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Academic qualifications

- **Ph.D.** in Psychiatric Social Work, from NIMHANS (National Institute of Mental Health and Neuro Sciences), Bangalore in 2006. The thesis titled “*Impact of Disaster and Life Events among Survivors*”.
- **M. Phil.** in Psychiatric Social Work from NIMHANS (National Institute of Mental Health and Neuro Sciences), Bangalore in 2000. The study conducted titled “*Teacher Trainees’ Perception about Life Skills for Children and Adolescents*”.
- **Master of Social Work (MSW)** from Vidyasagar School of Social Work, Vidyasagar University, Midnapur, West Bengal in 1997. The dissertation was “*Impact of an Industry on Its Surrounding Villages (with Special Reference to Kolaghat Thermal Power Station)*”.
- **Post Graduate Diploma** in Industrial Relations and Personnel Management, from Bharatiya Vidya Bhavan, Rajendra Prasad Institute of Communication and Management, Kolkata Center, in 1997. The dissertation titled “*Incidents of Industrial Accidents and Safety Measures*”. The study was conducted in Kolaghat Thermal Power Station, Midnapur, West Bengal.

Previous Positions Held

- **Assistant professor** in *Department of Social Work, Assam University (Central University), Silchar, Assam*, from December 2009 to April 2010.
- **Director, Disaster Mental Health** in *American Red Cross, India Delegation*, November 2006 till November 2009.
- **Research Coordinator** in the project of *CARE India & National Institute of Mental Health and Neuro Sciences*, Bangalore in collaboration as Strategic Partner, from November 2002 to October 2006 in Gujarat Riots, Tsunami and Kashmir earthquake interventions.
- **Programme Coordinator**, in *OXFAM – India* (Bangalore), based at Bhuj, Gujarat for Earthquake rehabilitation programme from May 2001-October 2002.
- **Project Director**, in *Chiranabeen Drug de-addiction Center*, Bagnan, Howrah, West Bengal, from November 2000-April 2001.

Guest Lecture and Workshop

Name of the organization/Institution	Assignments	Date
<i>Administrative Training Institute</i> (ATI), Govt. of West Bengal. Salk-Lake, Kolkata, West Bengal	“Trauma Management in Disaster Situation” for Government Officials.	21 st April, 2010
Jamsetji Tata Center for Disaster Management, Tata Institute of Social Sciences , Deoner, Mumbai	“Conflict resolution strategies used in Gujarat and the relevance to psychosocial well-being” for the students of M.Sc. Disaster Management.	5 th and 6 th January 2010
<i>American Red Cross</i> , Tsunami Response Programme, South Asia Delegation.	Leave behind workshop on psychosocial support programme of Tsunami Response Programme.	9 th to 11 th November 2009
Department of Psychology, <i>University of Indonesia</i> , Jakarta, Indonesia	“International Workshop on Psychological Trauma and Disaster” for the Students of M.Sc in Disaster Management.	12 th to 14 th November 2009
Psychology Research Unit, <i>Indian Statistical Institute</i> , Kolkata, West Bengal	Invited as key speaker, and discussed, “Psychosocial Support for Disaster Survivors”	30 th March 2009
PG Diploma Course on Disaster Preparedness and Rehabilitation, <i>Guru Govind Singh, Indraprastha University</i> , Delhi	Sessions on Mental Health and Psychosocial support for the Students of PG Diploma in Disaster Preparedness and Rehabilitation.	23 rd to 28 th March 2009
<i>Indian Red Cross Society</i> , National Head Quarter, New Delhi	Workshop on “Sphere Minimum Standards-2004” for the state Disaster Management Coordinators from 11 states	24 th to 27 th March 2009
Department of Psychology <i>Sri Ramchnadra Medical University</i> , Chennai	Seminar on “Mental Health and Psychosocial support for the Survivors of Disasters”	23 rd February 2009
<i>Indian Red Cross Society</i> , Andhra Pradesh State Branch, Hyderabad, Andhra Pradesh	Workshop on Mental Health and Psychosocial Support in Emergencies (MHPSS) and Psychological First Aid (PFA) for district coordinators	3 rd to 7 th February 2009

Indian Red Cross society National Head Quarter, New Delhi	Workshop on Mental Health and Psychosocial Support for coordinators from 11 states	15 th to 19 th December 2008
International Federation of Red Cross and Red Crescent Societies (IFRC) and Myanmar Red Cross Society. Yangon	“PSP advocacy Skills and IASC guidelines – on MHPSS in emergency Settings”.	19 th to 28 th October 2008
Roster Group meeting on psychosocial support held in Trivandrum, Kerala. Reference Center of IFRC, Copenhagen, Denmark	Implementation of MHPSS guidelines for the Tsunami Recovery Programme in Kanyakumari District, Tamilnadu, India. .	3 rd to 7 th February 2008
Department of Disaster Mental Health and Trauma Counselling, National Institute of Disaster Management , New Delhi	“Stress Management for the Government Officials Handling Disaster Intervention during Emergencies”	21 st June 2007
School of Social Work, Roshni Nilaya , Mangalore, Karnataka	Sensitization Workshop on “Psychosocial Care in disaster Management”, for the students of MSW	9 th to 11 th August 2006
School of Social Work, Sri Dharmasthala Manjunatheshwara College , Mangalore	Sensitization Workshop on “Psychosocial Care in disaster Management” for the students of MSW	8 th September 2006
Action Aid International , Srinagar, Kashmir	Workshop on “Mental Health Support for the Survivors of Human Made and Natural Disaster” for the staff	7 th and 8 th May 2006
NIMHANS Department of Health , Govt. of J & K CARE India	Organized Sensitization Workshop for the Government Officials on Psychosocial Care in Disaster Management, Dobiwan, Srinagar, Kashmir	17 th April 2006
CARE India and NIMHANS AMA, Ahmedabad, Gujarat	Organised National workshop on, “Issues and Challenges of Psychosocial Care for Persons Living in Conflict Situations”	8 th and 9 th February 2003
Action aid India, Oxfam India and NIMHANS , In Ahmedabad, Gujarat	Organized National Workshop on, Psychosocial Rehabilitation of Earth Quake Survivors,	23 rd November 2001

Books:

1. *Facilitation Manual for Trainers of Trainees in Natural Disaster*, (2005), Coauthor, Published by NIMHANS, Bangalore. Care India, New Delhi.
2. *Institutional Responses- Oxfam (India) Psychosocial Support Programme for Survivors of Earthquake*; Coauthor. In *Disaster Mental Health in India* (Edited by Diaz Prewitt, Murthy RS, Lakshmi RL), Indian Red Cross Society (2004),

Research Publications:

1. “*A Decade of Disasters: Lessons from the Indian Experience*”, published in co-authorship in *Southern Medical Journal* in volume 100, Number 9, September 2007.
2. “*Psychosocial Support as a Platform for an Integrated Development Program*” published in co-authorship, in *Coping with Crisis*, Federation Reference Center for Psychosocial Support, Danish Red Cross, No 2, 2007.
3. “*Women and Disaster*” Article published in co-authorship in *Indian Journal of Practising Doctors. IJPR (III) 1: March- April 2006*.
4. “*Victims and perpetrators of violence*”; “*Working with Youth for Peace*”; “*Gujarat Earthquake Experience*” In working paper series-7 of Jamsetji Tata Centre for Disaster Management, Tata Institute of Social Sciences, Mumbai, November, 2008.

Other Publications:

Manuals published in Co-authorship from Books for Change, Bangalore (supported by Action Aid) for Psychosocial Care Interventions with Survivors of Gujarat Riots

1. *Riots; Information Manual-1*; Psychosocial care for individuals (2002) (http://www.nimhans.kar.nic.in/dis_man/man_hm1.pdf)
2. *Riots; Information Manual-2*; Psychosocial care by Community Level Helpers (2002) for Survivors (http://www.nimhans.kar.nic.in/dis_man/man_hm2.pdf)
3. *Riots; Information Manual-3*; Psychosocial care for Children (2002), (<http://www.who.or.id/eng/contents/aceh/psychosocial/Psychosocial%20care%20for%20children.pdf>)

Manuals published in Co-authorship from CARE India, New Delhi, NIMHANS, Bangalore for Psychosocial Care Interventions with the Survivors of Tsunami.

1. *Tsunami Disaster*: Psychosocial care by Community Level Workers, (2005), (http://www.nimhans.kar.nic.in/dis_man/man_tsu2.pdf)
2. *Tsunami Disaster*: Psychosocial care for the Children (2005), (<http://www.ni>

Training Work Book published, in co-authorship from CARE India, New Delhi, NIMHANS, Bangalore for psychosocial care interventions with human made and natural disaster survivors.

1. *Psychosocial care in Disaster Management, My Workbook*, (2003),
2. *Harmonizing personal, professional and familial life: Stress management work book*, (2005), (http://www.nimhans.kar.nic.in/dis_man/stress_man1.pdf)

Manuals and training materials published by American Red Cross, India Delegation, New Delhi and Indian Red Cross Society, Kanyakumari District Branch for Integrated Community Recovery Project for working with the survivors of Tsunami.

1. *Manual for Integrated Programme Technicians*, Integrated Recovery Programme, (2008),
2. *Teachers' Manual*, Integrated Recovery Programme in School for the Children (2008);
3. *Activity Book for Teachers'*; Target group: I to V standard Students; (2008);
4. *Activity Book for Teachers'*; Target group: VI to VIII standard Students(2008)
5. *Activity Book for Teachers'* (Target group: IX to XII standard Students) (2008);
6. *A Training Manual for Gamdhi Brigade Volunteers*; (2008)
7. *Community Based Health and First Aid in Action*, Manual for IPT (Integrated Programme Technicians); (2008)
8. *Community Based Health and First Aid in Action*, Manual for IPS (Integrated Programme Specialist); (2008)

Other Major Contribution:

1. Reviewed and contributed in development of “*Psychosocial Intervention a Hand Book*” Published by IFRC, Psychosocial reference center, Copenhagen, Denmark in 2009
2. Participating in the *SPHERE Hand Book revision of 2010* in the MHPSS (Mental Health and Psychosocial Support) working group.

Consultancy

1. Conducted needs assessment for IMC (International Medical Corps), USA for “*Understanding the viability of programme for Psychosocial Support and conflict resolutions in India and South Asia Region*”, during October 2009.
2. International Federation of Red Cross and Red Crescent Societies, **Mongolia Delegation**, invited for “*Evaluation and Recommendation of Social care Programme run by Mongolian Red Cross Society*” in Ulaanbaatar and other districts of Mongolia during March 2009.
3. International Federation of Red Cross and Red Crescent Societies, **Myanmar Delegation**, invited for developing the curriculum for MHPSS training in the context of Myanmar Cyclone and conducting workshop on “PSP advocacy Skills and IASC guidelines – on MHPSS in emergency Settings”, during October 2008.

Papers Presented

Title of the Paper	Conference/ Seminar/ Work Shop	Date
1. <i>“Strengthening communities and recovery through psychosocial support”.</i>		
2. <i>“Coping and social support among the survivors of disaster”.</i>	<i>Second India Disaster Management Congress; held in Delhi, organized by NIDM (National Institute of Disaster Management)</i>	4 th to 6 th November 2009
3. <i>“Psychosocial response in Mumbai train blast through intervention in schools”.</i>		
4. <i>“Long term perspective of psychosocial rehabilitation”.</i>		
5. <i>“Prevention of HIV/AIDS through Integrated Recovery Programme (IRP) in Tsunami affected School”</i>	6 th Annual National Seminar on <i>“Social Work Response to HIV/AIDS”</i> , IGNOU, Bhimavaram, Andhra Pradesh	7 th to 10 th Oct’09
6. <i>“Disaster Psychosocial Support; Mental health Services in SAARC Countries: A synthesis”</i>	<i>XXIX International Congress of Psychology in Berlin, Germany</i>	20 th -25 th July’08
7. <i>“Tsunami Lesson Learned in India”</i>	<i>IFRC workshop on Tsunami lesson Learned, in Bali, Indonesia.</i>	3 rd to 7 th June’08
8. <i>“Integrated Recovery Programme for Tsunami affected Communities”</i>	<i>Roster group Meeting of IFRC, Copenhagen, held in Kanyakumari</i>	5 th Feb’08
9. <i>“IASC MHPSS guidelines and American Red Cross PSP Programs in India”</i>	<i>Conference on Psychosocial Care and Mental Health Services in Disasters by WHO-NIMHANS</i>	26 th Nov’07
10. <i>“IASC guidelines on MHPSS”.</i>	Regional Disaster Management Working Group Meeting, IN Ahungala, Srilanka	27 th Sept to 2 nd Nov’ 07
11. <i>“Impact of Disaster and Life Events among Survivors”</i>	<i>First India Disaster Management Congress; held in Delhi, organized by NIDM (National Institute of Disaster Management)</i>	29 th & 30 th
12. <i>“Psychosocial Care Capacity Building Program for GOs & NGOs of Kashmir Earthquake Survivors”</i> Co-author		Nov’06

13. “Psychosocial care for disaster survivors in natural and human made disaster”	<i>International Conference of Family Empowerment; Marian College, School of Social Work, Kuttikanam, Kerala</i>	11 th -14 th Sept’05
14. Psychosocial Rehabilitation of the Vulnerable Groups in Gujarat Earthquake	<i>National Conference on Mainstreaming Psychosocial care in Disaster, New Delhi</i>	21 st & 22 nd Nov’04
15. Field Experiences of working with Community Level Workers;	<i>Issues and Challenges in Psychosocial Care for Persons Living in Conflict Situations; Gujarat Harmony Project, Ahmedabad, Gujarat</i>	8 th and 9 th Feb’03
16. Psychosocial intervention for the disaster survivors, understanding from riots and earthquake	<i>Disaster Mental Health in India American Red Cross, New Delhi</i>	28 th 29 th Oct’02
17. Psychosocial issues of the Earthquake survivors	<i>National Workshop on, Psychosocial Issues of Earth Quake Survivors; OXFAM, NIMHANS, Action Aid, held in Ahmedabad</i>	23 rd Nov’01
18. Physical and psychosocial rehabilitation of the Disabled and paraplegics	<i>National Conference for the Rehabilitation of the Earthquake Affected Population, WHO and Govt. of Gujarat, Ahmedabad.</i>	3 rd to 6 th Oct’01
19. Problem of Resettlement and Rehabilitation- a case study in KTPS	<i>XIV th National Conference of (Indian Society for Professional Social Workers), Hyderabad</i>	12 th to 14 th Dec’97