

# HIV PREVENTION

## Module Summary

After Stanley experienced the trauma of his diagnosis and coming back from AIDS due to ARVs, Stanley knows the impact the virus has. He's thankful for his life because of the ARVs, but he states, "the best cure is prevention" and this module talks about the many accessible means to preventing acquiring or transmitting HIV.

## Module Discussion Topics

- Methods of Prevention
  - Condoms (Male and Female)
  - Voluntary Male Medical Circumcision
  - U = U (Consistent adherence to ARV treatment)
  - PEP
  - PrEP
  - HIV Testing

## Module Discussion Questions

- What does Stanley mean that "the best cure is prevention"?
- What methods of HIV prevention also protect from other STIs?
- What is PEP and PrEP, and how are they similar, and how are they different?
- Is VMMC safe? Is it the only method of HIV prevention one needs?
- What is U = U? How does someone living with HIV achieve U = U status?
- Why is HIV testing considered a preventative measure?

