

Subject Name & Code : Universal human values understanding harmony and Ethical human conduct (23HS302)

Exam Name : Q1

1. Human being is _____ of the body and self [A]
A) Coexistence B) Nature C) Struggle D) Society
2. The word “society” is primarily used in the context of human-_____ relationship. [A]
A) Human B) Nature C) Both D) None of the Mentioned
3. _____ deals with personal transformation and societal transformation- [B]
A) Skill Education B) Human Education C) Professional education D) Inhuman Education
4. Human-human interaction is called [B]
A) Work B) Behaviour C) System D) None of the Mentioned
5. Human-rest of nature interaction is called [B]
A) Behaviour B) Work C) Production D) All of the Mentioned
6. The Self(I) is the seer _____ [C]
A) Doer B) Enjoyer C) Doer & Enjoyer D) None of the Mentioned
7. There are _____ comprehensive human goals [C]
A) 8 B) 6 C) 4 D) 9
8. While evaluating present state of the society and system, we found climate change, environmental pollution, and resource depletion. This is related with- [D]
A) Individual B) Family C) Society D) Relationship with rest of nature
9. Terms -Aimlessness, Confusion, Tension, Frustration, Depression, Alcoholism, Obesity, Suicide deal with [A]

- A) Individual B) Family C) Society D) Relationship with rest of nature
10. Terms -Opposition, Reaction, Anger, Strife, Court cases, Divorce are related with [B]
A) Individual B) Family C) Society D) Relationship with rest of nature
11. Increasing gap between rich -poor, Fear, Genocide, Domination, Exploitation, Terrorism, War etc deal with [C]
A) Individual B) Family C) Society D) Relationship with rest of nature
12. Find the correct statement about the shifts expected after UHV2- [A]
A) Human being is co existence of Self & body B) Individual effort can merely initiate societal changes. C) Happiness is not to be in a state of co-existence D) Units are unlimited in size.
13. What should be the human aspiration as per your syllabus? [D]
A) We want to live B) We want to live with fulfilment C) We want to live with continuous fulfilment D) All of the Mentioned
14. TRUTH deals with [A]
A) Realization in the self B) Fulfilment in relationship C) Ensuring more than required physical facility D) None of the Mentioned
15. PROSPERITY deals with [C]
A) Right understanding in the self B) Fulfilment in relationship C) Ensuring more than required physical facility D) None of the Mentioned
16. The human goal at the level of individual is [D]
A) Prosperity B) Fearlessness C) Co-existence D) Right understanding
17. The human goal at the level of family is [A]
A) Prosperity B) Fearlessness C) Co-existence D) Right understanding
18. The human goal at the level of society is [B]
A) Prosperity B) Fearlessness C) Co-existence D) Right understanding

19. The human goal at the level of nature is [C]
 A) Prosperity B) Fearlessness C) Co-existence D) Right understanding
20. Which is correctly matched? [B]
 A) Prosperity-society B) Fearlessness-trust C) Co-existence-family D) Right feeling-nature
21. Right feeling & right thought deals with [A]
 A) Self B) Body C) Self and body both D) Physical Facility
22. Recognizing need for physical facility, its production, and Right utilization ensures- [B]
 A) Fearlessness B) Prosperity C) Justice D) None of the Mentioned
23. Ensuring mutual enrichment with every unit in nature is [D]
 A) Human goal at individual level B) Human goal at family level C) Human goal at society level D) Human goal at nature level
24. The fulfilment and evaluation of feelings lead to mutual _____ in relationship. [C]
 A) Prosperity B) Enrichment C) Happiness D) None of the Mentioned
25. Right feeling within myself (I) is [D]
 A) Definite B) Continuous C) Unconditional D) All of the Mentioned
26. Terms- definite, continuous, unconditional refers to [D]
 A) Right understanding & Right feeling B) Realization C) Coexistence D) All of the Mentioned
27. _____means harmony within myself. [A]
 A) Happiness B) Pleasure C) Excitement D) All of the Mentioned
28. When we expect feelings from others for our happiness, it is a state of [B]
 A) Swatantrata B) Partantrata C) Prosperity D) None of the Mentioned
29. PARTANTRATA deals with [D]

- A) Within you don't have any definite feeling (it keeps fluctuating) B) If the other expresses right feeling, you feel "happy" C) If the other expresses wrong feeling, you feel "unhappy" D) All of the Mentioned

30. Behaviour depends upon [D]

- A) Feelings B) Desire, Thought, Expectation C) Right Understanding D) All of the Mentioned

31. Work depends upon [B]

- A) Feelings B) Desire, Thought, Expectation & Right Understanding C) Good Understanding D) Influence

32. Thoughts may be governed by [D]

- A) Right understanding B) Preconditioning C) Sensation D) All of the Mentioned

33. For behaviour in relationship to be right, it is necessary for the _____ and _____ to be right. [A]

- A) Feeling and thought B) Physical facility and health C) Wealth and prosperity D) None of the Mentioned

34. Natural acceptance is [D]

- A) Definite B) No change C) Unconditional D) All of the Mentioned

35. Self exploration is identifying our _____ [D]

- A) indefinite B) No change C) All of these D) innateness

36. _____ means disharmony within myself. [D]

- A) Happiness B) Pleasure C) Excitement D) unhappiness

37. Recognizing and fulfilling feelings in a relationship leads to [B]

- A) Partantrata B) Mutual happiness C) All of these D) None of the Mentioned

38. Right understanding is [D]

- A) knowing others B) knowing others feelings C) desire D) understanding myself

39. Character depends upon [D]

- A) Feelings B) Desire, Thought, Expectation C) Right Understanding D) All of the Mentioned
40. When you are happy within, you make other [A]
 A) happy B) unhappy C) Sensation D) disharmony
41. Whenever there is harmony in our thoughts, we feel ____ [A]
 A) happy B) unhappy C) Sensation D) None of the Mentioned
42. _____ is our participation at different levels in the larger order [A]
 A) Value B) Right C) Comment D) Care
43. The participation of the human being is seen in two forms: _____ and _____ [A]
 A) Behaviour and work B) Food and water C) Rest and death D) Love and anger
44. Giving weightage to physical facilities, to the maximization of sensory pleasures, to accumulation of wealth is called _____ [A]
 A) Animal Consciousness B) Rich C) Poor D) Right understanding
45. _____ helps human beings to transform from animal consciousness to human consciousness. [D]
 A) Respect B) Love C) Care D) Right Understanding
46. _____ is the third level of living [C]
 A) Individual B) Family C) Society D) Nature
47. _____ is the second level of living [B]
 A) Individual B) Family C) Society D) Nature
48. _____ is the first level of living [A]
 A) Individual B) Family C) Society D) Nature
49. _____ is the fourth level of living [D]
 A) Individual B) Family C) Society D) Nature

50. Self exploration uses two mechanisms: _____ and _____ [A]
 A) Natural Acceptance and Experiential Validation B) Natural Acceptance & Right Understanding C) Experiential Validation & Experience D) Right Understanding and Respect
51. Samridhi means [A]
 A) Prosperity B) Care C) Affection D) Fullness
52. Process of Value Education has to be that of ____ - [A]
 A) Self investigation and self exploration B) Self management and self goal C) Self rule and self discipline D) Self commitment and self correction
53. Without truth, caring, concern or love and justice, _____ arise and peace is endangered. [C]
 A) Care B) Growth C) Conflicts D) Mental peace
54. Self introspection plays an important role to create _____ within oneself. [A]
 A) Harmony B) Confusion C) Care D) Guidance
55. _____ of values will develop self respect [A]
 A) Natural acceptance B) Right thinking C) Prosperity D) Implement
56. To be in the state of liking is _____ [D]
 A) Sad B) Vice C) Strong D) Happiness
57. To be in the state of disliking is _____ [C]
 A) Happiness B) Right understanding C) Unhappiness D) Joy
58. Self exploration is a process of self evaluation through _____ [A]
 A) Self investigation B) Self respect C) Self command D) Self implementation
59. Program and desire are the content of _____ [A]
 A) Self exploration B) Self detention C) Self goal D) Self management
60. Value education helps to correctly identify our _____ [A]

A) Aspirations

B) Money

C) Friendship

D) Growth

61. The process to understand human_____is self exploration

[C]

A) Care

B) Friendship

C) Value

D) Right

62. Knowing means having the _____

[B]

A) Understanding

B) Right understanding

C) Self

D) Procedure

63. Each human being is co-existence of

[B]

A) Self and self

B) Self and body

C) Body and body

D) None of the Mentioned

64. Harmony should be maintained in

[D]

A) Between body and self

B) Between self and society

C) Between self and environment

D) All of the Mentioned

65. Most basic human aspiration is _____

[C]

A) Good

B) God

C) continuous happiness

D) Correction

66. Harmony in the family leads to harmony in the _____

[A]

A) Society

B) Life

C) World

D) Children

67. To establish universal human order, the starting point has to be _____

[D]

A) Society

B) Nature

C) Family

D) Individual

68. The most basic human aspiration is besides happiness is_____

[D]

A) Living together

B) Happiness

C) Education

D) Prosperity

69. Four dimensions of a human being are thought, _____, work and realization.

[A]

A) Behaviour

B) Natural acceptance

C) Right understanding

D) None of the Mentioned

70. Most importance condition needed to make us happy is _____

[D]

A) Behaviour

B) Education

C) Work

D) Right understanding

71. Life motivated by only physical facility leads to _____ [B]
A) Rich B) Animal consciousness C) Right understanding D) Prosperity
72. _____ means physical facilities more than to satisfy my needs [A]
A) Prosperity B) Rich C) Animal consciousness D) None of the Mentioned
73. Self and _____ are different in nature, materiality, needs and activities [C]
A) Prosperity B) Right understanding C) Body D) Behaviour
74. _____ is the ability to perform a specific task, action or function successfully [B]
A) Behaviour B) Competency C) Inability D) Respect
75. The needs of the self are _____ and not intermittent [A]
A) Continuous B) Required C) Care and love D) Respect
76. Respect and trust are need of the _____ [B]
A) Body B) Self C) Every one D) Feelings
77. An individual people aspiring for the universal human order will be_____ [A]
A) More responsible socially and ecologically B) More rich C) More powerful D) More well travelled
78. Values important for relationship are many they may include_____ [C]
A) Aggression B) Competition C) Integrity and character D) Arrogance
79. The problems in our relationship with various entities are due to our _____ [B]
A) Profession B) Assumptions C) Trust D) None of the Mentioned
80. What are the basic desires of every human being for which they are working? [D]
A) Physical facilities B) Realization and understanding C) Happiness and prosperity D) Continuous happiness and prosperity

81. The word society is primarily used in the content of human ----- relationship [A]
 A) Human B) Nature C) Body D) Desire
82. Which of the following is true [D]
 A) Skill determines Value B) Value determines skills C) Skill and Values vary from person to person D) Skill and Values both are universal .
83. Largely , Physical facility is ----- for animals [B]
 A) Inadequate B) Necessary as well as adequate C) Necessary but not adequate D) Unnecessary
84. There are ----- comprehensive human goals [C]
 A) Eight B) Six C) Four D) Nine
85. The basic requirements for fulfilment of aspirations of every human being with the correct priority are [A]
 A) Right Understanding ,Relationship and Physical facility B) Physical Facility , Right Understanding and Relationship C) Right Understanding ,Physical Facility and Relationship D) Relationship , Physical Facility and Right Understanding
86. Needs of the body and self are [C]
 A) same B) Fulfillment in Relationship C) different D) Aspiration
87. Human Goal at the level of Individual is ----- [C]
 A) Prosperity B) Fearlessness C) Right Understanding D) Co-Existence
88. Human Goal at the level of Family is ----- [A]
 A) Prosperity B) Fearlessness C) Right Understanding D) Co-Existence
89. Human Goal at the level of Society is ----- [B]
 A) Prosperity B) Fearlessness C) Right Understanding D) Co-Existence
90. Human Goal at the level of Nature is ----- [D]
 A) Prosperity B) Fearlessness C) Right Understanding D) Co-Existence

91. Right Feeling and right thought deals with --- [A]
 A) Self B) Body C) Self and Body D) Physical Facility
92. Recognizing the need for physical facility , its production and right utilisation ensures [B]
 A) Fearlessness B) Prosperity C) Justice D) Right Understanding
93. Fulfilment and Evaluation of feelings lead to mutual ----- in relationship [B]
 A) Understanding B) Happiness C) Prosperity D) Fearlessness
94. What is the meaning of harmony within myself [B]
 A) Pleasure B) Happiness C) Excitement D) All of the Mentioned
95. When we expect feelings from other for our happiness , it is a state of [B]
 A) Swatantrata B) Paratantrata C) Prosperity D) Sanyam
96. Thought may be governed by [D]
 A) Right Understanding B) Pre-Conditioning C) Sensation D) All of the Mentioned
97. For behaviour in relationship to be right , it is necessary for the ----- and ----- to be right [A]
 A) Feelings and thought B) Physical facility and health C) Wealth and Prosperity D) All of the Mentioned
98. In society , Obsession for consumption profit and sensory pleasures is made due to [B]
 A) Knowledge B) Assumption C) Recognition D) Fulfillment
99. With the help of the body ----- explores and interact with rest of the nature [B]
 A) Physical Facilities B) Self C) Money D) Relationship
100. Prosperity is a need of ----- [B]
 A) Self B) Body C) Both self and body D) Relationship
101. Self is the ----- [D]

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112. What helps in balancing /regularity the breathing of the body ----- [C]
 A) Labor B) Medicine C) Pranyam D) Asan
113. Labor is done for ----- of Physical facility [A]
 A) Production B) Nourishment C) Exploitation D) Popularity
114. The amount of Physical facilities required for nurturing , Protection and right utilization of body is ----- [C]
 A) Unlimited B) Uncertain , C) Limited D) Insignificant
115. Knowing' means having the _____. [B]
 A) Self Exploration B) Right understanding C) Evaluation D) Happiness
116. Each human being is co-existence of the _____ and the _____. [B]
 A) Cost, Value B) Self, Body C) Evaluation, Material D) All of the Mentioned
117. The _____ does not 'assume' things. [A]
 A) Body B) Values C) Self D) Physical Facilities
118. _____ is the feeling of responsibility for nurturing, protecting and right utilizing the body. [A]
 A) Work B) Understanding C) Sanyam D) Natural Acceptance
119. The self is _____ in nature while body is _____ in nature. [A]
 A) Behaviour, Work B) Value, Understanding C) Conscious, Physico-chemical D) Right Evaluation, Understanding
120. The system of the body works in a _____ way. [B]
 A) Understand B) Self organized C) Self Investigated D) Right Evaluation
121. The basic capacity of self is known as _____. [B]
 A) Understanding B) Power C) Value education D) Right Evaluation
122. The power/capacity for selecting/testing is _____. [B]

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133. The problems in our relationship with various entities are due to our _____. [A]
 A) Assumptions B) Misunderstanding C) Differentiation D) Right Understanding
134. Comprehensive human goal is right understanding, prosperity, fearlessness and _____. [D]
 A) Mutual fulfilment B) Natural Acceptance C) Mutual prosperity D) Co-existence
135. When we assume something about on the prevailing notion it is called _____. [C]
 A) Natural Acceptance B) Value Education C) Preconditioning D) None of the Mentioned
136. What we really want to be is our _____. [D]
 A) Value Education B) Right Understanding C) Preconditioning D) Natural Acceptance
137. Human being is co-existence of _____. [C]
 A) Material and Unit B) Value and Skill C) Self and Body D) Evaluation and understanding
138. The self or I is also called _____. [B]
 A) Material B) Consciousness C) Unit D) Value
139. Clothing, nourishment etc are the needs of _____. [C]
 A) Material B) Self C) Body D) Nature
140. Trust, respect, happiness etc are the needs of _____. [A]
 A) Self B) Value C) Material D) Body
141. The needs of the self are _____ in time and needs of body are _____. [B]
 A) Discontinuous , Permanent B) Continuous, temporary C) Happiness, Permanent D) Unhappy , Temporary
142. Needs of the body are temporary while the needs of the self are _____. [A]
 A) Continuous B) Temporary C) Discontinuous D) Nature
143. Physical facilities are required in _____ quantity. [B]

144. If the needs are naturally acceptable I want them _ [A]
 A) Continuously B) Unhappiness C) Material D) Unit

145. The needs of _____ are _____ in nature and we want them continuously. [C]
 A) material , quantitative B) Unit, Temporary C) Self, Qualitative D) Body , Qualitative

146. The needs of the body are ensured by _____ things. [A]
 A) Physico-Chemical B) Right Understanding C) Respect D) All of the Mentioned

147. By _____ we become responsible to ourselves. [C]
 A) Material B) Unit C) Right Understanding D) Natural Acceptance

148. Choosing and imaging are the activities of _____. [C]
 A) Unit B) Material C) Self D) Respect

149. Body is a self organised system and _____ of the self [A]
 A) instrument B) Right Understanding C) Respect D) Knowing

150. In I (self), recognizing and fulfillment depends on _ [A]
 A) Assuming B) Right Understanding C) Respect D) Knowing

151. The self and body interacts with each other via the activity of _____. [B]
 A) Fulfilling/ recognizing B) Selecting/tasting C) Imagine/recognizing D) All of the Mentioned

152. Feeling of self regulation is [C]
 A) Prosperity B) Enrichment C) natural acceptance D) Trust

153. What is the state of liking and a holistic and all encompassing state of the mind that creates inner harmony [B]
 A) Desire B) Happiness C) Complimentary D) Competence

154. Goal of UHV II is [D]
A) To understand the Co-Existence B) To have the feeling and thought of Co-Existence C) To live in co-existence in mutual relation with human being and rest of nature D) All of the Mentioned
155. What is the possible source of Imagination [A]
A) Precondition B) Right Understanding C) Respect D) Desire
156. The body is a wonderful ----- System [B]
A) Self - Regulation B) Self - Organised C) Health D) Physical Facility
157. _____ the body is by providing appropriate air , water ,sunlight etc. [C]
A) Protection B) Self - Exploration C) Nurturing D) Realization
158. _____ of the body means that it is used in the process of fulfilling human aspiration . [A]
A) Right Utilization B) Right understanding C) Right Feeling D) Right Evaluation
159. Employing the body physically for production and maintenance of physical facilities is called --- [B]
A) Work B) Labor C) Skill D) Knowledge
160. What is the other name of Enjoyer ? [C]
A) Karta B) Dharta C) Bhokta D) Drashta