



HAL'S RECOMMENDED READING

You are only one book away from gaining the knowledge, ideas, and strategies that will enable you to transform any area of your life. Here is a list of some of my favorite books on the topics of...

HEALTH & SLEEP

How Not to Die, Michael Greger, M.D.

The China Study, T. Colin Campbell/Thomas M. Campbell

Sleep Smarter, Shawn Stephenson

RELATIONSHIPS

The Mastery of Love, Don Miguel Ruiz

The 5 Love Languages, Gary D Chapman

Conscious Loving, Gay Hendricks and Kathlyn Hendricks

SUCCESS/PRODUCTIVITY

The Power of Full Engagement, Jim Loehr/Tony Schwartz

The Power of Focus, Jack Canfield/Mark Victor Hansen/Les Hewitt

The ONE Thing, Gary Keller and Jay Papasan

HAPPINESS

A Complaint Free World, Will Bowen

The Rhythm of Life, Matthew Kelly

A New Earth, Eckhart Tolle

MONEY

Rich Dad, Poor Dad, Robert Kiyosaki

The Millionaire Fastlane, MJ DeMarco

Secrets of the Millionaire Mind, T. Harv Eker

Total Money Makeover, Dave Ramsey

BUSINESS/ENTREPRENEURSHIP

Getting Everything You Can Out of All You've Got, Jay Abraham

Love Is the Killer App, Tim Sanders

Double Double, Cameron Herold