



How to Perform Well in Contests

- Harsh Gupta



Goal

- Equip with practical strategies to stay focused and perform effectively during competitive programming contests.
- Emphasize calmness, structured thinking, and adaptability.
- Build confidence and refine the problem-solving approach.



Remain Calm in Contests

- **Focus on Your Plan**
 - Avoid panicking even when the problems seem tough.
 - Take deep breaths and concentrate on one task at a time.
- **Stay Positive**
 - Acknowledge that it's okay to struggle; everyone faces challenges.



Take One Problem at a Time

- **Avoid Multitasking**
 - Read the problem carefully and fully understand it before diving into coding.
- **Break It Down**
 - Divide the problem into smaller parts and tackle them step by step.



Avoid Looking at Leaderboards

- **Stay in Your Zone**
 - Focusing on the leaderboard can distract and demotivate you.
- **Time Management**
 - Use contest time effectively by focusing on solving problems.



Try to Prove Your Solutions

- **Think Before You Code**
 - Ensure your solution logically addresses the problem constraints.
- **Test Cases**
 - Verify your solution with edge cases and small inputs.



Use Pen and Paper

- **Visualize the Problem**
 - Sketch diagrams, write equations, or simulate the process manually.
- **Clarity of Thought**
 - Helps in organizing your ideas and identifying potential issues.



Don't Try to Fit Algorithms into Problems

- **Reason Your Ideas**
 - Understand the problem requirements before deciding on an approach.
- **Adaptability**
 - Be flexible in your thinking rather than forcing a known algorithm.



Motivation and Discipline

- **Consistency is Key**
 - Daily practice is more effective than sporadic bursts.
- **Stay Motivated**
 - Celebrate small victories.
 - Remember why you started CP.



Q & A

- Your **questions**, my **answers!**



Thankyou!

Linkedin: [Harsh Gupta](#)