

MEDICAL PRESCRIPTION

Date: May 14, 2025

Patient: [Patient Name]

Age: [Age] years

Gender: [Gender]

DIAGNOSIS:

- Acute diarrhea (loose motion)
- Cough (likely upper respiratory tract infection)

MEDICATIONS:

1. Tab. Loperamide 2mg

Take 1 tablet after each loose stool, maximum 8 tablets per day

Duration: 2 days

2. ORS (Oral Rehydration Solution) sachets

Dissolve 1 sachet in 1 liter of clean water

Drink as needed to maintain hydration

Duration: Until diarrhea resolves

3. Tab. Dextromethorphan 15mg

Take 1 tablet every 6 hours as needed for cough

Duration: 5 days

4. Syrup Ambroxol 30mg/5ml

Take 2 teaspoons (10ml) three times daily

Duration: 5 days

ADVICE:

- Maintain adequate hydration
- Consume easily digestible foods
- Avoid dairy products, spicy foods, and caffeine
- Rest adequately
- Return for follow-up if symptoms persist beyond 3 days

Dr. [Doctor's Name]

[Medical Registration Number]

[Hospital/Clinic Name]

[Contact Information]