



THE ULTIMATE PERSONAL CYBER SECURITY CHECKLIST

Use this checklist as a way to gauge how 'cyber fit' you are to take on hackers and all forms of malware.

PASSWORDS

- ☐ Do I use different passwords for different accounts?
- ☐ Are my passwords strong?

PERSONAL COMPUTER

- ☐ Am I running some form of antimalware on my computer?
- ☐ Are all the software on my computer updated?
- ☐ Have I encrypted my hard drive?
- ☐ Have I made backups of all my most important files?
- ☐ Do I have a personal disaster recovery plan in case my computer gets stolen or damaged?

USING THE INTERNET

- ☐ Am I using internet tools that will respect my privacy?
- ☐ Do I run a VPN when I need to?
- ☐ Do I provide important information or make financial transactions ONLY on sites running HTTPS?
- ☐ Have I enabled 2 factor authentication for my accounts wherever applicable?

EMAILS

- ☐ Have I removed any emails that contain important attachments or information that can be used by hackers if breached?
- ☐ Do I question the authenticity of links in emails supposedly sent from known establishments like PayPal, YouTube etc?

SOCIAL MEDIA

- ☐ Are my social media accounts secured?
- ☐ Have I ensured that there are no third party apps connected to my social media accounts?
- ☐ Do I think twice before posting comments on sensitive or controversial topics?

MOBILE

- ☐ Are all my apps updated?
- ☐ If necessary, do I have a backup of my files?
- ☐ Do I ensure the authenticity of an app before installing it?
- ☐ Have I audited the permissions that my apps have access to?