**Monthly Medical Activities SitRep– December 2018**

**MHPSS Program. Nablus, Palestine**

**1. GENERAL:**

**1.1 MEDICAL CONTEXT**

The mental health and wellbeing of the communities in the northern West Bank is constantly threatened due to the following factors present during this month period:

* Regular and ongoing settlers and ISF violence, harassment, excessive use of force, property damages and causalities in Burqa, Majdal Bani Fadel, Urif, Assira al Qibliya, Huwwara, Burin, Qusra, Al Lubban Ash Sharqiya, Beit Furik, As Sawiya and Madama (Nablus), Haris, Yasuf, Ibruqin, Biddya and Kafr al Deik (Salfit), Kafr Qaddum, Jit and Imatin (Qalqiliya), Bardala and Ibziq (Tubas and NJV).
* Most of the incidents were demolitions, live ammunition injuries, cutting olive trees, property damages, confiscations, damaged the tires of vehicles, writing slogans, intimidations, casualties and Displacement due to military training.

**1.2 PROJECT MEDICALCONTEXT**

* As usual most of the activities in the program were related to the emergency MHPSS interventions, including individual interventions and group based activities.
* Although there wasn’t any psycho education session during December, the team finalized the final copy of MHPSS Calendar, 2200 copies were printed and they prepared distribution plan to distribute all the quantity before the 10th of January 2019.
* The team finished the activities in the second step of working with PSS teams in 5 directorates in MoEd through implemented monthly follow up meetings, accompanied the PSS teams in providing MHPSS interventions in 2 schools, finalized the final copy (in the printing step) of procedural manual for PSS teams in MoEd which had prepared in cooperation with PCC. The team implemented evaluation workshop (with representative persons of school counselors, supervisors, chairman/ chairwomen of school counselor departments in the five directorates) to evaluate the current step, assess their needs and plan for the third step in 2019.
* Volunteer’s activity discontinuation workshop had implemented, therefore volunteer’s activities had been officially closed.
* The team participated in 16 Days Joint Campaign in Palestine (Hear Me Too: Voices against Violence) through implemented activities in some of our targeted villages and inside Al Quds Open University branches in the four governorates through distributed some materials posters, pens and bracelets which contained massages to stop GBV in Palestine. People welcomed this initiative and insure the need to respect the Palestinian women, Al-Quds Open University were more than cooperative with MdM team, the shop owners in the villages asked the team to put the posters in their shop’s doors.
* The team continue using the methodology of our interventions and its progress described below:
* Strategies for coordination in the responses: MH team continue collecting in advance the relevant information to organize the interventions through the village council or local focal points, and also they are increasing the coordination with other organizations especially YMCA to prepare joint interventions, avoid duplication and optimize the distribution of our human resources.
* Organization of the interventions: The recent tendency in the increasing of individual interventions and weak response of YMCA prevented the team to continue implementing other activities such as new PSGs or implement any psycho education session; they were more focus to cover all interventions. Also the team couldn’t build new PSG because of school exams.
* Data collection: Internal datasheets for collection of data have been reviewed at the end of December. Link to data files for the individual and group based activities in the Microsoft server: <https://mdm1.sharepoint.com/sites/ProgramDataNablus/Documents%20partages/Forms/AllItems.aspx>
* MHPSS working group data: The team filled MHPSS working group data sheet about MHPSS interventions which had implemented by MdM team during the last six months of 2018.
* Individual and group supervisions: the internal supervision had been stopped because of resignation of MHPM, FieldCo and Medco will follow the team through conduct weekly meeting with the team to cover gap in the coming period. In the other side the external clinical supervisor continue providing individual and group supervision sessions for the team.

**1.3 EXTERNAL MEETINGS and TRAININGS ATTENDED BY MEDICAL TEAM:**

* 6th of December- Senior SW attended coordination meeting with MoEd and PCC to discuss about the feedbacks and comments on the procedural manual.
* 17th, 18th and 19th December 2 SWs attended GBV from UNFPA in Nablus.
* 17th December one SW attended conference in Ramallah about (PEDEPHILIA) in Ramallah, which had organized by Sawa organization.

* 1. **WEEKLY/MONTHLY REGULAR MEETINGS**: (link to minutes)
* Weekly meetings with the technical team.
* 6th December - meeting with Taint (from HQ) to follow the project activities and discussed about the challenges.
* The twentieth of December, one meeting with FieldCo about tasks distribution among the team during MHPM gap.
* 26th, 27th December the team attended group and individual supervision, 3 hours as group session, 5 hours as individual sessions.

**1.5 HUMAN RESOURCES:**

* MHPM had resigned, waiting the process of recruitment of new MHPM.
* The previous MHPM didn’t finish the annual review (evaluation) for four team members.

**2. PROGRAMS**

**Emergency mental health response to the Palestinian communities most exposed to violence in Northern West Bank**

**Overview of ACTIVITIES CONDUCTED DURING THE MONTH**

|  |  |  |  |
| --- | --- | --- | --- |
| **Activities** | **Status** | **Who** | **Comments-Updates** |
| Support visit | Ongoing | Technical team | A total of 170 basic psychosocial support visits were provided this month. |
| PFA | Ongoing | Technical team | Out of the 170 support visits, 47 also received PFA. Technical team aims to intervene within 72 hours but sometimes there is delay related to unavailability of the victims. |
| Psychosocial assessment | Ongoing | Technical team | 3 assessments were conducted this month after 10 to15 days from the PFA date. |
| Peer support groups | Ongoing | Technical team | 5 ongoing PSGs in December with 100 participants benefiting from 10 sessions. |
| Psycho education sessions | NA | Technical team | There wasn’t any Psycho education in this month. |
| Referrals to protection services | Ongoing | Technical team | One case was referred for protection this month. |
| Referrals to specialized MH services | NA | Technical team | There wasn't any case referred to Specialized MH services. |
| PM+ Intervention | Ongoing | 3 members of the Technical team | 3 sessions were provided for 2 beneficiaries and 2 assessments for 2 new cases who referred (intently) last month . |

**PROBLEMS FOUND DURING THE IMPLEMENTATION OF ACTIVITIES**

* Reduction the number of PSGs without open new groups and freezing the implementation of psycho education sessions in order to give the priority for providing MHPSS interventions as respond for settlers and ISF violence incidents which were intensive during December. Weak responding from other organizations such as YMCA in providing MHPSS interventions which obligated MdM team to cover the majority of interventions. Indeed there are other reasons which prevented the team to start new PSG or implemented psycho education sessions such as participating in GBV campaign, school exams period which prevented students and their mothers in participating in any activity, some team member attended GBV training and some member obligated to took his annual paid leaves before the end of December.
* The team continue facing the difficulties of unavailability of affected persons while they providing the immediate MHPSS interventions and also in the assessment session, which obligated them to return back more than one time for the same intervention.
* Postponed the implementation for some PSGs especially in Iraq Burin and Qusra many times for several reasons such as security situation, the rainy weather and sometimes the team gave priority for another activity.
* The team faced challenges because of external supervision appointments; the appointments identified by the external supervisor in the same week, which affected the team program.

**NEXT STEPS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Activities planned** | **Timeframe** | **Who** | **Remarks** |
| Emergency interventions | Daily | Technical team | Individual interventions according to team capacity. |
| Group based activities | Weekly | Each team member | The plan is to increase the number of peer support groups and psycho education sessions. |
| School counsellors Activity | Monthly | All team members | To print the procedural manual, write the report about evaluation workshop which had implemented on 27th of December and cooperate with PCC and MoEd to identify the activities in step 3. |
| PM+ intervention | Weekly | Three technical team members | The three members, who were trained on PM+, continue to implement individual sessions for some beneficiaries. |

**3. DATA AND ANALYSIS:**

**3.1 Main Data**

During December, the MH technical team intervened following 27 incidents: 6 ICA incidents, 4 ISF and 17 settler’s violence incidents, compared to 12 incidents from the previous month. This would indicate the tendency of intensive the settler’s violence. It was obvious form the settlers violence in December that settlers attempted to targeted different areas in the same time, which indicates that the settlers violence became more organized, therefore the impact on Palestinians were strong, some persons who had been visited by MdM team had strong emotions and felt threatened on their lives when they attacked by settlers, especially the persons who was attacked while they were moving between Nablus and Ramallah, also the percentage of the victims who attended individual PFA sessions was 27% from the whole number of persons who had visited as support visit in December, while it was 22% in November, In addition of that the team found the victims welcomed MdM interventions even it were after more than a week of the incidents, they expressed the psychological impact during the session and insure their need for MHPSS intervention. The intensive of settler’s violence incidents increasing the affected number of persons to 170 persons who achieved the first MHPSS intervention in December, comparing with November the number was 67 persons.

**Summary of incidents**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Nr** | **Village** | **Governorate** | **Type of Incident** | **Perpetrator** | **Date of Incident** | **Date Response** | **People Targeted** |
| 1 | Haris | Yasuf | Demolitions | Settlers | 04-12-18 | 06,9-12-18 | 3 |
| 2 | Burqa | Nablus | Property damage | ISF | 29-11-18 | 09-12-18 | 2 |
| 3 | Majdal Bani Fadil | Nablus | Confiscation of essential life stock / tools | ICA | 03-12-18 | 09-12-18 | 1 |
| 4 | Kafr Qaddum | Qalqilya | Live ammunition Injury | ISF | 01-12-18 | 10,11-12-18 | 10 |
| 5 | Urif | Nablus | Property damage and intimidation | Settlers | 13-12-18 | 16-12-18 | 7 |
| 6 | Asira al Qibliya | Nablus | Casualty and property damage | Settlers | 13-12-18 | 16,20-12-18 | 8 |
| 7 | Bardala | Tubas | Confiscation of essential life stock / tools | ICA | 02-12-18 | 09-12-18 | 1 |
| 8 | Huwwara | Nablus | Casualty and property damage | Settlers | 13-12-18 | 18,20,27-12-18 | 14 |
| 9 | Burin | Nablus | Casualty and property damage | Settlers | 13-12-18 | 20-12-18 | 2 |
| 10 | Al Lubban ash Sharqiya | Nablus | Casualty | ISF | 14-12-18 | 18,30-12-18 | 3 |
| 11 | Al Lubban ash Sharqiya | Nablus | Property damage and intimidation | ISF | 13-12-18 | 18,30-12-18 | 2 |
| 12 | Yasuf | Yasuf | Property damage | Settlers | 14-12-18 | 19,30-12-18 | 30 |
| 13 | Jit | Qalqilya | Property damage and intimidation | Settlers | 13-12-18 | 20,26-12-18 | 17 |
| 14 | Beit Furik | Nablus | Casualty and property damage | Settlers | 13-12-18 | 18-12-18 | 3 |
| 15 | Burin | Nablus | Property damage and intimidation | Settlers | 18-12-18 | 20-12-18 | 2 |
| 16 | Bardala | Tubas | Property damage | ICA | 18-12-18 | 26-12-18 | 4 |
| 17 | Bruqin | Salfit | Property damage | ICA | 29-11-18 | 05-12-18 | 1 |
| 18 | Biddya | Salfit | Casualty and intimidation | Settlers | 14-12-18 | 17-12-18 | 11 |
| 19 | Kafr ad Dik | Salfit | Property damage and intimidation | Settlers | 10-12-18 | 17-12-18 | 2 |
| 20 | Qusra | Nablus | Property damage and intimidation | Settlers | 13-12-18 | 20-12-18 | 3 |
| 21 | As Sawiya | Nablus | Property damage | Settlers | 18-12-18 | 26-12-18 | 1 |
| 22 | As Sawiya | Nablus | Property damage and intimidation | Settlers | 13-12-18 | 26-12-18 | 5 |
| 23 | Immatin | Qalqilya | Property damage and intimidation | Settlers | 21-12-18 | 30-12-18 | 8 |
| 24 | Al Lubban ash Sharqiya | Nablus | Property damage | ICA | 29-12-18 | 30-12-18 | 2 |
| 25 | Madama | Nablus | Property damage | Settlers | 20-12-18 | 30-12-18 | 2 |
| 26 | Burqa | Nablus | Casualty | Settlers | 26-12-18 | 27,31-12-18 | 12 |
| 27 | Ibziq/NJV | Tubas | Displacement due to military training | ICA | 14-12-18 | 31-12-18 | 14 |

**December 2018**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Type** | **Females** | **Males** | **Girls** | **Boys** | **Total** |
| **Support visit** | 73 | 72 | 10 | 15 | 170 |
| **PFA** | 23 | 16 | 1 | 2 | 47 |
| **PS assessment** | 0 | 3 | 0 | 0 | 3 |
| **Total** | 96 | 88 | 11 | 17 | **220** |

**Previous month (November 2018)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Type** | **Females** | **Males** | **Girls** | **Boys** | **Total** |
| **Support visit** | 32 | 32 | 0 | 3 | 67 |
| **PFA** | 11 | 3 | 0 | 1 | 15 |
| **PS assessment** | 18 | 8 | 0 | 0 | 26 |
| **Total** | 61 | 43 | 0 | 3 | **108** |

**Referrals**

**December 2018**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Type** | **F** | **M** | **G** | **B** | **Village** | **Reasons for referral** | | **Feedback** | | **Comments** |
| **Protection** | 5 | 4 | 3 | 2 | Jit/ Qalqilya | protection | Yes | |  | |
| **MH specialized service**  **Total** | 0 | 0 | 0 | 0 |  |  | |  | | There were no referrals for MH specialized service  this month |
| **Total** | **5** | **4** | **3** | **2** |  | | | | | **14** |

**Previous month (November 2018)**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Type** | **F** | **M** | **G** | **B** | **Village** | **Reasons for referral** | | **Feedback** | | **Comments** |
| **Protection** |  |  |  |  |  |  |  | | **There were no referrals for protection this month** | |
| **MH specialized service**  **Total** | **1** | **0** | **0** | **0** | **Bizzariya** | **Depression Symptoms** | |  | | **The 4 cases were referred internally for PM+ intervention** |
| **1** | **0** | **0** | **0** | **Urif** | **Acute Stress Symptoms** | |  | |
| **1** | **1** | **0** | **0** | **Biet Dajan** | **Depression Symptoms** | |  | |
| **Total** | **3** | **1** | **0** | **0** |  | | | | | **4** |

**Peer support groups**

**December 2018**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **#** | **Village** | **Type of group** | **Status** | **Beneficiaries** | | **Number of sessions implemented in the month** |
| **Females** | **Males** |
| **1** | **Biet Dajan** | **Adult Female** | **Ending** | **15** | **0** | **2 Sessions** |
| **2** | **Duma** | **Children** | **Ending** | **0** | **14** | **1 Sessions** |
| **3** | **Jalloud** | **Children** | **Ending** | **7** | **6** | **1 Sessions** |
| **4** | **Beit Furik** | **Teenager** | **Ending** | **0** | **12** | **1 Sessions** |
| **5** | **Az Zawiya** | **Teenager** | **Ending** | **0** | **9** | **1 Sessions** |
| **6** | **Duma** | **Teenager** | **Ending** | **0** | **12** | **1 Sessions** |
| **7** | **Jalloud** | **Teenager** | **Ending** | **14** | **0** | **1 Sessions** |
| **8** | **Qusra** | **Teenager** | **ongoing** | **11** | **0** | **2 Sessions** |
|  | | | **Total** | **47** | **53** | **10 sessions** |

**Previous month (November 2018)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **#** | **Village** | **Type of group** | **Status** | **Beneficiaries** | | **Number of sessions implemented in the month** |
| **Females** | **Males** |
| **1** | **Biet Dajan** | **Adult Female** | **Ending** | **14** | **0** | **2 Sessions** |
| **2** | **Biet Dajan** | **Adult Female** | **Open /ongoing** | **20** | **0** | **4 Sessions** |
| **3** | **Abo kbash / NJV** | **Adult Female** | **ongoing** | **10** | **0** | **1 session** |
| **4** | **Duma** | **Children** | **ongoing** | **0** | **13** | **2 Sessions** |
| **5** | **Kefil Haris** | **Children** | **Eniding** | **6** | **7** | **2 Sessions** |
| **6** | **Beit Dajan** | **Children** | **Ending** | **5** | **2** | **2 Sessions** |
| **7** | **Jalloud** | **Children** | **ongoing** | **7** | **6** | **2 Sessions** |
| **8** | **Beit Furik** | **Teenager** | **ongoing** | **0** | **12** | **2 Sessions** |
| **9** | **Az Zawiya** | **Teenager** | **ongoing** | **0** | **9** | **2 Sessions** |
| **10** | **Duma** | **Teenager** | **ongoing** | **0** | **12** | **4 Sessions** |
| **11** | **Irag Burin** | **Teenager** | **ongoing** | **12** | **0** | **4 Sessions** |
| **12** | **Jalloud** | **Teenager** | **ongoing** | **14** | **0** | **4 Sessions** |
| **13** | **Irag Burin** | **Teenager** | **ongoing** | **11** | **0** | **4 Session** |
| **14** | **Qusra** | **Teenager** | **ongoing** | **11** | **0** | **4 Sessions** |
| **15** | **Qusra** | **Teenager** | **ongoing** | **0** | **15** | **4 Sessions** |
|  | | | **Total** | **110** | **76** | **43 sessions** |

**Psycho education sessions:**

**December 2018**

There wasn't any Psycho education session during December.

**Previous month (November 2018)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Nr** | **Place** | **Date** | **Topic** | **Participants** | **Female** | **Male** | **Total** |
| 1 | Qalqiliya- Falamya | 01/11/18 | Emergency PSS | Community | 15 | 0 | 15 |
| 2 | Salfit -PCF | 12-11-18 | Emergency PSS | Community | 3 | 13 | 16 |
| 3 | Nablus - Al Qods UN | 14/11/18 | Emergency PSS | Community | 40 | 8 | 48 |
| 4 | Nablus - Deir Sharaf | 14-11-18 | Emergency PSS | Community | 9 | 0 | 9 |
| 5 | Nablus - Urif | 18-11-18 | Emergency PSS | Community | 19 | 0 | 19 |
| 6 | Tubas - Al Qods UN | 19-11-18 | Emergency PSS | Community | 36 | 6 | 42 |
| **Total** | | | | | **122** | **27** | **149** |

**Emergency MHPSS Teams in MoEd Activities:**

**December 2018**

1. There were two MHPSS interventions had implemented: the first one in south of Nablus directorate with 4 students who was arrested for several hours by ISF and the second intervention was in Qalqeliya directorate following died of a school staff who was working in a school.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Directorate** | **NO.** | **School** | **PSS team No.** | **Student No.** | **School Staff** | **PFA No** | **Referral** | **Date** | **Comments** |
| South Nablus | 1 | Al Lubban and As Sawiya Secondary Mixed School | 1 | 4 | 0 | 0 | 0 | 04- 12- 2018 | NA |
| Qalqilya | 1 | Al Merabteen Secondary school | 7 | 150 | 9 | 4 | 0 | 06-12-18 | N/A |
| Total | 2 | | 8 | 154 | 9 | 4 | 0 |  | |

1. **Follow- up Meetings:**

The technical team carried out four follow-up meetings in target directorates. General agenda for this meeting were as following: an update about the PSS team activity, discussed the interventions in the previous month, plan MHPSS new interventions and recommendations.

The following table explains the follow-up meetings in December - 2018:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Diroctorate** | **Date** | **Female** | **Male** | **Total** | **Comments** |
| Salfit | 11-12-18 | 5 | 3 | 8 | The chairman attended the Meeting |
| Tubas | 12-12-18 | 5 | 5 | 10 | The chairman attended the Meeting |
| Qalqilya | 17-12-18 | 12 | 6 | 18 | The chairman was Absent because emergency event |
| South of Nablus | 19-12-18 | 4 | 4 | 8 | The chairman didn’t attend the meeting |
| Total | 4 Meetings | 26 | 18 | 44 |  |

**Previous Month (November 2018)**

The technical team implemented 5 follow-up sessions in five directorates. MDM technical team accompanied PSS for an intervention in a school following critical incidents.

1. **Evaluation Workshop:**

* The team implemented evaluation workshop in 27th of December (with representative persons of school counselors, supervisors, chairman/ chairwomen of school counselor departments in the five directorates) to evaluate the current step, assess their needs and plan for the third step in 2019, there were positive feedback about the current step in addition of some recommendations about the type of activities for the third step of working with PSS teams in MoEd, the team will prepare a report about this workshop and send it before 15th of January before conduct a meeting with PCC and MoEd to finalize the activities for the third step.

Evaluation workshop

|  |  |  |  |
| --- | --- | --- | --- |
| Participants | F | M | Total |
| School counselors | 4 | 7 | 11 |
| Supervisors | 2 | 2 | 4 |
| Chairman/ Chairwomen of school Counselor department | 1 | 4 | 5 |
| Total | 7 | 13 | 20 |

1. **Procedural manual:**

PCC finalize the final copy of procedural manual for PSS teams in MoEd after long process of preparations and reviewing, it’s expect to print the copies before the mid of January.

**PSS Volunteers’ Activities - December 2018**

The team implemented volunteers activity discontinuation workshop to announced officially stop the activity, the participants were divided to 4 small groups to evaluate their experience with MdM, at the end of the workshop MdM gave rewards for the VCs and certificates for the volunteers, there was positive speech from the VCs about MdM work and the important of MHPSS interventions in their villages, the team will prepare report about this workshop before 15th of January. .

A final workshop for discontinuation of volunteers’ activities in 23rd of December

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Volunteers** | | **Village Counsel** | **Date** | **place** | **Comments** |
| **F** | **M** |
| 1 | 39 | 8 | 12 | 23-12-18 | Nablus | Disrupted the thanks certificate for volunteers and reward for the village councils |
|  | 47 | | 12 |  |  | 59 |

**Previous Month (November 2018)**

There wasn’t any activity with volunteers during November.

**Link to moonitool (updated to the end of December)**

[**https://monitool.medecinsdumonde.net/#/projects/ede522b0-d052-4434-80b7-fe870ac0b817/reporting/general**](https://monitool.medecinsdumonde.net/#/projects/ede522b0-d052-4434-80b7-fe870ac0b817/reporting/general)

**3.2 Graphics (if present)**

* 1. **Discussion on the data –Analysis/Comments**
* The average number of incidents had increased more than double during December compared to November, there was clear psychological impact, people told MdM team that they become more afraid to move from area to another especially during the period of settlers attacks in WB and during night time and they expecting that the settlers violence will be more worse and aggressive in the coming months. Indeed the settler violence were more organized during December compared with previous settlers attacks, they were divided to groups and attacked the villages and cars in the main roads with high number of settlers which scared the people and increased the emotions of fear, stress, frustration feelings. The total number of people affected and attended during the first response to those incidents was 170 in December compared to 67 in November.
* There was decrease on the average number of PSGs; the team couldn’t open new groups because of school, which helped the team to focus more in providing MHPSS intervention.

**4. CONCLUSIONS/ RECOMMENDATIONS**

* During December most of PSGs were ended, and there wasn’t any psycho education session, so the team have to do extra efforts to keep the focus in providing MHPSS intervention in addition of taking care in building new PSGs and implement psycho education sessions.
* To push the external supervisor to identify the appointments of supervision sessions for the first six month of the year.
* To do the annual review for the four team members who Cristiana didn’t accomplish it with them.
* To start the planning of step three of working with PSS teams in MoEd during January.