

Opposite Expectation: How to See the World as Two-Sided

by Awal on May 27th, 2022

Everything has an opposite; the universe is meant to be balanced at all times. Nothing is inherently better than something else.

While struggling with something, have you ever considered taking a different approach, a new angle, or even tackling it from the opposite direction?

Surely, it is a contradiction—I cannot deny it. But perhaps we are missing the point.

I want to provide some examples. Did you know about imaginary numbers? They are numbers that are not "real." Imaginary numbers defy the conventional nature of mathematics—how can we represent a negative quantity when measuring geometry?

Even a precise field like mathematics sometimes requires a different perspective to arrive at its conclusions; a counterbalancing force is at work.

An extreme force will trigger an opposite reaction, restoring balance to the whole.

These writings reflect my personal perspective, drawing from my religious beliefs, Taoism, and Stoicism. I do not intend to impose any doctrine or propaganda. After all, why worry about things beyond our control?

Writing this gives me chills, and reading it to myself is part of developing a healthy habit—gaining control over my own mind. Nothing more, nothing less—a simple form of self-satisfaction.

So, how do we approach a problem? Just note that every creation has two sides. Whenever beauty is evident, ugliness is also defined. When there is a high, a low exists. When light shines, a sharp shadow is cast.

*What you resist persists; what you accept transforms.
Declare your mindset: the universe is balanced.*

To be continued...