



Sacred Heart Parish

13 Park Road, Cabramatta

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Web site: www.sacredheartcabramatta.org.au

Facebook: <https://www.facebook.com/cabraparish/>

Fourth Sunday of Lent – 10 March 2024

Parish Priest:

Fr Remy Son-Lam Bui

Assistant Priest:

Fr John Pham

Parish office hours:

Tuesday-Friday

9.00am to 4.30pm

Parish Secretary:

Quyen Le Phan

Accountant:

Mary Pankiw (Fridays)

Weekday Mass Times:

English:

7.00am

Mon, Tues, Thurs, Fri

6.30pm Wed

9.00am Sat

Vietnamese:

6.30pm Tues & Thurs

7.00am Wed

Weekend Masses

English:

Saturday Vigil: 6.00pm

Sunday: 8.30am;

10.00am; 6.00pm

Polish: Sun 11.30am

Vietnamese:

Saturday Vigil:

7.30pm: (Chaplain)

Sunday:

7.00am; 7.30 pm

4.00pm (Chaplain)

Exposition:

Saturdays: 8.00am

Reconciliation:

Wed: 6.00pm

Sat: 8.10am - 8.50am

5.30pm - 5.50pm

Convent/Pastoral Care

Sisters of Our Lady

of the Southern Cross

Phone: 9723-3704

S.V.D.P.

Phone: 9823-1222

Sacred Heart Catholic

Primary School

Principal: David Parawa

Phone: 9724 1560

Baptism/Wedding

Please contact parish

“Redemption and liberation”

As we journey through Lent, we are invited to focus more on the theme of redemption and liberation. We are living in the world in which we are bound in many ways: by selfish and busy lifestyles, by prejudices and biases, by ambitions and passions, and especially by sin. Because of these constraints, it is very easy for us to become slaves to ourselves and struggling to find ways to break free. This Fourth Sunday of Lent's liturgy and readings therefore affirm that God is our liberator who sets us free from our bondage.

The first reading from the Book of Chronicles recounts the liberation of the Israelites from their exile in Babylon. The Israelites were sad and despaired in their exile. They had to live in humiliation in a foreign land with no temple, no rituals, no traditional activities and ceremonies. The Israelites always longed for the day that they could go back to their homeland. In that context, God did not abandon His people. Instead, He chose to deliver them from captivity and restore them to their homeland through King Cyrus. Needless to say, they were overflowed with joy and regarded Cyrus as the person sent by God to liberate his people and bring them to freedom.

If God used Cyrus to save the Jewish people from exile in Babylon, then through Jesus Christ, God wants to save the whole world from the slavery of sin and the power of darkness. In this week's Gospel, Jesus, in his encounter with Nicodemus, reveals to us God's plan for humanity: to send His Son into the world, not to condemn it, but to redeem it through the power of love and sacrifice. By embracing faith in Jesus, we are granted the gift of eternal life and liberation from the darkness of sin.

As we reflect on these readings, we are invited to examine our own lives and consider the ways in which we may be held captive by sin and selfishness. Are there areas in our lives where we are in need of God's liberating grace? Do we allow fear or doubt to hinder our relationship with God?

The Lenten season gives us a great opportunity for spiritual renewal and conversion. Through prayer, fasting, and almsgiving, we open our hearts to the transforming power of God's love, allowing His light to penetrate the darkness within us and lead us into freedom. Let us therefore embrace this season of grace with humility and gratitude, trusting in God's promise of redemption and eternal life and through the guidance of his only Son, Jesus Christ.

Fr John Pham

Welcome to Kindergarten Mass

Sacred Heart Parish welcomes our new kindergarten students & families to our 10 am Mass. We pray that your year at Sacred Heart Primary School are full of fun and learning.

All are invited to join the school for morning tea after Mass.

Sacrament of First Reconciliation 2024

Our children are undertaking the 3rd week in preparation for their Celebration of First Reconciliation Monday 18th March 2024. Please keep them, their parents & catechists in your prayers.

R.C.I.A -The Second Scrutiny

Our 18 catechumens are now called "*the Elect*". They are attending their Ritual of 2nd Scrutiny at **10.00am Mass and 7.30pm Mass 10 Mar.**

We are invited to pray for our beloved Elect and the whole Archdiocese (total of over 260 Elects and baptised candidates for 2024 Easter) in a special way through this Scrutiny.

Palms Needed for Palm Sunday

Please contact parish office if you would like to donate palms for Palm Sunday 24 March. Our volunteers will pick up or remove from your palms.

Giáo Xứ cần lá dừa cho Chúa Nhật Lễ Lá 24/03/2024

Nếu quý vị có thể tặng những ngành lá dừa hay lá ôliu để sử dụng trong dịp Lễ Lá. Xin mang đến hiên nhà thờ vào chiều thứ sáu 22/03/2024. Việc cắt nhỏ và chuẩn bị Lễ sẽ thực hiện vào sáng thứ bảy 23/03/2024 sau Lễ 9.00g sáng. Quý vị nào có thể giúp một tay, xin đến nhà thờ vào lúc ấy. Xin liên lạc văn phòng giáo xứ để biết thêm chi tiết.



Holy Week & Easter 2024

The Holy & Easter timetable is available on our parish Facebook, website, notice board & flyers. Please take a few flyers for your family, friends or your neighbours. Thank you.

Baptism-Congratulations

Welcome to God's family through Baptism: Louis Dinh, James Nguyen, Jack Ivan Baxter, Victoria Anne Baxter, Maria Toni Baxter, Isabella Pham

Pope Francis Intention for March

FOR THE MARTYRS OF OUR
DAY, WITNESSES TO CHRIST

MARCH

"Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive"



Help your children's faith

There are two versions of children bulletin: one for 5-7 years old & 7-10 years old at the church doors. Please help your children learn and understand the Gospel of each week and your faith in God.

Lenten Prayer Group (MacKillop Room)

Prayer Groups are held on Wednesdays, after 6.30pm Mass; on Thursdays at 10.00am.

There are also two similar groups held in Vietnamese on Tuesdays after 6.30pm Mass and Wednesday after 7.00am Mass.

Station of the Cross during Lent

Please join us every Friday evening from 6.30pm (except 1st Friday of each month). Likewise, the session in Vietnamese will follow from 7.30pm.

Fourth Sunday of Lent 9 & 10 March



As the eldest child in a low-income farming family in rural Malawi, Memory faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village

Please donate to Project Compassion through Project Compassion donation boxes and envelopes available from our parish, or by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

Church Pews Restoration Project

Two third of newly restored pews have been returned to the church—Please take a very good care of these pews, avoiding all scratches and damage to them.

Through your generosity we have raised **\$64,101.20** towards the total cost of over \$150,000. The Appeal is still going for those who are able to help. Contact the Parish Office for on-line transactions or a tax deduction. Thank you & God bless.

Vinnies – A matter of Faith - Seeking Vinnies Members!

Make a Difference in your Community - Seeking Vinnies Members!

The St. Vincent de Paul Society is looking for people in this Parish and local community who are interested in joining the Society as Conference Members. Vinnies has opportunities for young and mature people (over 16 years) to get involved in providing a hand up to those in need, and opportunities for adults who want to become a member.

All around the State, Members of the Society are responding to the needs of their local communities in groups known as 'Conferences'. Conferences grow organically from within our communities, from parishes, schools, universities and workplaces. As a member, you have the opportunity to make a difference by providing a hand up to people in need, identifying longer-term needs in the community and raising our voices for social justice. To find out more about becoming a Member of the Society, **please call Peter Brown on 0412 131 355, or email peter.brown@vinnies.org.au**



Mass Intentions

Recently Deceased: Brother Charly Barry, Maria, Joseph Nguyen Vinh Hoa, Dominique Ben, Maria & Dominic, Tran Van Ky, Dinh Viet Hap, Dominic Nguyen Van Tao

R.I.P. & Anniversaries: Fr Patrick MacAuliffe, Ronald Robison, Ivan Puskas, Maria (11), Joseph (11), Peter (4), John (3), Thomas (2), Cecilia (2), Benedict, Andrew, Maria Madalena, Francis Borgia, Cosimo, Anna (2), souls of ancestors, grandparents & family members (6), all souls (11), Nguyen Van Hien, Theresa Phonesavanh Vanthavong, Huynh Thi Lam, Tran Dang Nhon, Maria Caterina Tran Thi Be, Phero Phaolo Nguyen Minh Tan, Maria Nguyen Thi Hue, Simon Tran Thanh Son, Maria (4), Vincente, Lucia, Anton, Gioankim, Toma, Anne, Phero Nguyen Van Be, Daminh Nguyen Huu Khue, Phaolo Ho Quang Thay, Teresa, Anna Tran Thi Xuyen (2), Joseph, unborn babies,

Other Intentions: For the sick (2), for the conversion of hearts (3), thanksgiving to God, Mary & Joseph (16), peace and wellbeing for family (5), for good health and recovery, for good and peaceful new year, for stable works (2), personal intention (3), peace (5)

FOURTH SUNDAY OF LENT - YEAR B

First Reading: 2 Chronicles 36:14-16. 19-23

A reading from the second book of Chronicles

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy. Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.' And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."' "

Responsorial Psalm: Ps 136. R. v.6

(R) Let my tongue be silenced, if ever I forget you!

Second Reading: Ephesians 2:4-10

A reading from the letter of St Paul to the Ephesians

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

Gospel Acclamation: John 3:16

Praise to you, Lord Jesus Christ, king of endless glory! God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life. Praise to you, Lord Jesus Christ, king of endless glory!

Gospel: John 3:14-21

A reading from the holy Gospel according to John

‘The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God’s only Son. On these grounds is sentence pronounced: that though the light has come into the worldmen have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.’

Chúa Nhật Tuần IV Mùa Chay Năm B

Bài đọc 1: 2 Sb 36, 14-16. 19-23

Trích sách Sử Biên Niên quyển thứ hai.

Trong những ngày ấy, tất cả những đầu mục tư tế và dân chúng đều bắt trung, bắt chước những sự ghê tởm của các dân ngoại. Họ làm dơ bẩn đền thờ Chúa đã được Chúa thánh hoá tại Giêrusalem.

Chúa là Thiên Chúa tổ phụ họ, đã luôn luôn đem ngày sai sứ giả đến với họ, vì Người thương xót dân Người và đền thờ của Người. Nhưng họ nhạo báng các sứ giả Chúa, coi thường lời Chúa, và nhạo báng các tiên tri, đến nỗi, sau hết, cơn thịnh nộ của Chúa đã đổ lên dân Người, và vô phương cứu chữa. Quân thù đã đốt đền thờ Chúa, phá huỷ tường thành Giêrusalem, phóng hoả tất cả các lâu đài và thiêu huỷ mọi đồ vật quý giá.

Nếu có ai thoát khỏi lưới gươm, thì bị dẫn về Babylon để làm nô lệ nhà vua và con cái vua, cho đến thời vua nước Ba-tư thống trị; như thế ứng nghiệm lời Chúa dùng miệng tiên tri Giêrêmia mà phán, cho đến khi đất nước được mừng ngày Sabbat; vì trong tất cả những ngày xáo trộn, họ sẽ không giữ được ngày Sabbat trọn bảy mươi năm trường. Năm thứ nhất triều đại Cyrô, vua xứ Ba-tư, để lời Chúa dùng miệng tiên tri Giêrêmia phán trước được thực hiện,

thì Chúa thúc đẩy tâm hồn hoàng đế Cyrô, vua xứ Ba-tư, nhà vua ra lệnh truyền rao khắp đất nước, và ban chiếu chỉ rằng:

“Đây hoàng đế Cyrô, vua xứ Ba-tư tuyên bố: Chúa là Thiên Chúa trời đất đã ban cho trẫm mọi nước trên mặt đất, và chính Người đã ra lệnh cho trẫm xây cất cho Người một đền thờ ở Giêrusalem trong xứ Giuđa. Ai trong các người thuộc về dân Chúa? Thiên Chúa sẽ ở với nó, và nó hãy tiến lên”.

Đáp ca: Tv 136, 1-2. 3. 4-5. 6

Đáp: Lưỡi tôi dính vào cuống họng, nếu tôi không nhớ đến người (c. 6a).

Bài đọc 2: Ep 2, 4-10

Trích thư thứ nhất của Thánh Phaolô Tông đồ gửi tín hữu Êphêxô.

Anh em thân mến, Thiên Chúa là Đấng giàu lòng từ bi, vì lòng yêu thương cao cả mà Người đã yêu thương chúng ta, đến nỗi khi tội lỗi làm cho chúng ta phải chết, thì Người làm cho chúng ta sống lại trong Đức Kitô, nhờ ơn Ngài mà chúng ta được cứu rỗi; Người đã cho chúng ta được cùng chung sống lại và đồng ngự trị trên nước trời trong Đức Giêsu Kitô, để tỏ cho hậu thế được thấy sự phong phú dồi dào của ơn Chúa mà lòng nhân lành Chúa đã ban cho chúng ta trong Đức Giêsu Kitô? Vì chưng, bởi ơn Chúa, anh em được cứu rỗi nhờ đức tin. Điều đó không phải do anh em, vì đó là ân huệ của Chúa; cũng không phải do việc làm, để không ai được tự phụ. Vì chúng ta là thụ tạo của Người, đã được tạo thành trong Đức Giêsu Kitô, để làm các việc lành mà Chúa đã dự liệu, hầu chúng ta đem ra thực hành.

ALLELUIA: Ga 3, 16

Thiên Chúa đã yêu thế gian đến nỗi ban Con Một Mình, để tất cả những ai tin Con Ngài, sẽ được sống đời đời.

BÀI PHÚC ÂM: Ga 3, 14-21

Tin Mừng Chúa Giêsu Kitô theo Thánh Gioan.

Khi ấy, Chúa Giêsu nói với Nicôđêmô rằng: “Nhu Môsê đã treo con rắn lên ở sa mạc thế nào, thì Con Người cũng sẽ phải treo lên như vậy, để tất cả những ai tin ở Người, sẽ không bị huỷ diệt, nhưng được sống đời đời. Vì Thiên Chúa đã yêu thế gian đến nỗi đã ban Con Một mình, để tất cả những ai tin Con Ngài thì không phải hư mất, nhưng được sống đời đời, vì Thiên Chúa không sai Con của Ngài giáng trần để luận phạt thế gian, nhưng để thế gian nhờ Con Ngài mà được cứu độ. Ai tin Người Con ấy thì không bị luận phạt. Ai không tin thì đã bị luận phạt rồi, vì không tin vào danh Con Một Thiên Chúa; và đây án phạt là sự sáng đã đến thế gian, và người đời đã yêu sự tối tăm hơn sự sáng, vì hành động của họ xấu xa. Thật vậy, ai hành động xấu xa thì ghét sự sáng, và không đến cùng sự sáng, sợ những việc làm của mình bị khiển trách; nhưng ai hành động trong sự thật thì đến cùng sự sáng, để hành động của họ được sáng tỏ là họ đã làm trong Thiên Chúa”.