

SUPPORTING PEOPLE WITH HIV

Module Summary

Family and friends are important, even more so for PLHIV. A network of relatives and community give PLHIV people they can come to for support and encouragement. Being a support to PLHIV requires qualities that allow for people to be able to speak openly around you.

There are also many organizations that PLHIV can reach out to if closer support is not available, or if someone wants to talk with professionals.

Module Discussion Topics

- How to support PLHIV - Guidelines to listen
- Growing with HIV
 - HIV no longer a death sentence - Living a long life is possible
 - PLHIV do not need to be alone
- What We Can All Do -
90-90-90
 - Learn to understand
 - Know organizations that can help

Module Discussion Questions

- If someone is HIV negative, should they still understand HIV and AIDS? Why?
- What stops someone from living a long, healthy life with HIV?
- What is 90-90-90?
- What are some events that you can participate in to support HIV awareness and destigmatization?

