

Agile is a mindset—it's a way of thinking about work that values flexibility, collaboration, and rapid learning.

It emphasizes key principles like responding to change over following a rigid plan, and it can be applied across industries, from software to marketing, HR, finance, and beyond.

Scrum, on the other hand, is a specific Agile framework. It uses the same mindset and gives teams a structured way to apply Agile principles, with clearly defined accountabilities, events (like Daily Scrum and Sprint Review), and artifacts (like Product Backlogs and Increments).

Agile provides the philosophy. Scrum gives you a playbook.

There are many other Agile 'playbooks' such as XP, Kanban, DSDM and more along with practices like User Story writing and Continuous Delivery.

I use my training to help you to learn them, master them and deliver your projects on time and on budget!