OWASP Top 10 - Identify Active Network Hosts and Services Using Nmap

Overview

The purpose of reconnaissance is to collect as much information about a target network as possible. From a hacker's perspective, the information gathered is very helpful when preparing for an attack. A penetration tester tries to find the information and to patch the vulnerabilities if found. This is also called Footprinting.

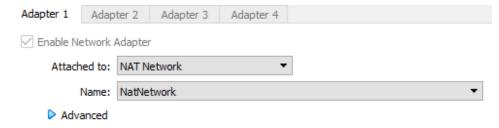
Nmap has parameters, also known as switches, that can help you perform network reconnaissance. In this lab, you will look at some of the key switch.

All this information is testable depending on which cybersecurity exam you sit for.

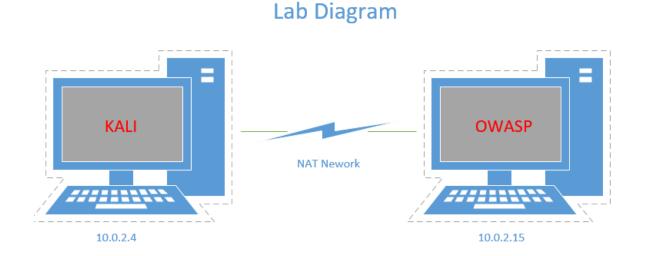
Lab Requirements

- One installation of VirtualBox with the Extension Pack.
- One virtual install of Kali Linux.
- One virtual install of the OWASP OVA image.

Your VirtualBox network adapters should be set to NAT network for both VMs.



Confirm that your Kali and OWASP machines are on the same network of 10.0.2x by opening typing ifconfig at either's terminal. The OWASP target machine has the username and password provided on the terminal.



Begin the lab

Ensure have you sudo access to your Kali terminal. Some of these commands require root access to run. I am currently logged on to Kali as Root.

Once you have ensured you have connectivity between Kali and your target machine, you are ready to proceed on with the lab.

Nmap Target Selection

These are all Nmap default scans, which scan the first 1000 TCP ports. Host discovery will take place.

To scan a single host, type the following command.

The output lists any open ports along with the services that are using them.

```
nmap 10.0.2.15
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-07 23:44 EST
Nmap scan report for 10.0.2.15
Host is up (0.00015s latency).
Not shown: 991 closed tcp ports (reset)
        STATE SERVICE
22/tcp open ssh
80/tcp open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 7.15 seconds
        t⊕ kali)-[~]
```

To scan a hostname, use the following command.

```
nmap www.cisco.com
```

To scan a range of IPs, use the following command.

```
nmap 10.0.2.15-20
```

To scan a particular subnet using CIDR notation, use the following command.

```
nmap 10.0.2.0/24
```

To determine the operating system of the same host we can use the following command.

```
nmap -0 10.0.2.15
```

To scan targets from a text file, use the following command.

```
nmap -iL target list.txt
```

```
(root® kali)-[~]
nmap -0 10.0.2.15
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-07 23:50 E
Nmap scan report for 10.0.2.15
Host is up (0.00027s latency).
Not shown: 991 closed tcp ports (reset)
PORT
        STATE SERVICE
       open ssh
22/tcp
80/tcp open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC
Device type: general purpose
Running: Linux 2.6.X
OS CPE: cpe:/o:linux:linux kernel:2.6
OS details: Linux 2.6.17 - 2.6.36
Network Distance: 1 hop
OS detection performed. Please report any incorrect results a
t https://nmap.org/submit/ .
Nmap done: 1 IP address (1 host up) scanned in 8.50 seconds
```

Scan for Specific Ports

To scan for a specific port on the target system with the IP address 10.0.2.15, type the following command:

We can also scan for a specific range of ports on a target system. To do this, type the following command:

```
nmap -p 1-100 10.0.2.15
```

```
map -p 1-100 10.0.2.15

Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 00:04 EST

Nmap scan report for 10.0.2.15

Host is up (0.00017s latency).

Not shown: 98 closed tcp ports (reset)

PORT STATE SERVICE

22/tcp open ssh

80/tcp open http

MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)

Nmap done: 1 IP address (1 host up) scanned in 6.92 seconds

[root kali]-[~]
```

You can also scan for the top 100 most common ports. For this, you can use the -F parameter, which performs a fast scan. If any of the top 100 commonly used ports are open, they are listed in the output.

Type the following command:

```
nmap -F 10.0.2.15
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 00:08 EST
Nmap scan report for 10.0.2.15
Host is up (0.00039s latency).
Not shown: 92 closed tcp ports (reset)
         STATE SERVICE
22/tcp
         open
               ssh
80/tcp
               http
         open
139/tcp open
               netbios-ssn
143/tcp open
               imap
443/tcp open
              https
              microsoft-ds
445/tcp open
8080/tcp open
              http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 6.90 seconds
        t@ kali)-[~]
```

We can also scan for all 65535 ports using the -p- parameter.

nmap
$$-p-10.0.2.15$$

```
nmap -p- 10.0.2.15
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 00:12 EST
Nmap scan report for 10.0.2.15
Host is up (0.00011s latency).
Not shown: 65526 closed tcp ports (reset)
PORT
         STATE SERVICE
22/tcp
         open
80/tcp
         open
               http
139/tcp open
               netbios-ssn
143/tcp
        open
               imap
443/tcp
               https
        open
445/tcp open microsoft-ds
5001/tcp open
               commplex-link
8080/tcp open
               http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 8.82 seconds

    kali)-[~]
```

We can also scan for live hosts without performing any port scan. This can do with the -sn parameter, which disables port scan. Type the following command:

```
mmap -sn 10.0.2.15

Starting Nmap 7.92 (https://nmap.org ) at 2022-03-08 00:20 EST Nmap scan report for 10.0.2.15

Host is up (0.00028s latency).

MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)

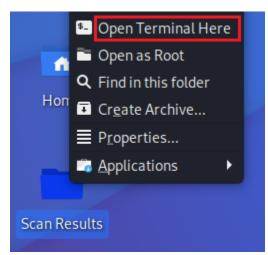
Nmap done: 1 IP address (1 host up) scanned in 6.80 seconds

(root kali)-[~]
```

Notice the scan quickly reports only that our one host is up.

Output

On your Kali machine, right-click anywhere on the desktop, and from the context menu select **Create Folder**. Name the folder **Scan Results**. Find the folder on your desktop, right-click, and from the context menu select **Open Terminal Here**. We are now going to run some Nmap scams and output the results as a file type.

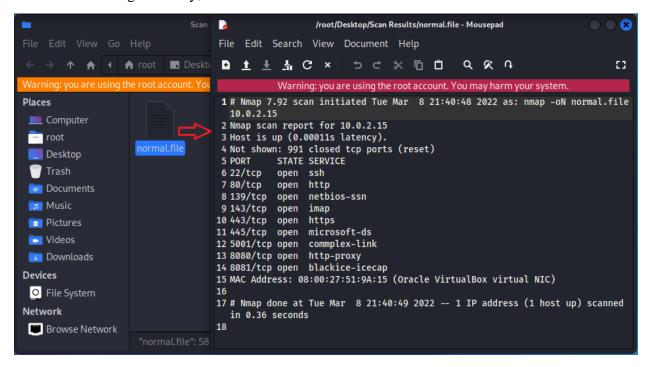


To save our Nmap scan results using normal file output to a file saved as normal.file, use the following command.

```
nmap 10.0.2.15 -oN normal.file
```

```
ot® kali)-[~/Desktop/Scan Results]
   nmap 10.0.2.15 -oN normal.file
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 21:40 EST
Nmap scan report for 10.0.2.15
Host is up (0.00011s latency).
Not shown: 991 closed tcp ports (reset)
PORT 
         STATE SERVICE
22/tcp
        open ssh
80/tcp
        open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 0.36 seconds
     oot@kali)-[~/Desktop/Scan Results]
```

Inside our working directory, we have our scan results saved as normal.file.



X2 click the file to open using the default editor associated with Kali.

To save the output to an XML file type, use the following command.

```
nmap 10.0.2.15 -oX xml.file
```

```
kali)-[~/Desktop/Scan Results]
   nmap 10.0.2.15 -oX xml.file
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 21:48 EST
Nmap scan report for 10.0.2.15
Host is up (0.000097s latency).
Not shown: 991 closed tcp ports (reset)
PORT 
        STATE SERVICE
22/tcp
        open ssh
80/tcp
        open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 0.32 seconds
      t® kali)-[~/Desktop/Scan Results]
```

Save the output as additional file types.

Grepable output to the file grep.file

```
nmap 10.0.2.15 -oG grep.file
```

Output in the three major formats at once

Firewall Evasion

The following command uses tiny, fragmented IP packets making it harder for packet filters to drop.

```
nmap 10.0.2.15 - f
```

```
& kali)-[~/Desktop/Scan Results]
   nmap 10.0.2.15 -f
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 21:57 EST
Nmap scan report for 10.0.2.15
Host is up (0.00016s latency).
Not shown: 991 closed tcp ports (reset)
PORT
        STATE SERVICE
22/tcp
         open ssh
80/tcp
         open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:51:9A:15 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 0.33 seconds
       👨 kali)-[~/Desktop/Scan Results]
```

Spoofing your MAC address

Spoofing our MAC address helps us to scan the network when our real MAC address is being blocked by the firewall/IDS. This also allows us to stay anonymous and bypass certain filters. The 0 randomizes the MAC address.

```
nmap -sT -Pn --spoof-mac 0 10.0.2.15
```

```
11)-[~/Desktop/Scan Results]
    nmap -sT -Pn --spoof-mac 0 10.0.2.15
Starting Nmap 7.92 ( https://nmap.org ) at 2022-03-08 22:16 EST
Spoofing MAC address 52:8F:61:16:4A:56 (No registered vendor)
You have specified some options that require raw socket access.
These options will not be honored for TCP Connect scan.
Nmap scan report for 10.0.2.15
Host is up (0.00059s latency).
Not shown: 991 closed tcp ports (conn-refused)
         STATE SERVICE
PORT
22/tcp
         open ssh
80/tcp
         open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
Nmap done: 1 IP address (1 host up) scanned in 1.24 seconds
       t 🗖 kali)-[~/Desktop/Scan Results]
```

Summary

Back in 1999, when I still had most of my brain cells, I could read three books and cross-study for three different exams all at the same time. This is how I discovered that exam vendors for exams, like Net+, The Microsoft TCP/IP exam, and the iNet+, were building their exam questions from the same pool of questions. Of the three exams, only the CompTIA Net+ is still available.

I sat all three exams the same day in the same test center, back-to-back and I passed all three. I was exhausted but I was racking up exams as fast as could to ensure I would find work when I graduated from my PC/Networking course.

This method of self-study still applies to exams that are designed today.