



# Sacred Heart Parish

13 Park Road, Cabramatta

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Facebook: <https://www.facebook.com/cabraparish/>

## Fifth Sunday of Lent – 17 March 2024

### Parish Priest:

Fr Remy Son-Lam Bui

### Assistant Priest:

Fr John Pham

### Parish office hours:

Tuesday-Friday  
9.00am to 4.30pm

### Parish Secretary:

Quyen Le Phan

### Accountant:

Mary Pankiw (Fridays)

### Weekday Mass Times:

#### English:

7.00am

Mon, Tues, Thurs, Fri

6.30pm Wed

9.00am Sat

#### Vietnamese:

6.30pm Tues & Thurs

7.00am Wed

### Weekend Masses

#### English:

Saturday Vigil: 6.00pm

Sunday: 8.30am;

10.00am; 6.00pm

Polish: Sun 11.30am

#### Vietnamese:

Saturday Vigil:

7.30pm: (Chaplain)

Sunday:

7.00am; 7.30 pm

4.00pm (Chaplain)

### Exposition:

Saturdays: 8.00am

### Reconciliation:

Wed: 6.00pm

Sat: 8.10am - 8.50am

5.30pm - 5.50pm

### Convent/Pastoral Care

Sisters of Our Lady  
of the Southern Cross  
Phone: 9723-3704

### S.V.D.P.

Phone: 9823-1222

### Sacred Heart Catholic

#### Primary School

Principal: David Parawa

Phone: 9724 1560

### Baptism/Wedding

Please contact parish

## “His Finest Hour”

Trooper Mark Donaldson, a member of the Special Air Service Regiment, was beaming with national pride as he received the Victoria Cross Medal – the highest award in recognition of his extraordinary courage, character and inner strength during the war in Afghanistan. It was his great moment of glory in 2009. He was also acclaimed “Young Australian of the Year” (2010). Yet, many people would not know that his exemplary qualities had been born out of many painful moments and tragic circumstances of his life. In his teenage, Mark lost his father, a Vietnam veteran, through a sudden heart attack. His mother went missing three years later, presumed to be murdered. All of this had once turned the young, carefree and creative boy into “an anti-authority, anti-military sort of guy with wild hair”, wandering in the wilderness of life until he joined the Army at the age of 22.

In a sense, Mark would have somehow undergone a process of dying to his old broken self to rise to new life, to the kind of person he can be nowadays.

Jesus referred to such a process of dying and rising in today’s Gospel (Jn 12:20-30) – which seems to echo the account of Gethsemane in the synoptic Gospels. He spoke of his imminent death in terms of “the hour”. He was finally approaching “his hour” – the very hour he foretold many times in his public ministry. It was the hour of his supreme self-giving act on the cross; the completion of all what he had lived for and taught about. It was certainly the hour of deep pain & humiliation, darkness & failure. And Jesus did not pretend that he was made of stone or granite: “Now my soul is troubled. What shall I say: Father, save me from this hour?”

Jesus did feel afraid and vulnerable but he went on resolutely in spite of it: “But it was for this very reason that I have come to this hour. Father, glorify your name.” Such a great sense of purpose would have been daily kindled by his total love for the Father and humanity. This would have certainly involved him in many “forms of dying and rising” prior to this final lap of his journey. Accordingly, his commitment-to-the-end with a complete trust and deep hope in the Father’s ultimate loving plan would have been nurtured all along. Mysteriously God did respond. “The hour” of Jesus’ death turned out to be his finest hour - the hour of glory; the moment of decisive fulfilment; the source of God’s salvation for us all (cf. 2nd Reading, Heb 5:7-9).

Lent is the time for a good attempt to live out the two closely intertwined realities as Jesus did: the dark periods and the uplifting ones; the pain of the cross and the future glory. We too will experience the fruit of love / life as we go through a process of dying to oneself, to one’s comfort and to one’s sin (vv. 25-26). “The hour” of darkness, pain and adversity borne out of love will become “the hour” of radical change, growth and glorification for us all as well. In the end, goodness prevails and life triumphs as God alone has the final word.

*“God uses broken things. It takes broken soil to produce a crop, broken clouds to give rain, broken grain to give bread, broken bread to give strength. It is a broken alabaster jar that gives forth perfume...” (Vance Havner)*

**Fr. Remy Son - Lam Bui**

## Pope Francis Intention for March

FOR THE MARTYRS OF OUR  
DAY, WITNESSES TO CHRIST

MARCH

"Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive"



## Prayer of Healing

The President of our St Vinnie local Conference, Mr John Zammit, has been seriously ill. Please keep him and all our ill parishioners and their family members in your prayers. May God graciously grant them healing of mind and body.

## R.C.I.A -The Third Scrutiny

Our 18 catechumens (called "the Elect") and one baptised candidate are attending their Ritual of 3rd Scrutiny at 6.00pm Mass and 7.30pm Mass this Sunday. It's part of the intense preparation towards their celebration of Sacraments of Initiation at Easter Vigil.

## Sacrament of First Reconciliation 2024

Please keep in your prayers our children who are receiving the First Reconciliation **Monday 18th March 2024 at 6.30pm.**

Each time we celebrate the Sacrament of Reconciliation we experience, in a very profound way, the unconditional love and mercy of God. And so, we reaffirm our relationship with Jesus and our commitment to the gift of faith we received in baptism.

## Holy Week & Easter 2024

The Holy & Easter timetable is available on our parish Facebook, website, notice board & flyers. Please take a few flyers for your family, friends or your neighbours. Thank you.

## Palms Needed for Palm Sunday

Please contact parish office if you would like to donate palms for Palm Sunday 24 March. Our volunteers will pick up or remove from your palms.

## Xin lá dừa cho Chúa Nhật Lễ Lá 24/03/2024

Nếu quý vị có thể tặng những ngành lá dừa hay lá ôliu để sử dụng trong dịp Lễ Lá. Xin mang đến hiên nhà thờ vào chiều thứ sáu 22/03/2024. Việc cắt nhỏ và chuẩn bị Lễ sẽ thực hiện vào sáng thứ bảy 23/03/2024 sau Lễ 9.00g sáng. Quý vị nào có thể giúp một tay, xin đến nhà thờ vào lúc ấy. Xin liên lạc văn phòng giáo xứ để biết thêm chi tiết.

## Baptism-Congratulations

Welcome to God's family through Baptism:

*Baily (Joseph) Pham, Ellie (Sophia) Le, Ezekiel (Felix) Nguyen, Jayden Nguyen, Kevin Nguyen*

## Lenten Prayer Group (MacKillop Room)

Prayer Groups are held on Wednesdays, after 6.30pm Mass; on Thursdays at 10.00am.

There are also two similar groups held in Vietnamese on Tuesdays after 6.30pm Mass and Wednesday after 7.00am Mass.

## Station of the Cross during Lent

Please join us every Friday evening from 6.30pm (except 1<sup>st</sup> Friday of each month).

Likewise, the session in Vietnamese will follow from 7.30pm.

## Church Pews Restoration Project

Almost of newly restored pews have been returned to the church—Please take a very good care of these pews, avoiding all scratches and damage to them.

Through your generosity we have raised **\$73,351.2** towards the total cost of over \$150,000. The Appeal is still going for those who are able to help. Contact the Parish Office for on-line transactions or a tax deduction. Thank you & God bless.

## Fourth Sunday of Lent 16 & 17 March



The work of Caritas Australia is only possible with generous supporters and the dedication, passion and

tenacity of our local partners who implement the programs... Please donate to Project Compassion through Project Compassion donation boxes and envelopes available from our parish, or by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.

### Vinnies – A matter of Faith - Seeking Vinnies Members!

The Society of St Vincent de Paul believes that seeking out and supporting the most vulnerable members of society is a key aspect of our faith. In our good works, we encounter Christ in the poor and share his compassionate and liberating love. No work of charity is foreign to us and we serve those in need regardless of creed, ethnic or social background, health, gender, or political opinions. We go to the margins to find those in need and the forgotten, the victims of exclusion or adversity. Our work is fostered through prayer and the inspiration of the Spirit.

All around the State, Members of the Society are responding to the needs of their local communities in groups known as 'Conferences'. Vinnies is looking for people in this Parish and local community who are interested in joining the Society as Conference Members. We have opportunities for young and mature people (over 16 years) to get involved in providing a hand up to those in need, and opportunities for adults who want to become a member. To find out more about becoming a Member of the Society, please call Peter Brown on 0412 131 355, or email [peter.brown@vinnies.org.au](mailto:peter.brown@vinnies.org.au)

### Mass Intentions

**Recently Deceased:** Joseph Nguyen Vinh Hoa, Dominic Wijitr Benjabutr, Giacobe, Anna,

**R.I.P. & Anniversaries:** Fr Patrick MacAuliffe, Ronald Robison, Ivan Puskas, Maria (7), Joseph (5), Peter (1), John (1), Vincent (3), Francis Borgia, Cecilia (1), Joakim (2), Maria Madalena, Anna (3), souls of ancestors, grandparents & family members (3), for all souls (111), Micae, Paul Cao Van Tri, Maria Le Thi Oai, Lucia Cao Thi Anh Tuyet,

Luke Vo Van Ly, Maria Vo Ngoc Thuy, Holy Vo, Dominic Tran Van The, Loi To Muoi, Francis Xavier Thao, Anna Roi, George Bui Dang, Maria Nguyen Thi Be (3), Anna Tran Thi Xuyen, , Lucy Nguyen Thi Yen Thu, Gioan Baotixita Pham Hung, Daminh Nguyen Huu Khue, Maria my, Phero An, Giuse Lawrence Nguyen, Phero Nguyen Quang Be, Stanislaw Koltun

**Other Intentions:** For the sick (2), for the conversion of hearts (3), thanksgiving to God, Mary & Joseph (6), peace and wellbeing for family (7), for stable works (2), thanksgiving to St Martin, pray for grandma in Vietnam,



## FIFTH SUNDAY OF LENT - YEAR B

**First Reading: Jeremiah 31:31-34**

*A reading from the prophet Jeremiah*

See, the days are coming – it is the Lord who speaks – when I will make a new covenant with the House of Israel and the House of Judah, but not a covenant like the one I made with their ancestors on the day I took them by the hand to bring them out of the land of Egypt. They broke that covenant of mine, so I had to show them who was master. It is the Lord who speaks. No, this is the covenant I will make with the House of Israel when those days arrive – it is the Lord who speaks. Deep within them I will plant my Law, writing it on their hearts. Then I will be their God and they shall be my people. There will be no further need for neighbour to try to teach neighbour, or brother to say to brother, ‘Learn to know the Lord!’ No, they will all know me, the least no less than the greatest – it is the Lord who speaks – since I will forgive their iniquity and never call their sin to mind.

**Responsorial Psalm: Ps 50:3-4. 12-15. R. v.12**

*(R.) Create a clean heart in me, O God.*

**Second Reading: Hebrews 5:7-9**

*A reading from the letter to the Hebrews*

During his life on earth, Christ offered up prayer and entreaty, aloud and in silent tears, to the one who had the power to save him out of death, and he submitted so humbly that his prayer was heard.



Although he was Son, he learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation.

### **Gospel Acclamation: John 12:26**

Glory to you, Word of God, Lord Jesus Christ! If you serve me, follow me, says the Lord; and where I am, my servant will also be. Glory to you, Word of God, Lord Jesus Christ!

### **Gospel: John 12:20-33**

*A reading from the holy Gospel according to John*

‘Among those who went up to worship at the festival were some Greeks. These approached Philip, who came from Bethsaida in Galilee, and put this request to him, ‘Sir, we should like to see Jesus.’ Philip went to tell Andrew, and Andrew and Philip together went to tell Jesus. Jesus replied to them: ‘Now the hour has come for the Son of Man to be glorified. I tell you most solemnly, unless a wheat grain falls on the ground and dies, it remains only a single grain; but if it dies, it yields a rich harvest.

Anyone who loves his life loses it; anyone who hates his life in this world will keep it for the eternal life. If a man serves me, he must follow me, wherever I am, my servant will be there too. If anyone serves me, my Father will honour him. Now my soul is troubled. What shall I say: Father, save me from this hour? But it was for this very reason that I have come to this hour. Father, glorify your name!’ A voice came from heaven, ‘I have glorified it, and I will glorify it again.’ People standing by, who heard this, said it was a clap of thunder; others said, ‘It was an angel speaking to him.’ Jesus answered, ‘It was not for my sake that this voice came, but for yours. ‘Now sentence is being passed on this world; now the prince of this world is to be overthrown. And when I am lifted up from the earth, I shall draw all men to myself.’

By these words he indicated the kind of death he would die.

## **Chúa Nhật Tuần V Mùa Chay Năm B**

### **Bài đọc 1: Gr 31, 31-34**

*Trích sách Tiên tri Giêrêmia.*

Chúa phán: “Đây tới ngày Ta ký kết giao ước mới với nhà Israel và nhà Giuđa, giao ước này không giống như giao ước Ta đã ký kết với tổ phụ của chúng trong ngày Ta cầm tay chúng dặt ra khỏi đất Ai-cập; giao ước ấy chính chúng đã phản bội, mặc dầu Ta thống trị chúng”.

Chúa phán: “Đây là giao ước Ta sẽ ký kết với nhà Israel sau những ngày đó. Ta sẽ đặt lề luật của Ta trong đáy lòng chúng, và sẽ ghi trong tâm hồn chúng; Ta sẽ là Chúa của chúng, và chúng sẽ là dân của Ta”. Chúa phán: “Người này sẽ không còn phải dạy người nọ, anh sẽ không còn phải dạy em rằng: “Người hãy nhìn biết Chúa”, vì mọi người từ nhỏ chí lớn đều nhìn biết Ta, vì Ta sẽ tha tội ác của chúng, và sẽ không còn nhớ đến tội lỗi của chúng”.

### **Đáp ca: Tv 50, 3-4. 12-13. 14-15**

Đáp: Ôi lạy Chúa, xin tạo cho con quả tim trong sạch (c. 12a).

### **Bài đọc 2: Dt 5, 7-9**

*Trích thư gửi tín hữu Do-thái.*

Khi còn sống ở đời này, Chúa Kitô đã lớn tiếng và roi lệ dâng lời cầu xin khẩn nguyện lên Đấng có thể cứu Người khỏi chết, và vì lòng thành tín, Người đã được nhậm lời. Dầu là Con Thiên Chúa, Người đã học vâng phục do những đau khổ Người chịu, và khi hoàn tất, Người đã trở nên căn nguyên ơn cứu độ đời đời cho tất cả những kẻ từng phục Người. .

### **ALLELUIA: Ga 12, 26**

Chúa phán: “Ai phụng sự Ta, hãy theo Ta, và Ta ở đâu, thì kẻ phụng sự Ta cũng sẽ ở đó”.

### **BÀI PHÚC ÂM: Ga 12, 20-33**

*Tin Mừng Chúa Giêsu Kitô theo Thánh Gioan.*

Khi ấy, trong số những người lên dự lễ, có mấy người Hy-lạp. Họ đến gặp Philipphê quê ở Bêtania, xứ Galilêa, và nói với ông rằng: “Thưa ngài, chúng tôi muốn gặp Đức Giêsu”. Philip-phê đi nói với Anrê, rồi Anrê và Philipphê đến thưa Chúa Giêsu. Chúa Giêsu đáp: “Đã đến giờ Con Người được tôn vinh. Quả thật, quả thật, Ta nói với các con: Nếu hạt lúa mì rơi xuống đất mà không thối đi, thì nó chỉ trổ trọt một mình; nhưng nếu nó thối đi, thì nó sinh nhiều bông hạt. Ai yêu sự sống mình thì sẽ mất, và ai ghét sự sống mình ở đời này, thì sẽ giữ được nó cho sự sống đời đời. Ai phụng sự Ta, hãy theo Ta, và Ta ở đâu, thì kẻ phụng sự Ta cũng sẽ ở đó. Ai phụng sự Ta, Cha Ta sẽ tôn vinh nó. Bây giờ linh hồn Ta xao xuyến, và biết nói gì? Lạy Cha, xin cứu Con khỏi giờ này. Nhưng chính vì thế mà Con đã đến trong giờ này. Lạy Cha, xin hãy làm vinh danh Cha”. Lúc đó có tiếng từ trời phán: “Ta đã làm vinh danh Ta và Ta còn làm vinh danh Ta nữa”. Đám đông đứng đó nghe thấy và nói đó là tiếng sấm. Kẻ khác lại rằng: “Một thiên thần nói với Ngài”. Chúa Giêsu đáp: “Tiếng đó phán ra không phải vì Ta, nhưng vì các ngươi. Chính bây giờ là lúc thế gian bị xét xử, bây giờ là lúc thủ lãnh thế gian bị khai trừ và khi nào Ta chịu đưa lên cao khỏi đất, Ta sẽ kéo mọi người lên cùng Ta”. Người nói thế để chỉ Người phải chết cách nào.