■ BREAST CANCER RISK ASSESSMENT REPORT

Report Generated: September 14, 2025 at 01:29 PM

Report Type: Breast Cancer Risk Prediction

■ PATIENT INFORMATION

Parameter	Value
Age	45 years
BMI	26.5 kg/m²
Family History	Yes
Genetic Mutation	No
Previous Breast Biopsy	No

■ RISK ASSESSMENT RESULT

Risk Level: ■ High Risk of Developing Cancer

■ RISK FACTORS ANALYSIS

Identified Risk Factors:
• BMI above 25 may contribute to increased risk
• Family history is a significant risk factor

■ RECOMMENDATIONS

• Consult with an oncologist or breast specialist immediately
• Consider genetic counseling if genetic mutations are present
• Increase screening frequency (discuss with your doctor)
• Maintain a healthy lifestyle with regular exercise
• Follow a balanced diet rich in fruits and vegetables
• Limit alcohol consumption
• Perform monthly breast self-examinations
• Stay up to date with mammograms as recommended by your doctor

■■ IMPORTANT DISCLAIMER