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Gregory J. Massimi, MD
Laboratory Director
CLIA No: 33D1057336

Phys: **AMERICARE WELLNESS LLC**

2828 S. SEACREST BLVD SUITE 213
BOYNTON BEACH, FL 33435
(561) 536-3166

Patient: **WEISBEIN, JEFF**

DOB: 07/19/1989 Age: 35Y Gender: M
Phone: (516) 633-4684 Fasting: Y
Spec#

JANKOWIAK, AURORA DNP

Accession: **2505010261**

Coll. Date: 04/30/25

Recv. Date: 05/01/25

Print. Date: 05/06/25

Chart#:

Coll. Time: 09:00

Recv. Time: 13:58

Print. Time: 16:22

First reported on:

05/01/2025 13:59

Final report date: 05/06/2025 16:22

Test Name	In Range	Out of Range	Reference	Units
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HEMATOLOGY

CBC WITH DIFFERENTIAL

WBC	7.82	4.00-11.00	10(3)/uL
RBC	5.1	4.3-5.7	10(6)/uL
HEMOGLOBIN	13.7	13.5-17.5	g/dL
HEMATOCRIT	42.3	39.0-50.0	%
MCV	82.6	80-99	fL
MCH	27	25-33	pg
MCHC	32	31-35	g/dL
RDWSD	39.1	37.0-49.2	fL
RDWCV	13.0	11.0-15.5	%
Platelet Count	329	150-450	10(3)/uL
MPV	9.7	9.7-13.0	fL
Neutrophil Abs	4.59	1.40-6.51	10(3)/uL
Lymphocyte Abs	1.97	0.57-3.97	10(3)/uL
Monocyte Abs	0.86	0.22-0.93	10(3)/uL
Eosinophil Abs	0.30	0.00-0.39	10(3)/uL
Basophil Abs	0.08 High	0.01-0.07	10(3)/uL
Immature Granulocyte Abs	0.02	0.00-0.10	10(3)/uL
Neutrophil %	58.7	39.5-72.0	%
Lymphocyte %	25.2	19.0-53.0	%
Monocyte %	11.0	2.0-12.5	%
Eosinophil %	3.8	0-7	%
Basophil %	1.0	0-2	%
Immature Granulocyte %	0.3	0.0-1.0	%
NRBC Abs	0.00	10(3)/uL	

BLOOD BANK

ABO BLOOD GROUP AND RH TYPE

BLOOD GROUP (ABO)	O
RH TYPING	pos

CHEMISTRY

BILIRUBIN DIRECT

BILIRUBIN DIRECT <0.2 0.0-0.3 mg/dL

(GGT) GAMMA GLUTAMYL TRANSFERASE

GGT 18 8-61 U/L

MAGNESIUM SERUM



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CHEMISTRY (Continued)				
MAGNESIUM	2.4		1.6-2.6	mg/dL
URIC ACID				
URIC ACID	6.5		3.4-7.0	mg/dL
PHOSPHORUS (PHOSPHATE)				
PHOSPHORUS	3.8		2.5-4.5	mg/dL
HOMOCYSTEINE				
HOMOCYSTEINE	11.9		<=15.0	umol/L
LACTATE DEHYDROGENASE LDH				
LACTATE DEHYDROGENASE	112 Low		135-225	U/L
IRON AND IRON-BINDING CAP				
IRON	44 Low		59-158	ug/dL
TRANSFERRIN	295		200-360	mg/dL
TOTAL IRON BINDING CAPACITY	413.7		250.0-450.0	ug/dL
UIBC	338		112-347	ug/dL
PERCENT IRON SATURATION	11 Low		15-50	%
FERRITIN				
FERRITIN	61		30-400	ng/mL
IGF-1				
IGF-1	158		113.5-247.5	ng/mL
C-REACTIVE PROTEIN, HIGH SENSITIVITY QNT				
CRP HIGH SENSITIVITY	0.4		<=0.9	mg/L
Cardiovascular Disease Risk Assessment:				
hsCRP level (mg/L)		Relative Risk		
< 1.0		Low		
1.0 - 3.0		Average		
> 3.0		High		
LIPID PANEL				
CHOLESTEROL	155		<=200	mg/dL
CHOL/HDL RATIO	3.0		See Note	



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CHEMISTRY (Continued)

	50	CHOL/HDL Ratio		Heart Disease Risk:		
		Male	Female	Average	5.0	4.4
		2x Average	9.5	7.0		
		3x Average	23.0	11.1		
HDL CHOLESTEROL	50	>=40		mg/dL		
VLDL CALCULATION	28	5-40		mg/dL		
TRIGLYCERIDES	141	<=150		mg/dL		
LDL CHOLESTEROL DIRECT	78	<=100		mg/dL		
LDL/HDL RATIO	1.56	0.00-3.20				
LDL/HDL Ratio		Male		Female		
		Average Risk	3.60	3.20		
		2x Average Risk	6.20	5.00		

CMP (COMPREHENSIVE METABOLIC PANEL) WITHOUT POTASSIUM

GLUCOSE	92	70-99	mg/dL
SODIUM	143	136-145	mmol/L
CHLORIDE	105	98-107	mmol/L
BLOOD UREA NITROGEN	17.2	6.0-20.0	mg/dL
CREATININE	1.1	0.7-1.2	mg/dL
BUN/CREATININE RATIO	15.6	6.0-22.0	mg/dL
CALCIUM	9.9	8.6-10.2	mg/dL
TOTAL PROTEIN	6.8	6.4-8.3	g/dL
GLOBULIN	2.3	1.8-4.0	g/dL
AG RATIO	2.0	1.0-2.1	
BILIRUBIN TOTAL	0.2	<=1.2	mg/dL
ALKALINE PHOSPHATASE	54	40-129	U/L
ALT (SGPT)	13	<=41	U/L
AST (SGOT)	10	<=40	U/L
EGFR	90	>=60	mL/min/1.73m ²

GLYCO

HEMOGLOBIN A1C	5.2	4.2-5.6	%
Test Performed by Capillary Electrophoresis			
American Diabetes Association (ADA) interpretation of HbA1c:			
Non-Diabetic / Normal < 5.7 %			



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GLYCO (Continued)

Prediabetes (increased risk for diabetes)	5.7 - 6.4 %
Diabetes	>=6.5 %

ENDOCRINOLOGY

TSH	1.67	0.30-4.20	uIU/mL
T4 FREE, THYROXINE			
T4 FREE	1.1	0.9-1.7	ng/dL
T3 FREE TRIIODOTHYRONINE			
T3 FREE	3.1	2.0-4.4	pg/mL
ANTI-THYROGLOBULIN IGG			
THYROGLOBULIN AB	18.2	<=115.0	IU/mL
THYROID PEROXIDASE AB (TPO)			
THYROID PEROXIDASE AB	10.6	<=34.0	IU/mL
ESTRADIOL-E2			
ESTRADIOL E2	24	11-43	pg/mL
PROGESTERONE			
PROGESTERONE	0.29 High	0.00-0.20	ng/mL
TESTOSTERONE FREE AND TOTAL			
ALBUMIN	4.5	3.5-5.2	g/dL
SHBG	11.9 Low	16.5-55.9	nmol/L
TESTOSTERONE TOTAL	180 Low	249-836	ng/dL
FREE TESTOSTERONE, CALCULATED	5.21	See Table	ng/dL
		Male:	
		14 - 15 years:	0.30 - 13.80 ng/dL
		16 - 17 years:	3.80 - 17.30 ng/dL
		18 years and up:	4.70 - 24.40 ng/dL
		Tanner Stage IV:	3.50 - 16.90 ng/dL
		Tanner Stage V:	4.10 - 23.90 ng/dL
PERCENT FREE TESTOSTERONE	2.90	1.00-3.00	%

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ENDOCRINOLOGY (Continued)

FSH FOLLICLE STIMULATING HORMONE

FSH 2.3 1.5-12.4 mIU/mL

LH LUTEINIZING HORMONE

LUTEINIZING HORMONE 2.5 1.7-8.6 mIU/mL

CORTISOL TOTAL, SERUM

CORTISOL 21.3 High 4.8-19.5 ug/dL

DHEA SULFATE

DHEA 295.00 160.00-449.00 ug/dL

ESTRONE

ESTRONE 53.1 0.0-174.0 pg/mL

This test is intended for the quantitative in vitro determination of estrone in human serum and supports the evaluation of estrone sufficiency.

ESTROGEN

ESTROGEN 117 56-213 pg/mL

This test is intended for quantitative in vitro determination of total estrogens in human serum. It is used as an aid in the diagnosis of diseases associated with total estrogens excess or deficiency in conjunction with other laboratory and clinical findings.

PREGNENOLONE

PREGNENOLONE 12.2 High 0.1-3.4 ng/mL

This test is intended for the quantitative in vitro determination of pregnenolone in human serum. It is used as an aid in the diagnosis of diseases associated with pregnenolone excess or deficiency in conjunction with other laboratory and clinical findings.

DEHYDROEPIANDROSTERONE

DEHYDROEPIANDROSTERONE 5.3 1.3-6.4 ng/mL

Concentrations of Dehydroepiandrosterone (DHEA) tend to decrease in women and men aged 60 - 80 years.

This test is intended for the quantitative in vitro determination of Dehydroepiandrosterone (DHEA) in human serum to support the evaluation of dehydroepiandrosterone sufficiency.



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TUMOR MARKERS

PSA TOTAL W/REF PSA FREE

PSA TOTAL 0.57 <=4.00 ng/mL

This test was performed using the Roche 801 ECLIA platform. Values obtained with different assay methods cannot be used interchangeably. Results cannot be interpreted as absolute evidence of the presence of malignant disease. The free PSA and percent free PSA are reported on a reflex basis only when the total PSA is between 4.00 and 10.00 ng/mL.

IMMUNOLOGY/SEROLOGY

CELIAC DISEASE

Celikey tTG IgA 0.5 0-7 U/ml

<7 Negative
7-10 Equivocal
>10 Positive

Celikey tTG IgG <0.6 0-7 U/ml

<7 Negative
7-10 Equivocal
>10 Positive

Gliadin, Deamidated Peptide IgA 2.5 0-7 U/ml

<7 Negative
7-10 Equivocal
>10 Positive

Gliadin, Deamidated Peptide IgG <0.6 0-7 U/ml

<7 Negative
7-10 Equivocal
>10 Positive

ANA SCREEN, MULTIPLEX

ANA SCREEN Negative Negative

GASTROINTESTINAL(GI) DISTRESS PROFILE

EGG WHITE (F1) IGE <0.10 0-0.10 kU/L

Class 0

MILK (F2) IGE <0.10 0.00-0.10 kU/L

Class 0

CODFISH (F3) IGE <0.10 0-0.10 kU/L

Class 0

WHEAT (F4) IGE <0.10 0-0.10 kU/L

Class 0

MAIZE / CORN (F8) IGE <0.10 0-0.10 kU/L

Class 0

SESAME SEED (F10) IGE <0.10 0-0.10 kU/L

Class 0



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IMMUNOLOGY/SEROLOGY (Continued)

PEANUT (F13) IGE	<0.10	0-0.10	kU/L
Class 0			
SOYBEAN (F14) IGE	<0.10	0-0.10	kU/L
Class 0			
SHRIMP (F24) IGE	<0.10	0.00-0.10	kU/L
Class 0			
CLAM (F207) IGE	<0.10	0-0.10	kU/L
Class 0			
WALNUT (F256) IGE	<0.10	0-0.10	kU/L
Class 0			
GLUTEN (F79) IGE	<0.10	0-0.10	kU/L
Class 0			
SCALLOP (F338) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level		Class
< 0.10	Absent or Not Detected		0
0.10-0.34	Very Low		0
0.35-0.70	Low		1
0.71-3.50	Moderate		2
3.51-17.5	High		3
17.6-50.0	Very High		4
51.0-100.0	Very High		5
>100.0	Very High		6

ALLERGY

ALTERNARIA ALTERNATA (M6) IGE

ALTERNARIA ALTERNATA (M6)	<0.10	0-0.10	kU/L
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Class 0

Specific IgE(kU/L)	Level	Class
< 0.10	Absent or Not Detected	0
0.10-0.34	Very Low	0
0.35-0.70	Low	1
0.71-3.50	Moderate	2
3.51-17.5	High	3
17.6-50.0	Very High	4
51.0-100.0	Very High	5
>100.0	Very High	6

AUREOBASIDIUM PULLULANS (M12) IGE



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ALLERGY (Continued)

A.PULLULANS (M12) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

ASPERGILLUS FUMIGATUS (M3) IGE

ASPERGILLUS FUMIGATUS (M3)	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

BLOMIA TROPICALIS (D201) IGE

BLOMIA TROPICALIS	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

CANDIDA ALBICANS (M5) IGE



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ALLERGY (Continued)

CANDIDA ALBICANS (M5) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

CAT DANDER (E1) IGE

CAT EPITHEL. & DANDER IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

CLADOSPORIUM HERBARUM (M2) IGE

CLADOSPORIUM HERBARUM(M2) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

D. PTERONYX SINUS (D1) IGE



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ALLERGY (Continued)

D. PTERONYX SINUS(D1) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

DERMATOPHAGOIDES FARINAE (D2) IGE

DERMATOPHAGOIDES FARINAE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

DOG DANDER (E5) IGE

DOG DANDER (E5) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level	Class	
< 0.10	Absent or Not Detected	0	
0.10-0.34	Very Low	0	
0.35-0.70	Low	1	
0.71-3.50	Moderate	2	
3.51-17.5	High	3	
17.6-50.0	Very High	4	
51.0-100.0	Very High	5	
>100.0	Very High	6	

MUCOR RACEMOSUS (M4) IGE



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Laboratory Director
CLIA No: 33D1057336

Phys: **AMERICARE WELLNESS LLC**

2828 S. SEACREST BLVD SUITE 213
BOYNONTON BEACH, FL 33435
(561) 536-3166

Patient: **WEISBEIN, JEFF**

DOB: 07/19/1989 Age: 35Y Gender: M
Phone: (516) 633-4684 Fasting: Y
Spec#

JANKOWIAK, AURORA DNP

Accession: **2505010261**

Coll. Date: 04/30/25

Recv. Date: 05/01/25

Print. Date: 05/06/25

Chart#:

Coll. Time: 09:00

Recv. Time: 13:58

Print. Time: 16:22

First reported on:

05/01/2025 13:59

Final report date: 05/06/2025 16:22

Test Name	In Range	Out of Range	Reference	Units
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ALLERGY (Continued)

MUCOR RACEMOSUS (M4) IGE	<0.10	0-0.10	kU/L
Class 0			
Specific IgE(kU/L)	Level		Class
< 0.10	Absent or Not Detected		0
0.10-0.34	Very Low		0
0.35-0.70	Low		1
0.71-3.50	Moderate		2
3.51-17.5	High		3
17.6-50.0	Very High		4
51.0-100.0	Very High		5
>100.0	Very High		6

PENICILLIUM NOTATUM (M1) IGE

PENICILLIUM NOTATUM (M1)	<0.10	0-0.10	kU/L
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Class 0			
Specific IgE(kU/L)	Level		Class
< 0.10	Absent or Not Detected		0
0.10-0.34	Very Low		0
0.35-0.70	Low		1
0.71-3.50	Moderate		2
3.51-17.5	High		3
17.6-50.0	Very High		4
51.0-100.0	Very High		5
>100.0	Very High		6

PHOMA BETAEE (M13) IGE

PHOMA BETAEE (M13) IGE	<0.10	0-0.10	kU/L
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Class 0			
Specific IgE(kU/L)	Level		Class
< 0.10	Absent or Not Detected		0
0.10-0.34	Very Low		0
0.35-0.70	Low		1
0.71-3.50	Moderate		2
3.51-17.5	High		3
17.6-50.0	Very High		4
51.0-100.0	Very High		5
>100.0	Very High		6

IGE SERUM

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ALLERGY (Continued)

TOTAL IGE 6 0-87 kU/L

TRACE ELEMENTS

LEAD, BLOOD

LEAD <1.0 <5.0 ug/dL

This test was performed using inductively coupled plasma mass spectrometry (ICP-MS). It was developed and its performance characteristics determined by Empire City Laboratories. It has not been cleared or approved by the US Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. This test is used for clinical purposes. It should not be regarded as investigational or for research. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions. This laboratory is certified under the Clinical Laboratory Improvement Amendments of 1988 (CLIA-88) as qualified to perform high complexity clinical laboratory testing.

CADMIUM, BLOOD

CADMIUM,BLOOD <0.5 <=5.0 ug/L

Reference range:

Adults, Non-Smokers: 1.7 ug/L or less

Adults, Smokers: 5.0 ug/L or less

OSHA Reference range: 5.0 ug/L or less

Toxic Concentration: Early signs of toxicity have been observed at 30 ug/L. Elevated blood cadmium levels confirm recent acute exposure, but do not correlate with body burden or clinical outcome, and should not be used to determine the need for treatment. The best screening and diagnostic test for chronic cadmium exposure is a 24-hour urinary cadmium level, normalized to creatinine excretion.

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MERCURY, BLOOD

MERCURY,BLOOD <4.0 0.0-10.0 ug/L



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TRACE ELEMENTS (Continued)

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ZINC, SERUM

ZINC, SERUM 953 600-1300 ug/L

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NUTRITION

VITAMIN A [RETINOL]

VITAMIN A (RETINOL) 53.0 38.0-98.0 ug/dL

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FOLATE SERUM (FOLIC ACID)

FOLATE 9.9 4.6-34.8 ng/mL

VITAMIN B12

VITAMIN B12 308 232-1245 pg/mL



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NUTRITION (Continued)

VITAMIN 25OH-D [D2, D3] LCMS

VITAMIN D25-OH,TOTAL	34.7	30.0-100.0	ng/mL
VITAMIN D25-OH,D3	34.7		ng/mL
VITAMIN D25-OH,D2	<2.3		ng/mL

25-OHD3 indicates both endogenous production and supplementation. 25-OHD2 is an indicator of exogenous sources such as diet or supplementation. Therapy is based on measurement of Total 25-OHD, with levels <20 ng/mL indicative of Vitamin D deficiency, while levels between 20 ng/mL and 30 ng/mL suggest insufficiency. Optimal levels are > or = 30 ng/mL.

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VITAMIN E (TOCOPHEROL)

VITAMIN E (ALPHA)	7.9	5.7-19.9	mg/L
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VITAMIN K1

VITAMIN K1	434	80-1550	pg/mL
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NUTRITION (Continued)

(CLIA-88) as qualified to perform high complexity clinical laboratory testing.

Vitamin K result may be lower if specimen was not received frozen.

OTHER

INSULIN

INSULIN 8.2 2.6-24.9 uU/mL