

Reflection Exercise: Making the Shift from Peer to Manager

It's always good to learn from your own past experiences. So, think back about a time when a co-worker became your boss. Ask yourself:

1. How did your relationship change day-to-day once they were in charge?
2. Did they handle the transition well? Did they stay approachable or become distant?
3. What did their approach teach you about being a good leader?
4. What's one thing they did that you definitely wouldn't want to do as a manager?

Taking a moment to think through these questions can give you some valuable insights into what to do (and what not to do!) to build a great team dynamic as a new manager.