Department of Psychology and Wellbeing

Gautam Buddha University, Greater Noida (U.P.)

The inception of *Department of Psychology & Wellbeing* under the School of Humanities & Social Sciences at Gautam Buddha University took place in the academic year 2011, having the philosophy of Buddhist Psychology in its root. The department envisions to earn the national and international recognition, particularly in the area of Applied Psychology and Mental Health. At its core, the department carries the mission to promote the virtues of mindfulness, social equanimity and psychological well being among students and the people around through its academic and research ventures. The Department strives to be a premiere research & training centre in the area of Psychology and Wellbeing.

Programmes

The Department offers various courses in the area of Psychology at Post Graduate level and higher research level from the academic year, 2011-12. The details are as below:

- 1) M.A. in Applied Psychology (Four semesters-2 years programme with specialization in Clinical & Counseling Psychology and Organizational Behaviors & Human Resource Development).
- 2) M. Phil. (2 years programme in Clinical/Rehabilitation Psychology).
- 3) Ph.D. (Psychology)

Besides these, the Department also runs Post Graduate Diploma in Clinical Psychology of one year duration and short term training programmes and workshops in the area of Psychological Wellbeing, Psychology at Work Place and Human Resource Development.

The Course Curriculum for Post Graduate & Ph.D. programmes is designed in accordance with UGC guidelines and for the M. Phil. and other professional courses it is as per the Rehabilitation Council of India (RCI) guidelines.

The admission forms and brochure for various courses are now available in admission office and website of the University.