Calorie Tracker App With Python Django Framework

Problem Statement

Maintaining a healthy lifestyle has been one of the main concerns of this century. According to WHO in 2016, more than 1.9 billion adults, 18 years and older, were overweight. Of these over 650 million were obese. With the covid-19 outbreak this year it has been proved that covid-19 is more fatal to people with obesity. So regular exercise and healthy diet is an important thing people are looking

Features:

- 1. User Management
- 2. Food Database
- 3. Meal Logging
- 4. Daily Intake Tracker
- 5. Exercise Logging
- 6. Reports and Analytics
- 7. Goals and Notifications

Functional Requirements:

- Python
- Django
- VS code
- API