

Exercise: Reflecting on Technical Sharpness as a Manager

This exercise helps you reflect on your strategies for staying technically relevant and identify areas for improvement.

Instruction: Assess your current practices below.

1. List all the activities you currently do to stay technically sharp (e.g., reading industry blogs, attending conferences, participating in technical discussions).

2. Compare your practices with the following strategies:

- Scheduling regular technical deep dives
- Leveraging learning from your team
- Participating in debriefs and postmortems
- Staying abreast of industry trends
- Cultivating a professional network
- Engaging in technical mentorship
- Regularly updating your technical toolkit
- Embracing a culture of continuous learning

3. Identify which strategies you are already doing and which are new to you.