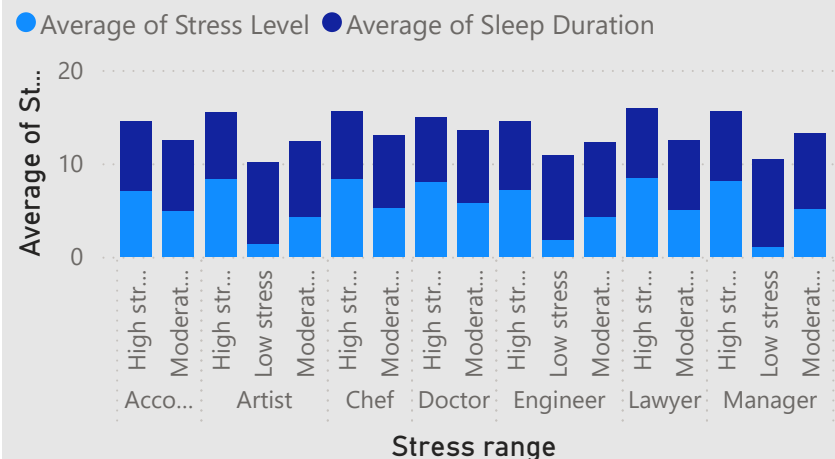
Sleep Disorder

- ☐ Insomnia
- ☐ Narcolepsy
- ☐ None
- ☐ Restless Leg Syndrome
- ☐ Sleep Apnea

Average of Age and Average of Heart Rate by Sleep Disorder



Average of Stress Level and Average of Sleep Duration by Occupation and Stress range



Gender

- ☐ Female
- ☐ Male

Avg Sleep Duration by Gender

7.64

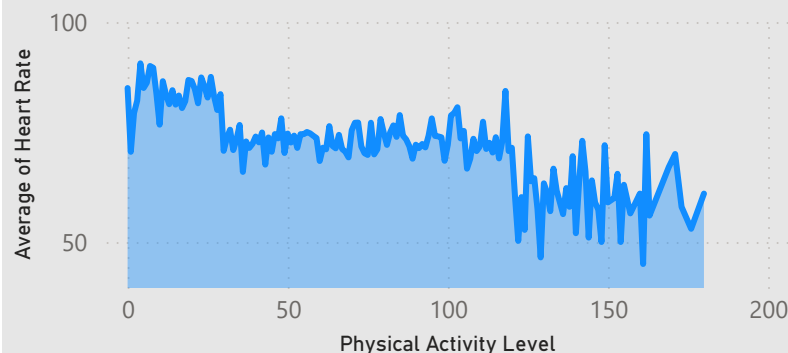
Stress range

- ☐ High stress
- ☐ Low stress
- ☐ Moderate stress

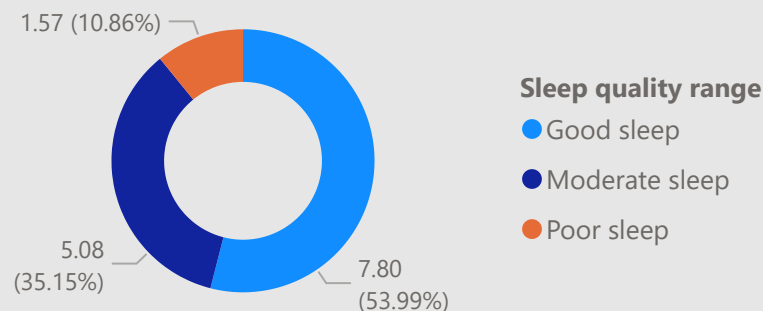
Age

18 90

Average of Heart Rate by Physical Activity Level



Average of Quality of Sleep by Sleep quality range



Average of Age by Stress Level



Occupation

Accountant

Artist

Chef

Doctor

Engineer

Lawyer

Manager

Manual Labor

Nurse

Office Worker

Retired

Sales Representative

Salesperson

Scientist

Software Engineer

Student

Teacher

Writer

