

# Our Services



## Kokoro Manual Therapy

- Back pains (Cervical, Thoracic and Lumbar).
- Shoulder Pain (loss of mobility)
- Knee pain
- Ankle sprain.
- Headaches (Migraines).
- Sciatic nerve.
- Lumbar hernias
- Loss of mobility and sensation.
- Iliotibial band syndrome or "Runner's knee".
- Plantar fasciitis (spur).
- Tendinitis (Heel Pain)
- Tennis Elbow
- Chronic tiredness
- Sinusitis

### WE TREAT PROBLEMS OF:

- Tonsillitis
- Allergies
- Neck Pain
- Thyroid Conditions
- Asthma (trouble breathing)
- Heart Conditions
- Arthritis
- Stomach Conditions
- Liver Conditions
- Kidney Conditions
- Rheumatism
- Bladder Conditions
- Circulation Conditions
- Sexual Organs Conditions
- Problems with evacuation (Constipation)

### Manipulation of the Spine and Joints



By applying specific pressure, the subluxated vertebrae (out of alignment) are manually "adjusted" to their correct position, thus eliminating nerve pressure and allowing unobstructed communication between the brain and the body organs and physical areas, thus allowing the body to function at its full potential

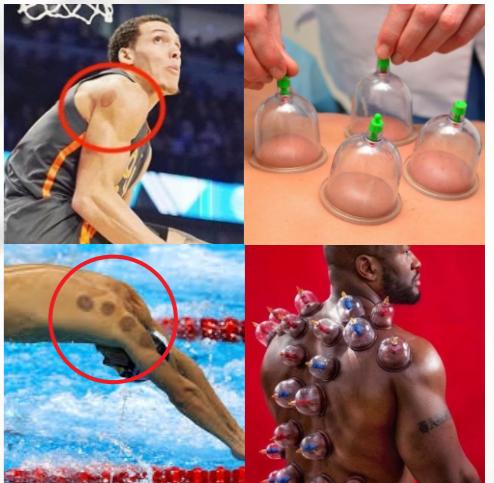
### Graston Technique



With special instruments the Graston Technique helps to amplify soft tissue restrictions, thereby interrupting the cycle of pain and formation of scar tissue (stiffness).

Applying this technique we can restore flexibility and range of motion to the muscle areas and tissues to the body.

### Cupping Therapy



The Cupping Therapy, through its method of suction to the skin, forces the body to dilute excess oxygen and blood towards the area. As we know, the body regenerates with inflammation, the same inflammation that is created in the suction, forcing the body to give priority to tissue repair, returning its nutrition, elasticity and texture.

### Neuromuscular electrical stimulation therapy



Through variations of electrical stimuli we can optimize pain in an area, activate atrophied and inactive muscles, promote relaxation and function of muscles in different areas.

BOOK YOUR SESSION

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