OVERFLOW SHEET

DAY		Mon	Tue	Wed	Thu	Fri	Sat	Sun		Date (dd/mm/yy)		

Food or beverage 7	Food or beverage 8	Food or beverage 9	Food or beverage 10	Food or beverage 11
☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Enter name: .... ▶Q7 ☐ Don't know ▶Q4	Enter name: .... ▶Q7 ☐ Don't know ▶Q4	Enter name: .... ▶Q7 ☐ Don't know ▶Q4	Enter name: .... ▶Q7 ☐ Don't know ▶Q4	Enter name: .... ▶Q7 ☐ Don't know ▶Q4
Enter code: .... ▶Q7 ☐ Not in the atlas ▶Q5	Enter code: .... ▶Q7 ☐ Not in the atlas ▶Q5	Enter code: .... ▶Q7 ☐ Not in the atlas ▶Q5	Enter code: .... ▶Q7 ☐ Not in the atlas ▶Q5	Enter code: .... ▶Q7 ☐ Not in the atlas ▶Q5
1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q8	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q8	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q8	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q8	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q8
Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q9	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q9	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q9	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q9	Enter code: .... ▶Q10 ☐ Not in the atlas ▶Q9
Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement: ....
Enter quantity:	Enter quantity:	Enter quantity:	Enter quantity:	Enter quantity: ....
Enter place reference: ☐	Enter place reference: ☐	Enter place reference: ☐	Enter place reference: ☐	Enter place reference: ☐
Name of establishement (optional):	Name of establishement (optional):	Name of establishement (optional):	Name of establishement (optional):	Name of establishement (optional): ....
Enter code: ☐	Enter code: ☐	Enter code: ☐	Enter code: ☐	Enter code: ☐
Enter value:	Enter value:	Enter value:	Enter value:	Enter value: ....

24

2023 HOUSEHOLD INCOME AND EXPENDITURE SURVEY

INDIVIDUAL 7 DAY FOOD AWAY FROM HOME DIARY

SAMOA BUREAU OF STATISTICS (SBS)

IN ACCORDANCE WITH SAMOA STATISTICS ACT (2015), ALL PRIVATE INFORMATION IN THIS FORM WILL BE KEPT STRICTLY CONFIDENTIAL

QUESTIONNAIRE ID

If you have any questions please **contact SBS** *at ph: 62-000*

INDIVIDUAL'S NAME	INDIVIDUAL'S ID

REGION NAME	DISTRICT NAME	VILLAGE NAME	ENUMERATION AREA NUMBER

INTERVIEWER DIARY CHECK DATES

INTERVIEWER VISIT 01 (dd/mm/yy)	INTERVIEWER VISIT 02 (dd/mm/yy)
☐☐ / ☐☐ / ☐☐	☐☐ / ☐☐ / ☐☐
INTERVIEWER VISIT 03 (dd/mm/yy)	INTERVIEWER VISIT 04 (dd/mm/yy)
☐☐ / ☐☐ / ☐☐	☐☐ / ☐☐ / ☐☐

NOTES

INSTRUCTIONS

For the next seven days, you are asked to fill a diary with all the information related to the foods and beverages that you consumed outside of your house and that were not prepared at home.

Food prepared at home and consumed outside of the house should not be reported in the diary (for example, food taken from home to eat at work or at school). Food prepared outside of the house but consumed at home should also not be reported here (for example, pizza or Chinese food brought home to eat). Only report information on food and beverages prepared and consumed away from home (for example: at a restaurant or market stall, or at a to'onai, at school or work, as long as the food was prepared and consumed away from home).

Complete the diary every day. Please report both the food and beverages you consumed as single serve (such as those consumed in restaurants, bars, school and work canteens, on street stands, etc.) and those consumed as part of a buffet (such as To'onai, barbeque or a potluck, during a workshop at work place etc.). If you did not consume any food or beverage away from home in a day, please reply "No" to question 1 of that diary day.

You will be asked first to give the name of all the foods and beverages you consumed during the day. Each food or beverage you consumed should be reported on a new column. If you had a combo such as "fish and chips" you can fill one column only but please make sure the quantities reported refer to fish and chips in total and not to fish only or chips only. To help you filling the diary, you will be given access to a food atlas containing a set of pictures describing the foods most frequently consumed away from home in Samoa. In case you cannot remember the name of the food you consumed, you will be asked to identify the picture that best describes the food you consumed outside of your home. If you cannot find the corresponding picture, you will be asked to give additional information on the composition of your meal. If you had chicken curry, for example, it might contain chicken, potato, carrot and rice, so you would list all those items in your meal.

Besides the name of the food, report also the quantity of the food consumed, either by using a household measurement (for example: you consumed food at a potluck and you had "three spoons" of food) or searching the picture in the food atlas, which shows the size of the food you consumed.

You will also be asked to report on the cost of the food and beverages you consumed. The food or beverage consumed can be either purchased (in a restaurant, street stand, supermarket etc.), or received for free (at a friend's place, at church) or received in-kind (in exchange of work). If you did not purchase the food or beverage, you will be asked to estimate (guess) the cost you would have paid for that food or beverage if you purchased it. When reporting the cost of the food or beverage you consumed: in case of a single serve (e.g. at restaurant), report the price of each food; in case you consumed the food or beverage from a buffet, report the total amount you would have paid to buy ALL the food you consumed at the buffet on the first column, then draw a horizontal line to the last food consumed at that buffet.

Each two days an enumerator will visit you to revise the diary with you. It is important you do not wait for the visit of the enumerator and complete the diary as best as you can every day.

The diary will be given to each member of the household; children, the elderly and people who cannot complete the diary by themselves may request the assistance from another member of the household to fill the diary on their behalf.

HOW TO FILL THIS DIARY

Example:

Tupae received the first visit by the enumerator on Friday, 25th November 2022. On the third day (Sunday, 27th November 2022) Tupae participated in a church event and consumed:

a) 2 pieces of garlic bread, for which and he could find in the atlas a picture perfectly matching the food and the portion consumed;

b) 1 small bowl of oka - but he could not remember it was actually oka;

c) 3 big spoons of beef stir fried , for which he could find in the atlas the picture perfectly matching the food but not the portion he consumed;

d) One handful of vegetables, for which he could find in the atlas the picture perfectly matching the food and the portion;

e) Fish in Coconut Cream with beans - he could not remember the name of the food, nor find it in the atlas, but he recalled it was served in a coconut shell and he had one of them;

f) Later, during the afternoon for snack he had a glass of vai tipolo that he bought for 2 tala on a street stand and drank on his way back home. Tupae could not find a picture of the drink in the atlas but he could find a picture of a glass of the same size;

Tupae would have spent around 10 Tala if he had to pay for the food he ate on Sunday.

OVERFLOW SHEET

	Mon	Tue	Wed	Thu	Fri	Sat	Sun		(mm/dd/yy)
DAY ☐	☐	☐	☐	☐	☐	☐	☐	**Date**	☐ ☐ ☐

Food or beverage 7	Food or beverage 8	Food or beverage 9	Food or beverage 10	Food or beverage 11
☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Enter name: .... ►*Q7* ☐ Don't know ►*Q4*	*Enter name:* .... ►*Q7* ☐ Don't know ►*Q4*	*Enter name:* .... ►*Q7* ☐ Don't know ►*Q4*	*Enter name:* .... ►*Q7* ☐ Don't know ►*Q4*	*Enter name:* .... ►*Q7* ☐ Don't know ►*Q4*
Enter code: .... ►*Q7* ☐ Not in the atlas ►*Q5*	*Enter code:* .... ►*Q7* ☐ Not in the atlas ►*Q5*	*Enter code:* .... ►*Q7* ☐ Not in the atlas ►*Q5*	*Enter code:* .... ►*Q7* ☐ Not in the atlas ►*Q5*	*Enter code:* .... ►*Q7* ☐ Not in the atlas ►*Q5*
1.	1.	1.	1.	1.
2.	2.	2.	2.	2.
3.	3.	3.	3.	3.
4.	4.	4.	4.	4.
1.	1.	1.	1.	1.
2.	2.	2.	2.	2.
3.	3.	3.	3.	3.
4.	4.	4.	4.	4.
Enter code: .... ►*Q10* ☐ Not in the atlas ►*Q8*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q8*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q8*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q8*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q8*
Enter code: .... ►*Q10* ☐ Not in the atlas ►*Q9*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q9*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q9*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q9*	*Enter code:* .... ►*Q10* ☐ Not in the atlas ►*Q9*
Enter unit of measurement:	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Enter quantity:	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Enter place reference: ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐
Name of establishment (optional):	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):* ....
Enter code: ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Enter value:	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
DAY	☐	☐	☐	☐	☐	☐	☐

(dd/mm/yy)

Date ☐ ☐ ☐

Food or beverage 7	Food or beverage 8	Food or beverage 9	Food or beverage 10	Food or beverage 11
☐ Breakfast?	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?
☐ Lunch?	☐ Lunch?	☐ Lunch?	☐ Lunch?	☐ Lunch?
☐ Dinner?	☐ Dinner?	☐ Dinner?	☐ Dinner?	☐ Dinner?
☐ For snack?	☐ For snack?	☐ For snack?	☐ For snack?	☐ For snack?
Enter name: .... ▶*Q7*	*Enter name:* .... ▶*Q7*	*Enter name:* .... ▶*Q7*	*Enter name:* .... ▶*Q7*	*Enter name:* .... ▶*Q7*
☐ Don't know ▶*Q4*	☐ Don't know ▶*Q4*	☐ Don't know ▶*Q4*	☐ Don't know ▶*Q4*	☐ Don't know ▶*Q4*
Enter code: .... ▶*Q7*	*Enter code:* .... ▶*Q7*	*Enter code:* .... ▶*Q7*	*Enter code:* .... ▶*Q7*	*Enter code:* .... ▶*Q7*
☐ Not in the atlas ▶*Q5*	☐ Not in the atlas ▶*Q5*	☐ Not in the atlas ▶*Q5*	☐ Not in the atlas ▶*Q5*	☐ Not in the atlas ▶*Q5*
1.	1.	1.	1.	1.
2.	2.	2.	2.	2.
3.	3.	3.	3.	3.
4.	4.	4.	4.	4.
1.	1.	1.	1.	1.
2.	2.	2.	2.	2.
3.	3.	3.	3.	3.
4.	4.	4.	4.	4.
Enter code: .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*
☐ Not in the atlas ▶*Q8*	☐ Not in the atlas ▶*Q8*	☐ Not in the atlas ▶*Q8*	☐ Not in the atlas ▶*Q8*	☐ Not in the atlas ▶*Q8*
Enter code: .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*	*Enter code:* .... ▶*Q10*
☐ Not in the atlas ▶*Q9*	☐ Not in the atlas ▶*Q9*	☐ Not in the atlas ▶*Q9*	☐ Not in the atlas ▶*Q9*	☐ Not in the atlas ▶*Q9*
Enter unit of measurement:	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Enter quantity:	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Enter place reference: ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐
Name of establishment (optional):	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):* ....
Enter code: ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Enter value:	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

ID	NOTES

HOW TO FILL IN THIS DIARY

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Day 03							X

Date 27 11 22

	Food or beverage 1
Name of the respondent: *Tupae*	
Q1 **Did you consume some food or beverage outside of your house today?** *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	X Yes ▶ *Q2* ☐ No ▶ *Next day*
Q2 **Did you consume the food or beverage during:**	☐ Breakfast? ☐ Lunch? X Dinner? ☐ For snack?
Q3 **What is the name of the food or beverage you consumed today outside of your house?** *Complete each column before moving to the next food or beverage*	Enter name: *Garlic bread* .... ▶ *Q7* ☐ Don't know ▶ *Q4*
Q4 **Which picture from the food atlas best describes the food you consumed today?**	Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*
Q5 **What were the main ingredients contained in the food or beverage consumed?** *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.
Q6 **What was the cooking method of the food?** *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.
Q7 **Which picture from the food atlas best describes the PORTION of the food you consumed?** *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	Enter code: *Bl1 – 2* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*
Q8 **Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed?** *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*
Q9 **In which unit of measurement would you like to report the quantity?** 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 3. Standard unit *(gram, litre, etc.)* 2. Standard portion *(piece, pack, slice...)* 4. Other	Enter unit of measurement: ....
Q10 **What was the quantity you consumed?** *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	Enter quantity: ....*1*..................
Q11 **Where did you procure the food and beverages?** *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 4. School canteen 7. Church 2. Bar/night club 5. Work canteen 8. Other 3. Street stand/Market 6. Friends or relatives	Enter place reference: ① Name of establishement (optional): ....
Q12 **Was the meal:** 1. Purchased 2. Received for free 3. Received in-kind.	Enter code: ①
Q13 **How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it?** *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	Enter value: ....*8*...............

OVERFLOW SHEET

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
DAY ☐	☐	☐	☐	☐	☐	☐	☐

Date ☐ ☐ ☐

Food or beverage 7	Food or beverage 8	Food or beverage 9	Food or beverage 10	Food or beverage 11
☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Enter name: .... ▶ *Q7* ☐ Don't know ▶ *Q4*	Enter name: .... ▶ *Q7* ☐ Don't know ▶ *Q4*	Enter name: .... ▶ *Q7* ☐ Don't know ▶ *Q4*	Enter name: .... ▶ *Q7* ☐ Don't know ▶ *Q4*	Enter name: .... ▶ *Q7* ☐ Don't know ▶ *Q4*
Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	Enter code: .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*
1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*
Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	Enter code: .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*
Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement:	Enter unit of measurement: ....
Enter quantity:	Enter quantity:	Enter quantity:	Enter quantity:	Enter quantity: ....
Enter place reference: ☐ Name of establishement (optional):	Enter place reference: ☐ Name of establishement (optional):	Enter place reference: ☐ Name of establishement (optional):	Enter place reference: ☐ Name of establishement (optional):	Enter place reference: ☐ Name of establishement (optional): ....
Enter code: ☐	Enter code: ☐	Enter code: ☐	Enter code: ☐	Enter code: ☐
Enter value:	Enter value:	Enter value:	Enter value:	Enter value: ....

DAY | Mon | Tue | Wed | Thu | Fri | Sat | Sun   Date ( ) ( ) ( ) (dd/mm/yy)

	Food or beverage 7	Food or beverage 8	Food or beverage 9	Food or beverage 10	Food or beverage 11
	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Enter name:	.... ▶Q7 ☐ Don't know ▶Q4	.... ▶Q7 ☐ Don't know ▶Q4	.... ▶Q7 ☐ Don't know ▶Q4	.... ▶Q7 ☐ Don't know ▶Q4	.... ▶Q7 ☐ Don't know ▶Q4
Enter code:	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5
	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Enter code:	.... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☐ Not in the atlas ▶Q8
Enter code:	.... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☐ Not in the atlas ▶Q9
Enter unit of measurement:	....	....	....	....	....
Enter quantity:	....	....	....	....	....
Enter place reference:	☐	☐	☐	☐	☐
Name of establishement (optional):	....	....	....	....	....
Enter code:	☐	☐	☐	☐	☐
Enter value:	....	....	....	....	....

	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
	☐ Breakfast? ☒ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☒ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☒ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☒ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☒ For snack?
Enter name:	.... ▶Q7 ☒ Don't know ▶Q4	*Beef stir fried* .... ▶Q7 ☐ Don't know ▶Q4	*Mixed vegetable* .... ▶Q7 ☐ Don't know ▶Q4	.... ▶Q7 ☒ Don't know ▶Q4	*Vai Tipolo* .... ▶Q7 ☐ Don't know ▶Q4
Enter code:	*FI10* .... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5	.... ▶Q7 ☒ Not in the atlas ▶Q5	.... ▶Q7 ☐ Not in the atlas ▶Q5
	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. *Fish* 2. *Coconut cream* 3. *Green beans* 4.	1. 2. 3. 4.
	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. *Boiled* 3. 4.	1. 2. 3. 4.
Enter code:	*FI10 – 1* .... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☒ Not in the atlas ▶Q8	*FR3 – 1* .... ▶Q10 ☐ Not in the atlas ▶Q8	.... ▶Q10 ☒ Not in the atlas ▶Q8	.... ▶Q10 ☒ Not in the atlas ▶Q8
Enter code:	.... ▶Q10 ☐ Not in the atlas ▶Q9	*M5 – 1* .... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☐ Not in the atlas ▶Q9	.... ▶Q10 ☒ Not in the atlas ▶Q9	*M1 – 2* .... ▶Q10 ☐ Not in the atlas ▶Q9
Enter unit of measurement:	....	....	....	*Coconut shell*	....
Enter quantity:	.... *1*	.... *3*	.... *1*	.... *1*	.... *1* ....
Enter place reference:	7	7	7	7	3
Name of establishement (optional):	....	....	....	....	....
Enter code:	2	2	2	2	1
Enter value:	.... *10*	....	....	....	.... *2* ....

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	(dd/mm/yy)
DAY 01	☐	☐	☐	☐	☐	☐	☐	**Date** ☐ ☐ ☐

Name of the respondent:	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
Q1 **Did you consume some food or beverage outside of your house today?** *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	◯ Yes ▶ *Q2* ◯ No ▶ *Next day*					
Q2 **Did you consume the food or beverage during:**	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?	◯ Breakfast? ◯ Lunch? ◯ Dinner? ◯ For snack?
Q3 **What is the name of the food or beverage you consumed today outside of your house?** *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ◯ Don't know ▶ *Q4*
Q4 **Which picture from the food atlas best describes the food you consumed today?**	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ◯ Not in the atlas ▶ *Q5*
Q5 **What were the main ingredients contained in the food or beverage consumed?** *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 **What was the cooking method of the food?** *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 **Which picture from the food atlas best describes the PORTION of the food you consumed?** *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q8*
Q8 **Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed?** *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ◯ Not in the atlas ▶ *Q9*
Q9 **In which unit of measurement would you like to report the quantity?** 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 3. Standard unit *(gram, litre, etc.)* 2. Standard portion *(piece, pack, slice...)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 **What was the quantity you consumed?** *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 **Where did you procure the food and beverages?** *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 4. School canteen 7. Church 2. Bar/night club 5. Work canteen 8. Other 3. Street stand/Market 6. Friends or relatives	*Enter place reference:* ◯ Name of establishment (optional):	*Enter place reference:* ◯ Name of establishment (optional):	*Enter place reference:* ◯ Name of establishment (optional):	*Enter place reference:* ◯ Name of establishment (optional):	*Enter place reference:* ◯ Name of establishment (optional):	*Enter place reference:* ◯ Name of establishment (optional): ....
Q12 **Was the meal:** 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* ◯	*Enter code:* ◯	*Enter code:* ◯	*Enter code:* ◯	*Enter code:* ◯	*Enter code:* ◯
Q13 **How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it?** *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

Name of the respondent:

	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
Q1 Did you consume some food or beverage outside of your house today? *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	○ Yes ▶ Q2 ○ No ▶ Next day					
Q2 Did you consume the food or beverage during:	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?	○ Breakfast? ○ Lunch? ○ Dinner? ○ For snack?
Q3 What is the name of the food or beverage you consumed today outside of your house? *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ○ Don't know ▶ Q4
Q4 Which picture from the food atlas best describes the food you consumed today?	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ○ Not in the atlas ▶ Q5
Q5 What were the main ingredients contained in the food or beverage consumed? *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 What was the cooking method of the food? *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 Which picture from the food atlas best describes the PORTION of the food you consumed? *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q8
Q8 Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed? *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ○ Not in the atlas ▶ Q9
Q9 In which unit of measurement would you like to report the quantity? 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 2. Standard portion *(piece, pack, slice...)* 3. Standard unit *(gram, litre, etc.)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 What was the quantity you consumed? *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 Where did you procure the food and beverages? *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 2. Bar/night club 3. Street stand/Market 4. School canteen 5. Work canteen 6. Friends or relatives 7. Church 8. Other	*Enter place reference:* [ ] *Name of establishment (optional):*	*Enter place reference:* [ ] *Name of establishment (optional):*	*Enter place reference:* [ ] *Name of establishment (optional):*	*Enter place reference:* [ ] *Name of establishment (optional):*	*Enter place reference:* [ ] *Name of establishment (optional):*	*Enter place reference:* [ ] *Name of establishment (optional):* ....
Q12 Was the meal: 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* [ ]	*Enter code:* [ ]	*Enter code:* [ ]	*Enter code:* [ ]	*Enter code:* [ ]	*Enter code:* [ ]
Q13 How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it? *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☐	☐	☐	☐	☐	☐	☐

(dd/mm/yy)

Date ☐ ☐ ☐

Name of the respondent:	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
Q1 Did you consume some food or beverage outside of your house today? *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	☐ Yes ▶ *Q2* ☐ No ▶ *Next day*					
Q2 Did you consume the food or beverage during:	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Q3 What is the name of the food or beverage you consumed today outside of your house? *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*
Q4 Which picture from the food atlas best describes the food you consumed today?	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*
Q5 What were the main ingredients contained in the food or beverage consumed? *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 What was the cooking method of the food? *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 Which picture from the food atlas best describes the PORTION of the food you consumed? *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*
Q8 Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed? *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*
Q9 In which unit of measurement would you like to report the quantity? 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 3. Standard unit *(gram, litre, etc.)* 2. Standard portion *(piece, pack, slice...)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 What was the quantity you consumed? *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 Where did you procure the food and beverages? *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 4. School canteen 7. Church 2. Bar/night club 5. Work canteen 8. Other 3. Street stand/Market 6. Friends or relatives	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):* ....
Q12 Was the meal: 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Q13 How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it? *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6

Name of the respondent:

Q1 — Did you consume some food or beverage outside of your house today?
Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.

	Food or beverage 1
	☐ Yes ▶ Q2
	☐ No ▶ Next day

Q2 — Did you consume the food or beverage during:

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?	☐ Breakfast?
	☐ Lunch?	☐ Lunch?	☐ Lunch?	☐ Lunch?	☐ Lunch?	☐ Lunch?
	☐ Dinner?	☐ Dinner?	☐ Dinner?	☐ Dinner?	☐ Dinner?	☐ Dinner?
	☐ For snack?	☐ For snack?	☐ For snack?	☐ For snack?	☐ For snack?	☐ For snack?

Q3 — What is the name of the food or beverage you consumed today outside of your house?
Complete each column before moving to the next food or beverage

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter name: .... ▶ Q7	*Enter name:* .... ▶ Q7	*Enter name:* .... ▶ Q7	*Enter name:* .... ▶ Q7	*Enter name:* .... ▶ Q7	*Enter name:* .... ▶ Q7
	☐ Don't know ▶ Q4	☐ Don't know ▶ Q4	☐ Don't know ▶ Q4	☐ Don't know ▶ Q4	☐ Don't know ▶ Q4	☐ Don't know ▶ Q4

Q4 — Which picture from the food atlas best describes the food you consumed today?

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter code: .... ▶ Q7	*Enter code:* .... ▶ Q7	*Enter code:* .... ▶ Q7	*Enter code:* .... ▶ Q7	*Enter code:* .... ▶ Q7	*Enter code:* .... ▶ Q7
	☐ Not in the atlas ▶ Q5	☐ Not in the atlas ▶ Q5	☐ Not in the atlas ▶ Q5	☐ Not in the atlas ▶ Q5	☐ Not in the atlas ▶ Q5	☐ Not in the atlas ▶ Q5

Q5 — What were the main ingredients contained in the food or beverage consumed?
List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	1.	1.	1.	1.	1.	1.
	2.	2.	2.	2.	2.	2.
	3.	3.	3.	3.	3.	3.
	4.	4.	4.	4.	4.	4.

Q6 — What was the cooking method of the food?
For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	1.	1.	1.	1.	1.	1.
	2.	2.	2.	2.	2.	2.
	3.	3.	3.	3.	3.	3.
	4.	4.	4.	4.	4.	4.

Q7 — Which picture from the food atlas best describes the PORTION of the food you consumed?
For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter code: .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10
	☐ Not in the atlas ▶ Q8	☐ Not in the atlas ▶ Q8	☐ Not in the atlas ▶ Q8	☐ Not in the atlas ▶ Q8	☐ Not in the atlas ▶ Q8	☐ Not in the atlas ▶ Q8

Q8 — Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed?
For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter code: .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10	*Enter code:* .... ▶ Q10
	☐ Not in the atlas ▶ Q9	☐ Not in the atlas ▶ Q9	☐ Not in the atlas ▶ Q9	☐ Not in the atlas ▶ Q9	☐ Not in the atlas ▶ Q9	☐ Not in the atlas ▶ Q9

Q9 — In which unit of measurement would you like to report the quantity?
1. Household measurement *(spoon, bowl, cup, bottle glass...)*   3. Standard unit *(gram, litre, etc.)*
2. Standard portion *(piece, pack, slice...)*   4. Other

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter unit of measurement:	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....

Q10 — What was the quantity you consumed?
For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter quantity:	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....

Q11 — Where did you procure the food and beverages?
Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).

Place references:
1. Restaurant/café   4. School canteen   7. Church
2. Bar/night club   5. Work canteen   8. Other
3. Street stand/Market   6. Friends or relatives

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter place reference: ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐	*Enter place reference:* ☐
	Name of establishment (optional):	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):*	*Name of establishment (optional):* ....

Q12 — Was the meal: 1. Purchased   2. Received for free   3. Received in-kind.

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter code: ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐

Q13 — How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it?
If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.

	F&B 1	F&B 2	F&B 3	F&B 4	F&B 5	F&B 6
	Enter value:	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☐	☐	☐	☐	☐	☐	☐

(dd/mm/yy)
Date ☐ ☐ ☐

Name of the respondent:	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
Q1 Did you consume some food or beverage outside of your house today? *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	☐ Yes ▶ *Q2* ☐ No ▶ *Next day*					
Q2 Did you consume the food or beverage during:	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Q3 What is the name of the food or beverage you consumed today outside of your house? *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*	*Enter name:* .... ▶ *Q7* ☐ Don't know ▶ *Q4*
Q4 Which picture from the food atlas best describes the food you consumed today?	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*	*Enter code:* .... ▶ *Q7* ☐ Not in the atlas ▶ *Q5*
Q5 What were the main ingredients contained in the food or beverage consumed? *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 What was the cooking method of the food? *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 Which picture from the food atlas best describes the PORTION of the food you consumed? *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q8*
Q8 Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed? *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*	*Enter code:* .... ▶ *Q10* ☐ Not in the atlas ▶ *Q9*
Q9 In which unit of measurement would you like to report the quantity? 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 2. Standard portion *(piece, pack, slice...)* 3. Standard unit *(gram, litre, etc.)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 What was the quantity you consumed? *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 Where did you procure the food and beverages? *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 2. Bar/night club 3. Street stand/Market 4. School canteen 5. Work canteen 6. Friends or relatives 7. Church 8. Other	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):* ....
Q12 Was the meal: 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Q13 How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it? *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	(dd/mm/yy) Date ☐ ☐ ☐

	Food or beverage 1	**Food or beverage 2**	**Food or beverage 3**	**Food or beverage 4**	**Food or beverage 5**	**Food or beverage 6**
Name of the respondent:						
Q1 — Did you consume some food or beverage outside of your house today? *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	☐ Yes ▶ Q2 ☐ No ▶ Next day					
Q2 — Did you consume the food or beverage during:	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Q3 — What is the name of the food or beverage you consumed today outside of your house? *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4	*Enter name:* .... ▶ Q7 ☐ Don't know ▶ Q4
Q4 — Which picture from the food atlas best describes the food you consumed today?	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5	*Enter code:* .... ▶ Q7 ☐ Not in the atlas ▶ Q5
Q5 — What were the main ingredients contained in the food or beverage consumed? *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 — What was the cooking method of the food? *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 — Which picture from the food atlas best describes the PORTION of the food you consumed? *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q8
Q8 — Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed? *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9	*Enter code:* .... ▶ Q10 ☐ Not in the atlas ▶ Q9
Q9 — In which unit of measurement would you like to report the quantity? 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 2. Standard portion *(piece, pack, slice...)* 3. Standard unit *(gram, litre, etc.)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 — What was the quantity you consumed? *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 — Where did you procure the food and beverages? *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 2. Bar/night club 3. Street stand/Market 4. School canteen 5. Work canteen 6. Friends or relatives 7. Church 8. Other	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):* ....
Q12 — Was the meal: 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Q13 — How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it? *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....

Name of the respondent:	Food or beverage 1	Food or beverage 2	Food or beverage 3	Food or beverage 4	Food or beverage 5	Food or beverage 6
Q1 — Did you consume some food or beverage outside of your house today? *Food and/or beverage refer only to food and/or beverages both prepared and consumed outside of your house.*	☐ Yes ▶Q2 ☐ No ▶Next day					
Q2 — Did you consume the food or beverage during:	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?	☐ Breakfast? ☐ Lunch? ☐ Dinner? ☐ For snack?
Q3 — What is the name of the food or beverage you consumed today outside of your house? *Complete each column before moving to the next food or beverage*	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4	*Enter name:* .... ▶Q7 ☐ Don't know ▶Q4
Q4 — Which picture from the food atlas best describes the food you consumed today?	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5	*Enter code:* .... ▶Q7 ☐ Not in the atlas ▶Q5
Q5 — What were the main ingredients contained in the food or beverage consumed? *List all the ingredients of your food or beverage, starting from the main ones. For example: if you consumed "fish in taro leaves and coconut cream" then write: fish, taro leaves and coconut cream.*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q6 — What was the cooking method of the food? *For example, if the food was mainly fried, boiled, baked, cooked using UMU method, etc. Do not write anything if not applicable (for instance raw foods such as sashimi, ice creams, etc.).*	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
Q7 — Which picture from the food atlas best describes the PORTION of the food you consumed? *For example if you were served a plate of fried canned corned beef (falai pisupo) but ate only half of the plate enter the code corresponding to the picture of the half plate (code F14-02 in the food atlas).*	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q8
Q8 — Which picture from the food atlas best describes the MEASUREMENT UNIT in which you want to report the quantity consumed? *For example, if you had one small glass of wine, enter the picture corresponding to a small glass (code M2-4, or M2-5 or M2-6 in the food atlas); if you had 3 big spoons of coco rice, enter the picture corresponding to the spoon more similar to the one you used to seve the food (for instance code M5-1 in the food atlas).*	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9	*Enter code:* .... ▶Q10 ☐ Not in the atlas ▶Q9
Q9 — In which unit of measurement would you like to report the quantity? 1. Household measurement *(spoon, bowl, cup, bottle glass...)* 3. Standard unit *(gram, litre, etc.)* 2. Standard portion *(piece, pack, slice...)* 4. Other	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:*	*Enter unit of measurement:* ....
Q10 — What was the quantity you consumed? *For portions: number of portions. For household measurement: Number of servings. For standard or other units: quantity in units. If the portion identified in Q7 corresponds to the quantity you consumed, then just enter 1.*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:*	*Enter quantity:* ....
Q11 — Where did you procure the food and beverages? *Enter the place where you procured the food and beverages, not the one where you consumed it. For example, if you procured the food on a street stand and consumed it in the office, then write "street stand". In case of resaurants, café, bar, night club or 'Other' please enter the name of the establishment (optional).* Place references: 1. Restaurant/café 4. School canteen 7. Church 2. Bar/night club 5. Work canteen 8. Other 3. Street stand/Market 6. Friends or relatives	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):*	*Enter place reference:* ☐ *Name of establishment (optional):* ....
Q12 — Was the meal: 1. Purchased 2. Received for free 3. Received in-kind.	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐	*Enter code:* ☐
Q13 — How much did you pay for the food or beverage? In case you did not pay for it, how much would you have paid to buy it? *If you consumed for free from a buffet, enter only once the total amount in Tala that you would have paid for all the food you consumed and then draw a line on the other food consumed at the same buffet, like in the example.*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:*	*Enter value:* ....