#### **Water Notification reminder App in Python**

- The main motive of our project is to send notification's to the user desktop to drink water after each interval of time.
- According to studies on an average a man should have a daily fluid intake of 15.5 cups that is 3.7 liters of fluid every day.
- A women should have about 11.5 cups that is 2.7 liters of fluid every day.
- It also changes upon climatic conditions and the amount sweat their body got dehydrated.
- By keeping this in mind we created a desktop notifier that reminds He/She to drink water every hour to be healthy.

#### Algorithm:

- 1) First we need to install plyer.
- 2) Command: New Terminal- pip install plyer.
- 3) By installing plyer we can access Certain inbuilt libraries like-

### Title(Title of the notification):

Please Drink Water Now

## Message (Message of the notification):

According to studies on an average a man should have a daily fluid intake of 15.5 cups that is 3.7 liters of fluid every day.

## app\_icon(lcon to be displayed along with the message):

Path

# Timeout(time to display the message for, defaults to 10):

6

While True:

We should give the command for how many times it gives the notification By time.sleep(60\*60) Command it will remind us to drink water after every hour.

This application can be runned in background of your system by using the command pythonw.exe.\main.py in your terminal.

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	Please Drink Water Now According to studies on an average should have a daily fluid intake that is 3.7 liters of fluid every of	e of 15.5	