

TD: Gradient Descent for convex and smooth functions

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Convergence Analysis

We study the convergence for a fixed step size α . Prove the following result.

Theorem Assume that $f : \mathbb{R}^n \rightarrow \mathbb{R}$ is convex and L -smooth. If x^* is a critical point of f , i.e., $\nabla f(x^*) = 0$, then the sequence $\{x^{(k)}\}$ generated by gradient descent

$$x^{(k+1)} = x^{(k)} + \alpha \nabla f(x^{(k)}),$$

with fixed step size $0 \leq \alpha \leq \frac{1}{L}$ satisfies:

$$f(x^{(k)}) - f(x^*) \leq \frac{\|x^{(0)} - x^*\|^2}{2\alpha k}.$$

Convergence Analysis

Assume that $f: \mathbb{R}^n \rightarrow \mathbb{R}$ is convex and L -smooth. If x^* is a critical point of f , i.e., $\nabla f(x^*) = 0$, then the sequence $\{x^{(k)}\}$ generated by gradient descent $x^{(k+1)} = x^{(k)} + \alpha \nabla f(x^{(k)})$, with fixed step size $0 < \alpha \leq \frac{1}{L}$ satisfies

$$f(x^{(k)}) - f(x^*) \leq \frac{\|x^{(0)} - x^*\|^2}{2\alpha k}$$

Proof: L -smooth ($L > 0$) when $f(x) \leq f(y) + \nabla f(y)^T(x-y) + \frac{L}{2}\|x-y\|^2, \forall x, y \in \mathbb{R}^n$
 f is convex: $f(x) \geq f(y) + \nabla f(y)^T(x-y)$

Using smoothness property we have:

$$f(y) \leq f(x) + \nabla f(x)^T(y-x) + \frac{L}{2}\|y-x\|^2$$

* proof: f is L -smooth, then ∇f is L -Lipschitz continuous: $\exists L > 0$ such that:

$$\nabla^2 f(x) \leq L I, \text{ equiv: } \nabla^2 f(x) - L I \leq 0$$

$$\nabla^2 f(x) - L I \text{ is semi-defined negative: } \forall x, y, z: (x-y)^T(\nabla^2 f(z) - L I)(x-y) \leq 0$$

$$\Leftrightarrow (x-y)^T \nabla^2 f(z)(x-y) - L\|x-y\|^2 \leq 0$$

$$\text{normalizing } (x-y)^T \nabla^2 f(z)(x-y) \leq L\|x-y\|^2$$

Based on the Taylor Remainder Theorem, we have

$\forall x, y, \exists z \in [x, y]$ such that

$$f(y) = f(x) + \nabla f(x)^T(y-x) + \frac{1}{2}(x-y)^T \nabla^2 f(z)(x-y)$$

Substituting the found (1) into this Taylor approximation we get:

$$f(y) \leq f(x) + \nabla f(x)^T(y-x) + \frac{1}{2}L\|y-x\|^2 \text{ what we need to find}$$

Gradient

$$x^{(k+1)} = x^{(k)} - \alpha \nabla f(x^{(k)})$$

$$x^* = x - \alpha \nabla f(x)$$

let

$$y = x^t$$

Plugging in the smoothing i

$$\text{we get } f(x^*) \leq f(x) + \nabla f(x)^T(x^t - x) + \frac{L}{2}\|x^t - x\|^2$$

$$\leq f(x) + \nabla f(x)^T(x - \alpha \nabla f(x) - x) + \frac{L}{2}\|x - \alpha \nabla f(x) - x\|^2$$

$$= f(x) - \alpha \nabla f(x)^T \nabla f(x) + \frac{L}{2} \alpha^2 \|\nabla f(x)\|^2$$

$$= f(x) - \alpha \|\nabla f(x)\|^2 + \frac{L}{2} \alpha^2 \|\nabla f(x)\|^2$$

$$= f(x) - (1 - \frac{L\alpha}{2}) \alpha \|\nabla f(x)\|^2$$

for $0 < \alpha \leq \frac{1}{L}$, we have $1 - \frac{L\alpha}{2} \geq \frac{1}{2}$

Therefore: $f(x^*) \leq f(x) - \frac{\alpha}{2} \|\nabla f(x)\|^2$; $f(x^*) - f(x) \leq -\frac{\alpha}{2} \|\nabla f(x)\|^2$
 by the convexity property of f we have $f(x) \leq f(x^*) + \nabla f(x^T)(x - x^*)$
 $\forall x$ in dom

$$\text{Thus: } f(x^*) \leq f(x) - \frac{\alpha}{2} \|\nabla f(x)\|^2 \leq f(x^*) + \nabla f(x^T)(x - x^*) - \frac{\alpha}{2} \|\nabla f(x)\|^2$$

$$f(x^*) + \frac{1}{2\alpha} (2\alpha \nabla f(x^T)(x - x^*) - \alpha^2 \|\nabla f(x)\|^2)$$

$2\alpha \nabla f(x^T)(x - x^*) - \alpha^2 \|\nabla f(x)\|^2$ is a part of $\|a+b\|^2$ with $a = x - x^*$
 $b = \alpha \nabla f(x)$

$$\text{So we have: } 2\alpha \nabla f(x^T)(x - x^*) - \alpha^2 \|\nabla f(x)\|^2 = \|x - x^*\|^2 - \|x - x^* - \alpha \nabla f(x)\|^2$$

$$\underbrace{(2ab - b^2)}_{= \|x - x^*\|^2 - \|x^+ - x^*\|^2} = \|x - x^*\|^2 - \|x^+ - x^*\|^2 \quad \text{We finally got:}$$

$$\Rightarrow f(x^+) - f(x^*) \leq \frac{1}{2} (\|x - x^*\|^2 - \|x^+ - x^*\|^2)$$

This inequality holds for x^+ at every iteration

Summing over iteration we get:

$$\sum_{k=1}^k (f(x^k) - f(x^*)) \leq \sum_{k=1}^k \frac{1}{2\alpha} (\|x^{(k-1)} - x^*\|^2 - \|x^{(k)} - x^*\|^2)$$

$$\text{Telescoping} \\ = \frac{1}{2\alpha} (\|x^{(0)} - x^*\|^2 - \|x^{(k)} - x^*\|^2) \leq \frac{1}{2\alpha} \|x^{(0)} - x^*\|^2$$

$$\text{We obtain: } \sum_{i=1}^k (f(x^{(i)}) - f(x^*)) \leq \frac{1}{2\alpha} \|x^{(0)} - x^*\|^2$$

Since f is non increasing we can write:

$$k f(x^{(k)}) \leq \sum_{i=1}^k f(x^{(i)}) \Rightarrow k (f(x^{(k)}) - f(x^*)) \leq \sum_{i=1}^k (f(x^{(i)}) - f(x^*)) \Rightarrow$$

$$\Rightarrow f(x^{(k)}) - f(x^*) \leq \frac{1}{k} \sum_{i=1}^k (f(x^{(i)}) - f(x^*)) \Rightarrow$$

$$f(x^{(k)}) - f(x^*) \leq \frac{1}{2\alpha k} \|x^{(0)} - x^*\|^2 \quad \text{What we need}$$