

Department of Psychology & Wellbeing

School of Humanities and Social Sciences

Gautam Buddha University, Greater Noida

INTRODUCTION

The inception of **Department of Psychology & Wellbeing** under the School of Humanities & Social Sciences at Gautam Buddha University took place in the academic year 2011, having the philosophy of Buddhist Psychology in its root. The department envisions earning the national and international recognition, particularly in the area of Applied Psychology and Mental Health. At its core, the Department carries the mission to promote the virtues of mindfulness, social equanimity and psychological well being among students and the people around through its academic and research ventures and mental health services. The Department strives to be a premiere research & training centre in the area of Psychology and Wellbeing.

Academic Programmes offered by the Department:

The Department currently offers three programmes in the area of Psychology at Post Graduate level and higher research level which are:

1. **M.A. in Applied Psychology**
(Specializations in Clinical & Counselling Psychology and Organizational Psychology), a Four semesters-2years programme
2. **M. Phil. (Clinical Psychology)**, 2 years programme
3. **Ph.D. (Applied Psychology)**

The Course Curriculum for Post Graduate & Ph.D. programmes is designed in accordance with UGC guidelines and for the M. Phil. (Clinical Psychology) course, it is as per the **Rehabilitation Council of India (RCI)** guidelines.

The department has established the “Clinical Psychology O.P.D” and “Psychology Laboratory” which facilitate the practical training and clinical exposure of the students and provides mental health services to the people in need. The details of the activities of these programmes are as below:



a) Lab activities

- The department facilitates the psychological assessments through Intelligence tests, Cognitive tests, Personality tests, Aptitude tests, and leadership skills at work place.
- To diagnose various psychological conditions, the department also facilitates the assessment of anxiety, depression, phobia, OCD, and severe mental disorders such as schizophrenia, acute psychosis, BPAD, etc to cater the needs of the target group.

b) O.P.D. activities

- The Department runs clinical psychology O.P.D. on each week day and provides following clinical services:
 - Mental Health Clinic
 - Child & Adolescent Clinic
 - Neuro-psychological Clinic
 - Mental Retardation and Developmental Pathology Clinic
 - De-addiction Clinic and
 - Marital & Psychosexual Clinic

In O.P.D. the Department has provisions of **Psychodiagnostic assessment, Psychotherapeutic management of psychological problems, Psychotherapeutic intervention & counselling, Bio & Neurobiofeedback training and relaxation therapy by EEG, ECG & EMG machines to the patients of depression, anxiety, phobia, OCD, tension headache and other psychological conditions.**

c) Associations for Practical Training & Clinical Exposure

The department has its association with many health organizations where the students of different programmes are posted for variety of clinical exposure and field training. The names of the organization are as follows:


- Greater Noida Medical University, Greater Noida, U. P.
- Post-Graduate Institute of Paediatrics (under Greater Noida Medical University), Noida, U. P.
- SHANTI HOME, Psychiatric and De-addiction Hospital, Greater Noida & New Delhi.
- Jain-Neurological Psychiatric Hospital, East Delhi.

Besides these as above, the students have actively participated and attended various workshops and seminars details of which are listed below:

- Conducted workshop on *“significance and Use of Thematic Apperception Test in Psychological Assessment”* on 22nd and 23rd September’ 2012 in association with **Indian Institute of Psychology** at School of Management, Gautam Buddha University.
- Conducted workshop on *“Introduction to EMDR – Principles and Applications”* on 12th-13th October’2012 in association with **Indian Institute of Psychology** at School of Management, Gautam Buddha University.
- Attended workshop on *“Rorschach Comprehensive System, Administration, Scoring & Interpretation”* on 15th & 16th February’2013 in association with Department of Psychiatry, at Moolchand Hospital, New Delhi.

- Conducted workshop on “Career Assessment, Exploration, and Counselling” on 26th and 27th February’ 2013 in association with **SkillGapfinder** at School of Management, Gautam Buddha University.
- Attended workshop on “Research Methodology & Statistics” on 7th to 11th October’2013 by **Institute of Psychology, TGOU** at Unique Psychological Society, Paryavaran Complex, New Delhi.
- The Department facilitates field visit exposure at **Community Centre of Richmond Fellow Society, Najafgarh, New Delhi** on different occasion.

RCI Approval



भारतीय पुनर्वास परिषद्
(सामाजिक न्याय और अधिकारिता विभाग, भारत सरकार के अधीन एक सांविधिक निकाय)
REHABILITATION COUNCIL OF INDIA
(A Statutory Body under the Ministry of Social Justice and Empowerment)
Department of Disability Affairs

17-785M.Phil(CI.Psy)/14/RCI 3766

7th July 2014
SPEED POST

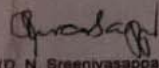
CERTIFICATE OF APPROVAL

The Rehabilitation Council of India is pleased to accord approval to Gautam Buddha University, Near Yamuna Expressway, Greater Noida, Dist. Gautam Budh Nagar, Uttar Pradesh – 201308 for running the following course:


Course	Duration of course	Intake Capacity
M.Phil (CI.Psy)	02 year	08 (Eight) (Maximum)

Note: - The approval can be withdrawn at any time if found violating RCI norms.

- The approval is for **one academic session** i.e. 2014-15 subject to conditions that the RCI's standard syllabus and nomenclature are followed and facilities in the institute are maintained in accordance with the norms prescribed by RCI from time to time.
- The Council may depute team of visiting experts to evaluate the facilities at any time and visitors to attend the final examination (Theory/Practical). The final examination shall be conducted in accordance with the norms as prescribed by the Council from time to time. The teaching/core faculty should be ensured as per RCI norms throughout the programme.
- Approval fee of **Rs.30,000/-** may be remitted to the Council through Demand Draft in favour of **Rehabilitation Council of India** payable at New Delhi, within one month.
- The Institute is advised to fulfill all the conditions as prescribed by the Council. The recognition U/s 11 of the RCI Act, 1992 shall be granted by MoSJE after verification of removal of all the shortcomings.**
- The shortcomings as mentioned at Annexure-"A" on the reverse page of this order must be removed within 3 months with intimation to the Council failing which the approval shall be stand cancelled.**
- Receipt of the certificate may be acknowledged.


 (D. N. Sreenivasappa)
 Member Secretary

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