Skills, Knowledge, Attitude

Current :

SKILLS (What I want To Practice)	SKILLS (What I want To Practice)	ATTITUDE (Where my motivation lies)
Coordination Mapping Project Planning Swiss Army Knife Martial Arts Empathy Community Work Interdisciplinarity	Urbanism Early Stage Project Challenges Urban Agriculture Systems Aquaponics, Hydroponics, Mycoculture Psychedelics Biodesign Archetypes	Slow Intentional Focused Instinctive Navigating the Unknown Grounded Dreams + Speculation

In Relation to MDEF :

	SKILLS (What I want To Practice)	SKILLS (What I want To Practice)	ATTITUDE (Where my motivation lies)	THOUGHTS (What ideas pop up)
BOOTCAMP	Introspection - Adaptation	IAAC + Elisava Ecosystem - how it works, what the culture is, how to interact well within it.	Intentionality. Gratefulness.	
ATLAST OF WEAK SIGNALS	Casting a wider net. Opening my areas of Focus	Understanding the realm of possibilities	Curiosity.	

BIO & AGRI ZERO	Basic (Synthetic) Biology	The toolkit and methods of the synthetic biologist + the low-tech / low cost ways of exploring these themes. (Also where to work on electric skin !!	Absorb / Embody Non Human Perspectives	Evolve toolkit for Human/Non-Human Design. Ethical considerations and Initial Guidelines.
LIVING WITH YOUR OWN IDEAS	Drop the fear of Failing	Connect my creations with spiritual aspirations	Regular Introspection.	Initial Prototyping for Non-Human Appendages Project.
TECH BEYOND THE MYTH	Measuring environmental data	Which non-human live in our spaces?	Analysis.	Sensing who else exists in an environment (non-human)
COMMUNITY ENGAGEMENT	Connecting with likeminded organizations and practitioners(Eg Valldaura Labs) Establishing a common vision - proposing ways of working together	Rural Challenges / Biodesign challenges. Local organizations in these spaces in Barcelona and Beyond	Listening.	Connect with Valldaura as the place for appendages - gather a community of people to work with us on these appendages.

EXTENDED INTELLIGENCES	How AI can be used to make sense of complex data that I can only understand with my instinct and how those two methods can connect. How to mitigate AI bias in favor of non-humans.	Basic Understanding or AI and artificial « neural » networks. Explore how this field can interact with my projects.	Openness.	Non-Human AI ?
DESIGN DIALOGUES	Present my work in a relatable way. Improve Public Speaking and Visual communication of my ideas	Feedback - where to go next - how do people respond to these ideas?	Introspection / Extrospection.	

Personal Development Plan

In the future, my goal is to open a Biodesign Residency in the Rural Corbières Region of France (flexible goal - of course - subject to life's curveballs). Through MDEF I want to explore how to build sensical research programs, connect local and international talent, and curate original collaborations. Within the IAAC and Elisava Ecosystem, I would like to interface with the resources needed to bring such a project to life (labs, experts, funds) and learn to communicate widely so the world listens. The more abstract subject I'm pursuing behind the scenes is "How do we create the right spaces (for Biodesign)? Emotional , Virtual, Physical"

As I develop Electric Skin, I am learning what it takes to go develop a biodesign project. I am embodying my future user/customer. I am able to explore what challenges exist for artists and designers, how to connect to the scary world of biotech and labs, how to gain funding but also how to collaborate in interdisciplinarity. In my microprojects in MDEF I will be doing the same. Embodying. All of the hoops I have to jump through will help me be a better facilitator when I create this future Space. I will also be observing the skills of my teachers/professors.

To support these goals I also need to develop foundational knowledge in Design, Biology, and Digital Fabrication etc to be able to interface better with the community that exists in this world.

I am hoping to build connections in the region to establish my residency, as well as understand and deepen my understanding of what it takes to create a space for learning and enabling learning but also deliver impactful research. IAAC is also an inspiration on how to create an internationally renowned hub for cutting edge knowledge and I hope to learn from that set of skills.

In the above table I'm also exploring how each week can help me create the various tools and toolkits that might be useful for the Biodesign Residency. Eg What is the minimum viable biolab? What frameworks enable us to work ethically with non-humans? There are several people in MDEF who are interested in the intersection of rural futures and interspecies collaboration and we're brainstorming together already.